

2022 Headington 5m - Open Individual Results

Date: Sunday, 28/08/2022. Start: 09:30am.

Venue: OXS RAD Sports & Leisure Centre, Marsh Lane, Marston, Oxfordshire OX3 0NQ

Host Club: Headington Road Runners

Pos	RaceNo	GunTime	ChipTime	Name	Club/Team	M/F	Cat	CatRank	GenRank	AgeGrade
1	277	00:24:53	00:24:54	Charles, Thomas	Chorlton Runners	M	SM	1	1	88.13%
2	113	00:26:19	00:26:20	Lock, Matthew	Witney Road Runners	M	SM	2	2	81.00%
3	73	00:26:22	00:26:23	Bolton, James	Woodstock Harriers AC	M	VM40	1	3	90.52%
4	222	00:26:24	00:26:24	Lawrence, David	Harrow AC	M	SM	3	4	80.86%
5	74	00:26:28	00:26:28	Lawrence, Duncan	Oxford City AC	M	SM	4	5	81.25%
6	119	00:26:48	00:26:49	Roberts, George	Oxford City AC	M	SM	5	6	79.54%
7	249	00:27:00	00:27:01	Leach, Andrew	North Herts Road Runners	M	VM50	1	7	95.35%
8	224	00:27:28	00:27:28	Keane, Ryan	Thames Valley Harriers	M	SM	6	8	77.72%
9	217	00:27:54	00:27:55	Doorly, Robert	Oxford City AC	M	SM	7	9	76.40%
10	49	00:28:10	00:28:10	Vintner, Jonathan	Winchester & District AC	M	SM	8	10	76.11%
11	223	00:28:14	00:28:14	Booth, Terry	Guildford & Godalming AC	M	VM50	2	11	88.86%
12	146	00:28:33	00:28:32	Pinnell, Neil		M	VM40	2	12	78.51%
13	245	00:28:57	00:28:57	McGurk, Connor	Harwell Harriers	M	SM	9	13	73.63%
14	54	00:29:00	00:29:00	Prokopowicz, Pawel		M	SM	10	14	74.15%
15	243	00:29:05	00:29:05	Kelly, Sean	Oxford City AC	M	SM	11	15	73.94%
16	105	00:29:20	00:29:20	Parkinson, Fintan	Blackheath & Bromley Harriers AC	M	VM40	3	16	77.60%
17	227	00:29:25	00:29:25	Cunningham, Max		M	SM	12	17	75.05%
18	236	00:29:43	00:29:42	Blunden, Nathan	Headington RR	M	SM	13	18	73.80%
19	295	00:29:44	00:29:43	Smith, Adam	Woodstock Harriers AC	M	SM	14	19	71.69%
20	39	00:29:55	00:29:54	Fenning, John	Headington RR	M	SM	15	20	73.31%
21	153	00:30:00	00:29:59	Lumley, Christopher	Alchester Running Club	M	VM40	4	21	75.29%
22	14	00:30:02	00:30:01	Guy, Tom		M	SM	16	22	71.38%
23	200	00:30:18	00:30:16	Cooke, Rachel	Buckingham & Stowe RC	F	VL45	1	1	91.02%
24	165	00:30:32	00:30:31	Venckevicius, Gintas		M	SM	17	23	72.32%
25	141	00:30:43	00:30:43	Parkinson, Martin		M	VM40	5	24	73.53%
26	261	00:30:53	00:30:49	Fosdike, William	Abingdon AC	M	VM50	3	25	77.91%
27	226	00:30:58	00:30:55	Dalkin, Carl		M	VM40	6	26	75.85%
28	252	00:31:04	00:31:02	Tyrrell, Mark	Eynsham Road Runners	M	VM40	7	27	73.27%
29	140	00:31:09	00:31:07	Strathdee, Emily	Headington RR	F	SL	1	2	77.69%
30	288	00:31:12	00:31:11	Scarrott, Ian	Poplar RC	M	SM	18	28	70.29%
31	218	00:31:28	00:31:27	Pollard, Benedict	Eynsham Road Runners	M	VM40	8	29	75.85%
32	154	00:31:31	00:31:28	Cousens, Rupert	Headington RR	M	VM40	9	30	75.12%
33	260	00:31:39	00:31:33	Kelloway, Josh		M	SM	19	31	67.35%
34	203	00:31:41	00:31:35	Grantham, Thomas	Witney Road Runners	M	VM40	10	32	70.75%
35	81	00:31:43	00:31:38	Howard, Fraser	Witney Road Runners	M	VM40	11	33	74.64%
36	274	00:31:48	00:31:45	Lowies, Kenny	Headington RR	M	VM50	4	34	79.57%
37	208	00:31:50	00:31:45	Smith, Graham	St Albans Striders	M	VM50	5	35	75.59%
38	286	00:31:51	00:31:46	Ingram, David	Alchester Running Club	M	SM	20	36	67.78%
39	211	00:31:52	00:31:49	Brunt, Jason	Norfolk Gazelles AC	M	VM40	12	37	74.90%
40	176	00:31:58	00:31:56	Kralik, Vladimir	Oxford City AC	M	VM40	13	38	69.59%
41	268	00:32:14	00:32:10	O'Gorman, Shaun	Alchester Running Club	M	VM50	6	39	77.18%
42	235	00:32:16	00:32:09	Wilson, Thomas	Abingdon AC	M	SM	21	40	66.06%
43	1	00:32:24	00:32:21	Yamauchi, Mara		F	VL45	2	5	83.18%
44	77	00:32:38	00:32:33	Lewy, Mark	Abingdon AC	M	VM60	1	41	80.30%
45	270	00:33:00	00:32:54	Hobson, James	Abingdon AC	M	VM40	14	42	70.05%
46	2	00:33:04	00:33:03	Lawrence, Matthew	Oxford Tri	M	VM50	7	43	72.77%
47	287	00:33:09	00:32:58	Georgiades, Emily		F	SL	2	6	73.00%
48	213	00:33:23	00:33:16	Duckett, Jessica	Oxford City AC	F	SL	3	7	72.49%
49	179	00:33:28	00:33:18	Godwood, Ben	Witney Road Runners	M	VM50	8	44	71.90%
50	258	00:33:29	00:33:26	Reynolds, Peter	Buckingham & Stowe RC	M	VM50	9	45	74.92%
51	201	00:33:34	00:33:26	Allen, Donna	Hook Norton Harriers	F	VL35	1	8	72.60%
52	220	00:33:38	00:33:33	White, Jonathan	Alchester Running Club	M	VM40	15	46	69.28%
53	244	00:33:41	00:33:37	Nightingale, Adam	Witney Road Runners	M	SM	22	47	63.31%
54	238	00:33:43	00:33:37	Clark, James	Witney Road Runners	M	VM40	16	48	66.48%
55	210	00:33:47	00:33:43	Foster, Graham	St Albans Striders	M	VM60	2	49	78.96%
56	129	00:33:49	00:33:43	Carruthers, Jonathan	Banbury Harriers AC	M	SM	23	50	63.12%
57	173	00:34:21	00:34:13	Webster, Katie	Kidlington Running Club	F	VL35	2	9	72.93%
58	43	00:34:23	00:34:15	Needle, Lee	Kidlington Running Club	M	VM40	17	51	64.70%

59	177	00:34:30	00:34:28	Hopcroft, Martin	Tring RC	M	VM60	3	52	77.32%
60	175	00:34:40	00:34:34	Hopcroft, Mary		F	SL	4	10	69.81%
61	293	00:34:41	00:34:34	Thorp, Stewart	Oxford City AC	M	VM70-	1	53	83.04%
62	96	00:34:46	00:34:41	Bedford, Chris	Abingdon AC	M	VM50	10	54	74.05%
63	88	00:34:50	00:34:45	Pritchard, Simon	Banbury Harriers AC	M	VM50	11	55	70.81%
64	120	00:35:09	00:34:56	Mcllroy, Samuel		M	VM40	18	56	66.82%
65	41	00:35:10	00:35:00	Harrison, Alan	Woodstock Harriers AC	M	VM50	12	57	70.74%
66	246	00:35:12	00:35:04	Lock, Anthony	Witney Road Runners	M	VM50	13=	58=	71.88%
67	94	00:35:12	00:34:57	Moore, Brian	Witney Road Runners	M	VM50	13=	58=	73.14%
68	112	00:35:13	00:35:02	Kay, Lisa	Witney Road Runners	F	VL35	3	11	71.63%
69	194	00:35:19	00:35:12	Slevin, Martin	Coventry Godiva Harriers	M	VM50	15	60	73.54%
70	291	00:35:24	00:34:58	Moffett, Chris		M	VM50	16	61	73.36%
71	50	00:35:33	00:35:29	Harmon, Mervyn		M	VM60	4	62	75.04%
72	116	00:35:46	00:35:34	Haight, Bradley	Harwell Harriers	M	VM40	19	63	66.73%
73	99	00:35:54	00:35:38	Woods, Martin	Cherwell Runners & Joggers	M	VM40	20	64	64.91%
74	199	00:35:59	00:35:47	Freer, Alan	Reading Roadrunners	M	VM60	5	65	76.20%
75	8	00:36:01	00:35:46	Crosby, Mark	Witney Road Runners	M	VM50	17	66	67.36%
76=	135	00:36:02	00:35:48	Brown, Jess		F	SL	5	12	67.23%
76=	182	00:36:02	00:35:32	Whitley, David		M	VM40	21	67=	65.70%
76=	185	00:36:02	00:35:53	Badcock, Stephen	Abingdon AC	M	VM60	6	67=	72.72%
79	247	00:36:03	00:35:32	Phillips, Hedley	CLC Striders	M	VM40	22	69	64.13%
80	19	00:36:06	00:35:52	Pittard, Jill	Northbrook Athletic Club	F	VL35	4	13	70.96%
81	91	00:36:08	00:36:05	Wendler, Franz		M	VM50	18	70	69.43%
82	231	00:36:12	00:36:06	Brewer, John		M	VM60	7	71	72.39%
83	124	00:36:15	00:35:56	Kyberd, Peter	Kidlington Running Club	M	VM60	8	72	72.93%
84	299	00:36:19	00:36:11	Goss, Toby	Eynsham Road Runners	M	SM	24	73	59.71%
85	61	00:36:29	00:36:12	Yeomans, Stephen		M	SM	25	74	58.51%
86=	115	00:36:36	00:36:23	Andrews, Grace	Harwell Harriers	F	SL	6	14=	66.12%
86=	180	00:36:36	00:36:17	Mason, Margaret	Witney Road Runners	F	VL45	3	14=	75.35%
88	80	00:36:39	00:36:25	Howard, Harriet	Witney Road Runners	F	SL	7	16	66.74%
89	214	00:36:42	00:36:32	Morris, Claire	Ealing Eagles Running Club	F	VL35	5	17	69.80%
90	221	00:36:43	00:36:35	Reeves, Neil	Eynsham Road Runners	M	VM40	23	75	63.97%
91	42	00:36:54	00:36:45	Hazleton, John		M	VM60	9	76	75.01%
92	76	00:36:55	00:36:48	Fabes, Jane	Abingdon AC	F	VL65+	1	18	90.58%
93	160	00:36:59	00:36:41	Hardwick, David		M	VM40	24	77	60.61%
94	95	00:37:01	00:36:43	Finnigan, Andrea	Kidlington Running Club	F	VL45	4	19	70.48%
95	206	00:37:03	00:36:54	Pike, Andy	Eynsham Road Runners	M	VM50	19	78	67.14%
96	132	00:37:04	00:36:43	Shepherd, Trev		M	VM60	10	79	73.30%
97	130	00:37:07	00:36:54	Smith, Alan	Brackley and District RC	M	VM60	11	80	72.53%
98	68	00:37:08	00:36:55	Taylor, Mark		M	VM50	20	81	67.56%
99	297	00:37:10	00:37:03	Young, Katy		F	VL35	6	20	65.77%
100	118	00:37:15	00:36:56	Byrne, Kevin	Headington RR	M	VM70-	2	82	77.32%
101	186	00:37:20	00:37:04	Bugden, Angela		F	VL45	5	21	73.02%
102	9	00:37:23	00:37:12	Davies, Neil		M	VM60	12	83	73.35%
103	133	00:37:24	00:37:13	Bayley, Rachel	Headington RR	F	SL	8	22	64.71%
104	209	00:37:27	00:37:15	Witt, Sarah	Winchester & District AC	F	VL45	6	23	71.15%
105	13	00:37:29	00:37:06	Lukehurst, Robert		M	VM60	13	84	69.91%
106	114	00:37:51	00:37:37	Oliver, John	Abingdon AC	M	VM60	14	85	73.13%
107	67	00:38:01	00:37:41	Court, Claire	Alchester Running Club	F	VL45	7	24	69.33%
108	276	00:38:02	00:37:45	Compton, Becks	Abingdon AC	F	VL45	8	25	70.86%
109	103	00:38:15	00:38:01	Woloszynska, Dorota	Kenilworth Runners	F	VL35	7	26	65.49%
110	197	00:38:23	00:38:13	Marshall, Ben		M	VM40	25	86	58.84%
111	229	00:38:25	00:38:03	Collins, Neil		M	VM50	21	87	67.60%
112	63	00:38:28	00:38:19	Stephenson, Andrew	Vale Of Aylesbury AC	M	VM50	22	88	66.93%
113	83	00:38:29	00:38:09	Bagley, Kevin	Headington RR	M	VM60	15	89	69.96%
114	15	00:38:35	00:38:20	Fry, Sarah		F	VL45	9	27	70.66%
115	92	00:38:40	00:38:23	Shepley, Mark	Abingdon AC	M	VM50	23	90	67.17%
116	265	00:38:41	00:38:22	Lancaster, Garry	Kidlington Running Club	M	VM40	26	91	61.20%
117	289	00:38:43	00:38:19	Cox, Charlotte	Headington RR	F	SL	9	28	62.51%
118	122	00:38:45	00:38:30	Le Good, Graham	Witney Road Runners	M	VM70-	3	92	74.33%
119	195	00:38:50	00:38:39	Azzopardi, Dan	Harwell Harriers	M	VM50	24	93	64.60%
120	239	00:39:00	00:38:51	Yeung, Sze Kiu		F	VL35	8	29	63.49%
121	142	00:39:03	00:38:51	Dibben, David	Reading Roadrunners	M	VM70-	4	94	76.68%
122	64	00:39:20	00:38:56	Maguire, Michael	Road Runners Club	M	VM50	25	95	63.78%
123	171	00:39:29	00:39:05	Holder, Matt		M	SM	26	96	55.92%

124	281	00:39:33	00:39:19	Baker, Mark	Northbrook Athletic Club	M	VM50	26	97	64.53%
125	7	00:39:35	00:39:25	Smith, Martin	White Horse Harriers	M	VM60	16	98	68.01%
126	111	00:39:49	00:39:10	Swiatek, George		M	SM	27	99	54.46%
127	204	00:39:51	00:39:29	Hustler, Michele	Witney Road Runners	F	VL55	1	30	73.50%
128	241	00:39:54	00:39:40	North, Stuart		M	VM40	27	100	58.86%
129=	178	00:39:55	00:39:11	Mann, Abigail	Headington RR	F	SL	10	31	60.63%
129=	242	00:39:55	00:39:42	Cannon, Matthew		M	VM40	28	101=	58.84%
129=	240	00:39:55	00:39:38	Talbot, John	Harwell Harriers	M	VM50	27	101=	61.79%
132	143	00:39:57	00:39:30	Hare, Nicole	Headington RR	F	VL45	10	32	67.46%
133	93	00:40:01	00:39:41	Egan, Andy		M	VM50	28	103	64.90%
134	262	00:40:02	00:39:47	Burnham, Miles	Alcester Running Club	M	SM	28	104	53.55%
135	109	00:40:06	00:39:45	Miles, Christopher	Witney Road Runners	M	SM	29	105	54.37%
136	300	00:40:07	00:39:53	Abbott, Lisa	Northbrook Athletic Club	F	VL35	9	33	61.42%
137	85	00:40:09	00:39:54	Cramer, Grace		F	SL	11	34	60.27%
138	294	00:40:14	00:39:52	Wright, Jessica	Witney Road Runners	F	VL35	10	35	62.69%
139	79	00:40:25	00:40:02	Howard, Sally	Witney Road Runners	F	VL45	11	36	65.21%
140	285	00:40:32	00:40:06	Jones, Christopher		M	VM50	29	106	60.35%
141	21	00:40:36	00:40:15	Fradin Klug, Irena	Headington RR	F	VL35	11	37	60.43%
142	225	00:40:40	00:40:27	Cross, Peter	Belgrave Harriers	M	VM60	17	107	68.71%
143	280	00:40:42	00:40:22	Wraith, Tim		M	VM50	30	108	61.64%
144	283	00:40:46	00:40:36	Barrera, Olga		F	VL35	12	38	61.08%
145	193	00:40:49	00:40:22	Bates-Brownsword, Darryl		M	VM50	31	109	62.53%
146	10	00:40:54	00:40:38	Davies, Joanne		F	SL	12	39	59.43%
147	269	00:40:57	00:40:13	Dowsell, Nikki		F	SL	13	40	59.10%
148	198	00:41:07	00:40:46	Hutchison, Oliver		M	SM	30	110	53.02%
149	51	00:41:08	00:40:45	Collins, Robin	Headington RR	F	VL55	2	41	73.02%
150	298	00:41:13	00:40:44	Smith, Paulette	Eastbourne Rovers AC	F	VL45	12	42	66.14%
151	296	00:41:28	00:41:01	Kellond, David	Eastbourne Rovers AC	M	VM40	29	111	54.47%
152=	102	00:41:43	00:41:23	Aldred, Lucy		F	VL45	13	43	63.18%
152=	169	00:41:43	00:41:07	Smart, James		M	VM50	32	112	61.18%
154	282	00:42:00	00:41:38	Highmore, John		M	VM40	30	113	56.83%
155	253	00:42:08	00:41:50	Ingram, John	Maidenhead AC	M	VM60	18	114	66.32%
156	170	00:42:09	00:41:33	Smith, Tim		M	VM40	31	115	54.85%
157	292	00:42:15	00:41:43	Chami, Goylette		F	VL35	13	44	57.86%
158	38	00:42:17	00:41:51	Smith, Leanne		F	VL45	14	45	64.47%
159	216	00:42:20	00:42:02	Millatt, Wendy	Abingdon AC	F	VL65+	2	46	78.99%
160	25	00:42:26	00:42:03	Beesley, Clare	Kidlington Running Club	F	VL35	14	47	57.61%
161	98	00:42:27	00:42:04	McIntyre, Jennifer	Headington RR	F	VL45	15	48	62.09%
162	279	00:42:34	00:42:14	Goodwill, Tony		M	VM60	19	116	65.03%
163	163	00:42:43	00:42:16	Meredith, David		M	VM50	33	117	57.74%
164	106	00:42:52	00:42:19	Bayley, Michael	North Shields Polytechnic Club	M	VM60	20	118	62.80%
165	219	00:43:01	00:42:34	Evans, Diane	Headington RR	F	VL45	16	49	65.64%
166	148	00:43:03	00:42:42	Spain, Chris		M	SM	31	119	49.52%
167	6	00:43:15	00:42:58	Martyn, Simon		M	VM50	34	120	57.52%
168	97	00:43:22	00:42:56	Bedford, Liz	Abingdon AC	F	VL45	17	50	65.91%
169	273	00:43:28	00:43:02	Reynolds, Lorna	Buckingham & Stowe RC	F	VL45	18	51	62.00%
170	181	00:43:36	00:43:03	Marshall-Thomas, Debbie	Witney Road Runners	F	VL35	15	52	56.79%
171	271	00:43:38	00:43:13	Viner, Matt		M	VM40	32	121	53.40%
172	26	00:43:40	00:43:16	Bunce, Wiz	Kidlington Running Club	M	VM70-	5	122	67.61%
173	127	00:43:41	00:43:15	Powell, Elaine		F	VL35	16	53	57.74%
174	70	00:43:42	00:43:09	Bristow, Kate		F	VL45	19	54	61.67%
175	58	00:43:47	00:43:19	Poulton, Nichola	Harwell Harriers	F	VL45	20	55	59.59%
176	75	00:43:54	00:43:21	Parsons, David	Oxford City AC	M	VM70-	6	123	70.38%
177	255	00:44:00	00:43:26	Bird, Neville		M	VM70-	7	124	66.24%
178	136	00:44:03	00:43:36	Roberts, Nik	Kidlington Running Club	M	VM40	33	125	54.18%
179	232	00:44:06	00:43:38	Howe, Erica	Harwell Harriers	F	VL45	21	56	59.16%
180	107	00:44:24	00:43:59	Dury, Alexy	Adderbury Running Club	F	VL45	22	57	62.11%
181	188	00:44:39	00:44:11	Lancaster, Heidi	Kidlington Running Club	F	VL45	23	58	59.68%
182	259	00:44:43	00:44:09	Bradd, Matt		M	SM	32	126	47.67%
183	158	00:44:51	00:44:17	Spain, Stephen	Headington RR	M	VM50	35	127	55.47%
184	30	00:45:22	00:44:49	Rhodes, Simon	Witney Road Runners	M	VM50	36	128	53.47%
185	125	00:45:27	00:45:01	White, Andrew		M	VM50	37	129	57.14%
186	57	00:45:34	00:44:59	Stevens, Trevor		M	VM60	21	130	59.62%
187	230	00:45:44	00:45:19	Kennedy, Lottie	Headington RR	F	SL	14	59	52.92%
188	290	00:45:46	00:45:09	Collin, Natasha	Kidlington Running Club	F	SL	15	60	52.88%

189	145	00:45:47	00:45:25	Harkness, Elizabeth	Newbury AC	F	VL65+	3	61	82.37%
190	184	00:45:57	00:45:34	Smith, Andrew		M	VM40	34	131	49.15%
191=	84	00:46:04	00:45:41	Durham, Michelle	Abingdon AC	F	VL45	24	62	56.63%
191=	65	00:46:04	00:45:27	Green, John	Witney Road Runners	M	VM50	38	132	53.54%
193	100	00:46:06	00:45:46	Sadler, Stephen	Abingdon AC	M	VM60	22	133	58.40%
194	212	00:46:07	00:45:39	Scholes, Ben		M	VM40	35	134	51.34%
195	59	00:46:09	00:45:35	Muir, Neil	Maidenhead AC	M	VM50	39	135	54.82%
196	254	00:46:19	00:46:01	Cherry, Nick	Alchester Running Club	M	VM50	40	136	56.07%
197=	52	00:46:29	00:45:46	Dibb, Alison		F	VL45	25	63	56.13%
197=	53	00:46:29	00:45:44	Dibb, Andrew		M	VM40	36	137	50.13%
199	48	00:46:35	00:46:16	Norris, Graham	Headington RR	M	VM70-	8	138	64.28%
200	266	00:46:38	00:45:55	Grandi, Megan	Woodstock Harriers AC	F	SL	16	64	51.89%
201	22	00:46:46	00:46:16	Hazleton, Claire		F	SL	17	65	51.80%
202	121	00:46:48	00:46:19	Hazleton, Jill	Lordshill Road Runners	F	VL35	17	66	52.07%
203=	31	00:46:55	00:46:22	Rhodes, Louise	Witney Road Runners	F	VL45	26	67=	58.11%
203=	278	00:46:55	00:46:36	Samuel, Karen	Orpington Road Runners	F	VL55	3	67=	66.56%
205	69	00:47:07	00:46:36	Butler, Andy		M	VM50	41	139	55.12%
206	248	00:47:10	00:46:25	Windle, Nik		M	VM50	42	140	55.06%
207	40	00:47:13	00:46:43	Knight, Lydia		F	VL45	27	69	59.81%
208	256	00:47:17	00:46:29	Day, Graham	Headington RR	M	VM50	43	141	54.45%
209	228	00:47:19	00:46:37	Haines, Susan	Woodstock Harriers AC	F	VL65+	4	70	70.67%
210	147	00:47:23	00:46:48	Rendell, Peter	Witney Road Runners	M	VM60	23	142	55.30%
211	257	00:47:28	00:46:47	Scammell, Catherine	Headington RR	F	VL55	4	71	64.09%
212	123	00:47:33	00:47:02	Le Good, Judith	Witney Road Runners	F	VL65+	5	72	72.37%
213	234	00:47:46	00:47:11	Wilson, Patricia	Abingdon AC	F	VL65+	6	73	69.02%
214	267	00:48:02	00:47:22	Diamond, Alison	Headington RR	F	VL55	5	74	62.53%
215	126	00:48:43	00:48:17	Allen, Tony		M	VM60	24	143	53.79%
216	55	00:48:59	00:48:23	Swiatek, Grace		F	SL	18	75	49.40%
217	272	00:49:02	00:48:17	Scott, Tim	Abingdon AC	M	VM60	25	144	53.92%
218	34	00:49:07	00:48:19	Clapton, Liz	Headington RR	F	SL	19	76	49.28%
219	191	00:49:23	00:48:38	Collins, Sean	Headington RR	M	VM60	26	145	53.06%
220	189	00:49:28	00:48:43	Rothera, Hazel		F	VL45	28	77	55.11%
221=	18	00:49:32	00:48:52	Poulton, Mark	Brackley and District RC	M	VM60	27=	146=	53.37%
221=	117	00:49:32	00:48:51	Meade, Gareth	Brackley and District RC	M	VM60	27=	146=	52.90%
223	89	00:49:38	00:49:07	Pritchard, Glyn		M	VM70-	9	148	62.25%
224	71	00:49:41	00:48:58	Ulshoefer, Anna		F	SL	20	78	48.71%
225	62	00:49:45	00:48:57	Elliston, Laura		F	SL	21	79	48.86%
226	29	00:49:54	00:49:30	Lambert, Nigel	Alchester Running Club	M	VM70-	10	149	66.96%
227	161	00:50:12	00:49:26	Barrett, Alice		F	VL35	18	80	49.33%
228	205	00:50:23	00:49:54	Bagnall, Steve		M	VM60	29	150	55.99%
229	33	00:50:33	00:49:52	Koch, Claudia	Headington RR	F	VL45	29	81	55.20%
230	164	00:51:03	00:50:33	Meredith, Helen		F	VL45	30	82	54.02%
231	90	00:51:19	00:50:41	Rahman, Rachel	Kidlington Running Club	F	VL45	31	83	53.74%
232	86	00:51:24	00:50:47	Smith, Joanne	Kidlington Running Club	F	VL45	32	84	52.43%
233	166	00:51:25	00:50:44	Bain, Isobel		F	VL45	33	85	55.59%
234	251	00:51:42	00:51:00	Smith, Catherine		F	VL45	34	86	52.13%
235	264	00:51:52	00:51:13	Luke, Sarah	Headington RR	F	VL45	35	87	50.81%
236	263	00:51:53	00:51:14	Luke, Garry	Headington RR	M	VM50	44	151	47.95%
237=	44	00:51:57	00:51:21	Karavan, Marika	Maidenhead AC	F	VL55	6	88	57.82%
237=	45	00:51:57	00:51:21	Overbury, Steve	Maidenhead AC	M	VM50	45	152	48.29%
239	60	00:52:18	00:51:30	Harrison, Sarah	Hook Norton Harriers	F	SL	22	89	46.28%
240	134	00:52:25	00:51:53	Mayo, Garry		M	VM60	30	153	51.83%
241	37	00:53:13	00:52:41	Andrew, Nick		M	VM40	37	154	44.13%
242	20	00:53:16	00:52:34	Andersen, Anton		M	VM60	31	155	49.63%
243	237	00:53:20	00:52:45	Cook, Jo		F	VL45	36	90	50.53%
244	151	00:54:15	00:53:26	Hall, Laura		F	VL35	19	91	45.22%
245	36	00:54:54	00:54:23	Andrew, Dawn		F	VL45	37	92	50.23%
246	150	00:55:00	00:54:18	Middleton, Steven		M	SM	33	156	38.76%
247	284	00:56:11	00:55:43	Hussain, Bashir		M	VM60	32	157	48.81%
248	144	00:56:28	00:55:40	Ainsworth, Louisa		F	SL	23	93	42.96%
249	167	00:56:44	00:55:59	Horsley, Keith		M	VM50	46	158	45.78%
250	82	00:56:50	00:56:27	Compton, Robert		M	VM60	33	159	50.13%
251	5	00:57:14	00:56:28	Harris, Catherine		F	VL45	38	94	47.09%
252	131	00:57:19	00:56:37	Galligan, Ellen		F	VL55	7	95	55.96%
253	192	00:57:40	00:57:02	Besford, Susie		F	VL55	8	96	52.75%

254	47	00:57:55	00:57:11	Hutchison, Norman		M	VM60	34	160	48.70%
255	196	00:58:18	00:57:30	Jackson, Josie		F	SL	24	97	41.51%
256=	215	00:58:41	00:58:02	Shepley, Maggy	Abingdon AC	F	VL45	39	98=	48.70%
256=	250	00:58:41	00:58:02	Hamilton, Maria	Abingdon AC	F	VL55	9	98=	49.91%
258	159	00:59:27	00:58:41	Spain, Liz		F	VL45	40	100	47.50%
259	138	00:59:58	01:00:16	Langrish, Trevor	Kidlington Running Club	M	VM60	35	161	47.04%
260	233		01:00:43	Smyth, Veronica		F	VL55	10	101	
261	157		01:01:40	Hatch, Stephanie		F	VL45	41	102	