

EAST HULL HARRIERS SUMMER LEAGUE 2026**RACE 5 SPROATLEY 7 MILES 9th June 2026**

Position	Male	Female	Number	Runner	Club	Cat	Time
1	1		22	Tom Bushby	City of Hull AC	J	36:54
2	2		247	Stuart Spencer	Fitmums and Friends	SNR	37:59
3	3		11	Steve Bateson	N/A	V50	39:19
4	4		23	Gregan Clarkson	Kingston upon Hull AC	V40	40:44
5	5		21	Adrian Bushby	City of Hull AC	V55	41:38
6	6		114	Alex Stark	Driffield Striders	SNR	41:47
7	7		53	Paul Good	Bridlington Road Runners	V45	41:51
8	8		533	John Podgorny	East Hull Harriers & AC	SNR	42:32
9	9		543	Igor Manestar	City of Hull AC	V40	42:59
10	10		55	Lee Hammond	City of Hull AC	SNR	43:19
11	11		3	Rob Alexander-Duncan	City of Hull AC	V45	44:38
12	12		249	Robert Vowler	N/A	V45	45:23
13	13		128	Mark Williamson	Hornsea Harriers	V55	45:42
14	14		52	Aiden Godney	East Hull Harriers & AC	SNR	45:50
15	15		129	Steve Wilson	Bridlington Road Runners	V45	45:52
16	16		34	John Dawson	Beverley Athletic Club	V40	45:58
17	17		253	Eddie Rex	City of Hull AC	V45	46:21
18	18		64	Jody Horth	Beverley Athletic Club	V45	46:42
19	19		251	Tom Gelsthorpe	N/A	V40	46:51
20	20		48	Mark Gadie	East Hull Harriers & AC	V45	47:11
21		1	14	Natalie Bell	City of Hull AC	LV35	47:17
22	21		189	Paul Cartwright	City of Hull AC	V65	47:32
23		2	4	Robyn Allan	East Hull Harriers & AC	LSNR	47:38
24	22		58	Richard Harrison	Selby Striders	V55	47:45
25	23		141	Mark Fisher	Withernsea Harriers	SNR	48:15
26	24		83	Alex Munday	City of Hull AC	V40	48:29
27	25		42	James Durham	City of Hull AC	V45	49:21
28		3	68	Miriam Ireland	Bridlington Road Runners	LV40	49:30
29	26		246	Toby Reily	Run Kingswood	SNR	49:49
30	27		24	Alex Cleeland	City of Hull AC	V40	50:29
31	28		244	Neil Ibbitson	Run Kingswood	V55	50:42
32	29		118	Alexander Thomas	N/A	SNR	50:47
33		4	144	Ellie Mills	N/A	LSNR	50:53
34	30		259	Jamie Maltas	Withernsea Harriers	SNR	51:11
35	31		60	Tom Henry	N/A	SNR	51:50
36	32		101	Daniel Ramsay	East Hull Harriers & AC	SNR	52:20
37	33		133	Phil McCoy	East Hull Harriers & AC	V50	52:27
38	34		260	James Crabtree	N/A	V45	52:31
39	35		32	Martin Dale	City of Hull AC	V40	52:32
40	36		46	Gary Forrester	East Hull Harriers & AC	V60	52:39
41		5	18	Emily Broadbelt	West Hull Ladies	LSNR	52:46
42	37		35	Mark Dawson	Withernsea Harriers	V55	52:50
43	38		59	Andrew Heath	East Hull Harriers & AC	SNR	53:27
44		6	195	Amanda Porter	Bridlington Road Runners	LV50	53:35
45	39		25	Euan Colquhoun	Hornsea Harriers	V45	53:36

46	40		74	Daniel Little	East Hull Harriers & AC	V45	53:41
47	41		112	Joseph Smith	N/A	SNR	53:43
48	42		84	Andrew Norman	East Hull Harriers & AC	V60	53:58
49	43		75	Andrew Long	Bridlington Road Runners	V65	54:04
50	44		70	Paul Jessop	East Hull Harriers & AC	V40	54:20
51		7	62	Kerry Holliday	East Hull Harriers & AC	LV35	54:26
52		8	92	Zoe Parkin	Driffield Striders	LV60	54:32
53	45		100	Christopher Price	Bridlington Road Runners	V60	54:32
54	46		119	Kobus VanderWesthuizen	City of Hull AC	V55	55:07
55	47		124	Robert Wells	East Hull Harriers & AC	V50	55:27
56		9	113	Vanessa Smith	City of Hull AC	LV50	55:54
57	48		44	Lloyd Edwards	Bridlington Road Runners	V60	55:57
58		10	104	Freya Route	East Hull Harriers & AC	LJ	56:00
59		11	145	Emma Mulholland	N/A	LV35	56:08
60		12	47	Stacy Foxworthy	West Hull Ladies	LV40	56:56
61	49		77	Ian McCoid	City of Hull AC	V60	57:10
62	50		95	Ken Pearson	Beverley Athletic Club	V60	57:33
63		13	7	Heidi Baker	Bridlington Road Runners	LV45	57:43
64	51		257	Malcolm Piper	Wolds Vets	V70	58:03
65		14	5	Ann Allen	East Hull Harriers & AC	LV65	58:09
66		15	131	Magda Zaremba-Wilson	East Hull Harriers & AC	LV40	58:09
67		16	82	Emily Morris	Driffield Striders	LSNR	58:32
68		17	2	Helen Alexander-Duncan	City of Hull AC	LV40	58:36
69		18	56	Max Hardey	East Hull Harriers & AC	LV50	58:49
70	52		69	Ian Jackson	Beverley Athletic Club	V50	58:51
71	53		49	Andrew Gibson	Bridlington Road Runners	V60	58:53
72	54		146	Martin Train	East Hull Harriers & AC	V40	59:34
73	55		26	Joe Corlass	N/A	SNR	59:37
74		19	10	Julie Barnes	East Hull Harriers & AC	LV40	59:43
75		20	65	Jane Hounsome	Hornsea Harriers	LV60	1:00:20
76		21	120	Karen Wealleans	Driffield Striders	LV55	1:00:26
77	56		94	Simon Parsons	Bridlington Road Runners	V50	1:01:25
78	57		109	Jonathan Shaw	Goole Viking Striders	V45	1:01:58
79	58		126	Allan Wilby	Withernsea Harriers	V70	1:02:46
80	59		252	Peter Thomas	N/A	V65	1:02:56
81		22	138	Sarah Rose-Crawford	East Hull Harriers & AC	LV45	1:03:04
82		23	116	Emma Stevenson	N/A	LV50	1:03:05
83	60		117	Peter Taylor	City of Hull AC	V75+	1:03:06
84	61		121	Shaun Wealleans	Driffield Striders	V55	1:03:21
85		24	8	Veronica Banks	Driffield Striders	LV65	1:03:26
86		25	93	Lyndsey Parsons	Bridlington Road Runners	LV55	1:03:57
87		26	255	Emily Gautier	Withernsea Harriers	LSNR	1:04:00
88		27	256	Kate O'Brien	City of Hull AC	LV40	1:04:04
89		28	99	Ellie Porter	Chasing Happy	LSNR	1:04:11
90		29	12	Emily Beadle	Chasing Happy	LSNR	1:04:21
91	62		87	Mike OBrien	City of Hull AC	V65	1:04:31
92		30	186	Patricia Bielby	Bridlington Road Runners	LV70+	1:04:44
93	63		248	Paul Baggaley	N/A	V60	1:04:50
94	64		254	Simon Dickinson	Goole Viking Striders	V55	1:05:16
95		31	123	Vicky Webster	Driffield Striders	LV55	1:06:04
96		32	103	Nicola Riley	Beverley Athletic Club	LV60	1:06:21

97		33	27	Amelia Crawford	Driffield Striders	LJ	1:07:50
98	65		258	Andrew Fisher	N/A	SNR	1:07:51
99		34	37	Beth Dearing	East Hull Harriers & AC	LSNR	1:07:56
100		35	72	Rachel Kemp	East Hull Harriers & AC	LV50	1:08:20
101		36	20	Louise Burnett	City of Hull AC	LV60	1:08:40
102		37	105	Lucie Route	East Hull Harriers & AC	LJ	1:10:25
103	66		86	Gary Oades	East Hull Harriers & AC	V65	1:10:26
104		38	143	Laine Wong	N/A	LV45	1:12:37
105	67		250	David Walmsley	East Hull Harriers & AC	V60	1:12:48
106		39	110	Angharad Shepherdson	West Hull Ladies	LV50	1:13:20
107		40	96	Sarah Pearson	Beverley Athletic Club	LV60	1:13:37
108		41	134	Alison Benson	Beverley Athletic Club	LV50	1:14:36
109		42	39	Lisa Douglas	White City Hull RRC	LV50	1:15:11
110	68		135	Kevin Anholm	Withernsea Harriers	V65	1:15:34
111	69		78	Kevin McManus	City of Hull AC	V70	1:18:36
112	70		245	James Blucke	Run Kingswood	SNR	1:20:57
113		43	79	Catherine Milan	Driffield Striders	LV55	1:22:48

Wheelchair Athlete

Kalem Bennett

Leeds City AC

SNR 56:35

HANDICAP RESULTS

Position	Number	Runner	Club	Cat	Time	Predicted	Difference	Points
1	104	Freya Route	East Hull Harriers & AC	LJ	56:00	1:10:31	-14:31	40
2	84	Andrew Norman	East Hull Harriers & AC	V60	53:58	1:02:59	-09:01	39
3	8	Veronica Banks	Driffield Striders	LV65	1:03:26	1:12:19	-08:53	38
4	110	Angharad Shepherdson	West Hull Ladies	LV50	1:13:20	1:16:47	-03:27	37
5	99	Ellie Porter	Chasing Happy	LSNR	1:04:11	1:06:35	-02:24	36
6	141	Mark Fisher	Withernsea Harriers	SNR	48:15	50:39	-02:24	36
7	12	Emily Beadle	Chasing Happy	LSNR	1:04:21	1:06:36	-02:15	34
8	78	Kevin McManus	City of Hull AC	V70	1:18:36	1:20:51	-02:15	34
9	100	Christopher Price	Bridlington Road Runners	V60	54:32	56:42	-02:10	32
10	145	Emma Mulholland	N/A	LV35	56:08	58:14	-02:06	31
11	58	Richard Harrison	Selby Striders	V55	47:45	49:50	-02:05	30
12	32	Martin Dale	City of Hull AC	V40	52:32	54:31	-01:59	29
13	87	Mike OBrien	City of Hull AC	V65	1:04:31	1:06:13	-01:42	28
14	69	Ian Jackson	Beverley Athletic Club	V50	58:51	1:00:30	-01:39	27
15	144	Ellie Mills	N/A	LSNR	50:53	52:32	-01:39	27
16	82	Emily Morris	Driffield Striders	LSNR	58:32	1:00:03	-01:31	25
17	42	James Durham	City of Hull AC	V45	49:21	50:49	-01:28	24
18	21	Adrian Bushby	City of Hull AC	V55	41:38	43:03	-01:25	23
19	18	Emily Broadbelt	West Hull Ladies	LSNR	52:46	54:05	-01:19	22
20	93	Lyndsey Parsons	Bridlington Road Runners	LV55	1:03:57	1:05:15	-01:18	21
21	2	Helen Alexander-Duncan	City of Hull AC	LV40	58:36	59:51	-01:15	20
22	75	Andrew Long	Bridlington Road Runners	V65	54:04	55:17	-01:13	19
23	26	Joe Corlass	N/A	SNR	59:37	1:00:44	-01:07	18
24	22	Tom Bushby	City of Hull AC	J	36:54	37:59	-01:05	17
25	10	Julie Barnes	East Hull Harriers & AC	LV40	59:43	1:00:36	-00:53	16
26	44	Lloyd Edwards	Bridlington Road Runners	V60	55:57	56:41	-00:44	15
27	113	Vanessa Smith	City of Hull AC	LV50	55:54	56:38	-00:44	15
28	94	Simon Parsons	Bridlington Road Runners	V50	1:01:25	1:02:09	-00:44	15
29	114	Alex Stark	Driffield Striders	SNR	41:47	42:26	-00:39	12
30	49	Andrew Gibson	Bridlington Road Runners	V60	58:53	59:30	-00:37	11
31	128	Mark Williamson	Hornsea Harriers	V55	45:42	46:15	-00:33	10
32	34	John Dawson	Beverley Athletic Club	V40	45:58	46:28	-00:30	10
33	14	Natalie Bell	City of Hull AC	LV35	47:17	47:42	-00:25	10
34	72	Rachel Kemp	East Hull Harriers & AC	LV50	1:08:20	1:08:41	-00:21	10
35	25	Euan Colquhoun	Hornsea Harriers	V45	53:36	53:56	-00:20	10
36	68	Miriam Ireland	Bridlington Road Runners	LV40	49:30	49:48	-00:18	10
37	5	Ann Allen	East Hull Harriers & AC	LV65	58:09	58:26	-00:17	10
38	4	Robyn Allan	East Hull Harriers & AC	LSNR	47:38	47:51	-00:13	10
39	92	Zoe Parkin	Driffield Striders	LV60	54:32	54:42	-00:10	10
40	46	Gary Forrester	East Hull Harriers & AC	V60	52:39	52:38	00:01	10
41	129	Steve Wilson	Bridlington Road Runners	V45	45:52	45:39	00:13	10
42	70	Paul Jessop	East Hull Harriers & AC	V40	54:20	54:07	00:13	10
43	35	Mark Dawson	Withernsea Harriers	V55	52:50	52:37	00:13	10
44	143	Laine Wong	N/A	LV45	1:12:37	1:12:23	00:14	10
45	37	Beth Dearing	East Hull Harriers & AC	LSNR	1:07:56	1:07:41	00:15	10

46	119	Kobus VanderWesthuizen	City of Hull AC	V55	55:07	54:51	00:16	10
47	52	Aiden Godney	East Hull Harriers & AC	SNR	45:50	45:34	00:16	10
48	48	Mark Gadie	East Hull Harriers & AC	V45	47:11	46:52	00:19	10
49	3	Rob Alexander-Duncan	City of Hull AC	V45	44:38	44:18	00:20	10
50	53	Paul Good	Bridlington Road Runners	V45	41:51	41:30	00:21	10
51	74	Daniel Little	East Hull Harriers & AC	V45	53:41	53:18	00:23	10
52	23	Gregan Clarkson	Kingston upon Hull AC	V40	40:44	40:20	00:24	10
53	24	Alex Cleeland	City of Hull AC	V40	50:29	50:04	00:25	10
54	146	Martin Train	East Hull Harriers & AC	V40	59:34	59:08	00:26	10
55	118	Alexander Thomas	N/A	SNR	50:47	50:21	00:26	10
56	103	Nicola Riley	Beverley Athletic Club	LV60	1:06:21	1:05:51	00:30	10
57	64	Jody Horth	Beverley Athletic Club	V45	46:42	46:08	00:34	10
58	138	Sarah Rose-Crawford	East Hull Harriers & AC	LV45	1:03:04	1:02:29	00:35	10
59	116	Emma Stevenson	N/A	LV50	1:03:05	1:02:29	00:36	10
60	124	Robert Wells	East Hull Harriers & AC	V50	55:27	54:50	00:37	10
61	62	Kerry Holliday	East Hull Harriers & AC	LV35	54:26	53:47	00:39	10
62	55	Lee Hammond	City of Hull AC	SNR	43:19	42:39	00:40	10
63	83	Alex Munday	City of Hull AC	V40	48:29	47:46	00:43	10
64	86	Gary Oades	East Hull Harriers & AC	V65	1:10:26	1:09:33	00:53	10
65	123	Vicky Webster	Driffield Striders	LV55	1:06:04	1:05:09	00:55	10
66	11	Steve Bateson	N/A	V50	39:19	38:09	01:10	10
67	7	Heidi Baker	Bridlington Road Runners	LV45	57:43	56:28	01:15	10
68	59	Andrew Heath	East Hull Harriers & AC	SNR	53:27	52:11	01:16	10
69	109	Jonathan Shaw	Goole Viking Striders	V45	1:01:58	1:00:41	01:17	10
70	134	Alison Benson	Beverley Athletic Club	LV50	1:14:36	1:13:18	01:18	10
71	65	Jane Hounsome	Hornsea Harriers	LV60	1:00:20	59:01	01:19	10
72	27	Amelia Crawford	Driffield Striders	LJ	1:07:50	1:06:28	01:22	10
73	101	Daniel Ramsay	East Hull Harriers & AC	SNR	52:20	50:56	01:24	10
74	112	Joseph Smith	N/A	SNR	53:43	52:13	01:30	10
75	39	Lisa Douglas	White City Hull RRC	LV50	1:15:11	1:13:30	01:41	10
76	56	Max Hardey	East Hull Harriers & AC	LV50	58:49	57:07	01:42	10
77	20	Louise Burnett	City of Hull AC	LV60	1:08:40	1:06:49	01:51	10
78	117	Peter Taylor	City of Hull AC	V75+	1:03:06	1:01:07	01:59	10
79	126	Allan Wilby	Withernsea Harriers	V70	1:02:46	1:00:22	02:24	10
80	131	Magda Zaremba-Wilson	East Hull Harriers & AC	LV40	58:09	55:39	02:30	10
81	135	Kevin Anholm	Withernsea Harriers	V65	1:15:34	1:11:41	03:53	10
82	79	Catherine Milan	Driffield Striders	LV55	1:22:48	1:18:51	03:57	10
83	77	Ian McCoid	City of Hull AC	V60	57:10	53:08	04:02	10
84	133	Phil McCoy	East Hull Harriers & AC	V50	52:27	48:03	04:24	10
85	95	Ken Pearson	Beverley Athletic Club	V60	57:33	52:47	04:46	10
86	105	Lucie Route	East Hull Harriers & AC	LJ	1:10:25	1:05:34	04:51	10
87	47	Stacy Foxworthy	West Hull Ladies	LV40	56:56	51:25	05:31	10
88	60	Tom Henry	N/A	SNR	51:50	46:01	05:49	10
89	120	Karen Wealleans	Driffield Striders	LV55	1:00:26		N/A	30
90	121	Shaun Wealleans	Driffield Striders	V55	1:03:21		N/A	30
91	96	Sarah Pearson	Beverley Athletic Club	LV60	1:13:37		N/A	30

HANDICAP LEAGUE TABLE

Position	Number	Name	Club	Gender	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Total
1	69	Ian Jackson	Beverley Athletic Club	M	30	40	38	36	27	0	0	0	171
2	104	Freya Route	East Hull Harriers & AC	F	30	36	40	10	40	0	0	0	156
3	110	Angharad Shepherdson	West Hull Ladies	F	30	39	32	10	37	0	0	0	148
4	99	Ellie Porter	Chasing Happy	F	30	11	30	10	36	0	0	0	117
5	113	Vanessa Smith	City of Hull AC	F	30	30	10	28	15	0	0	0	113
6	145	Emma Mulholland	N/A	F	0	30	39	10	31	0	0	0	110
7	37	Beth Dearing	East Hull Harriers & AC	F	30	25	10	32	10	0	0	0	107
7	87	Mike OBrien	City of Hull AC	M	30	29	10	10	28	0	0	0	107
9	32	Martin Dale	City of Hull AC	M	30	10	27	10	29	0	0	0	106
10	10	Julie Barnes	East Hull Harriers & AC	F	30	38	10	10	16	0	0	0	104
10	78	Kevin McManus	City of Hull AC	M	30	10	20	10	34	0	0	0	104
10	8	Veronica Banks	Driffield Striders	F	30	10	16	10	38	0	0	0	104
13	126	Allan Wilby	Withernsea Harriers	M	30	10	10	40	10	0	0	0	100
14	60	Tom Henry	N/A	M	30	10	10	39	10	0	0	0	99
14	84	Andrew Norman	East Hull Harriers & AC	M	30	10	10	10	39	0	0	0	99
16	24	Alex Cleeland	City of Hull AC	M	30	37	10	10	10	0	0	0	97
17	14	Natalie Bell	City of Hull AC	F	30	16	10	30	10	0	0	0	96
18	92	Zoe Parkin	Driffield Striders	F	30	27	10	18	10	0	0	0	95
18	83	Alex Munday	City of Hull AC	M	30	10	10	35	10	0	0	0	95
20	133	Phil McCoy	East Hull Harriers & AC	M	30	10	34	10	10	0	0	0	94
20	26	Joe Corlass	N/A	M	30	26	10	10	18	0	0	0	94
22	68	Miriam Ireland	Bridlington Road Runners	F	30	10	10	33	10	0	0	0	93
22	93	Lyndsey Parsons	Bridlington Road Runners	F	30	10	22	10	21	0	0	0	93
24	70	Paul Jessop	East Hull Harriers & AC	M	0	30	18	34	10	0	0	0	92
25	25	Euan Colquhoun	Hornsea Harriers	M	30	10	10	31	10	0	0	0	91
26	2	Helen Alexander-Duncan	City of Hull AC	F	30	10	20	10	20	0	0	0	90
27	46	Gary Forrester	East Hull Harriers & AC	M	30	10	29	10	10	0	0	0	89
27	129	Steve Wilson	Bridlington Road Runners	M	30	10	10	29	10	0	0	0	89
29	91	Karen Park	West Hull Ladies	F	30	10	37	10	0	0	0	0	87

29	88	Becky Ockleton	East Hull Harriers & AC	F	30	34	10	13	0	0	0	0	87
29	27	Amelia Crawford	Driffield Striders	F	30	10	0	37	10	0	0	0	87
29	144	Ellie Mills	N/A	F	30	10	10	10	27	0	0	0	87
33	66	Sheila Howes	Driffield Striders	F	30	10	36	10	0	0	0	0	86
33	109	Jonathan Shaw	Goole Viking Striders	M	30	10	10	26	10	0	0	0	86
35	56	Max Hardey	East Hull Harriers & AC	F	30	10	25	10	10	0	0	0	85
35	7	Heidi Baker	Bridlington Road Runners	F	30	10	10	25	10	0	0	0	85
35	100	Christopher Price	Bridlington Road Runners	M	30	13	0	10	32	0	0	0	85
38	75	Andrew Long	Bridlington Road Runners	M	30	15	10	10	19	0	0	0	84
39	39	Lisa Douglas	White City Hull RRC	F	30	10	33	0	10	0	0	0	83
39	119	Kobus VanderWesthuizen	City of Hull AC	M	30	23	10	10	10	0	0	0	83
39	49	Andrew Gibson	Bridlington Road Runners	M	30	22	10	10	11	0	0	0	83
39	21	Adrian Bushby	City of Hull AC	M	30	10	10	10	23	0	0	0	83
43	76	Helen Lowe	East Hull Harriers & AC	F	30	24	12	16	0	0	0	0	82
43	47	Stacy Foxworthy	West Hull Ladies	F	30	10	13	19	10	0	0	0	82
43	112	Joseph Smith	N/A	M	30	10	10	22	10	0	0	0	82
46	86	Gary Oades	East Hull Harriers & AC	M	30	21	10	10	10	0	0	0	81
47	135	Kevin Anholm	Withernsea Harriers	M	30	10	10	20	10	0	0	0	80
47	58	Richard Harrison	Selby Striders	M	30	10	10	0	30	0	0	0	80
49	61	Chris Hodgson	East Hull Harriers & AC	M	30	0	10	38	0	0	0	0	78
49	59	Andrew Heath	East Hull Harriers & AC	M	30	10	28	0	10	0	0	0	78
49	74	Daniel Little	East Hull Harriers & AC	M	30	18	10	10	10	0	0	0	78
49	44	Lloyd Edwards	Bridlington Road Runners	M	30	13	10	10	15	0	0	0	78
53	122	Dominique Webster	Bridlington Road Runners	F	30	10	10	27	0	0	0	0	77
53	138	Sarah Rose-Crawford	East Hull Harriers & AC	F	30	10	17	10	10	0	0	0	77
53	77	Ian McCoid	City of Hull AC	M	30	10	10	17	10	0	0	0	77
53	22	Tom Bushby	City of Hull AC	M	30	10	10	10	17	0	0	0	77
57	29	John Crosby	East Hull Harriers & AC	M	30	10	36	0	0	0	0	0	76
57	54	Jenny Hamlyn	Beverley Athletic Club	F	30	10	26	10	0	0	0	0	76
57	141	Mark Fisher	Withernsea Harriers	M	30	10	0	0	36	0	0	0	76
60	139	Paul Teece	East Hull Harriers & AC	M	30	10	10	25	0	0	0	0	75
60	20	Louise Burnett	City of Hull AC	F	30	35	0	0	10	0	0	0	75
60	23	Gregan Clarkson	Kingston upon Hull AC	M	30	10	10	15	10	0	0	0	75
60	94	Simon Parsons	Bridlington Road Runners	M	30	10	10	10	15	0	0	0	75
60	12	Emily Beadle	Chasing Happy	F	30	11	0	0	34	0	0	0	75

65	90	Marie Palframan	Humber Triathletes	F	30	34	10	0	0	0	0	0	74
65	103	Nicola Riley	Beverley Athletic Club	F	30	0	24	10	10	0	0	0	74
65	42	James Durham	City of Hull AC	M	0	30	10	10	24	0	0	0	74
68	18	Emily Broadbelt	West Hull Ladies	F	30	0	10	10	22	0	0	0	72
69	33	Lee Daniels	Fordy Runs	M	30	10	31	0	0	0	0	0	71
70	3	Rob Alexander-Duncan	City of Hull AC	M	30	10	10	10	10	0	0	0	70
70	4	Robyn Allan	East Hull Harriers & AC	F	30	10	10	10	10	0	0	0	70
70	5	Ann Allen	East Hull Harriers & AC	F	30	10	10	10	10	0	0	0	70
70	35	Mark Dawson	Withernsea Harriers	M	30	10	10	10	10	0	0	0	70
70	52	Aiden Godney	East Hull Harriers & AC	M	30	10	10	10	10	0	0	0	70
70	53	Paul Good	Bridlington Road Runners	M	30	10	10	10	10	0	0	0	70
70	55	Lee Hammond	City of Hull AC	M	30	10	10	10	10	0	0	0	70
70	101	Daniel Ramsay	East Hull Harriers & AC	M	30	10	10	10	10	0	0	0	70
70	105	Lucie Route	East Hull Harriers & AC	F	30	10	10	10	10	0	0	0	70
70	117	Peter Taylor	City of Hull AC	M	30	10	10	10	10	0	0	0	70
70	118	Alexander Thomas	N/A	M	30	10	10	10	10	0	0	0	70
70	128	Mark Williamson	Hornsea Harriers	M	30	10	10	10	10	0	0	0	70
70	134	Alison Benson	Beverley Athletic Club	F	30	10	10	10	10	0	0	0	70
83	79	Catherine Milan	Driffield Striders	F	30	28	0	0	10	0	0	0	68
84	28	Richard Crone	East Hull Harriers & AC	M	30	10	15	10	0	0	0	0	65
84	123	Vicky Webster	Driffield Striders	F	30	15	10	0	10	0	0	0	65
86	136	Nicola Fowler	Bridlington Road Runners	F	30	10	24	0	0	0	0	0	64
86	31	Alex Czapla	City of Hull AC	M	0	30	11	23	0	0	0	0	64
86	116	Emma Stevenson	N/A	F	30	10	0	14	10	0	0	0	64
89	85	Dawn Oades	East Hull Harriers & AC	F	30	32	0	0	0	0	0	0	62
89	50	Lucinda Gibson	Bridlington Road Runners	F	30	10	22	0	0	0	0	0	62
89	19	Ty Brooks	East Hull Harriers & AC	M	30	0	10	22	0	0	0	0	62
89	114	Alex Stark	Driffield Striders	M	30	10	10	0	12	0	0	0	62
93	40	Joanne Drysdale	West Hull Ladies	F	30	31	0	0	0	0	0	0	61
93	64	Jody Horth	Beverley Athletic Club	M	30	0	10	11	10	0	0	0	61
95	17	Anthony Bristow	N/A	M	30	10	10	10	0	0	0	0	60
95	38	Samantha Dixie	East Hull Harriers & AC	F	30	10	10	10	0	0	0	0	60
95	107	Rachael Sharp	East Hull Harriers & AC	F	30	10	10	10	0	0	0	0	60
95	108	Cameron Shaw	N/A	M	30	10	10	10	0	0	0	0	60
95	111	Richard Slack	East Hull Harriers & AC	M	30	10	10	10	0	0	0	0	60

95	48	Mark Gadie	East Hull Harriers & AC	M	30	10	10	0	10	0	0	0	60
95	72	Rachel Kemp	East Hull Harriers & AC	F	30	10	10	0	10	0	0	0	60
95	95	Ken Pearson	Beverley Athletic Club	M	30	10	10	0	10	0	0	0	60
95	124	Robert Wells	East Hull Harriers & AC	M	30	10	10	0	10	0	0	0	60
95	11	Steve Bateson	N/A	M	30	10	0	10	10	0	0	0	60
95	34	John Dawson	Beverley Athletic Club	M	30	0	10	10	10	0	0	0	60
106	142	Suzanne Curtis	East Hull Harriers & AC	F	30	10	15	0	0	0	0	0	55
106	82	Emily Morris	Driffield Striders	F	0	0	0	30	25	0	0	0	55
108	132	Jacob Zobkiw	City of Hull AC	M	0	30	10	12	0	0	0	0	52
109	102	John Ridge	Hornsea Harriers	M	30	21	0	0	0	0	0	0	51
110	16	Luke Bramley	N/A	M	30	10	10	0	0	0	0	0	50
110	106	Clifford Sansam	Withernsea Harriers	M	30	10	10	0	0	0	0	0	50
110	89	Joseph Oldroyd	N/A	M	30	10	0	10	0	0	0	0	50
110	51	Micah Gibson	Bridlington Road Runners	M	30	0	10	10	0	0	0	0	50
110	97	Diane Pickering	West Hull Ladies	F	30	0	10	10	0	0	0	0	50
110	65	Jane Hounsome	Hornsea Harriers	F	30	10	0	0	10	0	0	0	50
110	62	Kerry Holliday	East Hull Harriers & AC	F	0	30	10	0	10	0	0	0	50
110	131	Magda Zaremba-Wilson	East Hull Harriers & AC	F	0	30	10	0	10	0	0	0	50
110	143	Laine Wong	N/A	F	0	30	10	0	10	0	0	0	50
119	98	Philip Pocknee	N/A	M	30	19	0	0	0	0	0	0	49
120	9	Helen Barber	N/A	F	30	18	0	0	0	0	0	0	48
121	57	Peter Hardy-Cork	Hornsea Harriers	M	30	10	0	0	0	0	0	0	40
121	67	Thomas Humphrey	Driffield Striders	M	30	10	0	0	0	0	0	0	40
121	73	Nichola Lewis	Withernsea Harriers	F	30	10	0	0	0	0	0	0	40
121	137	Harry Simpson	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
121	125	Anthony Whitley	City of Hull AC	M	30	0	10	0	0	0	0	0	40
121	127	Katie Wilde	East Hull Harriers & AC	F	30	0	10	0	0	0	0	0	40
121	130	Ian Wright	City of Hull AC	M	30	0	10	0	0	0	0	0	40
121	146	Martin Train	East Hull Harriers & AC	M	0	30	0	0	10	0	0	0	40
129	1	Simon Adcock	City of Hull AC	M	30	0	0	0	0	0	0	0	30
129	36	Stephen Dean	City of Hull AC	M	0	30	0	0	0	0	0	0	30
129	63	Isabelle Horrocks	Beverley Athletic Club	F	30	0	0	0	0	0	0	0	30
129	81	Dean Morris	Kingston upon Hull AC	M	30	0	0	0	0	0	0	0	30
129	115	James Stark	East Hull Harriers & AC	M	30	0	0	0	0	0	0	0	30
129	140	Richard Uttley	Beverley Athletic Club	M	30	0	0	0	0	0	0	0	30

