

Pos	Number	Forename	Surname	Cat	Club	Time
1	99	Ben	Brassington	M	Lancaster & Morecambe AC	0:12:59
2	90	Matthew	Guilder	MV35	Lancaster & Morecambe AC	0:13:23
3	71	John	Brassington	MV45	Lancaster & Morecambe AC	0:13:38
4	118	Jason	Parker	MV45	Preston Harriers	0:13:56
5	179	Thomas	McGrattan	M	Lancaster & Morecambe AC	0:14:14
6	121	Harry	Hopkinson	M	Rossendale Harriers	0:14:51
7	242	Holly	Nicholls	F	Rossendale Harriers	0:14:57
8	170	Theo	Minns	M	N/A	0:15:03
9	171	Luke	Minns	M	Blackpool	0:15:04
10	331	Emily	Simm	F	N/A	0:15:10
11	313	Andrew	Simm	M	N/A	0:15:11
12	332	Chris	O'Neil	MV45	Lancaster & Morecambe AC	0:15:16
13	190	Graham	Dent	MV45	Lancaster & Morecambe AC	0:15:23
14	40	David	Walker	MV60	Lancaster Runners	0:15:38
15	66	Chris	Horner	MV45	Garstang R C	0:15:50
16	316	Nye	O'Neil	M	The Aquatic Body	0:16:05
17	19	Natalie	Sandford	F	Manchester Road Runners	0:16:19
18	116	Rob	Clayton	MV40	Lancaster & Morecambe AC	0:16:28
19	222	Peter	Hewitt	MV40	Garstang R C	0:16:34
20	59	Megan	Guthrie	FV35	N/A	0:16:40
21	311	Ken	Beasley	MV65	Preston Harriers	0:16:41
22	78	Jamie	Quarry	MV50	N/A	0:16:42
23	226	Jayne	Perry	FV40	Garstang Running Club	0:16:49
24	83	Eve	Briffett	F	N/A	0:16:54
25	312	Warren	Crook	MV55	Chorley Athletic Club	0:16:55
26	333	Joe	Maguire	M	Lancaster & Morecambe AC	0:17:18
27	217	Paul	Maguire	MV40	N/A	0:17:19
28	234	Dave	Smith	M	N/A	0:17:23
29	77	Rio	Quarry	M	N/A	0:17:26
30	200	Oscar	Holroyd	M	N/A	0:17:27
31	115	Sid	Makinson	MV50	Blackburn Road Runners	0:17:35
32	60	Justine	Patton	FV35	N/A	0:17:41
33	122	Madeline	Hopkinson	FV40	Rossendale Harriers	0:17:47
34	70	Mark	Cheal	MV45	N/A	0:17:51
35	323	Jack	Husband	MV65	Lancaster & Morecambe AC	0:17:52
36	310	Eddie	Hamilton	MV50	Red Rose Road Runners	0:18:05
37	120	Ashton	Crossley	M	N/A	0:18:24
38	212	Andy	Schofield	MV55	N/A	0:18:30
39	49	Emma	Rose	FV35	Balsall Common RC	0:18:34
40	50	Richard	Rose	MV35	Balsall Common RC	0:18:34
41	219	Owen	Hewitt	M	N/A	0:18:34
42	129	Jack	Parrington	M	Lancaster & Morecambe AC	0:18:35
43	130	Lee	Parrington	MV40	Lancaster & Morecambe AC	0:18:36
44	67	Ian	Brown	MV35	N/A	0:18:38
45	165	Zach	Thomas	M	Lancaster & Morecambe AC	0:18:39
46	246	Simon	Lock	M	N/A	0:18:39
47	161	Billie	McNeill	FV40	N/A	0:18:43
48	48	Jonathan	Hewitt	MV65	Garstang RC	0:18:47
49	214	Adrian	Nicholls	MV55	N/A	0:18:50
50	76	Peter	Sandford	MV65	Dallam Running Club	0:18:53
51	143	Peter	Jones	MV55	N/A	0:18:59
52	137	Lachlan	Roberts	M	N/A	0:18:59
53	134	Caroline	Roberts	FV40	Farnham Triathlon Club	0:19:01
54	29	Alfie	Dewhirst	M	N/A	0:19:12
55	232	Andrew	Smith	MV55	N/A	0:19:13
56	322	Andrew	Thistlewaite	MV55	N/A	0:19:15
57	336	Richard	Wouldriple	MV50	Lune Valley Hash House Harriers	0:19:17
58	144	Helen	Jones	FV45	N/A	0:19:22
59	164	Fay	Thomas	F	Lancaster & Morecambe AC	0:19:26
60	320	Andrea	Edge	FV45	Lets run Morecambe	0:19:30
61	65	Andrew	Davy	MV50	Let's Run Morecambe	0:19:31
62	236	Lara	Dawson	F	N/A	0:19:45
63	178	Ken	McGrattan	MV50	Bentham Beagles	0:19:59
64	88	Erin	Gillan	F	LMAC	0:20:12
65	100	Keith	Postlethwaite	MV60	Lancaster & Morecambe AC	0:20:15
66	16	Luke	Mason	M	N/A	0:20:21
67	224	Scarlet	Gora	F	Lancaster & Morecambe AC	0:20:23

68	84	Alice	Briffett	F	N/A	0:20:27
69	82	Colin	Briffett	MV50	Lonsdale Fell Runners	0:20:28
70	223	Lauren	Gora	FV40	Lancaster & Morecambe AC	0:20:29
71	53	Claire	Waite	FV45	N/A	0:20:34
72	198	Alison	Titterington	FV65	Blackpool Wyre & Fylde AC	0:21:08
73	47	Mary	Hewitt	FV65	Garstang RC	0:21:11
74	233	Jonathan	Smith	M	N/A	0:21:12
75	188	Holly	Satterly	F	Lancaster & Morecambe AC	0:21:14
76	189	Harry	Satterly	M	N/A	0:21:15
77	220	Ralph	Wilson	M	N/A	0:21:16
78	87	Deena	Gillan	FV40	N/A	0:21:19
79	93	David	Wilkinson	MV60	Lancaster & Morecambe AC	0:21:38
80	94	Carole	Wilkinson	FV60	Lancaster & Morecambe AC	0:21:42
81	210	Kesia	Jones	F	N/A	0:21:45
82	215	Kelly	Hunter	FV40	N/A	0:21:50
83	216	Lee	Metcalfe	MV50	N/A	0:21:51
84	124	David	Joyce	MV50	N/A	0:21:56
85	168	Darren	Gollins	MV50	Cheadle Running Club	0:22:01
86	221	Dexter	Wilson	M	N/A	0:22:04
87	163	Katharine	Shrine	FV45	Helm Hill	0:22:05
88	218	Dave	Wilson	MV40	N/A	0:22:06
89	151	Jim	Kershaw	MV70	Rammy Runners	0:22:10
90	308	Bernie	Mitchell	MV60	Red Rose Road Runners	0:22:17
91	126	Euan	Joyce	M	N/A	0:22:18
92	177	Juliet	McGrattan	FV50	261 Club Lancaster	0:22:21
93	245	Zoe	Lock	F	Lancaster & Morecambe AC	0:22:31
94	247	Bertie	Lock	M	N/A	0:22:31
95	319	Christine	Perry	FV65	Lancaster & Morecambe AC	0:22:43
96	32	Annette	Bateman	FV35	Morecambe Community Runners	0:22:44
97	136	Emily	Roberts	F	N/A	0:22:46
98	158	William	Pye	M	N/A	0:22:48
99	105	Finley	Lloyd	M	N/A	0:22:50
100	104	Peter	Lloyd	MV40	LMAC	0:22:51
101	138	Nicola	Moss	FV45	N/A	0:22:52
102	139	Andrew	Garnett	MV40	N/A	0:22:53
103	2	Ola	Mustapha	FV50	Lancaster & Morecambe AC	0:22:56
104	119	Frank	Miller	MV75	Garstang R C	0:22:58
105	141	David	Wolfendale	MV70	Bowland Fell Runners	0:23:02
106	187	Charles	Satterly	MV55	Lancaster & Morecambe AC	0:23:07
107	123	Milli	Joyce	FV55	N/A	0:23:20
108	225	Shannon	Perry	F	N/A	0:23:24
109	43	Sue	Entwistle	FV55	LRM	0:23:25
110	42	Jan	Rogerson	FV55	LRM	0:23:25
111	167	Faith	Firkins	FV50	Lancaster & Morecambe AC	0:23:31
112	117	Peta-Jane	Clayton	FV35	N/A	0:23:36
113	107	Kate	Bell	FV40	Lonely Goats	0:23:47
114	159	Harrison	Pye	M	N/A	0:23:50
115	209	Alison	Pye	FV40	N/A	0:23:52
116	150	Eden	Parker	F	N/A	0:23:54
117	148	Ian	Parker	MV40	N/A	0:23:55
118	23	Vivien	Booth	FV60	Morecambe Community Runners	0:23:57
119	55	Dorothy	Stonell	F	COLT	0:24:14
120	174	Leon	Cornall	M	N/A	0:24:15
121	3	Sarah	Greaves	FV45	N/A	0:24:30
122	62	Karen	Chandisingh	FV50	N/A	0:24:30
123	101	Joshua	Standen	M	N/A	0:24:39
124	241	Anna	Ormrod	FV50	261 Fearless	0:24:40
125	92	Stephen	Booth	MV60	Morecambe Community Runners	0:24:43
126	307	Helen	Lapping	FV55	261 Lune Valley	0:24:45
127	227	Sophie	Jones	F	N/A	0:25:00
128	173	Kara	Cornall	F	N/A	0:25:01
129	172	Marissa	Cornall	FV40	Garstang R C	0:25:01
130	74	Debbie	Tinsley	FV50	N/A	0:25:03
131	249	Maddison	Hinchliffe	F	N/A	0:25:07
132	146	Cathrine	Grisdale	FV65	Barrow and Furness Striders	0:25:15
133	72	Janine	McNeill	FV50	N/A	0:25:16
134	147	Stephen	Grisdale	MV65	Barrow and Furness Striders	0:25:16
135	182	Michelle	Booth	FV55	Morecambe Community Runners	0:25:17

136	154	Isaac	Macintyre	M	N/A	0:25:20
137	56	Ashley	Greathead	M	COLT	0:25:24
138	231	Deborah	Smith	F	N/A	0:25:26
139	162	Heather	Atkinson	FV55	N/A	0:25:35
140	325	Nancy	Charnley	F	Lancaster & Morecambe AC	0:25:36
141	324	Dan	Charnley	MV40	Lancaster & Morecambe AC	0:25:37
142	230	Steve	Garland	MV65	N/A	0:25:48
143	142	John	Towers	MV60	N/A	0:26:00
144	41	Linda	Walker	FV60	Lancaster Runners	0:26:04
145	192	Donna	Xu	F	N/A	0:26:06
146	191	Janet	Xu	F	N/A	0:26:08
147	229	Belinda	Garland	FV65	N/A	0:26:12
148	155	Oliver	Macintyre	M	N/A	0:26:15
149	31	Julie	Mulliner	FV45	N/A	0:26:16
150	244	Yvonne	Spence	FV60	N/A	0:26:17
151	243	Ross	Spence	MV60	N/A	0:26:19
152	81	Georgina	Briffett	FV45	Dallam Running Club	0:26:20
153	309	John	Wiseman	MV55	Red Rose Road Runners	0:26:21
154	73	Mike	Tinsley	MV60	N/A	0:26:27
155	97	Austin Troy	Parsons	M	N/A	0:26:30
156	17	Hector	Mason	M	N/A	0:26:37
157	96	Nadine Pineapple	Parsons	FV35	Garstang R C	0:26:39
158	186	Suzanne	Atkinson	V40	N/A	0:26:40
159	184	Sienna	Atkinson-Ellison	F	N/A	0:26:40
160	185	Isla	Seward	F	N/A	0:26:41
161	183	Helen	Seward	FV40	N/A	0:26:41
162	201	Jake	Holroyd	M	N/A	0:26:44
163	202	Lou	Holroyd	FV40	N/A	0:26:44
164	18	Zoe	Midgley	FV35	N/A	0:26:45
165	36	Sophie	Bloye	F	N/A	0:26:46
166	338	Ceri	Smith	FV45	N/A	0:26:50
167	0	No	Name	0	0	0:26:51
168	337	Charlie	Curran	FV45	N/A	0:26:53
169	327	Tobias	Rutledge	M	N/A	0:27:02
170	328	Joe	Rutledge	MV35	N/A	0:27:03
171	326	Nastassja	Babij	F	N/A	0:27:03
172	181	Sangeeta	Rai	F	N/A	0:27:06
173	140	Sheila	Wolfendale	FV70	N/A	0:27:21
174	135	Ian	Roberts	MV45	N/A	0:27:22
175	125	Isabel	Joyce	F	N/A	0:27:26
176	24	Jenny	Abell	FV45	Morecambe Community Runners	0:27:34
177	26	Julie	McClements	FV55	Morecambe Community Runners	0:27:40
178	131	Julie	Clarke	FV50	N/A	0:27:41
179	132	Helen	Holdsworth	FV55	N/A	0:27:44
180	335	Lorraine	Cowell	FV45	N/A	0:27:45
181	27	Danielle	Dewhirst	FV35	Morecambe Community Runners	0:27:47
182	33	Natasha	Brown	F	Morecambe Community Runners	0:27:48
183	334	Lauren	Cowell	F	N/A	0:27:50
184	127	Sarah	Culver	FV35	Morecambe Community Runners	0:27:53
185	175	Jacob	Barnes	M	N/A	0:27:54
186	30	Stanley	Dewhirst	M	N/A	0:27:56
187	63	Amanda	Blessington	FV50	N/A	0:27:57
188	176	Nicola	Barnes	FV45	Lancaster & Morecambe AC	0:27:59
189	237	Anna	Walsh	F	N/A	0:28:01
190	318	Kaden	Knight	F	N/A	0:28:03
191	250	Mila	Hinchliffe	F	N/A	0:28:10
192	248	Jennifer	Taylor	FV60	LRM	0:28:11
193	98	Marnie Ingrid	Parsons	F	N/A	0:28:22
194	329	Issac	Knight	M	N/A	0:28:41
195	330	Liam	Knight	MV35	N/A	0:28:42
196	317	Dean	Knight	MV40	Morecambe Community Runners	0:28:44
197	95	Rosemary	Whittaker	FV55	Lancaster Runners	0:28:49
198	102	Robert	Standen	M	N/A	0:28:58
199	157	Jenny	Macintyre	FV40	N/A	0:29:00
200	133	Sue	Wickham	FV60	Preston Harriers	0:29:19
201	106	Julie	Tyrer	FV45	Preston Harriers	0:29:22
202	235	Evelyn	Hassingham	F	N/A	0:29:29
203	51	Emma	Crayton	FV55	Dorking & Mole Valley AC	0:31:33

204	35	Mary	Bloye	FV60	N/A	0:31:34
205	38	Lynda	McMullen	FV50	N/A	0:31:36
206	37	Theresa	McMullen	F	N/A	0:31:37
207	22	Emma-Marie	Hirst	FV50	Morecambe Community Runners	0:31:53
208	25	Kerry	Wilding	FV50	Morecambe Community Runners	0:31:54
209	156	Myla	Macintyre	F	N/A	0:31:57
210	180	Michael	Standen	MV35	Lancashire	0:31:58
211	103	Rachel	Standen	FV35	N/A	0:32:06
212	160	April	Towers	FV55	N/A	0:32:07
213	197	Estela	Garcia	FV60	N/A	0:32:28
214	196	Guillermo	Granados	M	N/A	0:32:28
215	195	Charlie	Maudsley	F	N/A	0:33:14
216	193	Emma	Maudsley	FV40	N/A	0:33:29
217	194	Ray	Houghton	MV45	N/A	0:33:29
218	110	Charlie	Clarke	M	N/A	0:34:23
219	21	Tracey	Elkington	FV55	N/A	0:34:24
220	68	Helen	Freschini	FV50	MCR	0:34:26
221	20	David	Walker	MV65	N/A	0:34:28
222	113	Joanne	Young	FV45	MCR	0:34:33
223	114	Matthew	Young	M	N/A	0:35:08
224	208	Karen	Cooper	FV50	N/A	0:35:09
225	12	Carlos	Jacinto	MV35	N/A	0:35:46
226	10	VAnia	Jacinto	F	N/A	0:35:47
227	9	Rita	Lima	F	N/A	0:35:47
228	52	Decio	Lime	M	N/A	0:35:48
229	7	Ana Clara	Jacinto	F	N/A	0:35:49
230	145	Arthur	Green	MV75	Red Rose Road Runners	0:36:24
231	213	Sally	Schofield	FV55	N/A	0:40:38
232	58	Jack	Carradus	M	MCR	0:44:51
233	57	Caroline	Madden	FV40	MCR	0:44:54
234	207	Rebecca	Willmott	FV35	Vegan Runners	0:48:09
235	75	Jo	Kershaw	FV50	N/A	0:48:13
236	152	June	Kershaw	FV70	N/A	0:48:14
237	169	Andy	Firkins	MV50	LMAC	0:48:26
238	91	Catherine	Douglas	FV60	Lancaster & Morecambe AC	0:48:27
239	211	Gurbalish	Dhillen	FV45	Lancaster & Morecambe AC	0:48:28