

2025 Orion 15: 22nd March 2025

Pos	Number	First	Last	Gender	Club	Cat	Time
1	338	James	Stockings	Male	Hercules Wimbledor	S	01:32:28
2	136	Jim	Gordon	Male	Clapham Chasers	S	01:36:19
3	297	Tom	Rehal	Male	Chelmsford AC	S	01:37:45
4	362	Samuel	Waite	Male	Chelmsford AC	S	01:38:56
5	167	Angus	Holford	Male	Woodford Green	S	01:39:22
6	178	Brian	Jenkins	Male	Orion Harriers	V40	01:40:45
7	198	fabien	lassonde	Male	Victoria Park Harrier	V40	01:41:12
8	236	Michael	Mcternan	Male	Orion Harriers	V40	01:41:17
9	289	Chris	Ramplng	Male	Victoria Park Harrier	S	01:42:29
10	217	Roger	Maidment	Male	Orion Harriers	v50	01:42:59
11	133	Dasos	Gonnella	Male	Orion Harriers	V40	01:44:04
12	265	Dean	Ovel	Male	Leigh-on-Sea Strider	V40	01:46:57
13	336	Matthew	Stevens	Male	Victoria Park Harrier	V40	01:47:38
14	39	TBC	TBC	Male		0 0	01:47:52
15	275	Dave	Phillips	Male		0 V40	01:48:03
16	79	Edward	Coote	Male		0 S	01:48:32
17	177	Humfrey	Jeakins	Male	Eton Manor	S	01:48:49
18	137	Nathan	Gordon	Male	Oxford University Cr	S	01:49:20
19	171	Cameron	Humphries	Male	Colchester Harriers	AS	01:49:51
20	50	Georgie	Bruinvels	Female	Aldershot, Farnham	S	01:51:05
21	271	Stephen	Pearce	Male	Eden Runners	V40	01:51:32
22	269	Adam	Parkes	Male		0 V40	01:52:10
23	263	Cat	O'Shea	Female	Victoria Park Harrier	S	01:52:20
24	348	Michael	Tevebaugh	Male	Victoria Park Harrier	V40	01:52:27
25	193	Ben	Klein	Male		0 V40	01:52:36
26	165	Jon	Hockley	Male	London Fields Triathl	V40	01:52:42
27	369	Matt	Webster	Male	Wymondham AC	S	01:53:02
28	324	Robert	Sikorski	Male	Trent Park RC	V40	01:55:07
29	223	Matibini	Matibini	Male	Leigh on sea striders	V50	01:55:18
30	201	Michael	Leafe	Male	Benfleet	S	01:55:32
31	359	Matthew	Vokes	Male	Orion Harriers	S	01:55:44
32	183	Luke	Kavanagh	Male	Benfleet	S	01:55:46
33	22	Nigel	Bassam	Male	Dulwich runners	V50	01:55:48
34	117	Stephen	Fabes	Male	Victoria Park Harrier	V40	01:56:03
35	380	Michael	Wilkes.	Male	Leigh n Sea Striders	V40	01:56:33
36	15	Liam	Arthur	Male		0 V40	01:56:36
37	211	Ed	Lunn	Male	Orion Harriers	S	01:56:58
38	377	Jon	Whitehouse	Male	Loughton AC	V50	01:58:03
39	115	James	Emson	Male	Orion Harriers	S	01:58:18
40	1	Josh	Abbot	Male	DPRC	S	01:58:58
41	280	James	Pilch	Male	Eton Manor	V40	01:59:31
42	34	Barrie	Bloor	Male	Portal	V40	02:00:02
43	176	Matthew L	Jackson	Male		0 S	02:00:23
44	182	Luke	Judge	Male	Orion Harriers	S	02:00:49
45	318	Carl	Selya-hammer	Male	Victoria Park Harrier	V40	02:01:17
46	354	Ian	Toal	Male	Leigh on Sea Striders	V40	02:01:59
47	244	Tristan	Moyle	Male	Yonder Running Club	V40	02:03:00
48	148	Stuart	Harris	Male	Colchester harriers	V50	02:03:29

49	19	Steven	Banham	Male	Wimbledon Windmill S	02:03:32
50	385	Jakub	Wolowiec	Male	0 S	02:03:46
51	305	Will	Roberts	Male	Springfield Striders S	02:03:57
52	207	Kevin	Long	Male	Victoria Park Harrier: V40	02:03:58
53	376	Martin	Whitaker	Male	0 V40	02:04:13
54	99	Federica	De Caria	Female	Harrow AC S	02:04:28
55	272	Rick	Pearson	Male	Carpe Deep End V40	02:04:42
56	41	Terry	Brewster	Male	Little Baddow ridge r V40	02:05:00
57	114	Sally	Emerson	Female	London Fields Triathl S	02:05:00
58	212	Sam	Luton	Male	Leigh on Sea Striders V40	02:05:07
59	330	Allen	Smalls	Male	Colchester Harriers A V50	02:05:21
60	68	Kelly	Clark	Female	Victoria Park Harrier: V40	02:05:29
61	266	Jose Manuel	Pabon	Male	Ealing Eagles Running V40	02:05:43
62	tbcc	#N/A	#N/A	#N/A	#N/A	02:06:00
63	278	Chris	Pick	Male	Victoria Park Harrier: S	02:06:10
64	342	Will	Stoner	Male	0 S	02:07:04
65	111	Alex	Elferink	Male	Orion Harriers V50	02:07:07
66	104	Liam	Dooley	Male	0 V40	02:07:44
67	142	Gretchen	Greene	Female	0 S	02:07:55
68	146	Jess	Hannah	Female	Victoria Park Harrier: S	02:07:59
69	143	Anja	Greenwood	Female	Trent Park Running C V40	02:08:13
70	270	Sebastian	Parris	Male	Ilford ac V40	02:08:27
71	101	James	Delve	Male	Bishop's Stortford R V40	02:09:28
72	153	Jonathan	Harwood	Male	Hockley Trail Runner S	02:09:34
73	80	Emma	Corbett	Female	ELR S	02:09:46
74	158	Liam	Hazelton	Male	London Heathside V40	02:09:47
75	119	John	Ferguson	Male	Cambridge & Coleridge V60	02:09:51
76	9	Sam	Allum	Male	Orion Harriers S	02:09:55
77	345	James	Swift	Male	Loughton Athletics C V40	02:09:56
78	279	Alex	Pickering	Male	ELR V40	02:10:25
79	129	Cameron	Geekie	Male	North Herts Road Run S	02:10:48
80	59	Nick	Butcher	Male	Trent Park V50	02:10:49
81	210	Matt	Ludlow	Male	DPRC V40	02:11:22
82	346	Dave	Swindells	Male	Victoria Park Harrier: V40	02:11:29
83	389	Tim	Wright	Male	Orion Harriers V50	02:11:44
84	316	Michael	Seal	Male	Orion Harriers S	02:13:04
85	170	Ian	Horritt	Male	Reading Roadrunner V40	02:13:14
86	89	Hannah	Curtis	Female	0 S	02:13:28
87	3	James	Akerman	Male	Edmonton RC V40	02:13:28
88	2	Andrea	Aggio	Male	Victoria Park Harrier: S	02:13:31
89	109	Owen	Edwards	Male	VMR Freedom Running S	02:13:47
90	319	Derek	Seume	Male	0 V40	02:14:14
91	162	Jim	Hickey	Male	East End Road Runners	02:14:16
92	246	Graham	Mully	Male	Bishop's Stortford V50	02:14:26
93	382	Graham	Willsher	Male	Plumstead Runners V50	02:14:45
94	287	David	Powles	Male	Wymondham Athletics V40	02:14:53
95	333	Robert	Sommerville	Male	Eton Manor AC V50	02:15:17
96	69	Eleanor	Clark	Female	Colchester Harriers V40	02:15:30
97	248	Darren	Murphy	Male	Little Baddow Ridge V40	02:16:18
98	45	Andrew	Brockwell	Male	Enfield Chasers V50	02:16:19

99	325	Frederick Simpson	Male	Victoria Park Harrier: S	02:16:23
100	215	Diarmuid Mac Donnell	Male	Ilford AC V50	02:16:36
101	172	Jacob Hussey	Male	Plumstead Runners V50	02:16:47
102	394	Harriet MacSween	Female	Orion Harriers S	02:16:56
103	276	Alastair Phillips	Male	0 S	02:17:59
104	90	Ian Cuthbert	Male	Witham RC S	02:18:08
105	17	Matt Bailey	Male	Eton Manor S	02:18:11
106	323	Anna Sikorska	Female	Trent Park Running C V50	02:18:12
107	81	Ben Corrie	Male	0 V40	02:18:16
108	366	Simon Watkinson	Male	Edmonton RC V40	02:18:37
109	306	Thomas Rodgers	Male	Orion Harriers S	02:18:44
110	63	Natasha Cendrowicz	Female	Highgate Harriers V50	02:19:27
111	126	Bruce Gander	Male	Leigh on Sea Striders V60	02:19:30
112	65	Nick Clancy	Male	Little Baddow Ridge V40	02:19:38
113	26	Tony Bennett	Male	Little Baddow Ridge V50	02:19:40
114	88	Olly Curtis	Male	saxons V40	02:20:06
115	317	Paul Search	Male	Little Baddow Ridge V40	02:20:07
116	219	Tomas Maltby	Male	0 V40	02:20:09
117	105	Joe Downie	Male	0 V40	02:20:12
118	98	Rowena de Belligny	Female	Tiptree road runners V40	02:20:17
119	51	George Bull	Male	Carpe Deep End V40	02:20:17
120	378	Sarah Whittaker-axon	Female	Victoria Park Harrier: V40	02:20:44
121	235	Luke McTavish	Male	Edmonton RC S	02:20:58
122	351	Matt Thomas	Male	0 V40	02:21:01
123	241	Lee Milne	Female	Eton Manor V50	02:21:05
124	12	Dom Thomas	Male	Garden City Joggers S	02:21:06
125	218	Andy Malleson	Male	Edmonton RC S	02:21:33
126	329	Joshua Smale	Male	Forest Gate Runners S	02:21:50
127	82	Myles Robert Coulson	Male	Mid Essex Casuals V50	02:21:54
128	61	Robert Carder	Male	Orion Harriers V40	02:22:02
129	220	Neal Marlow	Male	Leigh-on-Sea Striders V50	02:22:04
130	393	Mark Farrar	Male	Orion Harriers V50	02:22:39
131	66	Chris Clapperton	Male	0 V40	02:22:40
132	343	Darren Summers	Male	Leigh on Sea Striders V50	02:22:56
133	264	James Otter	Male	Plumstead Runners V50	02:23:01
134	157	Matthew Hayes	Male	Little Baddow Ridge V40	02:23:12
135	390	James Daw Young	Male	0 V40	02:23:15
136	97	Will Day	Male	0 S	02:23:42
137	43	Adam Bright	Male	Springfield Striders RS	02:24:00
138	44	Simon Brightwell	Male	Cambridge & Coleridge V60	02:24:26
139	130	Gigi Giannella	Male	Victoria Park Harrier: V50	02:24:31
140	40	Ian Brazier	Male	Little Baddow ridge r V50	02:24:32
141	350	Mark Thomas	Male	Edmonton RC V50	02:24:33
142	58	Jane Burton	Female	0 S	02:24:37
143	334	Jamie Stafford	Male	Orion Harriers S	02:24:43
144	310	Phil Rusted	Male	Vegan Runners V50	02:24:51
145	322	Vicky sheldon	Female	Tiptree road runners V40	02:24:56
146	383	Paul Wilson	Male	Orion Harriers V50	02:24:57
147	106	robert Duncombe	Male	Little Baddow Ridge V50	02:25:04
148	370	Siobhan Weir	Female	Trent park V40	02:25:08

149	294 Hazel	Reade	Female	London Frontrunner: V40	02:25:33
150	365 David	Watkins	Male	0 V60	02:25:57
151	307 Matthea	Roemer	Female	Victoria Park Harrier: V40	02:26:04
152	56 Kevin	Burt	Male	Orion Harriers V50	02:26:05
153	92 Toby	Dando	Male	Leigh on Sea Striders V50	02:26:19
154	251 Richard	Newman	Male	Harwich Runners V50	02:26:31
155	258 Duncan	O'Hehir	Male	0 S	02:26:56
156	187 Helen	Kidgell	Female	Leigh on Sea Striders V50	02:26:57
157	283 Julie	Pond	Female	Orion Harriers V50	02:27:09
158	321 Sanjeev	Sharma	Male	Orion Harriers V40	02:27:54
159	139 Ed	Graefe	Male	0 V50	02:27:58
160	200 Mark	Lawes	Male	Tiptree Road runner: V50	02:28:41
161	340 Jamie	Stokes	Male	CEPC V50	02:28:57
162	160 Beth	Henry	Female	Orion Harriers S	02:29:08
163	161 Stephen	Henry	Male	Orion Harriers S	02:29:08
164	195 Cindy	Koon	Female	ELR V50	02:29:57
165	237 Harry Jame	Merrett	Male	0 S	02:30:09
166	166 Dawn	Holford	Female	0 S	02:30:26
167	156 James	Hattam	Male	0 V50	02:30:42
168	53 Chris	Burgess	Male	Harlow Running and V50	02:30:51
169	131 James	Gill	Male	Edmonton RC V40	02:31:01
170	255 Anna	Nuttall	Female	Chelmsford AC V50	02:31:12
171	216 Ian	Mackie	Male	ELR V70	02:31:17
172	381 Sarah Kirsty	Williams	Female	Springfield Striders V50	02:31:42
173	309 Sandra	Rust	Female	Harlow Running and V50	02:32:10
174	213 Karen	Lyons	Female	Orion Harriers V50	02:32:14
175	121 John	Fitzpatrick	Male	0 V50	02:32:14
176	320 Adam	Sewell	Male	Trail Running Associæ V50	02:32:24
177	70 Matthew	Coaker	Male	Bishops Stortford Ru V40	02:32:45
178	134 James	Gooder	Male	0 V40	02:32:49
179	18 Duncan	Baizley	Male	0 V50	02:32:49
180	107 Danielle	Earley	Female	0 V40	02:32:54
181	72 Fen	Coles	Female	Eton Manor V50	02:33:04
182	284 Jack	Ponting	Male	0 V50	02:33:09
183	396 Rahana	Islam	Female	Dagenham 88 V40	02:33:10
184	103 Adam	Dodds	Male	0 S	02:33:10
185	141 Johnathan	Gray	Male	Edmonton RC V40	02:33:18
186	57 John	Burton	Male	0 S	02:33:19
187	267 Evie	Painter	Female	Orion Harriers S	02:33:26
188	145 Stephen	Hamshere	Male	0 V40	02:33:28
189	253 Matthew	Newton	Male	Fairlands Valley Spar V40	02:33:38
190	127 Simon	Garner	Male	Harwich Runners V50	02:33:41
191	23 Max	Bell	Male	Orion Harriers S	02:33:45
192	5 Ted	Allaway	Male	Orion Harriers S	02:33:45
193	360 Josephine	von Zitzewitz	Female	Victoria Park Harrier: V40	02:33:49
194	191 Rob	Kirkby	Male	0 V40	02:34:07
195	384 Anthony	Wiskin	Male	0 V40	02:34:07
196	242 Oliver	Moore	Male	Leigh on Sea Striders V50	02:34:17
197	286 Tom	Powdrill	Male	Carpe Deep End V50	02:34:26
198	224 Brendan	Maton	Male	Carpe Deep End V50	02:34:26

199	71	Jon Coffey	Male		0 V40	02:34:44
200	147	Sally Harrild	Female	VMR	S	02:36:35
201	341	Thomas Stokes	Male		0 S	02:37:35
202	252	Isobel Newman	Female	Burgess Hill Runners	S	02:37:35
203	225	Nico Maury	Male	Barnet & District AC	V40	02:37:46
204	13	Dom Argyle	Male		0 V50	02:38:06
205	186	Mehmood Khan	Male	Edmonton RC	V40	02:38:13
206	189	Ben King	Male	Tiptree	V40	02:38:23
207	209	Rachel Lovell	Female	Victoria Park Harriers	S	02:38:32
208	374	Lucy Westcott	Female	Springfield Striders	V40	02:38:56
209	221	Rebecca Marshall	Female	London Heathside	V40	02:39:05
210	85	Eamonn Cullen	Male	Trent Park Running Club	V60	02:39:51
211	335	Clive Stephenson	Male	ELR	V60	02:40:06
212	328	Dean Skipper	Male	Havering Tri	V40	02:40:09
213	75	Vic Conran	Male	Red runners	V60	02:40:35
214	169	Kevin Hope	Male		0 V60	02:40:44
215	10	Andrew Anderson	Male	Dynafit	V40	02:41:25
216	128	Becky Geekie	Female	North Herts Road Runners	S	02:41:39
217	363	Fiona Walker	Female	Leigh on Sea Striders	V50	02:42:15
218	168	Milly Hooke	Female		0 S	02:42:26
219	214	Charlotte Maben	Female		0 S	02:42:26
220	226	Miry Mayer	Female	Victoria Park Harriers	V40	02:42:31
221	188	Robert King	Male	Tiptree Road Runner	V70	02:43:12
222	27	Steve Bennett	Male	Orion Harriers	V50	02:44:26
223	123	Oliver Frankl	Male		0 V40	02:44:39
224	238	Zoe Miara	Female	Victoria Park Harriers	S	02:44:43
225	375	Sarah Westcott	Female		0 V50	02:44:57
226	308	Richard Rule	Male	Orion Harriers	V50	02:45:48
227	352	Richard Thompson	Male	Orion Harriers	S	02:46:02
228	347	Mark Tempest	Male	Orion Harriers	V60	02:46:40
229	293	Steven Read	Male	Grange Farm and District	V50	02:46:43
230	155	Peter Hatley	Male	ELR	V50	02:48:03
231	55	Mark Burnal	Male	Orion Harriers	V40	02:48:29
232	331	Natalie Smith	Female		0 V40	02:48:35
233	358	Tony Tsielepis	Male	Edmonton RC	V50	02:48:42
234	52	William Burbridge-James	Male	Victoria Park Harriers	V60	02:49:05
235	232	Michael McGilloway	Male	Orion Harriers	V60	02:49:08
236	125	Caroline Frith	Female	ELR	V40	02:49:51
237	371	Karen West	Female	Orion Harriers	V40	02:50:04
238	349	Ben Thomas	Male	Edmonton RC	V50	02:50:08
239	339	Timothy Stodell	Male	Orion Harriers	V40	02:50:12
240	132	Bal Gill	Male	Orion Harriers	V50	02:50:12
241	372	Jonathan West	Male	Orion Harriers	V40	02:50:20
242	185	Mark Kelder	Male	BPF - Croydon	V40	02:50:34
243	227	Gosia McBride	Female	ELT	V40	02:50:49
244	301	Vicki Riley	Female	Witham RC	S	02:50:50
245	64	Ellie Chambers	Female	Orion Harriers	S	02:51:40
246	228	Charlie McCarthy	Male	Harwich Runners	V50	02:51:49
247	138	Elena Gousia	Female		0 S	02:52:41
248	387	Stephen Worrall	Male	Loughton AC	V50	02:53:28

249	355 Collette	Toal	Female	Leigh on Sea Striders V50	02:53:55
250	260 Gill	Orford	Female	Little Baddow ridge r V60	02:54:12
251	357 Naresh	Trevedi	Male	Edmonton RC V60	02:54:18
252	174 Jason	Ireland	Male	0 V50	02:55:29
253	326 Tania	Skelli	Female	0 V50	02:55:58
254	46 Steve	Brooks	Male	0 V60	02:56:36
255	35 Calvin	Bobin	Male	ELR V60	02:57:16
256	295 Chris	Reade	Female	London Frontrunner: V40	02:59:02
257	95 Alasdair	Daw	Male	Billericay Striders V50	02:59:39
258	314 Toni	Saunders	Female	Thorndon V50	03:00:42
259	8 Justine	Allen	Female	Thorndon Runners V50	03:00:42
260	256 John	O'Brien	Male	ELR V50	03:02:47
261	321 Sanjeev	Sharma	Male	Orion Harriers V40	03:07:24
262	249 Anna	Murray	Female	Barnet and District V50	03:08:31
263	149 Stephanie	Harrison	Female	Barnet and District S	03:08:31
264	253 Matthew	Newton	Male	Fairlands Valley Spar V40	03:10:54
265	96 Chris	Dawes	Male	Victoria Park Harrier: V40	03:10:59
266	192 Stephen	Kirsh	Male	City of Southend AC S	03:16:01
267	29 Katrina	Betteridge	Female	ELR V40	03:18:07
268	175 Christine	Israel-Jones	Female	Witham running club S	03:19:32
269	83 Stephen Jai	Cozens	Male	Harlow Running and V40	03:34:58
270	84 Daniel	Cozens	Male	0 V40	03:34:58