



1st Male = Dylan Schubert 1st Female = Lindsey Colman 1st Male Youth = Max Sanderson 1st Female Youth = Olivia Forrest

Course records - 15:25 Adam Hickey (August 2013) 18:01 Jessica Judd (December 2015)

		Race			
Position	Time	No	Name	Gender	Club Name
1	00:17:23	260	Dylan Schubert	Male	City of Southend On Sea AC
2	00:17:30	302	Crispin Bloomfield	Male	Billericay Striders
3	00:17:32	257	Max Sanderson	Male	Brentwood Beagles Athletics Club
4	00:17:39	963	Preston Taylor	Male	Brentwood Beagles Athletics Club
5	00:18:18	31	Dean Savery	Male	Brentwood Beagles Athletics Club
6	00:18:19	353	Austin Kelly	Male	Chelmsford Athletics
7	00:18:46	209	Olivia Forrest	Female	Brentwood Beagles Athletics Club
8	00:18:56	223	Jude Hearn	Male	
9	00:18:59	201	William East	Male	East Essex Triathlon Club
10	00:19:01	283	Robin Smith	Male	
11	00:19:16	182	Ben Brooks	Male	City of Southend On Sea AC
12	00:19:25	204	Reggie Edwards	Male	Brentwood Beagles Athletics Club
13	00:19:41	243	Orly Morton	Male	Brentwood Beagles Athletics Club
14	00:19:49	228	Louis King	Male	Brentwood Beagles Athletics Club
15	00:19:53	303	Jack Martin	Male	East Essex Tri
16	00:19:55	249	James Porter	Male	Vegan Runners UK
17	00:20:00	290	James Ferrant	Male	Pitsea Running Club
18	00:20:01	191	Lindsey Colman	Female	City of Southend On Sea AC
19	00:20:16	276	Terence Spooner	Male	Castle Point Joggers
20	00:20:22	344	Ollie Johnson	Male	Brentwood Beagles Athletics Club
21	00:20:27	184	Charlotte Brooks	Female	
22	00:20:32	389	Richard Leeson	Male	Phoenix Striders
23	00:20:36	993	Grace Wisbey	Female	Basildon AC
24	00:20:39	362	Alex Schubert	Male	Leigh on Sea Striders
25	00:21:00	210	Isabel Forrest	Female	Brentwood Beagles Athletics Club
26	00:21:04	354	Erin Kelly	Female	Chelmsford Athletics
27	00:21:27	375	Sam Pettit	Male	
28	00:21:28	291	Mathew Stanley	Male	
29	00:21:31	241	Zara Morley	Female	Basildon Athletics Club
30	00:21:33	314	Geoff Keily	Male	Billericay Striders
31	00:21:39	324	Paul Hagan	Male	Pitsea Running Club
32	00:21:47	313	Ewan McFarlane	Male	Phoenix Striders
33	00:21:47	233	Brian Longman	Male	
34	00:22:00	370	Michael Cook	Male	Pitsea Running Club
35	00:22:04	183	Ray Brooks	Male	East Essex Triathlon Club
36	00:22:09	203	Frankie Edwards	Male	Brentwood Beagles Athletics Club
37	00:22:20	199	Laura Durn	Female	Brentwood Beagles Athletics Club
38	00:22:22	225	Martin Jones	Male	
39	00:22:23	356	Ian George	Male	East Essex Tri
40	00:22:29	365	Callum Cousins	Male	Pitsea Running Club





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Position	Time	No	Name	Gender	Club Name
41	00:22:31	342	Joanna Bolton	Female	Billericay Striders
42	00:22:33	341	Mike Woodward	Male	Pitsea Running Club
43	00:22:38	181	Sophie Bickerstaff	Female	Brentwood Beagles Athletics Club
44	00:22:45	346	Stuart Crowther	Male	Brentwood Beagles Athletics Club
45	00:22:49	188	Shea Bunyan	Male	Rochford Running Club
46	00:22:53	238	Antony Mead	Male	Daws Heath Harriers
47	00:23:03	289	Esme Thomas	Female	Brentwood Beagles Athletics Club
48	00:23:06	348	Guy Hildreth	Male	Havering '90 Joggers
49	00:23:14	288	Matthew Aitken	Male	East Essex Tri
50	00:23:20	382	Alan Jones	Male	Phoenix Striders
51	00:23:22	16	Paul Agastina	Male	Pitsea Running Club
52	00:23:23	190	Leo Cole	Male	Witham RC
53	00:23:28	261	Luke Scott	Male	
54	00:23:33	347	Russell Edgings	Male	Havering Tri
55	00:23:35	371	Matt Stenning	Male	Billericay Striders
56	00:23:37	295	Stuart Oldham	Male	East Essex Tri
57	00:23:40	220	Peter Harley	Male	
58	00:23:43	417	Stephen Foggo	Male	Billericay Striders
59	00:23:43	212	Chloe Fotherby	Female	City of Southend On Sea AC
60	00:23:44	374	Matthew Sheilds	Male	
61	00:23:59	349	Tom Phillippe	Male	
62	00:24:12	410	Paul Hurn	Male	Thurrock Nomads
63	00:24:17	384	Aidan Kerr	Male	East Essex Tri
64	00:24:18	274	Tristan Smith	Male	Castle Point Young Runners
65	00:24:18	338	Jamie Enever-Dodd	Male	Phoenix Striders
66	00:24:21	335	Danielle Robarts	Female	Rochford Running Club
67	00:24:23	350	Megan Arnot	Female	
68	00:24:24	416	Martin Orford	Male	Pitsea Running Club
69	00:24:36	235	Bryan Magee	Male	
70	00:24:44	312	Ben Brunt	Male	
71	00:24:48	956	Ross Taylor	Male	Pitsea Running Club
72	00:24:54	406	John Wood	Male	
73	00:24:55	287	Barry Key	Male	Benfleet RC
74	00:25:01	237	Ben Magee	Male	
75	00:25:07	279	Aisling O'Leary	Female	Brentwood Beagles Athletics Club
76	00:25:22	270	Thomas Smalley	Male	Pitsea Running Club
77	00:25:24	299	Leigh Still	Male	Thurrock Nomads
78	00:25:36	409	Matthew Butler	Male	Thurrock Nomads
79	00:25:47	372	Jeremy Aurora	Male	Billericay Striders
80	00:25:48	189	David Cant	Male	Pitsea Running Club
81	00:25:51	219	Mike Grout	Male	East Essex Triathlon Club
82	00:25:55	415	Richard Day	Male	East Essex Tri
83	00:25:57	285	Colin Wilkinson	Male	Phoenix Striders
84	00:26:02	403	Siobhan Desmond	Female	
85	00:26:10	392	Andres Arevalo	Male	East Essex Tri
86	00:26:16	322	Lee Hazlewood	Male	Phoenix Striders





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Position	Time	No	Name	Gender	Club Name
87	00:26:17	275	Daniel Smith	Male	Brentwood Beagles Athletics Club
88	00:26:18	366	Paul Strutt	Male	
89	00:26:30	333	Deborah Hall	Female	East Essex Tri
90	00:26:42	381	Alasdair Daw	Male	Billericay Striders
91	00:26:51	215	Richard Fuller	Male	
92	00:26:58	323	Andrew Robinson	Male	
93	00:27:01	306	Chris Smith	Male	
94	00:27:02	355	Jamie Taylor	Male	Pitsea Running Club
95	00:27:04	280	Liam O'Leary	Male	
96	00:27:06	263	Sanjeev Sharma	Male	Havering '90 Joggers
97	00:27:12	187	Janice Brown	Female	
98	00:27:13	185	Abigail Brown	Female	
99	00:27:13	221	Josh Harris	Male	
100	00:27:18	192	Tracey Cotton	Female	Pitsea Running Club
101	00:27:19	373	Gillian Shields	Female	
102	00:27:20	239	Jason Merritt	Male	
103	00:27:22	272	Gareth Smith	Male	Castle Point Joggers
104	00:27:23	977	Gary Tobutt	Male	
105	00:27:25	336	Graham Humphries	Male	Thurrock Nomads
106	00:27:26	307	Peter Woodard	Male	Thurrock Nomads
107	00:27:31	992	James Webb	Male	Benfleet RC
108	00:27:40	211	Charlotte Fotherby	Female	City of Southend On Sea AC
109	00:27:45	315	Rob Kleider	Male	East Essex Tri
110	00:27:48	227	Tony Kenyon	Male	Pitsea Running Club
111	00:27:50	266	Graeme Silcock	Male	
112	00:27:51	319	Lesley Jenkins	Female	Pitsea Running Club
113	00:27:52	294	Kelly McClenaghan	Female	Benfleet RC
114	00:27:58	231	Michael Leer	Male	
115	00:28:00	402	Dermot Desmond	Male	Pitsea Running Club
116	00:28:05	383	Daniel Howett	Male	
117	00:28:11	340	Jo Pearce	Female	Phoenix Striders
118	00:28:12	345	David Adams	Male	Thurrock Nomads
119	00:28:14	316	Ricky Lee	Male	Billericay Striders
120	00:28:16	352	Lynsey Gray	Female	Phoenix Striders
121	00:28:18	304	Laura Mason	Female	East Essex Tri
122	00:28:20	232	Joanne Ling	Female	Billericay Striders
123	00:28:38	331	Surgit Grewel	Male	Brentwood Running Club
124	00:28:40	236	Catherine Magee	Female	
125	00:28:45	411	Kay Hurn	Male	Thurrock Nomads
126	00:29:18	265	Zena Shean	Female	
127	00:29:28	286	Michael Groombridge	Male	Pitsea Running Club
128	00:29:33	196	Keith Dawson	Male	5
		376		Male	
					City of Southend On Sea AC
			-		,
					Pitsea Running Club
119 120 121 122 123 124 125 126 127	00:28:14 00:28:16 00:28:18 00:28:20 00:28:38 00:28:40 00:28:45 00:29:18 00:29:28	316 352 304 232 331 236 411 265 286 196	Ricky Lee Lynsey Gray Laura Mason Joanne Ling Surgit Grewel Catherine Magee Kay Hurn Zena Shean Michael Groombridge	Male Female Female Male Female Male Female Male Male Male Female Male	Billericay Striders Phoenix Striders East Essex Tri Billericay Striders Brentwood Running Club Thurrock Nomads





		Race			
Position	Time	No	Name	Gender	Club Name
133	00:29:57	325	Scott Burgess	Male	Rochford Running Club
134	00:30:00	282	Harry Monk	Male	Thurrock Nomads
135	00:30:00	301	Mandy Cooper	Female	Benfleet RC
136	00:30:09	205	Martin England	Male	Castle Point Joggers
137	00:30:13	390	Jake Everett	Male	East Essex Tri
138	00:30:13	367	Julie Lester	Female	Thurrock Nomads
139	00:30:21	253	Darren Radford	Male	Havering '90 Joggers
140	00:30:26	404	Alicia Murphy	Female	Havering '90 Joggers
141	00:30:46	218	Melanie Green	Female	Havering '90 Joggers
142	00:31:04	368	Peter Kemp	Male	
143	00:31:06	194	Kathryn Curtis	Female	
144	00:31:23	247	Rachel Phelps	Female	
145	00:31:29	360	Phil Ingram	Male	
146	00:31:32	281	Clare O'Leary	Female	
147	00:31:38	405	Claire Hitchcock	Female	Phoenix Striders
148	00:31:46	964	Stuart Tidd	Male	Havering '90 Joggers
149	00:31:49	318	Louise Smart	Female	
150	00:31:51	300	Jane Piper	Female	Phoenix Striders
151	00:32:02	214	Sue Fuller	Female	
152	00:32:09	269	Thomas Sinnott	Male	
153	00:32:12	245	Sarah Norton	Female	Castle Point Joggers
154	00:32:14	262	Kathy Scourfield	Female	Billericay Striders
155	00:32:21	380	Annette Johnson	Male	Benfleet Runnig Club
156	00:32:29	363	Yvonne Schubert	Female	Leigh on Sea Striders
157	00:32:32	297	Colin Phillippe	Male	
158	00:32:36	359	Denise Ingram	Female	
159	00:32:50	377	Andy Dennington	Male	
160	00:32:51	378	John Wasmuth	Male	
161	00:32:52	351	Andy Body	Male	Phoenix Striders
162	00:32:56	332	Daniel Scotchmer	Male	
163	00:33:00	320	Brian Butcher	Male	Mid Essex Casuals
164	00:33:06	292	Clare Boston	Female	East Essex Tri
165	00:33:20	267	Matthew Sinclair	Male	
166	00:33:20	226	Emily Kelly	Female	
167	00:33:22	250	Debra Porter	Female	Vegan Runners UK
168	00:33:25	329	Lorraine Borley	Female	Phoenix Striders
169	00:33:26	983	Janine Turner	Female	Pitsea Running Club
170	00:33:27	311	Steve Bacon	Male	-
171	00:33:32	317	Lesley Smart	Female	Billericay Striders
172	00:33:35	326	Brian Slade	Male	Havering '90 Joggers
173	00:33:43	248	Nicola Phelps	Female	
174	00:33:44	246	Jo Phelps	Female	
175	00:33:53	364	Mark Challis	Male	Thurrock Nomads
176	00:33:56	339	John Pearce	Male	Pitsea Running Club
177	00:34:02	412	Jasmine Hurn	Female	Ü
					East Essex Tri
178	00:34:03	393	Gloria Lopez	Female	East Essex Tri





		Race			
Position	Time	No	Name	Gender	Club Name
179	00:34:16	388	Julie Holmes	Female	Phoenix Striders
180	00:34:16	387	Lisa Harland	Female	Phoenix Striders
181	00:34:25	213	Simon Fuller	Male	
182	00:34:28	298	Derek Staton	Male	Thurrock Nomads
183	00:34:32	195	Madeline Darch	Female	Pitsea Running Club
184	00:34:33	271	Brooke Smith	Female	
185	00:34:34	259	Sue Savva	Female	Vegan Runners UK
186	00:34:34	180	Gary Beeston	Male	Vegan Runners UK
187	00:34:37	240	Laura Mills	Female	
188	00:34:46	252	Joanne Quinn	Female	
189	00:34:47	321	Michelle Holman	Female	Phoenix Striders
190	00:34:50	273	Aimee Smith	Female	
191	00:34:51	268	Alexander Sinclair	Male	
192	00:35:00	193	Nikki Cranmer	Female	Barking Road Runners
193	00:35:02	343	Robert Courtier	Male	Barking Running Club
194	00:35:06	950	David Tait	Male	Billericay Striders
195	00:35:22	208	Teresa Flannigan	Female	
196	00:35:27	307	Peter Woodard	Male	Thurrock Nomads
197	00:35:30	308	Peter Binchcomb	Male	
198	00:35:30	310	Alison Fryatt	Female	Barking Road Runners
199	00:35:31	407	Ray Harris	Male	Leigh on Sea Striders
200	00:35:58	309	Jamie Binchcomb	Male	
201	00:36:11	391	Phil Baker	Male	Thurrock Nomads
202	00:36:15	53	Jenna Barzoukas	Female	
203	00:36:16	251	Steve Quinn	Male	
204	00:36:23	198	Kelly Marie Dunn	Female	Castle Point Joggers
205	00:36:25	401	Wayne Merrell	Male	Leigh on Sea Striders
206	00:36:33	334	Chris Muers	Female	East Essex Tri
207	00:36:48	277	Katherine-Charlotte Stops	Female	
208	00:36:57	369	Nicola Maslen	Female	Phoenix Striders
209	00:36:59	358	Steve Adams	Male	Thurrock Nomads
210	00:37:06	357	Steven Crabbe	Male	Lonely Goat
211	00:37:10	893	Penelope Street	Female	Woman of Wickford
212	00:37:22	385	Amelia Kerr	Female	East Essex Tri
213	00:37:27	29	Neil Akinson	Male	
214	00:37:33	386	Olivia Kerr	Female	East Essex Tri
215	00:37:50	202	Peter Eates	Male	Phoenix Striders
216	00:37:51	408	Beatrice Rouyer-Brown	Female	East Essex Tri
217	00:38:02	361	Jake Larsen	Male	
218	00:38:15	293	Lee Kyson	Male	Havering '90 Joggers
219	00:38:50	379	Gary French	Male	
220	00:38:52	337	Christina Didham	Female	Phoenix Striders
221	00:38:53	500	Nerys Aylen	Female	
222	00:38:53	44	Isobel Aylen	Female	
223	00:38:54	256	Sophie Sadler	Female	
224	00:38:54	255	David Sadler	Male	





Position	Time	Race No	Name	Gender	Club Name
225	00:39:58	254	Rosemary Russell	Female	Rochford Running Club
226	00:40:07	284	Maisie White	Female	
227	00:41:01	327	Laura Kelly	Female	Havering '90 Joggers
228	00:41:04	418	Anna Bailey	Female	Harold Wood Running Club
229	00:41:07	420	Ingrid Dias	Female	Harold Wood Running Club
230	00:41:10	419	Lucy Walker	Female	Harold Wood Running Club
231	00:41:32	328	Josie Hughes	Female	Havering '90 Joggers
232	00:44:28	278	Paul Ireson	Male	Pewsey Vale Running Club
233	00:46:19	52	Susan Bannocks	Female	Phoenix Striders
234	00:46:26	413	Roz Sleet	Female	
235	00:46:26	414	Jenna Sleet	Female	
236	00:46:27	222	Janet Head	Female	Pitsea Running Club