

Summer Ready Run

Sunday 6th July 2025

5k

Place	Name	Gender	Time
1	Natasza Shilling **	F	00:21:57
2	Paula Sobczak	F	00:27:56
3	Laura Clewes	F	00:29:19
4	Cecilia Bradley	F	00:29:28
5	Josie Tomkins	F	00:30:14
6	Jo Spink	F	00:30:50
7	Andrew McCabe	M	00:32:51
8	Lesley Odonnell	F	00:32:59
9	Kate Stevens	F	00:33:11
10	Amy Cussell	F	00:33:57
11	Emma McCabe	F	00:35:55
12	Morgan Day	F	00:36:35
13	Nicola Crawford	F	00:39:15
14	Jo Orchard	F	00:40:13
15	Tracey Cooper	F	00:42:45
16	Bhavya Venkatapuram	F	00:44:10
17	Natalie Weed	F	00:44:41
18	Bob Wynn	M	01:10:46

10k (2 laps)

Place	Name	Gender	Time
1	Lily Alger **	F	00:42:00
2	Rob Ling	M	00:43:51
3	David Austin	M	00:45:07
4	Adam Maltpress	M	00:45:23
5	Shelley Dickinson	F	00:45:32
6	Jordan Le Mare-Smith	M	00:52:30
7	Iona Houston	F	00:52:40
8	Carly Harwood	F	00:53:09
9	Caitlin Massey	F	00:53:13
10	Luke Blakey	M	00:53:29
11	Alex Nobbs	M	00:54:20
12	Reece Brenchley	M	00:54:20
13	David Bryant	M	00:54:21
14	Macy Brown	F	00:55:16
15	Richard Hart	M	00:55:17
16	Jonathan Clarke	M	00:55:58

10k (2 laps)

Place	Name	Gender	Time
17	Natasha Taylor	F	00:55:58
18	Dale Rynhoud	M	00:57:03
32	Adrian Stone	M	01:13:32
33	Zoe Dolby	F	01:14:05
33	Tirren Riches	F	01:14:05
35	Lucy-Beth Heighton	F	01:16:27
36	Susan Scammell	F	01:17:16
37	Emily Waters	F	01:17:36
38	Joanna Greenwood	F	01:18:14
39	Jason Baldwin	M	01:19:16
40	Tristan Scammell	M	01:19:45
41	Karen Fovargue Moore	F	01:24:52
42	Katie Hardwick	F	01:25:59
43	Amanda Baker	F	01:26:18
44	Stephen Milne	F	01:26:52
45	Shona Milne	F	01:27:17
46	Emily Gardner	F	01:27:19
47	Marcin Milczarek	M	01:36:02
48	Joy Erasmus	F	01:37:20
49	Sharon Booysen	F	01:37:21
50	Sharon Brooks	F	01:37:54
51	Megan Bean	F	01:37:54
52	Paige Fitzsimmons	F	01:40:37
53	Lydia Tyler	F	01:41:34
54	Asher Cooper	F	01:47:59

15k (2 laps)

Place	Name	Gender	Time
1	Hannah Seaman	F	01:17:09
2	Viaceslav Goncareenko	M	01:21:52
3	Krishen Odedra	M	01:22:12
4	John Berrisford	M	01:25:43
5	Bethany Lewis	F	01:26:10
6	Chris Stringer	M	01:26:39
7	Derek Wood	M	01:33:40
8	Scott Crawford	M	01:36:30
9	Kylie Smith	F	01:46:15
10	Jane Ewing	F	01:49:49
11	Paul Forshaw	M	02:17:45
12	Tin King	F	02:28:21
13	Penny Robinson	F	02:43:33

Half Marathon (4 laps)

Place	Name	Gender	Time
1	Minio Migliorini	M	01:32:43
2	Travis Anderson	M	01:33:42
3	Thomas Selby	M	01:33:42
4	Kevin Simpson	M	01:34:04
5	Pauline Saunders **	F	01:38:26
6	Adrian Konieczka	M	01:41:55
7	Simon Stokell	M	01:42:00
8	Gary Butler	M	01:43:31
9	Thomas Bonser	M	01:47:27
10	Ian Pike	M	01:47:32
11	David Mason	M	01:47:34
12	Stephen Jones	M	01:48:18
13	Rebecca Hallett	F	01:55:32
14	Helen Trimm	F	01:56:32
15	Anita Czmoch	F	01:56:36
16	Richard Calaunan	M	01:56:51
17	David Lillywhite	M	01:57:29
18	Will Frohn	M	01:58:57
19	Kerry Rodgman	F	02:01:36
20	Stephen Waddington	M	02:01:50
21	Andrew Allan	M	02:04:23
22	Bob Fuller	M	02:07:10
23	Sally Jones	F	02:11:17
24	Bridget George	F	02:13:32
25	Jamie Jenkins	M	02:14:10
26	Katie Bates	F	02:14:26
27	Joy Ayres	F	02:15:02
28	Tracey McGrady	F	02:16:10
29	Liz Cracknell	F	02:17:41
30	Christian Spragg	M	02:19:59
31	Sue Cox	F	02:24:13
32	Katharine Sandall	F	02:24:20
33	Amanda Mounser	F	02:28:29
34	James Antill	M	02:29:08
35	David Gilbert	M	02:30:40
36	Elaine Gray	F	02:31:18
37	Simon Sparkes	M	02:31:46
38	Sarah Sparkes	F	02:31:47
39	Tawana Nyajeka	F	02:32:42
40	Claudia Kempinska	NB	02:33:12
41	Shane Pickerill	M	02:33:13

Half Marathon (4 laps)

Place	Name	Gender	Time
42	Lisa Donovan	F	02:34:22
43	Philippa Smith	F	02:39:07
44	Laura Jepson	F	02:39:08
45	Rajashekar Reddy Sunkara	M	02:57:29
46	Emma Thorne	F	02:59:52
47	Rachel Lloyd	F	03:13:01
48	James Moody	M	03:13:01
49	Jim Knight	M	03:23:45

Heavy Half Marathon (5 laps)

Place	Name	Gender	Time
1	Kelly Wynn **	F	02:17:34
2	Neil Bullen	M	02:29:41
3	Joe Barnes	M	03:02:07
4	Michelle Pattison	F	04:18:44
5	Angela Cooper	F	04:20:42
6	Kate Knight	F	06:39:51

Heavy Half Marathon (6 laps)

Place	Name	Gender	Time
1	Simon Pascoe	M	02:35:08
2	Gary Story	M	02:59:40
3	Paul Marlow	M	03:25:08
4	Mark Higgins	M	03:25:44

Heavy Half Marathon (7 laps)

Place	Name	Gender	Time
1	Claire Rosser	F	04:22:38

Full Marathon (8 laps)

Place	Name	Gender	Time
1	Stephen Hayes	M	03:18:16
2	Ryan Jarvis	M	03:39:25
3	Andrew Connelly	M	03:42:05
4	Jill Cussell	F	03:47:16
5	Rajesh Logasundaram	M	03:53:20
6	Vygantas Rekllys	M	03:54:06
7	Nerijus Rekllys	M	03:56:28
8	Brock Holcombe	M	04:20:51
9	Joe Perkins	M	04:20:52

Full Marathon (8 laps)

Place	Name	Gender	Time
10	Kev Jones	M	04:20:52
11	Rachael Maltpress	F	04:27:07
12	Harry Minter	M	05:02:22
13	Michael Price	M	05:34:58
14	Zach Callaghan	NB	05:55:07
15	Paige Beresford	F	05:58:08
16	Andy Hoddle	M	06:07:27
17	Lisa Pedder	F	06:14:02
18	Helen Driver	F	06:14:02
19	Benjamin Parker	M	06:14:37

Ultra Marathon (9 laps)

Place	Name	Gender	Time
1	Matthew Cox	M	05:07:51
2	Emily Marsh	F	05:24:06
3	Tom Scott	M	05:24:06
4	Tim Smith	M	05:30:05
5	Mark Litchfield	M	05:54:44
6	Caroline Foster	F	06:27:05

Ultra Marathon (10 laps)

Place	Name	Gender	Time
1	Rhys Evans	M	05:35:20
2	Nick Pryce	M	05:45:06
3	Paul Alderton	M	05:51:13
4	John White	M	06:30:55

Ultra Marathon (11 laps)

Place	Name	Gender	Time
1	Reece Maltby **	M	05:21:13
2	Jay Juris Svetins	M	06:22:05

** denotes course record