

Easter Challenge

Friday 3rd April 2026, Suffolk Running Centre (Back Quack Route)

5k

Place	Name	Gender	Time
1	Mark Walsh	M	00:29:59
2	Claire Chamberlain	F	00:31:45
3	Michelle Futter	F	00:32:01
4	Sophie Buckle	F	00:32:25
5	Nicola Kemp	F	00:32:43
6	Lilrose Catling-Fell	F	00:33:15
7	Michelle Lamprecht	F	00:34:53
8	Sara Woo-Sam	F	00:35:39
9	Molly Young	F	00:40:40
10	Bob Wynn	M	00:44:35
11	Emma Strutt	F	00:45:54
12	Sally Brown	F	00:46:37
13	Cian Lawrence	F	00:52:46
14	Emma Nowacki	F	01:01:15

10k (1 lap)

Place	Name	Gender	Time
1	Rubin Allen **	M	00:46:03
2	Lucas Trawicki	M	00:47:03
3	Stephanie Webb **	F	00:48:51
4	Darren Kent	M	00:51:26
5	Sam Kent	F	00:53:49
6	Martha Emerson	F	00:55:10
7	Harmen Draisma	M	00:55:59
8	Matt Kent	M	00:56:16
9	Nathan Young	M	00:59:31
10	Jack Mantle	M	00:59:39
11	Derya Sahin	F	00:59:48
12	Jamie Sampson	M	00:59:51
13	Ash Lawson	M	00:59:52
14	Claire Walsh	F	00:59:58
15	Kayleigh Jackson	F	01:00:54
16	Philip McKeogh	M	01:01:02
17	Izabella Sipos	F	01:01:05

10k (1 lap)

Place	Name	Gender	Time
18	Deborah Breacher	F	01:01:10
19	Jessica Young	F	01:01:49
20	Caroline Ryba	F	01:01:51
21	Emily Williamson	F	01:02:49
22	Abbie Chapman	F	01:02:51
23	Victoria Black	F	01:03:18
24	Alicia Earl	F	01:03:23
25	Gary Jones	M	01:04:37
26	Olivia Beer	F	01:06:22
27	Armoogum Ponnusami	M	01:06:40
28	Ryan Harpin	M	01:07:16
29	Nick Reynolds	M	01:07:19
30	Sass Pledger	F	01:07:36
31	Martyn Hooton	M	01:08:19
32	Rebecca Harpin	F	01:08:45
33	Lauren Challen	F	01:11:02
34	Leanne Cole	F	01:11:47
35	Stacey Rowe	F	01:12:01
36	Martyn Burt	M	01:12:10
37	Polly Davis	F	01:12:23
38	Bryan Freeman	M	01:13:28
39	Emma Southwell	F	01:13:30
40	Alice Taylor	F	01:13:54
41	Susan Taylor	F	01:13:55
42	Avril Bishop	F	01:14:30
43	Jo Ellingworth	F	01:15:37
44	Matilda Mawson	F	01:16:19
45	Carrie Shenton	F	01:16:32
46	Gillian Croot	F	01:16:36
47	Angie Leggett	F	01:16:37
48	Kate Brett	F	01:16:38
49	Ellen Harpin	F	01:18:05
50	Jodie Johnson	F	01:18:38
51	Paul Fisher	M	01:18:39
52	Mandy Fisher	F	01:18:44
53	Abi Edwards	F	01:20:19
54	Amy Edge-Bovair	F	01:21:06
55	Hannah Hyman	F	01:21:07
56	Nic Senz	F	01:22:09
57	Miranda McWade	F	01:22:10
58	Sarah Owen	F	01:22:26
59	Louise Coggles	F	01:23:55

10k (1 lap)

Place	Name	Gender	Time
60	C Hopkins	F	01:24:05
61	Sharon Jones	M	01:24:26
62	Cerri Smith-Sampson	F	01:25:06
63	Josh Brown	M	01:25:52
64	Rebecca Macehiter	F	01:27:34
65	Settachok Wood	M	01:27:35
66	Lesley Last	F	01:29:10
67	Hannah Davies	F	01:29:30
68	Lauren Hewes	F	01:32:32
69	Bee Harris	F	01:32:36
70	Chloe Cork	F	01:32:45
71	Stephen Milne	M	01:38:07
72	Shona Milne	F	01:38:11
73	Leah Morris	F	01:39:43
74	Sydney Tarrant	F	01:40:18
75	Natasha Woodward	F	01:40:38
76	Oana Cozma	F	01:47:13

15k (1 lap plus 5k)

Place	Name	Gender	Time
1	Melissia Hudd	F	02:11:50
2	Lottie Butler-Henderson	F	02:11:51

Half Marathon (2 laps)

Place	Name	Gender	Time
1	Mickey Reynolds	M	01:42:54
2	Eleanor Macintosh **	F	01:43:20
3	Gemma Arrow	F	01:45:36
4	Kelly-Ann Wynn	F	01:46:30
5	Ryan Jarvis	M	01:50:04
6	James Kennedy	M	01:52:06
7	James Kennedy Walsh	M	01:52:09
8	Jonathan Moye	M	01:52:48
9	Angie Hayes	F	01:53:22
10	Lucy Hayes	F	01:54:50
11	Gus Beecroft	M	01:54:51
12	Ian Bluett	M	01:55:42
13	Akos Szabo	M	01:57:11
14	Remy Knowles	F	01:57:36
15	Anita Ward	F	01:57:58
16	Jennifer Stanhope	F	02:01:35

Half Marathon (2 laps)

Place	Name	Gender	Time
17	Jeremy Stanhope	M	02:01:35
18	Keith Blake	M	02:02:03
19	Robbie Starling	M	02:02:04
20	Lucy Fisk	F	02:02:59
21	Andy Ward	M	02:03:17
22	Flavio Antonietti	M	02:04:05
23	Jane Parkington	F	02:04:14
24	Megan Burgess	F	02:04:55
25	Robert Price	M	02:07:33
26	Ashley Lewis	M	02:07:59
27	Kirsty Wiggins	F	02:08:11
28	Daniel Lloyd	M	02:08:12
29	Natasha Szymborska	F	02:08:44
30	Jack Baines	M	02:09:08
31	Celine Prescott	F	02:09:45
32	Stephen Gibson	M	02:10:37
33	Andrea Petrolati	M	02:10:40
34	Keith Carr	M	02:11:17
35	Hajni Szabo-Szuts	F	02:12:41
36	Melanie Greer-Walker	F	02:14:59
37	Anthony Nowacki	M	02:18:13
38	Beatrice Morris	F	02:18:18
39	Steph Rose	F	02:18:19
40	Georgina Burgess	F	02:20:15
41	Mat Lowe	M	02:21:42
42	Conor Macdonald	M	02:21:42
43	Martin Lainsbury	M	02:21:50
44	Deborah Gibson	F	02:24:40
45	Jon Waldock	M	02:24:47
46	Abigail Waldock	F	02:24:49
47	Joshua Bowles	M	02:24:57
48	Gemma Walker	F	02:25:04
49	Oona Cope	F	02:26:11
50	Steve Bright	M	02:28:54
51	Tracey Bowles	F	02:30:44
52	Dan Burns	M	02:40:26
53	Darin Osborne	M	02:40:53
54	Emily Maguire	F	02:40:54
55	Lucie Nicolay	F	02:44:45
56	Sam Barwick	F	02:45:07
57	Sarah Preston	F	02:46:25
58	Hazel Barraclough	F	02:49:29

Half Marathon (2 laps)

Place	Name	Gender	Time
59	Gemma Wright	F	02:56:30
60	Abbie Morgan	F	03:00:25
61	Mathilda Coldwell	F	03:01:33
62	Lloyd Mcurtary	M	03:02:05
63	Beryl De Smedt	F	03:02:05
64	Kenzie Tipple	F	03:03:16
65	Alan McNamara	M	03:04:56
66	Lucy Reynolds	F	03:14:57
67	Ashley Jackson	F	03:21:11
68	Rachel Lloyd	F	04:02:29
69	Mollie Houtt	F	04:02:31
70	Kate Knight	F	06:07:58

Heavy Half (2 laps plus 5k)

Place	Name	Gender	Time
1	James Morris **	M	02:29:46

Heavy Half (3 laps)

Place	Name	Gender	Time
1	Steven Footer	M	03:14:36
2	Kirsty Landles	F	03:26:35
3	Hannah Flucker	F	03:27:40
4	Stuart Pryke	M	03:31:58
5	Tony Johnson	M	03:35:33
6	Jules Hall-Goode	F	03:35:55
7	Anne Schumann	F	03:51:14
8	Jenny Pulford	F	03:56:45
9	James Whatling	M	04:05:33
10	Jan Hart	F	04:06:33
11	Lee Barratt	M	04:07:32
12	Katie Wright	F	04:36:04
13	Bethany Harris	F	04:51:10

Full Marathon (4 laps)

Place	Name	Gender	Time
1	Lee Ramsay	M	03:31:12
2	Alex Gillies	M	03:33:20
3	Stephen Ayres	M	03:54:33
4	Graham Chapman	M	03:56:17
5	Richard Crane	M	04:03:48
6	Robert Barker	M	04:03:49
7	Chris Pargin	M	04:09:35
8	Jacob Muckle	M	04:27:13
9	Mike Abbott	M	04:35:20
10	Samuel Osei-Owusu	M	04:43:48
11	Caroline Davis	F	04:45:37
12	Phil Rusted	M	04:47:25
13	Donna Taylor	F	04:48:03
14	Rajesh Logasundaram	M	04:50:43
15	Jake McQueen	M	04:50:53
16	Millie Hansgate	F	04:54:30
17	Iya Rust	F	04:55:55
18	Christopher Denby	M	05:08:02
19	Naomi Hallam	F	05:26:58
20	Megan Howard	F	05:28:02
21	Ross Jackson	M	05:34:01
22	Joanna Simmons	F	05:34:21
23	Sean Inman	M	05:34:23
24	Tom Russon	M	05:37:09
25	Sean Symonds	M	05:46:19
26	Julie Rickards	F	05:46:21
27	Toby Craig	M	05:46:22
28	Rebecca Thorp	F	05:50:28
29	Henry Brown	M	05:59:34
30	Melanie Furness	F	06:02:39
31	Ellen Williams	F	06:20:15
32	Karen Hamilton	F	06:20:15
33	Louise Goldsmith	F	06:26:57
34	Jack Gallie	M	06:29:43
35	Joanna Blyth	F	06:41:28
36	Darryl Coulter	M	06:48:39

Ultra Marathon (4 laps plus 5k)

Place	Name	Gender	Time
1	Ellie Curson	F	05:27:54
2	Steven Newson	M	05:52:17
3	Laura Eke	F	06:26:38
4	Samantha Hensley	F	06:27:28

Ultra Marathon (5 laps)

Place	Name	Gender	Time
1	Callum O'Connell	M	04:43:36
2	Charlotte Begg **	F	05:35:45
3	Adam Williams	M	05:36:47

Ultra Marathon (6 laps)

Place	Name	Gender	Time
1	Steve Gordon	M	05:58:23
2	Luke Senior	M	06:17:06
3	Tom Abbott	M	06:48:01

** Denotes course record