

# EAST HULL HARRIERS SUMMER LEAGUE 2026

## RACE 7 EAST PARK 10Km 7<sup>th</sup> July 2026

| Position | Male | Female | Number | Runner               | Club                     | Cat  | Time  |
|----------|------|--------|--------|----------------------|--------------------------|------|-------|
| 1        | 1    |        | 11     | Steve Bateson        | N/A                      | V50  | 33:20 |
| 2        | 2    |        | 247    | Stuart Spencer       | Fitmums and Friends      | SNR  | 33:27 |
| 3        | 3    |        | 22     | Tom Bushby           | City of Hull AC          | J    | 33:44 |
| 4        | 4    |        | 31     | Alex Czapla          | City of Hull AC          | SNR  | 34:53 |
| 5        | 5    |        | 303    | Neil Seddon          | East Hull Harriers & AC  | SNR  | 35:12 |
| 6        | 6    |        | 311    | Olly Sizer           | East Hull Harriers & AC  | SNR  | 35:30 |
| 7        | 7    |        | 324    | Evan Bowers          | City of Hull AC          | SNR  | 35:35 |
| 8        | 8    |        | 287    | Oliver Burnett       | East Hull Harriers & AC  | SNR  | 36:13 |
| 9        | 9    |        | 23     | Gregan Clarkson      | Kingston upon Hull AC    | V40  | 36:57 |
| 10       | 10   |        | 21     | Adrian Bushby        | City of Hull AC          | V55  | 37:10 |
| 11       | 11   |        | 139    | Paul Teece           | East Hull Harriers & AC  | V45  | 37:35 |
| 12       | 12   |        | 331    | Joe Thompson         | N/A                      | SNR  | 37:37 |
| 13       | 13   |        | 114    | Alex Stark           | Driffield Striders       | SNR  | 37:44 |
| 14       | 14   |        | 53     | Paul Good            | Bridlington Road Runners | V45  | 37:50 |
| 15       | 15   |        | 309    | Billy Hall           | N/A                      | SNR  | 38:31 |
| 16       | 16   |        | 337    | Nigel Sisson         | East Hull Harriers & AC  | V55  | 38:44 |
| 17       | 17   |        | 3      | Rob Alexander-Duncan | City of Hull AC          | V45  | 39:22 |
| 18       | 18   |        | 305    | Mark Smith           | N/A                      | V40  | 39:38 |
| 19       | 19   |        | 302    | Simon Downs          | Kingston upon Hull AC    | V50  | 39:44 |
| 20       | 20   |        | 556    | Elliott Spicer       | City of Hull AC          | V40  | 40:10 |
| 21       | 21   |        | 52     | Aiden Godney         | East Hull Harriers & AC  | SNR  | 40:31 |
| 22       | 22   |        | 335    | Mike McGrath         | Beverley Athletic Club   | SNR  | 41:14 |
| 23       | 23   |        | 129    | Steve Wilson         | Bridlington Road Runners | V45  | 41:39 |
| 24       |      | 1      | 14     | Natalie Bell         | City of Hull AC          | LV35 | 41:43 |
| 25       | 24   |        | 34     | John Dawson          | Beverley Athletic Club   | V40  | 41:47 |
| 26       | 25   |        | 189    | Paul Cartwright      | City of Hull AC          | V65  | 42:21 |
| 27       | 26   |        | 58     | Richard Harrison     | Selby Striders           | V55  | 42:33 |
| 28       |      | 2      | 4      | Robyn Allan          | East Hull Harriers & AC  | LSNR | 42:43 |
| 29       | 27   |        | 57     | Peter Hardy-Cork     | Hornsea Harriers         | V50  | 42:59 |
| 30       | 28   |        | 108    | Cameron Shaw         | N/A                      | SNR  | 43:14 |
| 31       | 29   |        | 315    | Luke Robinson        | N/A                      | SNR  | 43:27 |
| 32       | 30   |        | 17     | Anthony Bristow      | N/A                      | V40  | 43:28 |
| 33       | 31   |        | 83     | Alex Munday          | City of Hull AC          | V40  | 43:30 |
| 34       | 32   |        | 48     | Mark Gadie           | East Hull Harriers & AC  | V45  | 43:39 |
| 35       |      | 3      | 310    | Sophie Wood          | City of Hull AC          | LSNR | 44:14 |
| 36       | 33   |        | 300    | Toby Reily           | Run Kingswood            | SNR  | 44:24 |
| 37       | 34   |        | 42     | James Durham         | City of Hull AC          | V45  | 44:35 |
| 38       | 35   |        | 304    | John Wilson          | Barton and District AC   | V50  | 44:36 |
| 39       |      | 4      | 91     | Karen Park           | West Hull Ladies         | LV60 | 45:06 |
| 40       |      | 5      | 142    | Suzanne Curtis       | East Hull Harriers & AC  | LV40 | 45:16 |
| 41       |      | 6      | 68     | Miriam Ireland       | Bridlington Road Runners | LV40 | 45:34 |
| 42       | 36   |        | 32     | Martin Dale          | City of Hull AC          | V40  | 46:06 |
| 43       |      | 7      | 288    | Phobe Gawthorpe      | East Hull Harriers & AC  | LSNR | 46:13 |
| 44       | 37   |        | 118    | Alexander Thomas     | N/A                      | SNR  | 46:16 |
| 45       | 38   |        | 101    | Daniel Ramsay        | East Hull Harriers & AC  | SNR  | 46:19 |
| 46       | 39   |        | 112    | Joseph Smith         | N/A                      | SNR  | 46:22 |

|    |    |    |     |                        |                          |      |       |
|----|----|----|-----|------------------------|--------------------------|------|-------|
| 47 | 40 |    | 60  | Tom Henry              | N/A                      | SNR  | 46:32 |
| 48 |    | 8  | 107 | Rachael Sharp          | East Hull Harriers & AC  | LV45 | 46:35 |
| 49 | 41 |    | 84  | Andrew Norman          | East Hull Harriers & AC  | V60  | 46:53 |
| 50 | 42 |    | 330 | James Crabtree         | N/A                      | V45  | 47:00 |
| 51 | 43 |    | 295 | Peter Smith            | Kingston upon Hull AC    | SNR  | 47:01 |
| 52 | 44 |    | 74  | Daniel Little          | East Hull Harriers & AC  | V45  | 47:01 |
| 53 | 45 |    | 35  | Mark Dawson            | Withernsea Harriers      | V55  | 47:03 |
| 54 | 46 |    | 298 | Neil Ibbitson          | Run Kingswood            | V55  | 47:05 |
| 55 |    | 9  | 76  | Helen Lowe             | East Hull Harriers & AC  | LV40 | 47:16 |
| 56 | 47 |    | 119 | Kobus VanderWesthuizen | City of Hull AC          | V55  | 47:18 |
| 57 | 48 |    | 133 | Phil McCoy             | East Hull Harriers & AC  | V50  | 47:25 |
| 58 |    | 10 | 47  | Stacy Foxworthy        | West Hull Ladies         | LV40 | 47:31 |
| 59 |    | 11 | 18  | Emily Broadbelt        | West Hull Ladies         | LSNR | 47:32 |
| 60 |    | 12 | 38  | Samantha Dixie         | East Hull Harriers & AC  | LV40 | 47:34 |
| 61 | 49 |    | 329 | Lloyd Curtis           | N/A                      | SNR  | 47:43 |
| 62 | 50 |    | 290 | Russell Fox            | N/A                      | SNR  | 47:46 |
| 63 | 51 |    | 106 | Clifford Sansam        | Withernsea Harriers      | V65  | 47:48 |
| 64 |    | 13 | 62  | Kerry Holliday         | East Hull Harriers & AC  | LV35 | 47:49 |
| 65 | 52 |    | 272 | Jacob Zobkiw           | City of Hull AC          | SNR  | 48:29 |
| 66 | 53 |    | 323 | John Escritt           | City of Hull AC          | V65  | 48:46 |
| 67 | 54 |    | 333 | Christian Davies       | N/A                      | V50  | 48:51 |
| 68 | 55 |    | 77  | Ian McCoid             | City of Hull AC          | V60  | 49:23 |
| 69 | 56 |    | 294 | Howard Gant            | Withernsea Harriers      | V45  | 49:23 |
| 70 | 57 |    | 293 | Ryan Waudby            | N/A                      | SNR  | 49:31 |
| 71 | 58 |    | 314 | Chris Jackson          | N/A                      | SNR  | 50:18 |
| 72 |    | 14 | 92  | Zoe Parkin             | Driffield Striders       | LV60 | 50:25 |
| 73 |    | 15 | 7   | Heidi Baker            | Bridlington Road Runners | LV45 | 50:35 |
| 74 | 59 |    | 267 | Mike Petersen          | East Hull Harriers & AC  | V50  | 51:00 |
| 75 | 60 |    | 28  | Richard Crone          | East Hull Harriers & AC  | V55  | 51:10 |
| 76 | 61 |    | 44  | Lloyd Edwards          | Bridlington Road Runners | V60  | 51:19 |
| 77 |    | 16 | 56  | Max Hardey             | East Hull Harriers & AC  | LV50 | 51:26 |
| 78 | 62 |    | 69  | Ian Jackson            | Beverley Athletic Club   | V50  | 51:41 |
| 79 |    | 17 | 145 | Emma Mulholland        | N/A                      | LV35 | 51:44 |
| 80 |    | 18 | 5   | Ann Allen              | East Hull Harriers & AC  | LV65 | 51:54 |
| 81 |    | 19 | 97  | Diane Pickering        | West Hull Ladies         | LV55 | 52:21 |
| 82 |    | 20 | 104 | Freya Route            | East Hull Harriers & AC  | LJ   | 52:26 |
| 83 | 63 |    | 75  | Andrew Long            | Bridlington Road Runners | V65  | 52:48 |
| 84 | 64 |    | 336 | Richard Allan          | N/A                      | V55  | 52:56 |
| 85 | 65 |    | 322 | Grant Dobbs            | City of Hull AC          | V40  | 53:03 |
| 86 |    | 21 | 325 | Liz Kilgour            | Fitmums and Friends      | LV45 | 53:27 |
| 87 | 66 |    | 126 | Allan Wilby            | Withernsea Harriers      | V70  | 53:31 |
| 88 |    | 22 | 2   | Helen Alexander-Duncan | City of Hull AC          | LV40 | 53:45 |
| 89 |    | 23 | 10  | Julie Barnes           | East Hull Harriers & AC  | LV40 | 53:46 |
| 90 |    | 24 | 321 | Isabelle Underwood     | N/A                      | LJ   | 53:47 |
| 91 |    | 25 | 82  | Emily Morris           | Driffield Striders       | LSNR | 53:58 |
| 92 | 67 |    | 26  | Joe Corlass            | N/A                      | SNR  | 54:19 |
| 93 | 68 |    | 128 | Mark Williamson        | Hornsea Harriers         | V55  | 54:20 |
| 94 | 69 |    | 328 | Alex Cockerham         | N/A                      | SNR  | 54:47 |
| 95 |    | 26 | 316 | Donna Wilson           | N/A                      | LV35 | 55:10 |
| 96 |    | 27 | 334 | Emily Gautier          | Withernsea Harriers      | LSNR | 55:20 |
| 97 | 70 |    | 306 | James Grayson          | N/A                      | SNR  | 55:24 |

|     |    |    |     |                      |                          |       |         |
|-----|----|----|-----|----------------------|--------------------------|-------|---------|
| 98  | 71 |    | 49  | Andrew Gibson        | Bridlington Road Runners | V60   | 55:51   |
| 99  |    | 28 | 65  | Jane Hounsome        | Hornsea Harriers         | LV60  | 55:52   |
| 100 | 72 |    | 319 | Simon Porter         | Bridlington Road Runners | V50   | 55:53   |
| 101 |    | 29 | 296 | Katie Rudge          | City of Hull AC          | LSNR  | 55:57   |
| 102 | 73 |    | 109 | Jonathan Shaw        | Goole Viking Striders    | V45   | 56:02   |
| 103 |    | 30 | 138 | Sarah Rose-Crawford  | East Hull Harriers & AC  | LV45  | 56:29   |
| 104 | 74 |    | 286 | Carl Lowery          | East Hull Harriers & AC  | V50   | 56:29   |
| 105 |    | 31 | 116 | Emma Stevenson       | N/A                      | LV50  | 56:29   |
| 106 |    | 32 | 186 | Patricia Bielby      | Bridlington Road Runners | LV70+ | 56:47   |
| 107 | 75 |    | 94  | Simon Parsons        | Bridlington Road Runners | V50   | 57:19   |
| 108 | 76 |    | 117 | Peter Taylor         | City of Hull AC          | V75+  | 57:29   |
| 109 |    | 33 | 93  | Lyndsey Parsons      | Bridlington Road Runners | LV55  | 57:37   |
| 110 | 77 |    | 320 | Peter Thomas         | N/A                      | V65   | 57:41   |
| 111 | 78 |    | 130 | Ian Wright           | City of Hull AC          | V40   | 57:45   |
| 112 |    | 34 | 122 | Dominique Webster    | Bridlington Road Runners | LV50  | 58:05   |
| 113 |    | 35 | 37  | Beth Dearing         | East Hull Harriers & AC  | LSNR  | 58:20   |
| 114 |    | 36 | 326 | Caitlin Route        | East Hull Harriers & AC  | LJ    | 59:29   |
| 115 |    | 37 | 103 | Nicola Riley         | Beverley Athletic Club   | LV60  | 59:52   |
| 116 |    | 38 | 143 | Laine Wong           | N/A                      | LV45  | 1:02:36 |
| 117 |    | 39 | 27  | Amelia Crawford      | Driffield Striders       | LJ    | 1:03:02 |
| 118 | 79 |    | 86  | Gary Oades           | East Hull Harriers & AC  | V65   | 1:03:10 |
| 119 |    | 40 | 99  | Ellie Porter         | Chasing Happy            | LSNR  | 1:03:38 |
| 120 | 80 |    | 291 | Matthew Compton      | N/A                      | SNR   | 1:04:09 |
| 121 | 81 |    | 135 | Kevin Anholm         | Withernsea Harriers      | V65   | 1:04:55 |
| 122 |    | 41 | 307 | Janice Wilcock       | East Hull Harriers & AC  | LV50  | 1:05:11 |
| 123 | 82 |    | 29  | John Crosby          | East Hull Harriers & AC  | V70   | 1:06:12 |
| 124 |    | 42 | 110 | Angharad Shepherdson | West Hull Ladies         | LV50  | 1:06:34 |
| 125 |    | 43 | 90  | Marie Palframan      | Humber Triathletes       | LV45  | 1:07:00 |
| 126 |    | 44 | 72  | Rachel Kemp          | East Hull Harriers & AC  | LV50  | 1:07:41 |
| 127 |    | 45 | 105 | Lucie Route          | East Hull Harriers & AC  | LJ    | 1:08:01 |
| 128 | 83 |    | 313 | Paul Clarke          | Kingston upon Hull AC    | V75+  | 1:08:34 |
| 129 |    | 46 | 134 | Alison Benson        | Beverley Athletic Club   | LV50  | 1:09:04 |
| 130 |    | 47 | 39  | Lisa Douglas         | White City Hull RRC      | LV50  | 1:09:16 |
| 131 | 84 |    | 289 | Leo Cummings         | N/A                      | J     | 1:10:03 |
| 132 |    | 48 | 317 | Amanda Porter        | Bridlington Road Runners | LV50  | 1:12:24 |
| 133 |    | 49 | 318 | Kirsten Porter       | Bridlington Road Runners | LSNR  | 1:12:24 |
| 134 | 85 |    | 78  | Kevin McManus        | City of Hull AC          | V70   | 1:12:26 |
| 135 | 86 |    | 301 | James Blucke         | Run Kingswood            | SNR   | 1:14:35 |
| 136 |    | 50 | 299 | Helen Purvis         | Run Kingswood            | LV55  | 1:14:35 |
| 137 |    | 51 | 66  | Sheila Howes         | Driffield Striders       | LV70+ | 1:20:34 |
| 138 |    | 52 | 292 | Suzanne Clarkson     | West Hull Ladies         | LV70+ | 1:21:34 |
| 139 |    | 53 | 308 | Tammy Bullivant      | N/A                      | LV50  | 1:21:52 |
| 140 |    | 54 | 127 | Katie Wilde          | East Hull Harriers & AC  | LSNR  | 1:22:33 |

# HANDICAP RESULTS

| Position | Number | Runner                 | Club                     | Cat   | Time    | Predicted | Difference | Points |
|----------|--------|------------------------|--------------------------|-------|---------|-----------|------------|--------|
| 1        | 66     | Sheila Howes           | Driffield Striders       | LV70+ | 1:20:34 | 1:31:17   | -10:43     | 40     |
| 2        | 39     | Lisa Douglas           | White City Hull RRC      | LV50  | 1:09:16 | 1:18:06   | -08:50     | 39     |
| 3        | 135    | Kevin Anholm           | Withernsea Harriers      | V65   | 1:04:55 | 1:13:20   | -08:25     | 38     |
| 4        | 117    | Peter Taylor           | City of Hull AC          | V75+  | 57:29   | 1:05:33   | -08:04     | 37     |
| 5        | 76     | Helen Lowe             | East Hull Harriers & AC  | LV40  | 47:16   | 54:57     | -07:41     | 36     |
| 6        | 29     | John Crosby            | East Hull Harriers & AC  | V70   | 1:06:12 | 1:13:06   | -06:54     | 35     |
| 7        | 74     | Daniel Little          | East Hull Harriers & AC  | V45   | 47:01   | 53:09     | -06:08     | 34     |
| 8        | 126    | Allan Wilby            | Withernsea Harriers      | V70   | 53:31   | 59:19     | -05:48     | 33     |
| 9        | 37     | Beth Dearing           | East Hull Harriers & AC  | LSNR  | 58:20   | 1:03:52   | -05:32     | 32     |
| 10       | 86     | Gary Oades             | East Hull Harriers & AC  | V65   | 1:03:10 | 1:08:20   | -05:10     | 31     |
| 11       | 28     | Richard Crone          | East Hull Harriers & AC  | V55   | 51:10   | 55:57     | -04:47     | 30     |
| 12       | 142    | Suzanne Curtis         | East Hull Harriers & AC  | LV40  | 45:16   | 49:59     | -04:43     | 29     |
| 13       | 138    | Sarah Rose-Crawford    | East Hull Harriers & AC  | LV45  | 56:29   | 1:00:48   | -04:19     | 28     |
| 14       | 116    | Emma Stevenson         | N/A                      | LV50  | 56:29   | 1:00:48   | -04:19     | 28     |
| 15       | 93     | Lyndsey Parsons        | Bridlington Road Runners | LV55  | 57:37   | 1:01:52   | -04:15     | 26     |
| 16       | 32     | Martin Dale            | City of Hull AC          | V40   | 46:06   | 50:07     | -04:01     | 25     |
| 17       | 5      | Ann Allen              | East Hull Harriers & AC  | LV65  | 51:54   | 55:49     | -03:55     | 24     |
| 18       | 110    | Angharad Shepherdson   | West Hull Ladies         | LV50  | 1:06:34 | 1:10:10   | -03:36     | 23     |
| 19       | 69     | Ian Jackson            | Beverley Athletic Club   | V50   | 51:41   | 55:11     | -03:30     | 22     |
| 20       | 26     | Joe Corlass            | N/A                      | SNR   | 54:19   | 57:49     | -03:30     | 22     |
| 21       | 77     | Ian McCoid             | City of Hull AC          | V60   | 49:23   | 52:46     | -03:23     | 20     |
| 22       | 48     | Mark Gadie             | East Hull Harriers & AC  | V45   | 43:39   | 46:58     | -03:19     | 19     |
| 23       | 10     | Julie Barnes           | East Hull Harriers & AC  | LV40  | 53:46   | 57:03     | -03:17     | 18     |
| 24       | 65     | Jane Hounsome          | Hornsea Harriers         | LV60  | 55:52   | 59:04     | -03:12     | 17     |
| 25       | 38     | Samantha Dixie         | East Hull Harriers & AC  | LV40  | 47:34   | 50:35     | -03:01     | 16     |
| 26       | 97     | Diane Pickering        | West Hull Ladies         | LV55  | 52:21   | 55:12     | -02:51     | 15     |
| 27       | 2      | Helen Alexander-Duncan | City of Hull AC          | LV40  | 53:45   | 56:32     | -02:47     | 14     |
| 28       | 47     | Stacy Foxworthy        | West Hull Ladies         | LV40  | 47:31   | 50:14     | -02:43     | 13     |
| 29       | 145    | Emma Mulholland        | N/A                      | LV35  | 51:44   | 54:18     | -02:34     | 12     |
| 30       | 129    | Steve Wilson           | Bridlington Road Runners | V45   | 41:39   | 44:05     | -02:26     | 11     |
| 31       | 143    | Laine Wong             | N/A                      | LV45  | 1:02:36 | 1:05:02   | -02:26     | 11     |
| 32       | 4      | Robyn Allan            | East Hull Harriers & AC  | LSNR  | 42:43   | 45:09     | -02:26     | 11     |
| 33       | 78     | Kevin McManus          | City of Hull AC          | V70   | 1:12:26 | 1:14:50   | -02:24     | 10     |
| 34       | 107    | Rachael Sharp          | East Hull Harriers & AC  | LV45  | 46:35   | 48:54     | -02:19     | 10     |
| 35       | 94     | Simon Parsons          | Bridlington Road Runners | V50   | 57:19   | 59:33     | -02:14     | 10     |
| 36       | 122    | Dominique Webster      | Bridlington Road Runners | LV50  | 58:05   | 1:00:12   | -02:07     | 10     |
| 37       | 42     | James Durham           | City of Hull AC          | V45   | 44:35   | 46:42     | -02:07     | 10     |
| 38       | 56     | Max Hardey             | East Hull Harriers & AC  | LV50  | 51:26   | 53:32     | -02:06     | 10     |
| 39       | 112    | Joseph Smith           | N/A                      | SNR   | 46:22   | 48:24     | -02:02     | 10     |
| 40       | 91     | Karen Park             | West Hull Ladies         | LV60  | 45:06   | 47:01     | -01:55     | 10     |
| 41       | 22     | Tom Bushby             | City of Hull AC          | J     | 33:44   | 35:38     | -01:54     | 10     |
| 42       | 84     | Andrew Norman          | East Hull Harriers & AC  | V60   | 46:53   | 48:46     | -01:53     | 10     |
| 43       | 127    | Katie Wilde            | East Hull Harriers & AC  | LSNR  | 1:22:33 | 1:24:25   | -01:52     | 10     |
| 44       | 44     | Lloyd Edwards          | Bridlington Road Runners | V60   | 51:19   | 53:06     | -01:47     | 10     |
| 45       | 119    | Kobus VanderWesthuizen | City of Hull AC          | V55   | 47:18   | 48:57     | -01:39     | 10     |

|    |     |                      |                          |      |         |         |        |    |
|----|-----|----------------------|--------------------------|------|---------|---------|--------|----|
| 46 | 101 | Daniel Ramsay        | East Hull Harriers & AC  | SNR  | 46:19   | 47:53   | -01:34 | 10 |
| 47 | 18  | Emily Broadbelt      | West Hull Ladies         | LSNR | 47:32   | 49:05   | -01:33 | 10 |
| 48 | 83  | Alex Munday          | City of Hull AC          | V40  | 43:30   | 44:58   | -01:28 | 10 |
| 49 | 53  | Paul Good            | Bridlington Road Runners | V45  | 37:50   | 39:17   | -01:27 | 10 |
| 50 | 52  | Aiden Godney         | East Hull Harriers & AC  | SNR  | 40:31   | 41:55   | -01:24 | 10 |
| 51 | 106 | Clifford Sansam      | Withernsea Harriers      | V65  | 47:48   | 49:02   | -01:14 | 10 |
| 52 | 68  | Miriam Ireland       | Bridlington Road Runners | LV40 | 45:34   | 46:46   | -01:12 | 10 |
| 53 | 34  | John Dawson          | Beverley Athletic Club   | V40  | 41:47   | 42:46   | -00:59 | 10 |
| 54 | 11  | Steve Bateson        | N/A                      | V50  | 33:20   | 34:18   | -00:58 | 10 |
| 55 | 118 | Alexander Thomas     | N/A                      | SNR  | 46:16   | 47:13   | -00:57 | 10 |
| 56 | 35  | Mark Dawson          | Withernsea Harriers      | V55  | 47:03   | 47:58   | -00:55 | 10 |
| 57 | 14  | Natalie Bell         | City of Hull AC          | LV35 | 41:43   | 42:37   | -00:54 | 10 |
| 58 | 57  | Peter Hardy-Cork     | Hornsea Harriers         | V50  | 42:59   | 43:52   | -00:53 | 10 |
| 59 | 7   | Heidi Baker          | Bridlington Road Runners | LV45 | 50:35   | 51:22   | -00:47 | 10 |
| 60 | 3   | Rob Alexander-Duncan | City of Hull AC          | V45  | 39:22   | 40:08   | -00:46 | 10 |
| 61 | 114 | Alex Stark           | Driffield Striders       | SNR  | 37:44   | 38:28   | -00:44 | 10 |
| 62 | 272 | Jacob Zobkiw         | City of Hull AC          | SNR  | 48:29   | 48:59   | -00:30 | 10 |
| 63 | 21  | Adrian Bushby        | City of Hull AC          | V55  | 37:10   | 37:39   | -00:29 | 10 |
| 64 | 62  | Kerry Holliday       | East Hull Harriers & AC  | LV35 | 47:49   | 48:05   | -00:16 | 10 |
| 65 | 31  | Alex Czapla          | City of Hull AC          | SNR  | 34:53   | 34:37   | 00:16  | 10 |
| 66 | 58  | Richard Harrison     | Selby Striders           | V55  | 42:33   | 42:08   | 00:25  | 10 |
| 67 | 139 | Paul Teece           | East Hull Harriers & AC  | V45  | 37:35   | 37:03   | 00:32  | 10 |
| 68 | 17  | Anthony Bristow      | N/A                      | V40  | 43:28   | 42:37   | 00:51  | 10 |
| 69 | 23  | Gregan Clarkson      | Kingston upon Hull AC    | V40  | 36:57   | 35:56   | 01:01  | 10 |
| 70 | 103 | Nicola Riley         | Beverley Athletic Club   | LV60 | 59:52   | 58:32   | 01:20  | 10 |
| 71 | 109 | Jonathan Shaw        | Goole Viking Striders    | V45  | 56:02   | 54:40   | 01:22  | 10 |
| 72 | 130 | Ian Wright           | City of Hull AC          | V40  | 57:45   | 55:53   | 01:52  | 10 |
| 73 | 92  | Zoe Parkin           | Driffield Striders       | LV60 | 50:25   | 48:07   | 02:18  | 10 |
| 74 | 82  | Emily Morris         | Driffield Striders       | LSNR | 53:58   | 51:39   | 02:19  | 10 |
| 75 | 90  | Marie Palframan      | Humber Triathletes       | LV45 | 1:07:00 | 1:04:37 | 02:23  | 10 |
| 76 | 108 | Cameron Shaw         | N/A                      | SNR  | 43:14   | 40:40   | 02:34  | 10 |
| 77 | 104 | Freya Route          | East Hull Harriers & AC  | LJ   | 52:26   | 49:25   | 03:01  | 10 |
| 78 | 75  | Andrew Long          | Bridlington Road Runners | V65  | 52:48   | 49:46   | 03:02  | 10 |
| 79 | 27  | Amelia Crawford      | Driffield Striders       | LJ   | 1:03:02 | 59:51   | 03:11  | 10 |
| 80 | 134 | Alison Benson        | Beverley Athletic Club   | LV50 | 1:09:04 | 1:05:49 | 03:15  | 10 |
| 81 | 105 | Lucie Route          | East Hull Harriers & AC  | LJ   | 1:08:01 | 1:04:45 | 03:16  | 10 |
| 82 | 49  | Andrew Gibson        | Bridlington Road Runners | V60  | 55:51   | 51:57   | 03:54  | 10 |
| 83 | 133 | Phil McCoy           | East Hull Harriers & AC  | V50  | 47:25   | 43:22   | 04:03  | 10 |
| 84 | 60  | Tom Henry            | N/A                      | SNR  | 46:32   | 42:21   | 04:11  | 10 |
| 85 | 72  | Rachel Kemp          | East Hull Harriers & AC  | LV50 | 1:07:41 | 1:00:44 | 06:57  | 10 |
| 86 | 99  | Ellie Porter         | Chasing Happy            | LSNR | 1:03:38 | 56:38   | 07:00  | 10 |
| 87 | 128 | Mark Williamson      | Hornsea Harriers         | V55  | 54:20   | 41:16   | 13:04  | 10 |

## HANDICAP LEAGUE TABLE

| Position | Number | Name                   | Club                     | Gender | Race 1 | Race 2 | Race 3 | Race 4 | Race 5 | Race 6 | Race 7 | Race 8 | Total |
|----------|--------|------------------------|--------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|
| 1        | 69     | Ian Jackson            | Beverley Athletic Club   | M      | 30     | 40     | 38     | 36     | 27     | 10     | 22     | 0      | 193   |
| 2        | 110    | Angharad Shepherdson   | West Hull Ladies         | F      | 30     | 39     | 32     | 10     | 37     | 10     | 23     | 0      | 171   |
| 3        | 104    | Freya Route            | East Hull Harriers & AC  | F      | 30     | 36     | 40     | 10     | 40     | 0      | 10     | 0      | 166   |
| 4        | 60     | Tom Henry              | N/A                      | M      | 30     | 10     | 10     | 39     | 10     | 40     | 10     | 0      | 139   |
| 4        | 37     | Beth Dearing           | East Hull Harriers & AC  | F      | 30     | 25     | 10     | 32     | 10     | 10     | 32     | 0      | 139   |
| 6        | 66     | Sheila Howes           | Driffield Striders       | F      | 30     | 10     | 36     | 10     | 0      | 10     | 40     | 0      | 136   |
| 7        | 133    | Phil McCoy             | East Hull Harriers & AC  | M      | 30     | 10     | 34     | 10     | 10     | 39     | 10     | 0      | 133   |
| 7        | 126    | Allan Wilby            | Withernsea Harriers      | M      | 30     | 10     | 10     | 40     | 10     | 10     | 33     | 0      | 133   |
| 9        | 145    | Emma Mulholland        | N/A                      | F      | 0      | 30     | 39     | 10     | 31     | 10     | 12     | 0      | 132   |
| 9        | 39     | Lisa Douglas           | White City Hull RRC      | F      | 30     | 10     | 33     | 0      | 10     | 10     | 39     | 0      | 132   |
| 11       | 32     | Martin Dale            | City of Hull AC          | M      | 30     | 10     | 27     | 10     | 29     | 10     | 25     | 0      | 131   |
| 12       | 76     | Helen Lowe             | East Hull Harriers & AC  | F      | 30     | 24     | 12     | 16     | 0      | 10     | 36     | 0      | 128   |
| 13       | 113    | Vanessa Smith          | City of Hull AC          | F      | 30     | 30     | 10     | 28     | 14     | 15     | 0      | 0      | 127   |
| 13       | 99     | Ellie Porter           | Chasing Happy            | F      | 30     | 11     | 30     | 10     | 36     | 0      | 10     | 0      | 127   |
| 13       | 91     | Karen Park             | West Hull Ladies         | F      | 30     | 10     | 37     | 10     | 0      | 30     | 10     | 0      | 127   |
| 16       | 88     | Becky Ockleton         | East Hull Harriers & AC  | F      | 30     | 34     | 10     | 13     | 0      | 38     | 0      | 0      | 125   |
| 17       | 14     | Natalie Bell           | City of Hull AC          | F      | 30     | 16     | 10     | 30     | 10     | 28     | 10     | 0      | 124   |
| 18       | 84     | Andrew Norman          | East Hull Harriers & AC  | M      | 30     | 10     | 10     | 10     | 39     | 22     | 10     | 0      | 121   |
| 18       | 10     | Julie Barnes           | East Hull Harriers & AC  | F      | 30     | 38     | 10     | 10     | 15     | 10     | 18     | 0      | 121   |
| 18       | 29     | John Crosby            | East Hull Harriers & AC  | M      | 30     | 10     | 36     | 0      | 0      | 10     | 35     | 0      | 121   |
| 21       | 93     | Lyndsey Parsons        | Bridlington Road Runners | F      | 30     | 10     | 22     | 10     | 20     | 10     | 26     | 0      | 118   |
| 21       | 135    | Kevin Anholm           | Withernsea Harriers      | M      | 30     | 10     | 10     | 20     | 10     | 10     | 38     | 0      | 118   |
| 23       | 7      | Heidi Baker            | Bridlington Road Runners | F      | 30     | 10     | 10     | 25     | 10     | 32     | 10     | 0      | 117   |
| 23       | 119    | Kobus VanderWesthuizen | City of Hull AC          | M      | 30     | 23     | 10     | 10     | 10     | 34     | 10     | 0      | 117   |
| 25       | 26     | Joe Corlass            | N/A                      | M      | 30     | 26     | 10     | 10     | 17     | 10     | 22     | 0      | 115   |
| 26       | 78     | Kevin McManus          | City of Hull AC          | M      | 30     | 10     | 20     | 10     | 34     | 10     | 10     | 0      | 114   |
| 26       | 8      | Veronica Banks         | Driffield Striders       | F      | 30     | 10     | 16     | 10     | 38     | 10     | 0      | 0      | 114   |
| 28       | 86     | Gary Oades             | East Hull Harriers & AC  | M      | 30     | 21     | 10     | 10     | 10     | 10     | 31     | 0      | 112   |
| 28       | 74     | Daniel Little          | East Hull Harriers & AC  | M      | 30     | 18     | 10     | 10     | 10     | 10     | 34     | 0      | 112   |

|    |     |                        |                          |   |    |    |    |    |    |    |    |   |     |
|----|-----|------------------------|--------------------------|---|----|----|----|----|----|----|----|---|-----|
| 30 | 24  | Alex Cleeland          | City of Hull AC          | M | 30 | 37 | 10 | 10 | 10 | 14 | 0  | 0 | 111 |
| 30 | 70  | Paul Jessop            | East Hull Harriers & AC  | M | 0  | 30 | 18 | 34 | 10 | 19 | 0  | 0 | 111 |
| 32 | 21  | Adrian Bushby          | City of Hull AC          | M | 30 | 10 | 10 | 10 | 22 | 27 | 10 | 0 | 109 |
| 33 | 87  | Mike OBrien            | City of Hull AC          | M | 30 | 29 | 10 | 10 | 28 | 0  | 0  | 0 | 107 |
| 33 | 11  | Steve Bateson          | N/A                      | M | 30 | 10 | 0  | 10 | 10 | 37 | 10 | 0 | 107 |
| 33 | 117 | Peter Taylor           | City of Hull AC          | M | 30 | 10 | 10 | 10 | 10 | 10 | 37 | 0 | 107 |
| 36 | 83  | Alex Munday            | City of Hull AC          | M | 30 | 10 | 10 | 35 | 10 | 10 | 10 | 0 | 105 |
| 36 | 112 | Joseph Smith           | N/A                      | M | 30 | 10 | 10 | 22 | 10 | 23 | 10 | 0 | 105 |
| 36 | 92  | Zoe Parkin             | Driffield Striders       | F | 30 | 27 | 10 | 18 | 10 | 0  | 10 | 0 | 105 |
| 36 | 138 | Sarah Rose-Crawford    | East Hull Harriers & AC  | F | 30 | 10 | 17 | 10 | 10 | 10 | 28 | 0 | 105 |
| 36 | 28  | Richard Crone          | East Hull Harriers & AC  | M | 30 | 10 | 15 | 10 | 0  | 10 | 30 | 0 | 105 |
| 41 | 68  | Miriam Ireland         | Bridlington Road Runners | F | 30 | 10 | 10 | 33 | 10 | 10 | 10 | 0 | 103 |
| 41 | 2   | Helen Alexander-Duncan | City of Hull AC          | F | 30 | 10 | 20 | 10 | 19 | 10 | 14 | 0 | 103 |
| 43 | 56  | Max Hardey             | East Hull Harriers & AC  | F | 30 | 10 | 25 | 10 | 10 | 17 | 10 | 0 | 102 |
| 43 | 72  | Rachel Kemp            | East Hull Harriers & AC  | F | 30 | 10 | 10 | 0  | 10 | 32 | 10 | 0 | 102 |
| 43 | 116 | Emma Stevenson         | N/A                      | F | 30 | 10 | 0  | 14 | 10 | 10 | 28 | 0 | 102 |
| 46 | 25  | Euan Colquhoun         | Hornsea Harriers         | M | 30 | 10 | 10 | 31 | 10 | 10 | 0  | 0 | 101 |
| 47 | 129 | Steve Wilson           | Bridlington Road Runners | M | 30 | 10 | 10 | 29 | 10 | 10 | 11 | 0 | 100 |
| 48 | 46  | Gary Forrester         | East Hull Harriers & AC  | M | 30 | 10 | 29 | 10 | 10 | 10 | 0  | 0 | 99  |
| 48 | 3   | Rob Alexander-Duncan   | City of Hull AC          | M | 30 | 10 | 10 | 10 | 10 | 29 | 10 | 0 | 99  |
| 48 | 38  | Samantha Dixie         | East Hull Harriers & AC  | F | 30 | 10 | 10 | 10 | 23 | 10 | 16 | 0 | 99  |
| 51 | 144 | Ellie Mills            | N/A                      | F | 30 | 10 | 10 | 10 | 27 | 10 | 0  | 0 | 97  |
| 51 | 27  | Amelia Crawford        | Driffield Striders       | F | 30 | 10 | 0  | 37 | 10 | 0  | 10 | 0 | 97  |
| 51 | 122 | Dominique Webster      | Bridlington Road Runners | F | 30 | 10 | 10 | 27 | 0  | 10 | 10 | 0 | 97  |
| 51 | 77  | Ian McCoid             | City of Hull AC          | M | 30 | 10 | 10 | 17 | 10 | 10 | 20 | 0 | 97  |
| 55 | 75  | Andrew Long            | Bridlington Road Runners | M | 30 | 15 | 10 | 10 | 18 | 13 | 10 | 0 | 96  |
| 55 | 128 | Mark Williamson        | Hornsea Harriers         | M | 30 | 10 | 10 | 10 | 10 | 26 | 10 | 0 | 96  |
| 55 | 109 | Jonathan Shaw          | Goole Viking Striders    | M | 30 | 10 | 10 | 26 | 10 | 0  | 10 | 0 | 96  |
| 55 | 62  | Kerry Holliday         | East Hull Harriers & AC  | F | 0  | 30 | 10 | 0  | 10 | 36 | 10 | 0 | 96  |
| 59 | 95  | Ken Pearson            | Beverley Athletic Club   | M | 30 | 10 | 10 | 0  | 10 | 35 | 0  | 0 | 95  |
| 59 | 47  | Stacy Foxworthy        | West Hull Ladies         | F | 30 | 10 | 13 | 19 | 10 | 0  | 13 | 0 | 95  |
| 61 | 42  | James Durham           | City of Hull AC          | M | 0  | 30 | 10 | 10 | 24 | 10 | 10 | 0 | 94  |
| 61 | 5   | Ann Allen              | East Hull Harriers & AC  | F | 30 | 10 | 10 | 10 | 10 | 10 | 24 | 0 | 94  |
| 61 | 142 | Suzanne Curtis         | East Hull Harriers & AC  | F | 30 | 10 | 15 | 0  | 0  | 10 | 29 | 0 | 94  |
| 64 | 49  | Andrew Gibson          | Bridlington Road Runners | M | 30 | 22 | 10 | 10 | 10 | 0  | 10 | 0 | 92  |

|    |     |                      |                          |   |    |    |    |    |    |    |    |   |    |
|----|-----|----------------------|--------------------------|---|----|----|----|----|----|----|----|---|----|
| 65 | 35  | Mark Dawson          | Withernsea Harriers      | M | 30 | 10 | 10 | 10 | 10 | 21 | 10 | 0 | 91 |
| 65 | 18  | Emily Broadbelt      | West Hull Ladies         | F | 30 | 0  | 10 | 10 | 21 | 10 | 10 | 0 | 91 |
| 67 | 52  | Aiden Godney         | East Hull Harriers & AC  | M | 30 | 10 | 10 | 10 | 10 | 20 | 10 | 0 | 90 |
| 67 | 58  | Richard Harrison     | Selby Striders           | M | 30 | 10 | 10 | 0  | 30 | 0  | 10 | 0 | 90 |
| 69 | 114 | Alex Stark           | Driffield Striders       | M | 30 | 10 | 10 | 0  | 11 | 18 | 10 | 0 | 89 |
| 69 | 48  | Mark Gadie           | East Hull Harriers & AC  | M | 30 | 10 | 10 | 0  | 10 | 10 | 19 | 0 | 89 |
| 71 | 59  | Andrew Heath         | East Hull Harriers & AC  | M | 30 | 10 | 28 | 0  | 10 | 10 | 0  | 0 | 88 |
| 72 | 44  | Lloyd Edwards        | Bridlington Road Runners | M | 30 | 13 | 10 | 10 | 14 | 10 | 10 | 0 | 87 |
| 73 | 22  | Tom Bushby           | City of Hull AC          | M | 30 | 10 | 10 | 10 | 16 | 10 | 10 | 0 | 86 |
| 73 | 101 | Daniel Ramsay        | East Hull Harriers & AC  | M | 30 | 10 | 10 | 10 | 10 | 16 | 10 | 0 | 86 |
| 73 | 143 | Laine Wong           | N/A                      | F | 0  | 30 | 10 | 0  | 10 | 25 | 11 | 0 | 86 |
| 76 | 100 | Christopher Price    | Bridlington Road Runners | M | 30 | 13 | 0  | 10 | 32 | 0  | 0  | 0 | 85 |
| 76 | 139 | Paul Teece           | East Hull Harriers & AC  | M | 30 | 10 | 10 | 25 | 0  | 0  | 10 | 0 | 85 |
| 76 | 23  | Gregan Clarkson      | Kingston upon Hull AC    | M | 30 | 10 | 10 | 15 | 10 | 0  | 10 | 0 | 85 |
| 76 | 106 | Clifford Sansam      | Withernsea Harriers      | M | 30 | 10 | 10 | 0  | 0  | 25 | 10 | 0 | 85 |
| 80 | 94  | Simon Parsons        | Bridlington Road Runners | M | 30 | 10 | 10 | 10 | 14 | 10 | 10 | 0 | 84 |
| 80 | 90  | Marie Palframan      | Humber Triathletes       | F | 30 | 34 | 10 | 0  | 0  | 0  | 10 | 0 | 84 |
| 80 | 103 | Nicola Riley         | Beverley Athletic Club   | F | 30 | 0  | 24 | 10 | 10 | 0  | 10 | 0 | 84 |
| 83 | 131 | Magda Zaremba-Wilson | East Hull Harriers & AC  | F | 0  | 30 | 10 | 0  | 10 | 33 | 0  | 0 | 83 |
| 84 | 4   | Robyn Allan          | East Hull Harriers & AC  | F | 30 | 10 | 10 | 10 | 10 | 10 | 11 | 0 | 81 |
| 85 | 53  | Paul Good            | Bridlington Road Runners | M | 30 | 10 | 10 | 10 | 10 | 10 | 10 | 0 | 80 |
| 85 | 55  | Lee Hammond          | City of Hull AC          | M | 30 | 10 | 10 | 10 | 10 | 10 | 0  | 0 | 80 |
| 85 | 105 | Lucie Route          | East Hull Harriers & AC  | F | 30 | 10 | 10 | 10 | 10 | 10 | 10 | 0 | 80 |
| 85 | 118 | Alexander Thomas     | N/A                      | M | 30 | 10 | 10 | 10 | 10 | 10 | 10 | 0 | 80 |
| 85 | 134 | Alison Benson        | Beverley Athletic Club   | F | 30 | 10 | 10 | 10 | 10 | 0  | 10 | 0 | 80 |
| 85 | 107 | Rachael Sharp        | East Hull Harriers & AC  | F | 30 | 10 | 10 | 10 | 0  | 10 | 10 | 0 | 80 |
| 85 | 34  | John Dawson          | Beverley Athletic Club   | M | 30 | 0  | 10 | 10 | 10 | 10 | 10 | 0 | 80 |
| 92 | 61  | Chris Hodgson        | East Hull Harriers & AC  | M | 30 | 0  | 10 | 38 | 0  | 0  | 0  | 0 | 78 |
| 92 | 79  | Catherine Milan      | Driffield Striders       | F | 30 | 28 | 0  | 0  | 10 | 10 | 0  | 0 | 78 |
| 94 | 65  | Jane Hounsome        | Hornsea Harriers         | F | 30 | 10 | 0  | 0  | 10 | 10 | 17 | 0 | 77 |
| 95 | 54  | Jenny Hamlyn         | Beverley Athletic Club   | F | 30 | 10 | 26 | 10 | 0  | 0  | 0  | 0 | 76 |
| 95 | 141 | Mark Fisher          | Withernsea Harriers      | M | 30 | 10 | 0  | 0  | 36 | 0  | 0  | 0 | 76 |
| 97 | 20  | Louise Burnett       | City of Hull AC          | F | 30 | 35 | 0  | 0  | 10 | 0  | 0  | 0 | 75 |
| 97 | 12  | Emily Beadle         | Chasing Happy            | F | 30 | 11 | 0  | 0  | 34 | 0  | 0  | 0 | 75 |
| 97 | 123 | Vicky Webster        | Driffield Striders       | F | 30 | 15 | 10 | 0  | 10 | 10 | 0  | 0 | 75 |

|     |     |                   |                          |   |    |    |    |    |    |    |    |   |    |
|-----|-----|-------------------|--------------------------|---|----|----|----|----|----|----|----|---|----|
| 100 | 97  | Diane Pickering   | West Hull Ladies         | F | 30 | 0  | 10 | 10 | 0  | 10 | 15 | 0 | 75 |
| 101 | 31  | Alex Czaplá       | City of Hull AC          | M | 0  | 30 | 11 | 23 | 0  | 0  | 10 | 0 | 74 |
| 102 | 19  | Ty Brooks         | East Hull Harriers & AC  | M | 30 | 0  | 10 | 22 | 0  | 10 | 0  | 0 | 72 |
| 103 | 33  | Lee Daniels       | Fordy Runs               | M | 30 | 10 | 31 | 0  | 0  | 0  | 0  | 0 | 71 |
| 104 | 111 | Richard Slack     | East Hull Harriers & AC  | M | 30 | 10 | 10 | 10 | 0  | 10 | 0  | 0 | 70 |
| 104 | 17  | Anthony Bristow   | N/A                      | M | 30 | 10 | 10 | 10 | 0  | 0  | 10 | 0 | 70 |
| 104 | 108 | Cameron Shaw      | N/A                      | M | 30 | 10 | 10 | 10 | 0  | 0  | 10 | 0 | 70 |
| 107 | 82  | Emily Morris      | Driffield Striders       | F | 0  | 0  | 0  | 30 | 25 | 0  | 10 | 0 | 65 |
| 108 | 136 | Nicola Fowler     | Bridlington Road Runners | F | 30 | 10 | 24 | 0  | 0  | 0  | 0  | 0 | 64 |
| 109 | 85  | Dawn Oades        | East Hull Harriers & AC  | F | 30 | 32 | 0  | 0  | 0  | 0  | 0  | 0 | 62 |
| 109 | 50  | Lucinda Gibson    | Bridlington Road Runners | F | 30 | 10 | 22 | 0  | 0  | 0  | 0  | 0 | 62 |
| 111 | 40  | Joanne Drysdale   | West Hull Ladies         | F | 30 | 31 | 0  | 0  | 0  | 0  | 0  | 0 | 61 |
| 111 | 64  | Jody Horth        | Beverley Athletic Club   | M | 30 | 0  | 10 | 11 | 10 | 0  | 0  | 0 | 61 |
| 111 | 57  | Peter Hardy-Cork  | Hornsea Harriers         | M | 30 | 10 | 0  | 0  | 0  | 11 | 10 | 0 | 61 |
| 114 | 124 | Robert Wells      | East Hull Harriers & AC  | M | 30 | 10 | 10 | 0  | 10 | 0  | 0  | 0 | 60 |
| 115 | 132 | Jacob Zobkiw      | City of Hull AC          | M | 0  | 30 | 10 | 12 | 0  | 0  | 0  | 0 | 52 |
| 116 | 102 | John Ridge        | Hornsea Harriers         | M | 30 | 21 | 0  | 0  | 0  | 0  | 0  | 0 | 51 |
| 117 | 16  | Luke Bramley      | N/A                      | M | 30 | 10 | 10 | 0  | 0  | 0  | 0  | 0 | 50 |
| 117 | 89  | Joseph Oldroyd    | N/A                      | M | 30 | 10 | 0  | 10 | 0  | 0  | 0  | 0 | 50 |
| 117 | 51  | Micah Gibson      | Bridlington Road Runners | M | 30 | 0  | 10 | 10 | 0  | 0  | 0  | 0 | 50 |
| 117 | 127 | Katie Wilde       | East Hull Harriers & AC  | F | 30 | 0  | 10 | 0  | 0  | 0  | 10 | 0 | 50 |
| 117 | 130 | Ian Wright        | City of Hull AC          | M | 30 | 0  | 10 | 0  | 0  | 0  | 10 | 0 | 50 |
| 122 | 98  | Philip Pocknee    | N/A                      | M | 30 | 19 | 0  | 0  | 0  | 0  | 0  | 0 | 49 |
| 123 | 9   | Helen Barber      | N/A                      | F | 30 | 18 | 0  | 0  | 0  | 0  | 0  | 0 | 48 |
| 124 | 67  | Thomas Humphrey   | Driffield Striders       | M | 30 | 10 | 0  | 0  | 0  | 0  | 0  | 0 | 40 |
| 124 | 73  | Nichola Lewis     | Withernsea Harriers      | F | 30 | 10 | 0  | 0  | 0  | 0  | 0  | 0 | 40 |
| 124 | 137 | Harry Simpson     | East Hull Harriers & AC  | M | 30 | 10 | 0  | 0  | 0  | 0  | 0  | 0 | 40 |
| 124 | 125 | Anthony Whitley   | City of Hull AC          | M | 30 | 0  | 10 | 0  | 0  | 0  | 0  | 0 | 40 |
| 124 | 146 | Martin Train      | East Hull Harriers & AC  | M | 0  | 30 | 0  | 0  | 10 | 0  | 0  | 0 | 40 |
| 124 | 96  | Sarah Pearson     | Beverley Athletic Club   | F | 0  | 0  | 0  | 0  | 30 | 10 | 0  | 0 | 40 |
| 130 | 1   | Simon Adcock      | City of Hull AC          | M | 30 | 0  | 0  | 0  | 0  | 0  | 0  | 0 | 30 |
| 130 | 36  | Stephen Dean      | City of Hull AC          | M | 0  | 30 | 0  | 0  | 0  | 0  | 0  | 0 | 30 |
| 130 | 63  | Isabelle Horrocks | Beverley Athletic Club   | F | 30 | 0  | 0  | 0  | 0  | 0  | 0  | 0 | 30 |
| 130 | 81  | Dean Morris       | Kingston upon Hull AC    | M | 30 | 0  | 0  | 0  | 0  | 0  | 0  | 0 | 30 |
| 130 | 115 | James Stark       | East Hull Harriers & AC  | M | 30 | 0  | 0  | 0  | 0  | 0  | 0  | 0 | 30 |



