



PITSEA RUNNING CLUB

CROWN TO CROWN RESULTS 7th APRIL 2023



1st Male = Crispian Bloomfield
1st Female = Charlotte Brooks

1st Male Youth = Dean Savery
1st Female Youth = Olivia Forrest

Course records - 15:25 Adam Hickey (August 2013) 18:01 Jessica Judd (December 2015)

Position	Time	Race No	Name	Club Name
1	00:17:13	417	Crispian Bloomfield	Billericay Striders
2	00:18:27	376	Robin Smith	
3	00:19:14	370	Dean Savery	Brentwood Beagles Athletics Club
4	00:19:21	334	Olivia Forrest	Brentwood Beagles Athletics Club
5	00:19:35	315	Ben Brooks	City of Southend On Sea AC
6	00:20:04	393	Michael Woodward	Pitsea RC
7	00:20:13	364	David Nicel	
8	00:20:22	437	Geoff Keily	Billericay Striders
9	00:20:29	319	Michael Cook	Pitsea RC
10	00:20:34	442	Tom Overing	Rochford RC
11	00:20:38	379	Terence Spooner	Castle Point Joggers
12	00:20:40	422	Charlie Phillippe	
13	00:20:44	415	Jamie Ogilby	
14	00:20:54	302	Abigail Aitken	Southend AC
15	00:20:56	303	Matthew Aitken	Southend AC
16	00:20:58	314	Charlotte Brooks	
17	00:21:00	472	Ewan Mcfarlane	Phoenix Striders
18	00:21:01	325	Matthew Delea	Brentwood Beagles Athletics Club
19	00:21:03	312	Richard Bonham	Castle Point Joggers
20	00:21:21	381	Craig Sterling	Benfleet RC
21	00:21:23	318	Leo Cole	Witham RC
22	00:21:37	380	Mathew Stanley	
23	00:21:40	323	Stuart Crowther	Brentwood Beagles Athletics Club
24	00:21:47	410	Paul Hagan	Pitsea RC
25	00:21:49	333	Isabel Forrest	Brentwood Beagles Athletics Club
26	00:22:04	394	David Cox	East Essex Tri
27	00:22:08	316	Ray Brooks	
28	00:22:12	344	Neil Hubbard	Leigh on Sea Striders
29	00:22:23	305	Barbara Aldridge	Billericay Striders
30	00:22:23	320	Steve Cooper	Rayleigh RAT Runners
31	00:22:30	476	Stephen Foggo	Billericay Striders
32	00:22:36	331	Robert Elson	Pitsea RC
33	00:22:53	352	Tony Lavers	Pitsea RC
34	00:23:10	432	Matt Brown	East Essex Tri
35	00:23:15	429	Bill Smith	East Essex Tri
36	00:23:18	373	Natalie Simmons	
37	00:23:21	390	Colin Dunn	Castle Point Joggers
38	00:23:21	337	Louis Geater	Brentwood Beagles Athletics Club
39	00:23:25	392	Jamie Enever Dodd	Phoenix Striders
40	00:23:26	458	Tom Paterson	East Essex Tri



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41	00:23:29	423	Tom Phillippe	
42	00:23:45	351	Luke Knight	Havering '90 Joggers
43	00:23:54	340	Mike Grout	East Essex Triathlon Club
44	00:24:00	345	Henry Jago	
45	00:24:01	436	Phil Warner	Phoenix Striders
46	00:24:03	398	Steve Constantinou	Havering '90 Joggers
47	00:24:09	408	Tom Deacon	
48	00:24:22	439	Lee Hazelwood	Phoenix Striders
49	00:24:30	441	Barry Welldon	Billericay Striders
50	00:24:33	391	Colin Wilkinson	Phoenix Striders
51	00:24:48	342	Peter Harley	
52	00:24:53	454	Richard Farr	Southend Flyers
53	00:24:57	317	Matthew Campbell	City of Southend On Sea AC
54	00:25:00	313	Ryan Boniface	Pitsea RC
55	00:25:34	400	Gary Cardnell	Dagenham
56	00:25:35	431	Bruce Mail	Billericay Striders
57	00:25:40	451	John Sheppard	Phoenix Striders
58	00:25:49	385	Gary Tobutt	
59	00:25:50	322	Robert Croom	
60	00:25:52	375	Tristan Smith	Castle Point Young Runners
61	00:26:05	401	Marc Deley	Essex Beagles
62	00:26:15	430	Selwyn Smith	East Essex Tri
63	00:26:30	355	Joanne Ling	Billericay Striders
64	00:26:34	465	Thomas Smaley	Pitsea RC
65	00:26:35	341	Jenny Harley	East Essex Triathlon Club
66	00:26:37	359	Jason Merritt	
67	00:26:38	475	Dean Blackwell	Fordy Runs
68	00:26:40	411	Stanley Lavers	
69	00:26:44	477	Paul Franklin	Castle Point Joggers
70	00:26:46	450	Emily Sheppard	Phoenix Striders
71	00:27:16	397	Paul Strutt	
72	00:27:21	307	Clive Bailey	Rochford Running Club
73	00:27:28	377	Gareth Smith	Castle Point Joggers
74	00:27:34	428	Richard Fuller	East Essex Tri
75	00:27:45	466	Jason Catley	
76	00:27:55	469	Jo Pearce	Phoenix Striders
77	00:28:04	406	John Wood	Rochford RC
78	00:28:08	395	Jamie Cox	East Essex Tri
79	00:28:12	396	Darren Waymand	Havering '90 Joggers
80	00:28:20	455	Surgit Grewal	Brentwood
81	00:28:26	467	Mike Mcsweeney	
82	00:28:29	404	Lindsey Gray	Phoenix Striders
83	00:28:32	463	Jimmie Holland	South Woodham
84	00:28:33	446	Kevin Regan	
85	00:28:34	310	Mark Benham	Flyers Southend
86	00:28:46	329	David Dutton	Rochford Running Club



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Position	Time	Race No	Name	Club Name
87	00:28:58	445	Laura Heard	Phoenix Striders
88	00:28:59	457	Cameron Walker	
89	00:29:07	407	Rob Deacon	Billericay Striders
90	00:29:17	372	Lloyd Shields	
91	00:29:21	426	Harry Monk	Thurrock Nomads
92	00:29:23	421	Hazel Powling	Billericay Striders
93	00:29:24	371	Chris Shaw	Thurrock Nomads
94	00:29:34	453	Charley Lesslie	Phoenix Striders
95	00:29:44	367	Faatemah-Zehra Piperdy	Pitsea RC
96	00:29:48	399	Clare Boston	East Essex Tri
97	00:29:49	468	Hayley Spackman	East Essex Tri
98	00:29:50	357	Mark Mager	
99	00:29:52	332	Martin England	Castle Point Joggers
100	00:30:00	336	Sue Fuller	East Essex Triathlon Club
101	00:30:05	471	Dave Adams	Thurrock Nomads
102	00:30:06	354	Julie Lester	Thurrock Nomads
103	00:30:07	346	Daniel Jago	
104	00:30:17	386	John Victory	
105	00:30:19	388	Ronald Vials	Barking Road Runner
106	00:30:22	452	Claire Hitchcock	Phoenix Striders
107	00:30:25	389	Hannah Shean	East Essex Tri
108	00:30:28	360	Suzi Neal	
109	00:30:29	311	Andy Body	Phoenix Striders
110	00:30:35	309	Nicki Benham	Flyers Southend
111	00:30:38	339	Sherrie Goldsmith	
112	00:30:39	384	Collette Toal	Rochford Running Club
113	00:30:41	414	Nicky Phelps	East Essex Tri
114	00:30:42	413	Jo Phelps	East Essex Tri
115	00:30:45	350	Denise Kemp	
116	00:31:14	405	Cliff Johnson	
117	00:31:15	478	Duncan Russell	Phoenix Striders
118	00:31:17	330	Karen Dymock	Phoenix Striders
119	00:31:21	403	John Wilkinson	Phoenix Striders
120	00:31:32	365	Sarah Norton	Castle Point Joggers
121	00:31:34	374	Brian Slade	Havering '90 Joggers
122	00:31:39	369	Jim Rourke	Billericay Striders
123	00:31:41	383	Stuart Tidd	Havering '90 Joggers
124	00:31:44	321	Nikki Cranmer	Barking Road Runners
125	00:31:55	456	John Staines	
126	00:32:17	378	Kristine Smith	Billericay Striders
127	00:32:27	409	Keith Walker	Billericay Striders
128	00:32:30	418	John White	Pitsea RC
129	00:32:32	356	Jackie Ludlow	Havering '90 Joggers
130	00:32:34	460	Charlie Harland-Dolan	
131	00:32:47	402	Micheal Groombridge	Pitsea RC
132	00:33:04	443	Debbie Jones	Havering '90 Joggers



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Position	Time	Race No	Name	Club Name
133	00:33:18	338	Melissa Gilmour	Havering '90 Joggers
134	00:33:30	382	Rohan Sullivan	
135	00:33:41	459	Lisa Harland	Phoenix Striders
136	00:33:52	412	Derrek Staton	Thurrock Nomads
137	00:34:19	425	Phil Baker	Thurrock Nomads
138	00:34:31	419	Peter Woodard	Thurrock Nomads
139	00:34:40	438	Michelle Holman	Phoenix Striders
140	00:34:44	464	Madda Lech	
141	00:34:45	335	Alison Fryatt	Barking Road Runners
142	00:34:47	326	Emma Delea	Brentwood Beagles Athletics Club
143	00:35:01	433	Peter Eates	Phoenix Striders
144	00:35:02	473	Neal Clarke	Phoenix Striders
145	00:35:23	349	Laura Kelly	Havering '90 Joggers
146	00:35:52	449	Will Regan	
147	00:35:54	474	Ruth Roberts	Phoenix Striders
148	00:36:06	462	Dawn Curtis	Barking Road Runner
149	00:36:09	461	Peter Chaplin	Pitsea RC
150	00:36:15	416	Paul Hunt	Billericay Striders
151	00:36:27	440	Harry Dabbs	
152	00:37:06	470	John Pearce	Pitsea RC
153	00:37:11	363	Chloe Nicel	
154	00:37:15	324	Kathryn Curtis	
155	00:37:16	306	Nerys Aylen	
156	00:37:24	368	Vikki Pound-Firth	
157	00:37:38	435	Sofia Dabbs	
158	00:37:52	434	Nina Dabbs	
159	00:38:17	447	Christy Regan	
160	00:38:30	327	Ingrid Dias	Harold Wood Running Club
161	00:38:44	427	Natalie Barlow	Phoenix Striders
162	00:38:59	424	Paul Ireson	Pewsey Vale
163	00:39:31	343	Janet Head	Pitsea RC
164	00:40:00	420	Ken Carey	Pitsea RC
165	00:40:19	448	Billy Regan	
166	00:43:38	444	David Mills	Phoenix Striders
167	00:44:30	308	Susan Bannocks	Phoenix Striders
168	00:51:26	361	Lisa Nepean	