

EAST HULL HARRIERS SUMMER LEAGUE 2026
RACE 2 SPROATLEY 6 miles 28th April 2026

Pos	Male	Female	Number	Runner	Club	Cat	Time
1	1		586	Lewis Suddaby	East Hull Harriers & AC	SNR	31:22
2	2		22	Tom Bushby	City of Hull AC	J	31:25
3	3		11	Steve Bateson	N/A	V50	32:09
4	4		574	Alex Lazenby	City of Hull AC	SNR	33:36
5	5		23	Gregan Clarkson	Kingston upon Hull AC	V40	33:47
6	6		597	David Whiting	Beverley Athletic Club	V50	34:15
7	7		560	Luke Davison	Pocklington Runners	V40	34:30
8	8		31	Alex Czapla	City of Hull AC	SNR	34:43
9	9		554	Jacob Jorna	Beverley Athletic Club	J	34:51
10	10		53	Paul Good	Bridlington Road Runners	V45	34:59
11	11		579	Steven Logan	City of Hull AC	V40	35:33
12	12		567	Niall McGlone	N/A	SNR	35:58
13	13		114	Alex Stark	Driffield Striders	SNR	36:08
14	14		594	Billy Hall	N/A	SNR	36:10
15	15		139	Paul Teece	East Hull Harriers & AC	V45	36:10
16	16		21	Adrian Bushby	City of Hull AC	V55	36:13
17	17		573	Mark Smith	N/A	V40	36:17
18	18		543	Igor Manestar	City of Hull AC	V40	36:29
19	19		128	Mark Williamson	Hornsea Harriers	V55	36:38
20	20		55	Lee Hammond	City of Hull AC	SNR	36:40
21	21		3	Rob Alexander-Duncan	City of Hull AC	V45	37:38
22	22		536	Andrew Hill	East Hull Harriers & AC	V40	37:58
23	23		52	Aiden Godney	East Hull Harriers & AC	SNR	38:15
24	24		568	Robert Vowler	N/A	V45	38:17
25	25		578	John Webster	N/A	SNR	38:30
26	26		108	Cameron Shaw	N/A	SNR	38:37
27	27		577	Matthew Blowman	East Hull Harriers & AC	V40	38:39
28	28		553	Tom Jorna	Beverley Athletic Club	V40	38:43
29	29		48	Mark Gadie	East Hull Harriers & AC	V45	38:44
30	30		129	Steve Wilson	Bridlington Road Runners	V45	39:22
31	31		60	Tom Henry	N/A	SNR	39:30
32	32		541	Paul Bennett	East Hull Harriers & AC	V50	39:36
33	33		111	Richard Slack	East Hull Harriers & AC	V50	40:01
34	34		57	Peter Hardy-Cork	Hornsea Harriers	V50	40:10
35		1	4	Robyn Allan	East Hull Harriers & AC	LSNR	40:28
36	35		58	Richard Harrison	Selby Striders	V55	40:40
37	36		83	Alex Munday	City of Hull AC	V40	40:51
38	37		17	Anthony Bristow	N/A	V40	40:58
39		2	14	Natalie Bell	City of Hull AC	LV35	41:28
40	38		118	Alexander Thomas	N/A	SNR	41:37

41		3	68	Miriam Ireland	Bridlington Road Runners	LV40	41:47
42	39		137	Harry Simpson	East Hull Harriers & AC	SNR	41:57
43	40		101	Daniel Ramsay	East Hull Harriers & AC	SNR	42:05
44	41		24	Alex Cleeland	City of Hull AC	V40	42:25
45		4	144	Ellie Mills	N/A	LSNR	42:44
46	42		98	Philip Pocknee	N/A	SNR	42:57
47	43		141	Mark Fisher	Withernsea Harriers	SNR	43:01
48	44		35	Mark Dawson	Withernsea Harriers	V55	43:03
49	45		132	Jacob Zobkiw	City of Hull AC	SNR	43:03
50		5	142	Suzanne Curtis	East Hull Harriers & AC	LV40	43:06
51	46		42	James Durham	City of Hull AC	V45	43:19
52		6	107	Rachael Sharp	East Hull Harriers & AC	LV45	43:23
53	47		133	Phil McCoy	East Hull Harriers & AC	V50	43:44
54		7	582	Rachael Clinton	West Hull Ladies	LSNR	43:48
55	48		77	Ian McCoid	City of Hull AC	V60	44:04
56		8	585	Justine Tomlin	Beverley Athletic Club	LV40	44:11
57	49		16	Luke Bramley	N/A	V40	44:12
58		9	62	Kerry Holliday	East Hull Harriers & AC	LV35	44:18
59		10	73	Nichola Lewis	Withernsea Harriers	LV40	44:22
60	50		106	Clifford Sansam	Withernsea Harriers	V65	44:30
61	51		84	Andrew Norman	East Hull Harriers & AC	V60	44:39
62	52		74	Daniel Little	East Hull Harriers & AC	V45	44:44
63	53		112	Joseph Smith	N/A	SNR	44:46
64	54		95	Ken Pearson	Beverley Athletic Club	V60	45:04
65		11	47	Stacy Foxworthy	West Hull Ladies	LV40	45:05
66	55		25	Euan Colquhoun	Hornsea Harriers	V45	45:18
67	56		595	Josh Leaming	N/A	SNR	45:40
68		12	580	Emma Kirby	N/A	LV35	45:47
69	57		46	Gary Forrester	East Hull Harriers & AC	V60	45:47
70	58		119	Kobus VanderWesthuizen	City of Hull AC	V55	45:48
71		13	38	Samantha Dixie	East Hull Harriers & AC	LV40	45:51
72	59		67	Thomas Humphrey	Driffield Striders	SNR	45:57
73		14	76	Helen Lowe	East Hull Harriers & AC	LV40	46:08
74	60		59	Andrew Heath	East Hull Harriers & AC	SNR	46:10
75	61		124	Robert Wells	East Hull Harriers & AC	V50	46:16
76		15	92	Zoe Parkin	Driffield Striders	LV60	46:24
77		16	131	Magda Zaremba-Wilson	East Hull Harriers & AC	LV40	46:33
78	62		593	Sam Hick	N/A	SNR	46:34
79	63		75	Andrew Long	Bridlington Road Runners	V65	46:51
80	64		102	John Ridge	Hornsea Harriers	V60	46:59
81	65		89	Joseph Oldroyd	N/A	SNR	47:22
82	66		32	Martin Dale	City of Hull AC	V40	47:35
83	67		100	Christopher Price	Bridlington Road Runners	V60	47:42
84	68		44	Lloyd Edwards	Bridlington Road Runners	V60	47:42
85	69		28	Richard Crone	East Hull Harriers & AC	V55	47:47
86		17	113	Vanessa Smith	City of Hull AC	LV50	48:25

87	70		70	Paul Jessop	East Hull Harriers & AC	V40	48:26
88		18	91	Karen Park	West Hull Ladies	LV60	48:39
89		19	5	Ann Allen	East Hull Harriers & AC	LV65	48:47
90		20	7	Heidi Baker	Bridlington Road Runners	LV45	48:48
91		21	598	Kate O'Brien	City of Hull AC	LV35	49:31
92	71		49	Andrew Gibson	Bridlington Road Runners	V60	49:40
93	72		126	Allan Wilby	Withernsea Harriers	V70	50:06
94		22	65	Jane Hounsome	Hornsea Harriers	LV60	50:07
95	73		596	Malcolm Piper	Wolds Vets	V70	50:11
96	74		146	Martin Train	East Hull Harriers & AC	V40	50:13
97		23	56	Max Hardey	East Hull Harriers & AC	LV50	50:14
98	75		36	Stephen Dean	City of Hull AC	V50	50:20
99	76		94	Simon Parsons	Bridlington Road Runners	V50	50:23
100	77		117	Peter Taylor	City of Hull AC	V75+	50:40
101		24	10	Julie Barnes	East Hull Harriers & AC	LV40	50:52
102	78		26	Joe Corlass	N/A	SNR	50:55
103	79		571	Alan Catton	N/A	V65	50:57
104		25	2	Helen Alexander-Duncan	City of Hull AC	LV40	51:17
105		26	9	Helen Barber	N/A	LV55	51:22
106	80		109	Jonathan Shaw	Goole Viking Striders	V45	51:24
107		27	85	Dawn Oades	East Hull Harriers & AC	LV45	51:31
108		28	600	Jennifer Johnson	N/A	LV35	52:39
109		29	105	Lucie Route	East Hull Harriers & AC	LJ	52:56
110	81		589	Alec Cockerham	N/A	SNR	53:14
111		30	116	Emma Stevenson	N/A	LV50	53:31
112		31	138	Sarah Rose-Crawford	East Hull Harriers & AC	LV45	53:32
113	82		87	Mike OBrien	City of Hull AC	V65	53:40
114		32	93	Lyndsey Parsons	Bridlington Road Runners	LV55	54:08
115		33	569	Maggi Savin-Baden	Badgers	LV65	54:16
116	83		575	Peter Thomas	N/A	V60	54:46
117		34	123	Vicky Webster	Driffield Striders	LV55	54:52
118		35	8	Veronica Banks	Driffield Striders	LV65	54:59
119		36	122	Dominique Webster	Bridlington Road Runners	LV50	55:04
120		37	88	Becky Ockleton	East Hull Harriers & AC	LV35	55:32
121		38	576	Michelle Hillaby	N/A	LV50	55:32
122	84		591	Simon Dickinson	Goole Viking Striders	V55	55:38
123		39	570	Nicola Smales	N/A	LV60	55:48
124		40	145	Emma Mulholland	N/A	LV35	55:56
125		41	588	Isabella Hill	East Hull Harriers & AC	LJ	56:04
126		42	590	Laura Gunstead	N/A	LV40	56:19
127		43	99	Ellie Porter	Chasing Happy	LSNR	56:32
128		44	12	Emily Beadle	Chasing Happy	LSNR	56:34
129		45	37	Beth Dearing	East Hull Harriers & AC	LSNR	56:42
130		46	20	Louise Burnett	City of Hull AC	LV60	56:45
131		47	104	Freya Route	East Hull Harriers & AC	LJ	57:11
132	85		69	Ian Jackson	Beverley Athletic Club	V50	57:42

133		48	72	Rachel Kemp	East Hull Harriers & AC	LV50	57:47
134		49	599	Emily Gautier	N/A	LSNR	57:50
135	86		86	Gary Oades	East Hull Harriers & AC	V65	58:07
136		50	27	Amelia Crawford	Driffield Striders	LJ	58:29
137	87		135	Kevin Anholm	Withernsea Harriers	V65	1:00:22
138		51	143	Laine Wong	N/A	LV45	1:00:28
139		52	581	Evie Adams	N/A	LSNR	1:01:01
140		53	54	Jenny Hamlyn	Beverley Athletic Club	LV45	1:01:03
141		54	134	Alison Benson	Beverley Athletic Club	LV50	1:01:34
142		55	90	Marie Palframan	Humber Triathletes	LV45	1:02:07
143		56	110	Angharad Shepherdson	West Hull Ladies	LV50	1:04:52
144		57	39	Lisa Douglas	White City Hull RRC	LV50	1:05:30
145		58	50	Lucinda Gibson	Bridlington Road Runners	LV55	1:06:14
146	88		78	Kevin McManus	City of Hull AC	V70	1:06:26
147		59	79	Catherine Milan	Driffield Striders	LV55	1:06:58
148	89		29	John Crosby	East Hull Harriers & AC	V70	1:08:25
149		60	136	Nicola Fowler	Bridlington Road Runners	LV40	1:09:07
150		61	40	Joanne Drysdale	West Hull Ladies	LV55	1:11:38
151	90		33	Lee Daniels	Fordy Runs	V55	1:12:28
152		62	66	Sheila Howes	Driffield Striders	LV70+	1:13:41
153	91		572	Steve Oxburgh	N/A	V65	1:14:35

Wheelchair Athlete	Kalem Bennett	Leeds City AC	SNR	48:33
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HANDICAP RESULTS

Pos	Runner	Club	Cat	Time	Predicted	Difference	Points
1	Ian Jackson	Beverley Athletic Club	V50	00:57:42	01:06:39	-08:57	40
2	Angharad Shepherdson	West Hull Ladies	LV50	01:04:52	01:13:19	-08:27	39
3	Julie Barnes	East Hull Harriers & AC	LV40	00:50:52	00:57:38	-06:46	38
4	Alex Cleeland	City of Hull AC	V40	00:42:25	00:46:54	-04:29	37
5	Freya Route	East Hull Harriers & AC	LJ	00:57:11	01:01:21	-04:10	36
6	Louise Burnett	City of Hull AC	LV60	00:56:45	00:59:26	-02:41	35
7	Becky Ockleton	East Hull Harriers & AC	LV35	00:55:32	00:57:57	-02:25	34
8	Marie Palframan	Humber Triathletes	LV45	01:02:07	01:04:32	-02:25	34
9	Dawn Oades	East Hull Harriers & AC	LV45	00:51:31	00:53:54	-02:23	32
10	Joanne Drysdale	West Hull Ladies	LV55	01:11:38	01:13:59	-02:21	31
11	Vanessa Smith	City of Hull AC	LV50	00:48:25	00:50:35	-02:10	30
12	Mike OBrien	City of Hull AC	V65	00:53:40	00:55:44	-02:04	29
13	Catherine Milan	Driffield Striders	LV55	01:06:58	01:09:01	-02:03	28
14	Zoe Parkin	Driffield Striders	LV60	00:46:24	00:48:22	-01:58	27
15	Joe Corlass	N/A	SNR	00:50:55	00:52:52	-01:57	26
16	Beth Dearing	East Hull Harriers & AC	LSNR	00:56:42	00:58:32	-01:50	25
17	Helen Lowe	East Hull Harriers & AC	LV40	00:46:08	00:47:54	-01:46	24
18	Kobus VanderWesthuizen	City of Hull AC	V55	00:45:48	00:47:33	-01:45	23
19	Andrew Gibson	Bridlington Road Runners	V60	00:49:40	00:51:22	-01:42	22
20	Gary Oades	East Hull Harriers & AC	V65	00:58:07	00:59:41	-01:34	21
21	John Ridge	Hornsea Harriers	V60	00:46:59	00:48:33	-01:34	21
22	Philip Pocknee	N/A	SNR	00:42:57	00:44:27	-01:30	19
23	Helen Barber	N/A	LV55	00:51:22	00:52:51	-01:29	18
24	Daniel Little	East Hull Harriers & AC	V45	00:44:44	00:46:13	-01:29	18
25	Natalie Bell	City of Hull AC	LV35	00:41:28	00:42:56	-01:28	16
26	Vicky Webster	Driffield Striders	LV55	00:54:52	00:56:17	-01:25	15
27	Andrew Long	Bridlington Road Runners	V65	00:46:51	00:48:16	-01:25	15
28	Christopher Price	Bridlington Road Runners	V60	00:47:42	00:49:06	-01:24	13
29	Lloyd Edwards	Bridlington Road Runners	V60	00:47:42	00:49:06	-01:24	13
30	Ellie Porter	Chasing Happy	LSNR	00:56:32	00:57:53	-01:21	11
31	Emily Beadle	Chasing Happy	LSNR	00:56:34	00:57:55	-01:21	11
32	Nichola Lewis	Withernsea Harriers	LV40	00:44:22	00:45:42	-01:20	10
33	Tom Henry	N/A	SNR	00:39:30	00:40:50	-01:20	10
34	Helen Alexander-Duncan	City of Hull AC	LV40	00:51:17	00:52:37	-01:20	10
35	Lisa Douglas	White City Hull RRC	LV50	01:05:30	01:06:42	-01:12	10
36	Ian McCoid	City of Hull AC	V60	00:44:04	00:45:13	-01:09	10
37	Harry Simpson	East Hull Harriers & AC	SNR	00:41:57	00:43:05	-01:08	10
38	Peter Hardy-Cork	Hornsea Harriers	V50	00:40:10	00:41:18	-01:08	10
39	Phil McCoy	East Hull Harriers & AC	V50	00:43:44	00:44:47	-01:03	10

40	Ken Pearson	Beverley Athletic Club	V60	00:45:04	00:46:03	-00:59	10
41	Heidi Baker	Bridlington Road Runners	LV45	00:48:48	00:49:46	-00:58	10
42	Robert Wells	East Hull Harriers & AC	V50	00:46:16	00:47:14	-00:58	10
43	Max Hardey	East Hull Harriers & AC	LV50	00:50:14	00:51:11	-00:57	10
44	Richard Slack	East Hull Harriers & AC	V50	00:40:01	00:40:58	-00:57	10
45	Joseph Oldroyd	N/A	SNR	00:47:22	00:48:17	-00:55	10
46	Rob Alexander-Duncan	City of Hull AC	V45	00:37:38	00:38:32	-00:54	10
47	Miriam Ireland	Bridlington Road Runners	LV40	00:41:47	00:42:41	-00:54	10
48	Rachael Sharp	East Hull Harriers & AC	LV45	00:43:23	00:44:16	-00:53	10
49	Suzanne Curtis	East Hull Harriers & AC	LV40	00:43:06	00:43:53	-00:47	10
50	Kevin Anholm	Withernsea Harriers	V65	01:00:22	01:01:09	-00:47	10
51	Andrew Heath	East Hull Harriers & AC	SNR	00:46:10	00:46:54	-00:44	10
52	Steve Bateson	N/A	V50	00:32:09	00:32:52	-00:43	10
53	Mark Gadie	East Hull Harriers & AC	V45	00:38:44	00:39:24	-00:40	10
54	Alison Benson	Beverley Athletic Club	LV50	01:01:34	01:02:13	-00:39	10
55	Jonathan Shaw	Goole Viking Striders	V45	00:51:24	00:52:02	-00:38	10
56	Paul Good	Bridlington Road Runners	V45	00:34:59	00:35:36	-00:37	10
57	Gregan Clarkson	Kingston upon Hull AC	V40	00:33:47	00:34:23	-00:36	10
58	Lucie Route	East Hull Harriers & AC	LJ	00:52:56	00:53:31	-00:35	10
59	Martin Dale	City of Hull AC	V40	00:47:35	00:48:09	-00:34	10
60	Allan Wilby	Withernsea Harriers	V70	00:50:06	00:50:32	-00:26	10
61	Cameron Shaw	N/A	SNR	00:38:37	00:39:02	-00:25	10
62	Richard Harrison	Selby Striders	V55	00:40:40	00:41:02	-00:22	10
63	Tom Bushby	City of Hull AC	J	00:31:25	00:31:46	-00:21	10
64	Clifford Sansam	Withernsea Harriers	V65	00:44:30	00:44:50	-00:20	10
65	Samantha Dixie	East Hull Harriers & AC	LV40	00:45:51	00:46:08	-00:17	10
66	Peter Taylor	City of Hull AC	V75+	00:50:40	00:50:55	-00:15	10
67	Mark Williamson	Hornsea Harriers	V55	00:36:38	00:36:53	-00:15	10
68	Richard Crone	East Hull Harriers & AC	V55	00:47:47	00:48:02	-00:15	10
69	Luke Bramley	N/A	V40	00:44:12	00:44:25	-00:13	10
70	Euan Colquhoun	Hornsea Harriers	V45	00:45:18	00:45:28	-00:10	10
71	Lee Daniels	Fordy Runs	V55	01:12:28	01:12:37	-00:09	10
72	Ann Allen	East Hull Harriers & AC	LV65	00:48:47	00:48:56	-00:09	10
73	Veronica Banks	Driffield Striders	LV65	00:54:59	00:55:07	-00:08	10
74	Lucinda Gibson	Bridlington Road Runners	LV55	01:06:14	01:06:22	-00:08	10
75	Aiden Godney	East Hull Harriers & AC	SNR	00:38:15	00:38:22	-00:07	10
76	Jenny Hamlyn	Beverley Athletic Club	LV45	01:01:03	01:01:09	-00:06	10
77	Daniel Ramsay	East Hull Harriers & AC	SNR	00:42:05	00:42:10	-00:05	10
78	Mark Dawson	Withernsea Harriers	V55	00:43:03	00:43:07	-00:04	10
79	Paul Teece	East Hull Harriers & AC	V45	00:36:10	00:36:13	-00:03	10
80	Lyndsey Parsons	Bridlington Road Runners	LV55	00:54:08	00:54:11	-00:03	10
81	Simon Parsons	Bridlington Road Runners	V50	00:50:23	00:50:25	-00:02	10
82	Stacy Foxworthy	West Hull Ladies	LV40	00:45:05	00:45:05	-00:00	10

83	Lee Hammond	City of Hull AC	SNR	00:36:40	00:36:38	00:02	10
84	Thomas Humphrey	Driffield Striders	SNR	00:45:57	00:45:54	00:03	10
85	Jane Hounsome	Hornsea Harriers	LV60	00:50:07	00:50:03	00:04	10
86	Andrew Norman	East Hull Harriers & AC	V60	00:44:39	00:44:33	00:06	10
87	Dominique Webster	Bridlington Road Runners	LV50	00:55:04	00:54:52	00:12	10
88	Steve Wilson	Bridlington Road Runners	V45	00:39:22	00:39:10	00:12	10
89	Nicola Fowler	Bridlington Road Runners	LV40	01:09:07	01:08:53	00:14	10
90	Joseph Smith	N/A	SNR	00:44:46	00:44:25	00:21	10
91	Emma Stevenson	N/A	LV50	00:53:31	00:53:08	00:23	10
92	Ellie Mills	N/A	LSNR	00:42:44	00:42:21	00:23	10
93	Sarah Rose-Crawford	East Hull Harriers & AC	LV45	00:53:32	00:53:08	00:24	10
94	Robyn Allan	East Hull Harriers & AC	LSNR	00:40:28	00:39:59	00:29	10
95	Adrian Bushby	City of Hull AC	V55	00:36:13	00:35:30	00:43	10
96	Anthony Bristow	N/A	V40	00:40:58	00:40:10	00:48	10
97	Gary Forrester	East Hull Harriers & AC	V60	00:45:47	00:44:54	00:53	10
98	Alex Stark	Driffield Striders	SNR	00:36:08	00:35:06	01:02	10
99	Alex Munday	City of Hull AC	V40	00:40:51	00:39:48	01:03	10
100	Rachel Kemp	East Hull Harriers & AC	LV50	00:57:47	00:56:44	01:03	10
101	Alexander Thomas	N/A	SNR	00:41:37	00:39:53	01:44	10
102	Sheila Howes	Driffield Striders	LV70+	01:13:41	01:11:53	01:48	10
103	John Crosby	East Hull Harriers & AC	V70	01:08:25	01:05:55	02:30	10
104	Kevin McManus	City of Hull AC	V70	01:06:26	01:03:53	02:33	10
105	Mark Fisher	Withernsea Harriers	SNR	00:43:01	00:40:19	02:42	10
106	Karen Park	West Hull Ladies	LV60	00:48:39	00:45:53	02:46	10
107	Amelia Crawford	Driffield Striders	LJ	00:58:29	00:55:38	02:51	10
108	Alex Czapl	City of Hull AC	SNR	00:34:43		N/A	30
109	Jacob Zobkiw	City of Hull AC	SNR	00:43:03		N/A	30
110	James Durham	City of Hull AC	V45	00:43:19		N/A	30
111	Kerry Holliday	East Hull Harriers & AC	LV35	00:44:18		N/A	30
112	Magda Zaremba-Wilson	East Hull Harriers & AC	LV40	00:46:33		N/A	30
113	Paul Jessop	East Hull Harriers & AC	V40	00:48:26		N/A	30
114	Martin Train	East Hull Harriers & AC	V40	00:50:13		N/A	30
115	Stephen Dean	City of Hull AC	V50	00:50:20		N/A	30
116	Emma Mulholland	N/A	LV35	00:55:56		N/A	30
117	Laine Wong	N/A	LV45	01:00:28		N/A	30

HANDICAP LEAGUE TABLE

Position	Number	Name	Club	Gender	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Total
1	69	Ian Jackson	Beverley Athletic Club	M	30	40	0	0	0	0	0	0	70
2	110	Angharad Shepherdson	West Hull Ladies	F	30	39	0	0	0	0	0	0	69
3	10	Julie Barnes	East Hull Harriers & AC	F	30	38	0	0	0	0	0	0	68
4	24	Alex Cleeland	City of Hull AC	M	30	37	0	0	0	0	0	0	67
5	104	Freya Route	East Hull Harriers & AC	F	30	36	0	0	0	0	0	0	66
6	20	Louise Burnett	City of Hull AC	F	30	35	0	0	0	0	0	0	65
7	88	Becky Ockleton	East Hull Harriers & AC	F	30	34	0	0	0	0	0	0	64
7	90	Marie Palframan	Humber Triathletes	F	30	34	0	0	0	0	0	0	64
9	85	Dawn Oades	East Hull Harriers & AC	F	30	32	0	0	0	0	0	0	62
10	40	Joanne Drysdale	West Hull Ladies	F	30	31	0	0	0	0	0	0	61
11	113	Vanessa Smith	City of Hull AC	F	30	30	0	0	0	0	0	0	60
12	87	Mike OBrien	City of Hull AC	M	30	29	0	0	0	0	0	0	59
13	79	Catherine Milan	Driffield Striders	F	30	28	0	0	0	0	0	0	58
14	92	Zoe Parkin	Driffield Striders	F	30	27	0	0	0	0	0	0	57
15	26	Joe Corlass	N/A	M	30	26	0	0	0	0	0	0	56
16	37	Beth Dearing	East Hull Harriers & AC	F	30	25	0	0	0	0	0	0	55
17	76	Helen Lowe	East Hull Harriers & AC	F	30	24	0	0	0	0	0	0	54
18	119	Kobus VanderWesthuizen	City of Hull AC	M	30	23	0	0	0	0	0	0	53
19	49	Andrew Gibson	Bridlington Road Runners	M	30	22	0	0	0	0	0	0	52
20	86	Gary Oades	East Hull Harriers & AC	M	30	21	0	0	0	0	0	0	51
20	102	John Ridge	Hornsea Harriers	M	30	21	0	0	0	0	0	0	51
22	98	Philip Pocknee	N/A	M	30	19	0	0	0	0	0	0	49
23	9	Helen Barber	N/A	F	30	18	0	0	0	0	0	0	48
23	74	Daniel Little	East Hull Harriers & AC	M	30	18	0	0	0	0	0	0	48

25	14	Natalie Bell	City of Hull AC	F	30	16	0	0	0	0	0	0	46
26	75	Andrew Long	Bridlington Road Runners	M	30	15	0	0	0	0	0	0	45
26	123	Vicky Webster	Driffield Striders	F	30	15	0	0	0	0	0	0	45
28	44	Lloyd Edwards	Bridlington Road Runners	M	30	13	0	0	0	0	0	0	43
28	100	Christopher Price	Bridlington Road Runners	M	30	13	0	0	0	0	0	0	43
30	12	Emily Beadle	Chasing Happy	F	30	11	0	0	0	0	0	0	41
30	99	Ellie Porter	Chasing Happy	F	30	11	0	0	0	0	0	0	41
32	2	Helen Alexander-Duncan	City of Hull AC	F	30	10	0	0	0	0	0	0	40
32	3	Rob Alexander-Duncan	City of Hull AC	M	30	10	0	0	0	0	0	0	40
32	4	Robyn Allan	East Hull Harriers & AC	F	30	10	0	0	0	0	0	0	40
32	5	Ann Allen	East Hull Harriers & AC	F	30	10	0	0	0	0	0	0	40
32	7	Heidi Baker	Bridlington Road Runners	F	30	10	0	0	0	0	0	0	40
32	8	Veronica Banks	Driffield Striders	F	30	10	0	0	0	0	0	0	40
32	11	Steve Bateson	N/A	M	30	10	0	0	0	0	0	0	40
32	16	Luke Bramley	N/A	M	30	10	0	0	0	0	0	0	40
32	17	Anthony Bristow	N/A	M	30	10	0	0	0	0	0	0	40
32	21	Adrian Bushby	City of Hull AC	M	30	10	0	0	0	0	0	0	40
32	22	Tom Bushby	City of Hull AC	M	30	10	0	0	0	0	0	0	40
32	23	Gregan Clarkson	Kingston upon Hull AC	M	30	10	0	0	0	0	0	0	40
32	25	Euan Colquhoun	Hornsea Harriers	M	30	10	0	0	0	0	0	0	40
32	27	Amelia Crawford	Driffield Striders	F	30	10	0	0	0	0	0	0	40
32	28	Richard Crone	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	29	John Crosby	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	142	Suzanne Curtis	East Hull Harriers & AC	F	30	10	0	0	0	0	0	0	40
32	32	Martin Dale	City of Hull AC	M	30	10	0	0	0	0	0	0	40
32	33	Lee Daniels	Fordy Runs	M	30	10	0	0	0	0	0	0	40
32	35	Mark Dawson	Withernsea Harriers	M	30	10	0	0	0	0	0	0	40
32	38	Samantha Dixie	East Hull Harriers & AC	F	30	10	0	0	0	0	0	0	40
32	39	Lisa Douglas	White City Hull RRC	F	30	10	0	0	0	0	0	0	40
32	141	Mark Fisher	Withernsea Harriers	M	30	10	0	0	0	0	0	0	40

32	46	Gary Forrester	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	47	Stacy Foxworthy	West Hull Ladies	F	30	10	0	0	0	0	0	0	40
32	48	Mark Gadie	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	50	Lucinda Gibson	Bridlington Road Runners	F	30	10	0	0	0	0	0	0	40
32	52	Aiden Godney	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	53	Paul Good	Bridlington Road Runners	M	30	10	0	0	0	0	0	0	40
32	54	Jenny Hamlyn	Beverley Athletic Club	F	30	10	0	0	0	0	0	0	40
32	55	Lee Hammond	City of Hull AC	M	30	10	0	0	0	0	0	0	40
32	56	Max Hardey	East Hull Harriers & AC	F	30	10	0	0	0	0	0	0	40
32	57	Peter Hardy-Cork	Hornsea Harriers	M	30	10	0	0	0	0	0	0	40
32	58	Richard Harrison	Selby Striders	M	30	10	0	0	0	0	0	0	40
32	59	Andrew Heath	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	60	Tom Henry	N/A	M	30	10	0	0	0	0	0	0	40
32	65	Jane Hounsome	Hornsea Harriers	F	30	10	0	0	0	0	0	0	40
32	66	Sheila Howes	Driffield Striders	F	30	10	0	0	0	0	0	0	40
32	67	Thomas Humphrey	Driffield Striders	M	30	10	0	0	0	0	0	0	40
32	68	Miriam Ireland	Bridlington Road Runners	F	30	10	0	0	0	0	0	0	40
32	72	Rachel Kemp	East Hull Harriers & AC	F	30	10	0	0	0	0	0	0	40
32	73	Nichola Lewis	Withernsea Harriers	F	30	10	0	0	0	0	0	0	40
32	77	Ian McCoid	City of Hull AC	M	30	10	0	0	0	0	0	0	40
32	78	Kevin McManus	City of Hull AC	M	30	10	0	0	0	0	0	0	40
32	144	Ellie Mills	N/A	F	30	10	0	0	0	0	0	0	40
32	83	Alex Munday	City of Hull AC	M	30	10	0	0	0	0	0	0	40
32	84	Andrew Norman	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	89	Joseph Oldroyd	N/A	M	30	10	0	0	0	0	0	0	40
32	91	Karen Park	West Hull Ladies	F	30	10	0	0	0	0	0	0	40
32	93	Lyndsey Parsons	Bridlington Road Runners	F	30	10	0	0	0	0	0	0	40
32	94	Simon Parsons	Bridlington Road Runners	M	30	10	0	0	0	0	0	0	40
32	95	Ken Pearson	Beverley Athletic Club	M	30	10	0	0	0	0	0	0	40
32	101	Daniel Ramsay	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40

32	105	Lucie Route	East Hull Harriers & AC	F	30	10	0	0	0	0	0	0	40
32	106	Clifford Sansam	Withernsea Harriers	M	30	10	0	0	0	0	0	0	40
32	107	Rachael Sharp	East Hull Harriers & AC	F	30	10	0	0	0	0	0	0	40
32	108	Cameron Shaw	N/A	M	30	10	0	0	0	0	0	0	40
32	109	Jonathan Shaw	Goole Viking Striders	M	30	10	0	0	0	0	0	0	40
32	111	Richard Slack	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	112	Joseph Smith	N/A	M	30	10	0	0	0	0	0	0	40
32	114	Alex Stark	Driffield Striders	M	30	10	0	0	0	0	0	0	40
32	116	Emma Stevenson	N/A	F	30	10	0	0	0	0	0	0	40
32	117	Peter Taylor	City of Hull AC	M	30	10	0	0	0	0	0	0	40
32	118	Alexander Thomas	N/A	M	30	10	0	0	0	0	0	0	40
32	122	Dominique Webster	Bridlington Road Runners	F	30	10	0	0	0	0	0	0	40
32	124	Robert Wells	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	126	Allan Wilby	Withernsea Harriers	M	30	10	0	0	0	0	0	0	40
32	128	Mark Williamson	Hornsea Harriers	M	30	10	0	0	0	0	0	0	40
32	129	Steve Wilson	Bridlington Road Runners	M	30	10	0	0	0	0	0	0	40
32	133	Phil McCoy	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	134	Alison Benson	Beverley Athletic Club	F	30	10	0	0	0	0	0	0	40
32	135	Kevin Anholm	Withernsea Harriers	M	30	10	0	0	0	0	0	0	40
32	136	Nicola Fowler	Bridlington Road Runners	F	30	10	0	0	0	0	0	0	40
32	137	Harry Simpson	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
32	138	Sarah Rose-Crawford	East Hull Harriers & AC	F	30	10	0	0	0	0	0	0	40
32	139	Paul Teece	East Hull Harriers & AC	M	30	10	0	0	0	0	0	0	40
108	1	Simon Adcock	City of Hull AC	M	30	0	0	0	0	0	0	0	30
108	18	Emily Broadbelt	West Hull Ladies	F	30	0	0	0	0	0	0	0	30
108	19	Ty Brooks	East Hull Harriers & AC	M	30	0	0	0	0	0	0	0	30
108	31	Alex Czapla	City of Hull AC	M	0	30	0	0	0	0	0	0	30
108	34	John Dawson	Beverley Athletic Club	M	30	0	0	0	0	0	0	0	30
108	36	Stephen Dean	City of Hull AC	M	0	30	0	0	0	0	0	0	30
108	42	James Durham	City of Hull AC	M	0	30	0	0	0	0	0	0	30

