

Orion Harriers 2025 Forest Five Series

Race 2 July 5th

Pos	Number	FirstName	LastName	Cat	Club	Time
1	466	Martin	Westley	SM	Harlow Running & Tri Club	00:29:04
2	474	Gavin	Brandie	M40	Clapham Chasers	00:31:14
3	491	Jamie	Stafford	SM	Orion Harriers	00:31:40
4	385	Neil	Cook	M40	Victoria Park Harriers and Tower Hamlets AC	00:31:59
5	469	Jon	Whitehouse	M50	Loughton AC	00:32:16
6	488	Ben	Knight	M40	Orion Harriers	00:32:32
7	493	Matthew	Vokes	SM	Orion Harriers	00:33:22
8	434	Alex	Pickering	M40	East London Runners	00:33:50
9	390	Andy	Davies	SM	Mornington Chasers	00:33:54
10	428	Tristan	Moyle	M40	Yonder Running Club	00:34:03
11	445	John	Sable	M40	Orion Harriers	00:34:38
12	366	Sam	Allum	SM	Orion Harriers	00:34:40
13	455	Dave	Thomas	M60	Ilford AC	00:34:51
14	387	Robin	Daines	M50	Loughton AC	00:35:51
15	369	Matt	Bailey	SM	Eton Manor AC	00:36:06
16	348	Nicola	Richmond	W50	Dulwich Runners AC	00:37:05
17	484	Felix	Gott	SM	Unaffiliated	00:37:20
18	448	Robert	Scott	M50	Barnet & District AC	00:37:37
19	403	Andrew	Holloway	M50	Orion Harriers	00:37:47
20	473	Liam	Amatruda	SM	VMR	00:38:00
21	444	Fiona	Russell	W50	Mornington Chasers	00:38:01
22	438	Thomas	Rodgers	SM	Orion Harriers	00:38:10
23	494	Anthony	Williams	SM	Unaffiliated	00:38:15
24	405	Milly	Hooke	SW	Unaffiliated	00:38:24
25	391	Nele	Douglas	M50	None	00:38:42
26	386	James	Creed	M40	East London Runners	00:38:45
27	419	Stuart	Manktelow	M60	Trent Park Running Club	00:38:53
28	500	Chris	Peter	M60	Orion Harriers	00:39:08
29	439	John	Rose	M60	Trent Park Running Club	00:39:13
30	400	Katharine	Hancox	W50	Orion Harriers	00:39:20
31	464	Darren	Welsford	M40	Orion Harriers	00:39:30
32	371	David	Barrett	M60	Orion Harriers	00:39:48
33	383	Jon	Coffey	M40	Unaffiliated	00:39:52
34	429	Keithly	Mussington	M60	Victoria Park Harriers and Tower Hamlets AC	00:40:01
35	375	Darminder	Bhamra	M60	East London Runners	00:40:28
36	426	Lee	Milne	W50	Eton Manor AC	00:40:57
37	380	Michael	Cates	M50	Eton Manor AC	00:41:16
38	398	Paul	Goodhew	M50	Orion Harriers	00:41:22
39	498	Julie	Pond	W50	Orion Harriers	00:42:11
40	459	Jim	Tilbrook	M60	Ilford AC	00:42:12
41	440	Jonathan	Rouse	M50	Orion Harriers	00:42:23
42	395	Danny	Fitzsimons	M60	Orion Harriers	00:42:29
43	453	Amanda	Taylor	W60	Mornington Chasers	00:42:47
44	384	Grant	Conway	M50	East London Runners	00:42:50
45	315	Michael	Mann	M70	Dulwich Runners AC	00:43:07
46	377	Veronica	Carrasco Espana	SW	East London Runners	00:43:12
47	472	Zoe	Woodward	W60	Eton Manor AC	00:43:15

48	415	Maki	Kimura	W50	Mornington Chasers	00:43:21
49	410	Christine	Inch	W60	Orion Harriers	00:43:34
50	425	Robin	Mcnelis	M50	UKRunChat Running Club	00:43:41
51	499	Graeme	Bell	M40	Orion Harriers	00:43:59
52	368	Elizabeth	Aryeetey	W60	Mornington Chasers	00:44:10
53	431	John	O'Brien	M50	East London Runners	00:44:24
54	643	Jason	Hobbs	SM	Unaffiliated	00:44:39
55	436	Sandra	Preston	W60	East London Runners	00:44:45
56	479	Elaine	Battson	W50	Victoria Park Harriers and Tower Hamlets AC	00:44:51
57	404	Gary	Homewood	M60	Mornington Chasers	00:45:31
58	653	Iris	Zhao	SW	Victoria Park Harriers and Tower Hamlets AC	00:45:40
59	399	Theodosia	Green	W60	Trent Park Running Club	00:45:52
60	492	Sue	Thomas	W50	Trent Park Running Club	00:45:52
61	422	Glynn	Mcdonald	M60	London Frontrunners	00:46:00
62	518	Dhurmendra	Mistry	M50	Orion Harriers	00:47:31
63	482	Sue	Eedle	W60	London Heathside	00:47:33
64	470	Paul	Williams	M60	Orion Harriers	00:47:38
65	467	Roger	Westwood	M40	Dagenham 88 Runners	00:47:58
66	483	George	Georgiou	M50	East London Runners	00:48:11
67	430	Geoffrey	Nicholls	M70	Eton Manor AC	00:48:19
68	495	Jennifer	Williams	SW	Mornington Chasers	00:48:24
69	441	Nigel	Routledge	M60	Unaffiliated	00:48:25
70	451	Helen	Smith	W50	Fetch Everyone	00:48:35
71	418	Andrea	Macqueen	W60	Orion Harriers	00:48:46
72	437	Elizabeth	Roberts	SW	Harlow Running & Tri Club	00:48:49
73	497	Beverley	Thomas	W60	Ilford AC	00:49:37
74	487	Nicola	Kerr	W50	Victoria Park Harriers and Tower Hamlets AC	00:49:49
75	486	Paul	Johnson	M60	East London Runners	00:49:52
76	447	Bernard	Savage	M70	Havering '90 Joggers	00:52:22
77	406	Phil	Hudson	M60	Ware Joggers	00:53:49
78	460	Helen	Twigg	SW	East London Runners	00:53:52
79	364	Sacha	Ackland	W50	Eton Manor AC	00:55:39
80	480	Evarine	Botha	W40	Orion Harriers	00:55:47
81	490	Mark	Roberts	M60	Orion Harriers	00:55:47
82	463	Christina	Watson	W60	Eton Manor AC	00:56:40
83	481	Gill	Clarke	W60	East London Runners	00:57:56
84	471	Daniela	Witten	W50	Orion Harriers	01:00:42
85	666	Darren	Cordes	M50	Orion Harriers	01:00:43