

# Orion Harriers Forest Five Series 2026

## Race 1 6th June 2026

Pos	No.	FirstName	LastName	Cat	Club	Time
1	113	Martin	Westley	SM	Harlow Running & Tri Club	00:28:59
2	126	Craig	Stevens	SM	Eton Manor	00:29:22
3	61	Brian	Jenkins	M40	Orion Harriers	00:29:50
4	141	Fabien	Lassonde	M40	Victoria Park Harriers	00:30:37
5	150	George	Fernandez	SM	Eton Manor AC	00:30:45
6	88	Paul	Rushton	M40	Eton Manor AC	00:30:49
7	146	James	Ruskin	M40	The Stragglers Running Cl	00:31:34
8	32	Leon	Clement	M40	London Frontrunners	00:31:38
9	62	Aaron	Johnson-Chapman	M40	Eton Manor AC	00:32:32
10	49	William	Gazzard	SM	Brentwood Beagles AC	00:32:53
11	131	Neil	Cook	M40	Victoria Park Harriers	00:33:13
12	42	Andrew	Doyle	M40	London Frontrunners	00:33:33
13	4	Ted	Allaway	SM	Orion Harriers	00:33:35
14	36	Martyn	Coulter	SM	Harlow Running & Tri Club	00:33:55
15	68	Morven	Lean	SW	Orion Harriers	00:34:09
16	16	Simeon	Bennett	M50	Victoria Park Harriers	00:34:14
17	90	John	Sable	M40	Orion Harriers	00:34:16
18	53	Daniel	Holeyman	M50	Ilford AC	00:34:25
19	72	Dave	Manington	M50	Orion Harriers	00:34:45
20	69	Adam	Lewis	M40	Orion Harriers	00:34:53
21	37	Robin	Daines	M50	Loughton AC	00:35:13
22	115	Jon	Whitehouse	M50	Loughton AC	00:35:39
23	26	Kevin	Burt	M50	Orion Harriers	00:35:56
24	76	Rachel	Morison	W40	Orion Harriers	00:35:58
25	122	Tim	Wright	M50	Orion Harriers	00:36:01
26	139	Hannah	Jump	SW	Orion Harriers	00:36:06
27	125	Russ	Jones	M50	Eton Manor	00:36:25
28	137	Andrew	Holloway	M50	Orion Harriers	00:36:35
29	6	Matt	Bailey	SM	Eton Manor AC	00:36:43
30	83	Nicola	Richmond	W50	Dulwich Runners AC	00:36:49
31	153	Adan	Bowie	M50	Enfield Chasers	00:37:12
32	157	Samir	Allum	SM	Orion Harriers	00:37:23
33	40	Clare	Davies	SW	Unaffiliated	00:37:30
34	24	Bradley	Brown	M50	Ilford AC	00:37:39
35	155	Keighly	Mussington	M70	Victoria Park Harriers	00:37:55
36	41	Neil	Douglas	M50	Unaffiliated	00:38:01
37	136	Martyn	Hannant	M40	Unaffiliated	00:38:03
38	106	Eilidh	Wagstaff	SW	Victoria Park Harriers	00:38:07
39	45	Mark	Farrar	M50	Orion Harriers	00:38:13
40	93	Robert	Scott	M50	Barnet & District AC	00:38:27

41	86	Thomas	Rodgers	SM	Orion Harriers	00:38:27
42	127	Liam	Boylan	M40	Harlow Running & Tri Club	00:38:28
43	52	Katharine	Hancox	W50	Orion Harriers	00:38:36
44	130	John	Rose	M60	Trent Park RC	00:38:49
45	89	Fiona	Russell	W50	Mornington Chasers	00:39:00
46	33	Neil	Colquhoun	M40	London Frontrunners	00:39:07
47	148	Penelope	Teoh-Shi	SW	Orion Harriers	00:39:10
48	114	Carl	Whay	M50	Harlow Running & Tri Club	00:39:31
49	142	Marion	Le Morvan	SW	Unaffiliated	00:39:46
50	144	Niamh	O'Brien	SW	Unaffiliated	00:39:54
51	154	Milly	Hooke	SW	Unaffiliated	00:39:57
52	51	Dan	Green	M50	Orion Harriers	00:39:59
53	117	Sarah	Whittaker-Axon	W40	Victoria Park Harriers	00:40:10
54	132	Nicola	Darby	SW	Mornington Chasers	00:40:22
55	124	Lee	Milne	W50	Eton Manor	00:40:31
56	21	Naomi	Bourne	W50	Victoria Park Harriers	00:40:43
57	20	Mel	Bourne	W50	Loughton AC	00:40:51
58	58	Lucy	Humphreys	SW	Enfield Chasers	00:40:52
59	35	Louise	Cootes	W40	Harlow Running & Tri Club	00:41:15
60	138	Calum	Jones	SM	Unaffiliated	00:41:22
61	78	Poppy	Noden	SW	Mornington Chasers	00:41:27
62	156	Jonathan	Rouse	M50	Orion Harriers	00:41:44
63	103	Barry	Vickery	M50	Victoria Park Harriers	00:42:01
64	39	Annie	Davey	W50	Victoria Park Harriers	00:42:10
65	19	Calvin	Bobin	M70	East London Runners	00:42:18
66	15	Graeme	Bell	M40	Orion Harriers	00:42:26
67	9	David	Barrett	M60	Orion Harriers	00:42:36
68	46	Danny	Fitzsimons	M60	Orion Harriers	00:42:39
69	8	Nikkii	Barnett	W50	Orion Harriers	00:42:49
70	27	Veronica	Carrasco Espana	SW	East London Runners	00:42:49
71	71	Karen	Lyons	W50	Orion Harriers	00:43:06
72	28	Michael	Cates	M50	Eton Manor AC	00:43:11
73	5	Mary	Armitage	W60	Orion Harriers	00:43:16
74	123	Samir	Younsi	M50	East London Runners	00:43:21
75	48	Sean	Flynn	M60	Harlow Running & Tri Club	00:43:22
76	91	Alison	Sale	W60	Ilford AC	00:44:53
77	12	Gary	Bartlett	M60	Orion Harriers	00:44:54
78	54	Gary	Homewood	M60	Mornington Chasers	00:44:56
79	30	Marie	Chamillard	W50	Victoria Park Harriers	00:45:02
80	34	Grant	Conway	M50	East London Runners	00:45:06
81	73	Michael	Mann	M70	Dulwich Runners AC	00:45:09
82	81	Sandra	Preston	W60	East London Runners	00:45:15
83	59	Christine	Inch	W60	Orion Harriers	00:45:29
84	119	Frances	Wilson	W60	Orion Harriers	00:46:10

85	140	Shane	Keown	M40	Unaffiliated	00:46:19
86	99	Clive	Tweedie	M70	Havering '90 Joggers	00:47:03
87	17	Lucy	Benson	SW	Orion Harriers	00:47:09
88	56	John	Hughes	M60	Dagenham 88 Runners	00:47:28
89	75	Dhurmendra	Mistry	M60	Orion Harriers	00:47:39
90	65	Maki	Kimura	W50	Mornington Chasers	00:47:51
91	64	Nicola	Kerr	W50	Victoria Park Harriers	00:48:02
92	79	John	O'Brien	M50	East London Runners	00:48:11
93	11	June	Barrow-Green	W70	Victoria Park Harriers	00:48:17
94	50	George	Georgiou	M50	East London Runners	00:48:32
95	98	Gerard	Trill	M70	Orion Harriers	00:48:36
96	145	Hetty	Partington	SW	Victoria Park Harriers	00:48:48
97	67	Rafaele	Lamour	W50	Mornington Chasers	00:49:15
98	70	Robin	Lozeau	M70	Harlow Running & Tri Club	00:50:39
99	92	Bernard	Savage	M70	Havering '90 Joggers	00:50:43
100	77	Geoff	Nicholls	M70	Eton Manor AC	00:51:08
101	38	Hayley	Dalton	W50	Eton Manor AC	00:51:16
102	152	Evarine	Botha	W40	Orion Harriers	00:51:46
103	87	Nigel	Routledge	M60	Unaffiliated	00:51:48
104	97	Katherine	Taylor	W50	Orion Harriers	00:52:04
105	151	Lisa	Barham	W40	Orion Harriers	00:52:21
106	47	Darren	Flight	M50	Bob J's Park Run Crew	00:52:44
107	10	Hayley	Barron	W50	Orion Harriers	00:52:45
108	63	Frieda	Keane	W60	Ilford AC	00:53:06
109	80	Helen	Pearce	W50	Orion Harriers	00:53:39
110	108	Christina	Watson	W60	Eton Manor AC	00:56:02
111	112	Stephen	West	M50	Mornington Chasers	00:57:09
112	55	Phil	Hudson	M60	Ware Joggers	00:57:58
113	31	Gill	Clarke	W60	East London Runners	00:58:09
114	104	Sian	Vujasin	SW	Enfield Chasers	01:00:02
115	84	Elizabeth	Roberts	SW	Harlow Running & Tri Club	01:00:32
116	13	Shannon	Beales	W40	Harlow Running & Tri Club	01:00:33
117	109	Alan	Wellbelove	M60	Harlow Running & Tri Club	01:00:58
118	100	Helen	Twigg	SW	East London Runners	01:01:23
119	120	Daniela	Witten	W50	Orion Harriers	01:01:26
120	101	Kresh	Veerasamy	M50	Dagenham 88 Runners	01:10:00
121	102	Selon Timi	Veerasamy	W70	Dagenham 88 Runners	01:10:00