

EAST HULL HARRIERS SUMMER LEAGUE 2026

RACE 8 NEW ELLERBY 5 Miles 21st July 2026

Position	Male	Female	Number	Runner	Club	Cat	Time
1	1		22	Tom Bushby	City of Hull AC	J	25:54
2	2		247	Stuart Spencer	Fitmums and Friends	SNR	26:04
3	3		361	David McKinnon	Goole Viking Striders	SNR	26:19
4	4		11	Steve Bateson	N/A	V50	26:29
5	5		352	Alec Gibson	East Hull Harriers & AC	SNR	28:01
6	6		23	Gregan Clarkson	Kingston upon Hull AC	V40	28:21
7		1	271	Carla Stansfield	City of Hull AC	LV35	28:33
8	7		21	Adrian Bushby	City of Hull AC	V55	28:45
9	8		206	Luke Davison	Pocklington Runners	V40	28:56
10	9		359	Joe Thompson	N/A	SNR	28:58
11	10		114	Alex Stark	Driffield Striders	SNR	29:08
12	11		53	Paul Good	Bridlington Road Runners	V45	29:24
13	12		556	Elliott Spicer	City of Hull AC	V40	29:56
14	13		368	Nigel Sisson	East Hull Harriers & AC	V55	30:11
15	14		157	Jim Harlock	City of Hull AC	V60	30:14
16	15		55	Lee Hammond	City of Hull AC	SNR	30:34
17	16		128	Mark Williamson	Hornsea Harriers	V55	30:46
18	17		3	Rob Alexander-Duncan	City of Hull AC	V45	30:51
19	18		484	Tim Savage	City of Hull AC	V55	30:55
20	19		358	Thomas Platts	York Knavesmire Harriers	SNR	31:01
21	20		349	Mark Smith	N/A	V40	31:05
22	21		354	Eddie Rex	City of Hull AC	V45	31:23
23	22		52	Aiden Godney	East Hull Harriers & AC	SNR	31:37
24	23		34	John Dawson	Beverley Athletic Club	V40	31:40
25	24		344	Tom Gelsthorpe	N/A	V40	31:55
26	25		60	Tom Henry	N/A	SNR	32:07
27	26		64	Jody Horth	Beverley Athletic Club	V45	32:09
28	27		360	Matthew Blowman	East Hull Harriers & AC	V40	32:11
29	28		129	Steve Wilson	Bridlington Road Runners	V45	32:22

30		2	14	Natalie Bell	City of Hull AC	LV35	32:29
31	29		48	Mark Gadie	East Hull Harriers & AC	V45	32:30
32	30		189	Paul Cartwright	City of Hull AC	V65	32:47
33		3	542	Sally Ball	East Hull Harriers & AC	LV35	33:02
34	31		280	Mark Fisher	Withernsea Harriers	SNR	33:06
35	32		362	Joe Kirkup	N/A	SNR	33:09
36	33		345	Mark Wragg	City of Hull AC	V45	33:12
37	34		58	Richard Harrison	Selby Striders	V55	33:23
38	35		57	Peter Hardy-Cork	Hornsea Harriers	V50	33:34
39	36		357	Thai Hudson	N/A	SNR	33:43
40	37		17	Anthony Bristow	N/A	V40	33:55
41	38		32	Martin Dale	City of Hull AC	V40	34:00
42	39		366	Lloyd Curtis	N/A	SNR	34:27
43	40		369	Wayne Murtagh	City of Hull AC	V45	34:32
44	41		42	James Durham	City of Hull AC	V45	34:34
45	42		118	Alexander Thomas	N/A	SNR	34:35
46	43		343	Neil Symington	East Yorkshire Runners	V40	34:45
47		4	142	Suzanne Curtis	East Hull Harriers & AC	LV40	34:55
48	44		341	Neil Ibbitson	Run Kingswood	V55	34:58
49	45		365	James Crabtree	N/A	V45	35:06
50		5	68	Miriam Ireland	Bridlington Road Runners	LV40	35:08
51		6	76	Helen Lowe	East Hull Harriers & AC	LV40	35:14
52	46		74	Daniel Little	East Hull Harriers & AC	V45	35:35
53		7	339	Phoebe Gawthorpe	East Hull Harriers & AC	LSNR	35:48
54	47		101	Daniel Ramsay	East Hull Harriers & AC	SNR	35:57
55	48		84	Andrew Norman	East Hull Harriers & AC	V60	36:00
56	49		46	Gary Forrester	East Hull Harriers & AC	V60	36:06
57	50		35	Mark Dawson	Withernsea Harriers	V55	36:08
58		8	91	Karen Park	West Hull Ladies	LV60	36:29
59		9	18	Emily Broadbelt	West Hull Ladies	LSNR	36:32
60	51		95	Ken Pearson	Beverley Athletic Club	V60	36:57
61	52		25	Euan Colquhoun	Hornsea Harriers	V45	37:03
62	53		119	Kobus VanderWesthuizen	City of Hull AC	V55	37:06
63		10	38	Samantha Dixie	East Hull Harriers & AC	LV40	37:18
64	54		77	Ian McCoid	City of Hull AC	V60	37:23

65		11	47	Stacy Foxworthy	West Hull Ladies	LV40	37:25
66	55		100	Christopher Price	Bridlington Road Runners	V60	37:28
67		12	131	Magda Zaremba-Wilson	East Hull Harriers & AC	LV40	37:57
68		13	370	Rachel Clinton	West Hull Ladies	LSNR	38:01
69	56		124	Robert Wells	East Hull Harriers & AC	V50	38:04
70		14	104	Freya Route	East Hull Harriers & AC	LJ	38:05
71		15	145	Emma Mulholland	N/A	LV35	38:13
72	57		364	Samuel Piper	N/A	SNR	38:23
73	58		106	Clifford Sansam	Withernsea Harriers	V65	38:24
74	59		59	Andrew Heath	East Hull Harriers & AC	SNR	38:25
75		16	56	Max Hardey	East Hull Harriers & AC	LV50	38:35
76	60		28	Richard Crone	East Hull Harriers & AC	V55	38:37
77	61		69	Ian Jackson	Beverley Athletic Club	V50	38:51
78		17	7	Heidi Baker	Bridlington Road Runners	LV45	38:54
79	62		70	Paul Jessop	East Hull Harriers & AC	V40	39:20
80		18	92	Zoe Parkin	Driffield Striders	LV60	39:32
81	63		562	Carl Horth	City of Hull AC	V40	39:33
82	64		112	Joseph Smith	N/A	SNR	39:40
83		19	97	Diane Pickering	West Hull Ladies	LV55	39:51
84	65		363	Malcolm Piper	Wolds Vets	V70	40:03
85		20	82	Emily Morris	Driffield Striders	LSNR	40:10
86	66		98	Philip Pocknee	N/A	SNR	40:18
87		21	5	Ann Allen	East Hull Harriers & AC	LV65	40:27
88	67		75	Andrew Long	Bridlington Road Runners	V65	41:00
89	68		322	Grant Dobbs	City of Hull AC	V40	41:05
90		22	2	Helen Alexander-Duncan	City of Hull AC	LV40	41:13
91		23	538	Jayne Allan	East Hull Harriers & AC	LV50	41:17
92		24	4	Robyn Allan	East Hull Harriers & AC	LSNR	41:17
93	69		126	Allan Wilby	Withernsea Harriers	V70	41:49
94		25	10	Julie Barnes	East Hull Harriers & AC	LV40	41:54
95	70		26	Joe Corlass	N/A	SNR	42:03
96		26	65	Jane Hounscome	Hornsea Harriers	LV60	42:11
97	71		49	Andrew Gibson	Bridlington Road Runners	V60	42:12
98	72		347	Evan Gant	Withernsea Harriers	J	42:28
99	73		346	Howard Gant	Withernsea Harriers	V45	42:28

100		27	9	Helen Barber	N/A	LV55	43:05
101	74		117	Peter Taylor	City of Hull AC	V75+	43:14
102	75		94	Simon Parsons	Bridlington Road Runners	V50	43:44
103		28	88	Becky Ockleton	East Hull Harriers & AC	LV35	43:50
104		29	340	Laura Torrance	Silson AC	LV35	43:56
105	76		109	Jonathan Shaw	Goole Viking Striders	V45	44:05
106	77		367	Michelle Hillaby	N/A	LV50	44:11
107		30	93	Lyndsey Parsons	Bridlington Road Runners	LV55	44:12
108		31	72	Rachel Kemp	East Hull Harriers & AC	LV50	44:15
109		32	37	Beth Dearing	East Hull Harriers & AC	LSNR	44:23
110		33	355	Sian Dickinson	Goole Viking Striders	LV45	44:27
111		34	138	Sarah Rose-Crawford	East Hull Harriers & AC	LV45	44:41
112		35	116	Emma Stevenson	N/A	LV50	44:41
113		36	8	Veronica Banks	Driffield Striders	LV65	44:44
114		37	186	Patricia Bielby	Bridlington Road Runners	LV70+	44:59
115	78		87	Mike OBrien	City of Hull AC	V65	45:32
116		38	123	Vicky Webster	Driffield Striders	LV55	46:01
117		39	103	Nicola Riley	Beverley Athletic Club	LV60	46:10
118	79		356	Simon Dickinson	Goole Viking Striders	V55	46:24
119		40	122	Dominique Webster	Bridlington Road Runners	LV50	47:11
120	80		135	Kevin Anholm	Withernsea Harriers	V65	48:08
121	81		476	David Foster	Bridlington Road Runners	V65	48:13
122	82		86	Gary Oades	East Hull Harriers & AC	V65	48:24
123		41	143	Laine Wong	N/A	LV45	48:39
124		42	12	Emily Beadle	Chasing Happy	LSNR	48:55
125		43	99	Ellie Porter	Chasing Happy	LSNR	49:17
126		44	96	Sarah Pearson	Beverley Athletic Club	LV60	50:03
127		45	350	Donna Wilson	N/A	LV35	50:23
128	83		351	Chris Wilson	N/A	SNR	50:23
129	84		29	John Crosby	East Hull Harriers & AC	V70	51:27
130		46	110	Angharad Shepherdson	West Hull Ladies	LV50	52:02
131		47	39	Lisa Douglas	White City Hull RRC	LV50	53:22
132		48	134	Alison Benson	Beverley Athletic Club	LV50	53:45
133		49	50	Lucinda Gibson	Bridlington Road Runners	LV55	55:09
134	85		78	Kevin McManus	City of Hull AC	V70	55:20

135		50	105	Lucie Route	East Hull Harriers & AC	LJ	55:38
136		51	348	Caitlin Route	East Hull Harriers & AC	LJ	55:39
137		52	353	Cat Williamson	Beverley Athletic Club	LV65	57:14
138			342	James Blucke	Run Kingswood	SNR	57:15
139		53	66	Sheila Howes	Driffield Striders	LV70+	1:02:30

Wheelchair Athlete Kalem Bennett Leeds City AC SNR 37:22

HANDICAP RESULTS

Position	Number	Runner	Club	Cat	Time	Predicted	Difference	Points
1	128	Mark Williamson	Hornsea Harriers	V55	30:46	43:06	-12:20	40
2	8	Veronica Banks	Driffield Striders	LV65	44:44	54:15	-09:31	39
3	72	Rachel Kemp	East Hull Harriers & AC	LV50	44:15	53:42	-09:27	38
4	123	Vicky Webster	Driffield Striders	LV55	46:01	53:14	-07:13	37
5	96	Sarah Pearson	Beverley Athletic Club	LV60	50:03	55:33	-05:30	36
6	60	Tom Henry	N/A	SNR	32:07	36:55	-04:48	35
7	104	Freya Route	East Hull Harriers & AC	LJ	38:05	41:36	-03:31	34
8	95	Ken Pearson	Beverley Athletic Club	V60	36:57	40:28	-03:31	34
9	135	Kevin Anholm	Withernsea Harriers	V65	48:08	51:30	-03:22	32
10	131	Magda Zaremba-Wilson	East Hull Harriers & AC	LV40	37:57	41:01	-03:04	31
11	145	Emma Mulholland	N/A	LV35	38:13	41:03	-02:50	30
12	25	Euan Colquhoun	Hornsea Harriers	V45	37:03	39:49	-02:46	29
13	82	Emily Morris	Driffield Striders	LSNR	40:10	42:49	-02:39	28
14	46	Gary Forrester	East Hull Harriers & AC	V60	36:06	38:44	-02:38	27
15	32	Martin Dale	City of Hull AC	V40	34:00	36:35	-02:35	26
16	59	Andrew Heath	East Hull Harriers & AC	SNR	38:25	40:56	-02:31	25
17	117	Peter Taylor	City of Hull AC	V75+	43:14	45:36	-02:22	24
18	280	Mark Fisher	Withernsea Harriers	SNR	33:06	35:27	-02:21	23
19	55	Lee Hammond	City of Hull AC	SNR	30:34	32:52	-02:18	22
20	76	Helen Lowe	East Hull Harriers & AC	LV40	35:14	37:30	-02:16	21
21	56	Max Hardey	East Hull Harriers & AC	LV50	38:35	40:48	-02:13	20
22	69	Ian Jackson	Beverley Athletic Club	V50	38:51	41:00	-02:09	19
23	65	Jane Hounsome	Hornsea Harriers	LV60	42:11	44:19	-02:08	18
24	78	Kevin McManus	City of Hull AC	V70	55:20	57:28	-02:08	18
25	48	Mark Gadie	East Hull Harriers & AC	V45	32:30	34:38	-02:08	18
26	118	Alexander Thomas	N/A	SNR	34:35	36:42	-02:07	15
27	49	Andrew Gibson	Bridlington Road Runners	V60	42:12	44:19	-02:07	15
28	28	Richard Crone	East Hull Harriers & AC	V55	38:37	40:36	-01:59	13
29	37	Beth Dearing	East Hull Harriers & AC	LSNR	44:23	46:17	-01:54	12

30	77	Ian McCoid	City of Hull AC	V60	37:23	39:11	-01:48	11
31	94	Simon Parsons	Bridlington Road Runners	V50	43:44	45:28	-01:44	10
32	74	Daniel Little	East Hull Harriers & AC	V45	35:35	37:18	-01:43	10
33	86	Gary Oades	East Hull Harriers & AC	V65	48:24	50:07	-01:43	10
34	97	Diane Pickering	West Hull Ladies	LV55	39:51	41:32	-01:41	10
35	39	Lisa Douglas	White City Hull RRC	LV50	53:22	54:57	-01:35	10
36	93	Lyndsey Parsons	Bridlington Road Runners	LV55	44:12	45:43	-01:31	10
37	34	John Dawson	Beverley Athletic Club	V40	31:40	33:09	-01:29	10
38	2	Helen Alexander-Duncan	City of Hull AC	LV40	41:13	42:39	-01:26	10
39	66	Sheila Howes	Driffield Striders	LV70+	1:02:30	1:03:55	-01:25	10
40	103	Nicola Riley	Beverley Athletic Club	LV60	46:10	47:30	-01:20	10
41	88	Becky Ockleton	East Hull Harriers & AC	LV35	43:50	45:08	-01:18	10
42	7	Heidi Baker	Bridlington Road Runners	LV45	38:54	40:08	-01:14	10
43	99	Ellie Porter	Chasing Happy	LSNR	49:17	50:29	-01:12	10
44	84	Andrew Norman	East Hull Harriers & AC	V60	36:00	37:12	-01:12	10
45	35	Mark Dawson	Withernsea Harriers	V55	36:08	37:20	-01:12	10
46	18	Emily Broadbelt	West Hull Ladies	LSNR	36:32	37:43	-01:11	10
47	29	John Crosby	East Hull Harriers & AC	V70	51:27	52:31	-01:04	10
48	134	Alison Benson	Beverley Athletic Club	LV50	53:45	54:48	-01:03	10
49	26	Joe Corlass	N/A	SNR	42:03	43:06	-01:03	10
50	68	Miriam Ireland	Bridlington Road Runners	LV40	35:08	36:09	-01:01	10
51	143	Laine Wong	N/A	LV45	48:39	49:40	-01:01	10
52	142	Suzanne Curtis	East Hull Harriers & AC	LV40	34:55	35:55	-01:00	10
53	23	Gregan Clarkson	Kingston upon Hull AC	V40	28:21	29:19	-00:58	10
54	75	Andrew Long	Bridlington Road Runners	V65	41:00	41:53	-00:53	10
55	22	Tom Bushby	City of Hull AC	J	25:54	26:46	-00:52	10
56	42	James Durham	City of Hull AC	V45	34:34	35:22	-00:48	10
57	114	Alex Stark	Driffield Striders	SNR	29:08	29:56	-00:48	10
58	101	Daniel Ramsay	East Hull Harriers & AC	SNR	35:57	36:45	-00:48	10
59	110	Angharad Shepherdson	West Hull Ladies	LV50	52:02	52:49	-00:47	10
60	10	Julie Barnes	East Hull Harriers & AC	LV40	41:54	42:39	-00:45	10
61	124	Robert Wells	East Hull Harriers & AC	V50	38:04	38:49	-00:45	10
62	21	Adrian Bushby	City of Hull AC	V55	28:45	29:29	-00:44	10
63	5	Ann Allen	East Hull Harriers & AC	LV65	40:27	41:11	-00:44	10
64	100	Christopher Price	Bridlington Road Runners	V60	37:28	38:10	-00:42	10

65	129	Steve Wilson	Bridlington Road Runners	V45	32:22	33:03	-00:41	10
66	126	Allan Wilby	Withernsea Harriers	V70	41:49	42:28	-00:39	10
67	53	Paul Good	Bridlington Road Runners	V45	29:24	30:01	-00:37	10
68	14	Natalie Bell	City of Hull AC	LV35	32:29	33:06	-00:37	10
69	17	Anthony Bristow	N/A	V40	33:55	34:29	-00:34	10
70	64	Jody Horth	Beverley Athletic Club	V45	32:09	32:41	-00:32	10
71	57	Peter Hardy-Cork	Hornsea Harriers	V50	33:34	34:06	-00:32	10
72	52	Aiden Godney	East Hull Harriers & AC	SNR	31:37	32:09	-00:32	10
73	92	Zoe Parkin	Driffield Striders	LV60	39:32	40:00	-00:28	10
74	38	Samantha Dixie	East Hull Harriers & AC	LV40	37:18	37:44	-00:26	10
75	119	Kobus VanderWesthuizen	City of Hull AC	V55	37:06	37:32	-00:26	10
76	3	Rob Alexander-Duncan	City of Hull AC	V45	30:51	31:14	-00:23	10
77	58	Richard Harrison	Selby Striders	V55	33:23	33:46	-00:23	10
78	109	Jonathan Shaw	Goole Viking Striders	V45	44:05	44:27	-00:22	10
79	47	Stacy Foxworthy	West Hull Ladies	LV40	37:25	37:42	-00:17	10
80	138	Sarah Rose-Crawford	East Hull Harriers & AC	LV45	44:41	44:49	-00:08	10
81	116	Emma Stevenson	N/A	LV50	44:41	44:49	-00:08	10
82	11	Steve Bateson	N/A	V50	26:29	26:27	00:02	10
83	70	Paul Jessop	East Hull Harriers & AC	V40	39:20	39:15	00:05	10
84	87	Mike OBrien	City of Hull AC	V65	45:32	45:10	00:22	10
85	106	Clifford Sansam	Withernsea Harriers	V65	38:24	37:55	00:29	10
86	91	Karen Park	West Hull Ladies	LV60	36:29	35:47	00:42	10
87	9	Helen Barber	N/A	LV55	43:05	42:20	00:45	10
88	122	Dominique Webster	Bridlington Road Runners	LV50	47:11	46:05	01:06	10
89	50	Lucinda Gibson	Bridlington Road Runners	LV55	55:09	53:31	01:38	10
90	105	Lucie Route	East Hull Harriers & AC	LJ	55:38	53:58	01:40	10
91	112	Joseph Smith	N/A	SNR	39:40	36:47	02:53	10
92	12	Emily Beadle	Chasing Happy	LSNR	48:55	45:03	03:52	10
93	98	Philip Pocknee	N/A	SNR	40:18	35:24	04:54	10
94	4	Robyn Allan	East Hull Harriers & AC	LSNR	41:17	33:53	07:24	10

HANDICAP LEAGUE TABLE

Position	Number	Name	Club	Gender	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Total
1	69	Ian Jackson	Beverley Athletic Club	M	30	40	38	36	27	10	22	19	193
2	104	Freya Route	East Hull Harriers & AC	F	30	36	40	10	40	0	10	34	190
3	110	Angharad Shepherdson	West Hull Ladies	F	30	39	32	10	37	10	23	10	171
4	60	Tom Henry	N/A	M	30	10	10	39	10	40	10	35	164
5	145	Emma Mulholland	N/A	F	0	30	39	10	31	10	12	30	152
6	32	Martin Dale	City of Hull AC	M	30	10	27	10	29	10	25	26	147
7	8	Veronica Banks	Driffield Striders	F	30	10	16	10	38	10	0	39	143
8	37	Beth Dearing	East Hull Harriers & AC	F	30	25	10	32	10	10	32	12	141
9	135	Kevin Anholm	Withernsea Harriers	M	30	10	10	20	10	10	38	32	140
10	76	Helen Lowe	East Hull Harriers & AC	F	30	24	12	16	0	10	36	21	139
11	66	Sheila Howes	Driffield Striders	F	30	10	36	10	0	10	40	10	136
12	88	Becky Ockleton	East Hull Harriers & AC	F	30	34	10	13	0	38	0	10	135
13	133	Phil McCoy	East Hull Harriers & AC	M	30	10	34	10	10	39	10	0	133
13	126	Allan Wilby	Withernsea Harriers	M	30	10	10	40	10	10	33	10	133
15	39	Lisa Douglas	White City Hull RRC	F	30	10	33	0	10	10	39	10	132
16	29	John Crosby	East Hull Harriers & AC	M	30	10	36	0	0	10	35	10	131
17	72	Rachel Kemp	East Hull Harriers & AC	F	30	10	10	0	10	32	10	38	130
18	95	Ken Pearson	Beverley Athletic Club	M	30	10	10	0	10	35	0	34	129
19	113	Vanessa Smith	City of Hull AC	F	30	30	10	28	14	15	0	0	127
19	99	Ellie Porter	Chasing Happy	F	30	11	30	10	36	0	10	10	127
19	91	Karen Park	West Hull Ladies	F	30	10	37	10	0	30	10	10	127
22	128	Mark Williamson	Hornsea Harriers	M	30	10	10	10	10	26	10	40	126
23	14	Natalie Bell	City of Hull AC	F	30	16	10	30	10	28	10	10	124
24	78	Kevin McManus	City of Hull AC	M	30	10	20	10	34	10	10	18	122
25	84	Andrew Norman	East Hull Harriers & AC	M	30	10	10	10	39	22	10	10	121
25	10	Julie Barnes	East Hull Harriers & AC	F	30	38	10	10	15	10	18	10	121
25	70	Paul Jessop	East Hull Harriers & AC	M	0	30	18	34	10	19	0	10	121
25	117	Peter Taylor	City of Hull AC	M	30	10	10	10	10	10	37	24	121
29	25	Euan Colquhoun	Hornsea Harriers	M	30	10	10	31	10	10	0	29	120

30	93	Lyndsey Parsons	Bridlington Road Runners	F	30	10	22	10	20	10	26	10	118
31	7	Heidi Baker	Bridlington Road Runners	F	30	10	10	25	10	32	10	10	117
31	119	Kobus VanderWesthuizen	City of Hull AC	M	30	23	10	10	10	34	10	10	117
31	87	Mike OBrien	City of Hull AC	M	30	29	10	10	28	0	0	10	117
34	46	Gary Forrester	East Hull Harriers & AC	M	30	10	29	10	10	10	0	27	116
35	26	Joe Corlass	N/A	M	30	26	10	10	17	10	22	10	115
36	131	Magda Zaremba-Wilson	East Hull Harriers & AC	F	0	30	10	0	10	33	0	31	114
37	59	Andrew Heath	East Hull Harriers & AC	M	30	10	28	0	10	10	0	25	113
38	86	Gary Oades	East Hull Harriers & AC	M	30	21	10	10	10	10	31	10	112
38	74	Daniel Little	East Hull Harriers & AC	M	30	18	10	10	10	10	34	10	112
38	56	Max Hardey	East Hull Harriers & AC	F	30	10	25	10	10	17	10	20	112
38	123	Vicky Webster	Driffield Striders	F	30	15	10	0	10	10	0	37	112
42	24	Alex Cleeland	City of Hull AC	M	30	37	10	10	10	14	0	0	111
43	21	Adrian Bushby	City of Hull AC	M	30	10	10	10	22	27	10	10	109
44	28	Richard Crone	East Hull Harriers & AC	M	30	10	15	10	0	10	30	13	108
45	11	Steve Bateson	N/A	M	30	10	0	10	10	37	10	10	107
46	83	Alex Munday	City of Hull AC	M	30	10	10	35	10	10	10	0	105
46	112	Joseph Smith	N/A	M	30	10	10	22	10	23	10	10	105
46	92	Zoe Parkin	Driffield Striders	F	30	27	10	18	10	0	10	10	105
46	138	Sarah Rose-Crawford	East Hull Harriers & AC	F	30	10	17	10	10	10	28	10	105
50	142	Suzanne Curtis	East Hull Harriers & AC	F	30	10	15	0	0	10	29	10	104
51	68	Miriam Ireland	Bridlington Road Runners	F	30	10	10	33	10	10	10	10	103
51	2	Helen Alexander-Duncan	City of Hull AC	F	30	10	20	10	19	10	14	10	103
53	116	Emma Stevenson	N/A	F	30	10	0	14	10	10	28	10	102
54	129	Steve Wilson	Bridlington Road Runners	M	30	10	10	29	10	10	11	10	100
54	58	Richard Harrison	Selby Striders	M	30	10	10	0	30	0	10	10	100
56	3	Rob Alexander-Duncan	City of Hull AC	M	30	10	10	10	10	29	10	10	99
56	38	Samantha Dixie	East Hull Harriers & AC	F	30	10	10	10	23	10	16	10	99
58	77	Ian McCoid	City of Hull AC	M	30	10	10	17	10	10	20	11	98
59	144	Ellie Mills	N/A	F	30	10	10	10	27	10	0	0	97
59	27	Amelia Crawford	Driffield Striders	F	30	10	0	37	10	0	10	0	97
59	122	Dominique Webster	Bridlington Road Runners	F	30	10	10	27	0	10	10	10	97
59	49	Andrew Gibson	Bridlington Road Runners	M	30	22	10	10	10	0	10	15	97
59	48	Mark Gadie	East Hull Harriers & AC	M	30	10	10	0	10	10	19	18	97
64	75	Andrew Long	Bridlington Road Runners	M	30	15	10	10	18	13	10	10	96

64	109	Jonathan Shaw	Goole Viking Striders	M	30	10	10	26	10	0	10	10	96
64	62	Kerry Holliday	East Hull Harriers & AC	F	0	30	10	0	10	36	10	0	96
64	143	Laine Wong	N/A	F	0	30	10	0	10	25	11	10	96
68	47	Stacy Foxworthy	West Hull Ladies	F	30	10	13	19	10	0	13	10	95
68	100	Christopher Price	Bridlington Road Runners	M	30	13	0	10	32	0	0	10	95
68	106	Clifford Sansam	Withernsea Harriers	M	30	10	10	0	0	25	10	10	95
68	65	Jane Hounsom	Hornsea Harriers	F	30	10	0	0	10	10	17	18	95
72	42	James Durham	City of Hull AC	M	0	30	10	10	24	10	10	10	94
72	5	Ann Allen	East Hull Harriers & AC	F	30	10	10	10	10	10	24	10	94
72	103	Nicola Riley	Beverley Athletic Club	F	30	0	24	10	10	0	10	10	94
75	82	Emily Morris	Driffeld Striders	F	0	0	0	30	25	0	10	28	93
76	55	Lee Hammond	City of Hull AC	M	30	10	10	10	10	10	0	22	92
77	35	Mark Dawson	Withernsea Harriers	M	30	10	10	10	10	21	10	10	91
77	18	Emily Broadbelt	West Hull Ladies	F	30	0	10	10	21	10	10	10	91
79	52	Aiden Godney	East Hull Harriers & AC	M	30	10	10	10	10	20	10	10	90
80	114	Alex Stark	Driffeld Striders	M	30	10	10	0	11	18	10	10	89
81	44	Lloyd Edwards	Bridlington Road Runners	M	30	13	10	10	14	10	10	0	87
82	22	Tom Bushby	City of Hull AC	M	30	10	10	10	16	10	10	10	86
82	101	Daniel Ramsay	East Hull Harriers & AC	M	30	10	10	10	10	16	10	10	86
84	139	Paul Teece	East Hull Harriers & AC	M	30	10	10	25	0	0	10	0	85
84	23	Gregan Clarkson	Kingston upon Hull AC	M	30	10	10	15	10	0	10	10	85
84	118	Alexander Thomas	N/A	M	30	10	10	10	10	10	10	15	85
84	12	Emily Beadle	Chasing Happy	F	30	11	0	0	34	0	0	10	85
84	97	Diane Pickering	West Hull Ladies	F	30	0	10	10	0	10	15	10	85
89	94	Simon Parsons	Bridlington Road Runners	M	30	10	10	10	14	10	10	10	84
89	90	Marie Palframan	Humber Triathletes	F	30	34	10	0	0	0	10	0	84
91	4	Robyn Allan	East Hull Harriers & AC	F	30	10	10	10	10	10	11	10	81
92	53	Paul Good	Bridlington Road Runners	M	30	10	10	10	10	10	10	10	80
92	105	Lucie Route	East Hull Harriers & AC	F	30	10	10	10	10	10	10	10	80
92	134	Alison Benson	Beverley Athletic Club	F	30	10	10	10	10	0	10	10	80
92	107	Rachael Sharp	East Hull Harriers & AC	F	30	10	10	10	0	10	10	0	80
92	34	John Dawson	Beverley Athletic Club	M	30	0	10	10	10	10	10	10	80
92	17	Anthony Bristow	N/A	M	30	10	10	10	0	0	10	10	80
98	61	Chris Hodgson	East Hull Harriers & AC	M	30	0	10	38	0	0	0	0	78
98	79	Catherine Milan	Driffeld Striders	F	30	28	0	0	10	10	0	0	78

100	54	Jenny Hamlyn	Beverley Athletic Club	F	30	10	26	10	0	0	0	0	76
100	141	Mark Fisher	Withernsea Harriers	M	30	10	0	0	36	0	0	0	76
100	96	Sarah Pearson	Beverley Athletic Club	F	0	0	0	0	30	10	0	36	76
103	20	Louise Burnett	City of Hull AC	F	30	35	0	0	10	0	0	0	75
104	31	Alex Czapla	City of Hull AC	M	0	30	11	23	0	0	10	0	74
105	19	Ty Brooks	East Hull Harriers & AC	M	30	0	10	22	0	10	0	0	72
105	50	Lucinda Gibson	Bridlington Road Runners	F	30	10	22	0	0	0	0	10	72
107	33	Lee Daniels	Fordy Runs	M	30	10	31	0	0	0	0	0	71
107	64	Jody Horth	Beverley Athletic Club	M	30	0	10	11	10	0	0	10	71
107	57	Peter Hardy-Cork	Hornsea Harriers	M	30	10	0	0	0	11	10	10	71
110	111	Richard Slack	East Hull Harriers & AC	M	30	10	10	10	0	10	0	0	70
110	108	Cameron Shaw	N/A	M	30	10	10	10	0	0	10	0	70
110	124	Robert Wells	East Hull Harriers & AC	M	30	10	10	0	10	0	0	10	70
113	136	Nicola Fowler	Bridlington Road Runners	F	30	10	24	0	0	0	0	0	64
114	85	Dawn Oades	East Hull Harriers & AC	F	30	32	0	0	0	0	0	0	62
115	40	Joanne Drysdale	West Hull Ladies	F	30	31	0	0	0	0	0	0	61
116	98	Philip Pocknee	N/A	M	30	19	0	0	0	0	0	10	59
117	9	Helen Barber	N/A	F	30	18	0	0	0	0	0	10	58
118	132	Jacob Zobkiw	City of Hull AC	M	0	30	10	12	0	0	0	0	52
119	102	John Ridge	Hornsea Harriers	M	30	21	0	0	0	0	0	0	51
120	16	Luke Bramley	N/A	M	30	10	10	0	0	0	0	0	50
120	89	Joseph Oldroyd	N/A	M	30	10	0	10	0	0	0	0	50
120	51	Micah Gibson	Bridlington Road Runners	M	30	0	10	10	0	0	0	0	50
120	127	Katie Wilde	East Hull Harriers & AC	F	30	0	10	0	0	0	10	0	50
120	130	Ian Wright	City of Hull AC	M	30	0	10	0	0	0	10	0	50
125	67	Thomas Humphrey	Driffield Striders	M	30	10	0	0	0	0	0	0	40
125	73	Nichola Lewis	Withernsea Harriers	F	30	10	0	0	0	0	0	0	40
125	137	Harry Simpson	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
125	125	Anthony Whitley	City of Hull AC	M	30	0	10	0	0	0	0	0	40
125	146	Martin Train	East Hull Harriers & AC	M	0	30	0	0	10	0	0	0	40
130	1	Simon Adcock	City of Hull AC	M	30	0	0	0	0	0	0	0	30
130	36	Stephen Dean	City of Hull AC	M	0	30	0	0	0	0	0	0	30
130	63	Isabelle Horrocks	Beverley Athletic Club	F	30	0	0	0	0	0	0	0	30
130	81	Dean Morris	Kingston upon Hull AC	M	30	0	0	0	0	0	0	0	30
130	115	James Stark	East Hull Harriers & AC	M	30	0	0	0	0	0	0	0	30

