

Independence Day 5K @ The Meadows 2023, provisional results

Position	By Gender	By Cat	Name	Surname	Category	Gender	Club	Lap	Chip Finish	Team	PB
1	1	1	Jun	Nakamaru-Pinder	Senior Men	Male	Fulham RC	00:08:31	00:17:14	SA member	PB
2	2	2	Matthew	Day	Senior Men	Male	No running club	00:08:36	00:17:32	Non SA member	
3	3	1	Michael	Fullerton	V50M	Male	Edinburgh AC	00:08:48	00:17:34	SA member	
4	4	1	Richard	O'Grady	V40M	Male	Helensburgh AAC	00:08:48	00:17:44	SA member	PB
5	5	3	Lukasz	Pudlo	Senior Men	Male	No running club	00:08:53	00:18:08	Non SA member	
6	6	2	Jim	Jagger	V40M	Male	Edinburgh AC	00:08:55	00:18:30	SA member	
7	7	4	Darko	Annandale	Senior Men	Male	No running club	00:09:02	00:18:39	Non SA member	
8	8	2	Derek	Martin	V50M	Male	Cumbernauld AAC	00:09:18	00:18:56	SA member	
9	9	3	Barry	Davie	V40M	Male	Carnegie Harriers	00:09:26	00:19:04	SA member	
10	1	1	Corri	McGougan	Junior Girl (11-14)	Female	Falkirk Victoria Harriers	00:09:32	00:19:24	SA member	
11	10	4	John	Hynd	V40M	Male	Carnethy	00:09:24	00:19:29	Non SA member	PB
12	11	3	Andrew	Latham	V50M	Male	Edinburgh AC	00:09:42	00:19:33	SA member	
13	2	1	Lyndsey	Fraser	V40F	Female	Edinburgh AC	00:09:55	00:19:55	SA member	PB
14	12	5	Philip	Reid	Senior Men	Male	No running club	00:10:04	00:19:58	Non SA member	
15	13	5	Linn	Denholm	V40M	Male	EAC	00:09:52	00:20:03	SA member	
16	14	4	David	Downey	V50M	Male	Dunblane Runners	00:09:57	00:20:06	SA member	
17	15	5	Adrian	White	V50M	Male	Harmeny AC	00:09:59	00:20:14	Non SA member	PB
18	16	6	Jonathan	Herring	V40M	Male	No running club	00:10:03	00:20:23	Non SA member	PB
19	17	6	Peter	Scoles	V50M	Male	No running club	00:09:53	00:20:32	Non SA member	
20	3	1	Kathleen	Dempsey	Senior Women	Female	Edinburgh AC	00:10:08	00:20:47	SA member	
21	18	7	Bob	Burrell	V40M	Male	Kilsyth Runners	00:10:02	00:20:48	SA member	
22	19	7	Dougie	Hunter	V50M	Male	Lothian Running Club	00:10:18	00:20:53	SA member	PB
23	20	8	Neil	Thomas	V50M	Male	HBT	00:10:33	00:21:16	SA member	
24	21	9	John	Mcintosh	V50M	Male	Dundee Road Runners	00:10:31	00:21:19	SA member	
25	22	8	Calum	Sinclair	V40M	Male	Bellanhouston RR	00:10:30	00:21:23	SA member	
26	23	10	Steven	Darcy	V50M	Male	No running club	00:10:32	00:21:31	Non SA member	
27	4	1	Seona	Burnett	V50F	Female	Harmeny AC	00:10:33	00:21:37	SA member	
28	24	9	Neil	Berry	V40M	Male	No running club	00:10:49	00:21:50	Non SA member	
29	5	2	Lizzie	Knox	Senior Women	Female	Carnethy	00:10:30	00:22:02	SA member	
30	25	6	John	Maddock	Senior Men	Male	No running club	00:10:37	00:22:13	Non SA member	
31	26	7	Joe	Donaldson	Senior Men	Male	No running club	00:10:59	00:22:24	Non SA member	
32	6	3	Liz	Cox	Senior Women	Female	No running club	x	00:22:31	Non SA member	PB
33	7	2	Julia	Mcafee	V50F	Female	Helensburgh	00:11:10	00:22:48	SA member	
34	27	8	Aron	Burton	Senior Men	Male	No running club	00:11:10	00:23:11	Non SA member	PB
35	28	11	John	Pickard	V50M	Male	No running club	00:11:31	00:23:26	Non SA member	
36	8	3	Lesley	Reynolds	V50F	Female	Carnegie Harriers	00:12:34	00:24:26	SA member	
37	9	4	Keira	Anderson	Senior Women	Female	No running club	00:11:48	00:24:40	Non SA member	

38	10	4	Alison	Downey	V50F	Female	Dunblane Runners	00:12:26	00:25:07	SA member	
39	29	1	Duncan	Baker	V60M	Male	Hunters Bog Trotters	00:12:33	00:25:10	SA member	
40	30	2	Alastair	Mccallum	V60M	Male	Falkirk Victoria Harriers	00:12:33	00:25:16	SA member	PB
41	31	3	Stephen	Watson	V60M	Male	Penicuik Harriers	00:12:43	00:25:23	SA member	
42	32	4	George	Sherriffs	V60M	Male	North East Marathon Club	00:12:51	00:25:27	SA member	
43	11	1	Anne	Watson	V60F	Female	Penicuik Harriers	00:13:25	00:27:07	SA member	
44	12	2	Irina	Fedorovykh	V40F	Female	No running club	00:13:28	00:27:09	Non SA member	
45	33	12	Harold	Maddock	V50M	Male	No running club	00:13:55	00:29:12	Non SA member	
46	34	5	Sandy	Mcafee	V60M	Male	No running club	00:15:23	00:30:34	Non SA member	
47	35	6	Raymond	Loughran	V60M	Male	Shettleston Harriers	00:15:42	00:30:58	Non SA member	
48	13	1	Diane	Ring	V70F	Female	No running club	00:15:40	00:31:21	SA member	
49	14	5	Moyra	Pearston	Senior Women	Female	No running club	00:16:55	00:34:54	Non SA member	
50	36	7	Arthur	Grant	V60M	Male	Arbroath Footers	00:17:44	00:37:08	Non SA member	
51 =	15 =	3 =	Julie	Knox	V40F	Female	No running club	00:19:41	00:40:33	Non SA member	
51 =	15 =	3 =	Melanie	Wilson	V40F	Female	No running club	00:19:41	00:40:33	Non SA member	