

LWAC 5k Series - 5k Race 3 Results 26.07.22

Position	Time	Number	Firstname	Lastname	Running Club	Gender	Age Catego	Gender	Pos	Category	Position
1	15.46	482	Ryan	Page	Lincoln Wellington Athletic Club	M	Sen		1		1
2	15.54	513	Adam	Dalton	Cleethorpes Athletic Club	M	Sen		2		2
3	15.55	440	Thomas	Carpenter	Lincoln Wellington Athletic Club	M	U17		3		1
4	15.58	437	Ryan	Porter	Lincoln Wellington Athletic Club	M	V40		4		1
5	15.58	463	Shane	Robinson	Lincoln Wellington Athletic Club	M	Sen		5		3
6	16.11	465	Alan	Oliver	Sleaford Striders Athletic Club	M	Sen		6		4
7	16.27	483	Jack	Hancock	Cleethorpes Athletic Club	M	U23		7		1
8	16.29	480	William	Goodacre	Lincoln Wellington Athletic Club	M	Sen		8		5
9	16.38	456	Steven	Sims	East Cornwall Harriers	M	Sen		9		6
10	16.43	458	Jeremy	Jones	Lincoln & District Runners	M	Sen		10		7
11	17.03	489	Nathan	Addlesee	Lincoln & District Runners	M	Sen		11		8
12	17.04	460	Sean	Barkes	Lincoln Wellington Athletic Club	M	V50		12		1
13	17.07	406	Wayne	Lathwell	Lincoln Wellington Athletic Club	M	V40		13		2
14	17.19	485	Jason	Robinson	Lincoln & District Runners	M	Sen		14		9
15	17.21	515	Christopher	Taylor	Lincoln Wellington Athletic Club	M	V40		15		3
16	17.25	467	Greg	Southern	Sleaford Striders Athletic Club	M	V50		16		2
17	17.31	511	Tom	Hansen	Lincoln & District Runners	M	Sen		17		10
18	17.34	481	Lewis	Morgan	Cleethorpes Athletic Club	M	U17		18		2
19	17.36	522	Daniel	Backhouse		M	U17		19		3
20	17.41	443	David	Hunter	Lincoln & District Runners	M	V40		20		4
21	17.42	450	Charlie	Hanson	Lincoln Wellington Athletic Club	F	Sen		1		1
22	17.43	441	Paul	Freeman		M	Sen		21		11
23	17.48	488	Samuel	Spencer	Lincoln & District Runners	M	V50		22		3
24	18.00	43	Martin	Waite	Witham Runners (Lincolnshire)	M	V50		23		4
25	18.01	466	Chris	Sutton	Lincoln & District Runners	M	Sen		24		12
26	18.15	472	Raymond	Clayton	Lincoln Wellington Athletic Club	M	V40		25		5
27	18.22	520	Jack	Moore		M	U23		26		2
28	18.23	527	John	Mosley	Lincoln Wellington Athletic Club	M	V40		27		6
29	18.27	94	Brian	Hawkins	Rotherham Harriers	M	V40		28		7
30	18.28	525	John	Clifton		M	V40		29		8
31	18.32	504	Leigh	MacDonald	Lincoln Wellington Athletic Club	M	Sen		30		13
32	18.42	447	Claire	Cooney	Lincoln Wellington Athletic Club	F	V40		2		1
33	18.43	479	Adrian	Atter	Lincoln Wellington Athletic Club	M	V40		31		9
34	18.48	396	Dave	Dews	Newark Striders Running Club	M	Sen		32		14
35	18.51	454	Oliver	Hughes		M	V40		33		10
36	18.52	501	Kirk	Conroy		M	V40		34		11
37	19.01	523	Simon	Wright		M	V50		35		5
38	19.04	464	Amy	Rockall	Lincoln Wellington Athletic Club	F	V40		3		2
39	19.05	491	Aiden	Vaughan		M	Sen		36		15
40	19.09	502	Joshua	Thompson		M	Sen		37		16
41	19.17	448	Peter	Duncan	Lincoln Wellington Athletic Club	M	V60		38		1
42	19.18	503	Sam	Piggott		M	Sen		39		17
43	19.36	507	Toby	Williams	Lincoln Wellington Athletic Club	M	U20		40		1
44	19.39	494	Stefan	Latter	Grantham Running Club	M	V40		41		12
45	19.43	516	Daniel	Pearce	Grantham Running Club	M	Sen		42		18
46	19.44	477	Martyn	Gammidge		M	V50		43		6
47	19.45	451	Gareth	Ellis		M	V40		44		13
48	19.47	526	Ryan	Alexander	Lincoln Wellington Athletic Club	M	Sen		45		19
49	19.50	490	Brian	Mitchell	Lincoln Wellington Athletic Club	M	V50		46		7
50	19.52	524	Ewan	Merrell	Lincoln Wellington Athletic Club	M	U17		47		4
51	20.01	519	Marcus	Lancastle	Lincoln & District Runners	M	V50		48		8
52	20.09	442	Neil	McBride		M	V50		49		9
53	20.26	509	Angela	Thompson	Skegness & District Running Club	F	V50		4		1
54	20.43	478	Dave	Wainwright	Caistor Running Club	M	V50		50		10
55	20.50	455	Peter	Wass	Lincoln Wellington Athletic Club	M	V50		51		11
56	20.53	528	Thomas	Marshall	Lincoln Wellington Athletic Club	M	Sen		52		20
57	20.55	474	Mark	Kidd	Caistor Running Club	M	V50		53		12
58	20.58	469	Chris	Groome	Lincoln Wellington Athletic Club	M	Sen		54		21
59	20.58	512	Steve	Neill	Lincoln Wellington Athletic Club	M	V50		55		13
60	21.04	453	Ian	Bielby		M	V60		56		2
61	21.05	475	Hannah	Smith	Caistor Running Club	F	Sen		5		2
62	21.10	506	Jack	Bowles	Lincoln Wellington Athletic Club	M	U17		57		5
63	21.12	508	Simon	Machin	Lincoln Wellington Athletic Club	M	V50		58		14
64	21.24	498	Jamie	Waller	Lincoln Lakeside	M	Sen		59		22
65	21.28	518	Rebecca	Hodgson		F	Sen		6		3
66	21.48	449	Helen	Pavey	Lincoln Wellington Athletic Club	F	V50		7		2
67	21.53	461	Kevin	Dunne	Gainsborough & Morton Striders	M	V60		60		3
68	22.03	476	Andy	Jackson-Parr		M	V40		61		14
69	22.18	505	Rowena	Burgess	Louth Triathlon Club	F	Sen		8		4
70	22.22	496	Sarah	Edmond	Lincoln Wellington Athletic Club	F	V50		9		3
71	22.22	517	Cam	Donald		M	Sen		62		23
72	22.31	445	Chris	Dunn		M	V60		63		4
73	22.32	459	Ian	Kirk	Lincoln Wellington Athletic Club	M	V40		64		15
74	22.32	457	Bethany	Maplethorpe		F	Sen		10		5
75	22.38	499	Christopher	Inman	Gainsborough & Morton Striders	M	V60		65		5
76	22.56	487	Geoff	Hall		M	V60		66		6
77	23.06	415	Jerzy	Nowosielski	PBw UK	M	V50		67		15

78	23.08	530	Emily	Martinson	Barton & District Athletic Club	F	Sen	11	6
79	23.19	529	Joanne	Diffey	Lincoln Wellington Athletic Club	F	V50	12	4
80	23.43	446	Gavin	Firth		M	Sen	68	24
81	23.46	438	Kevin	Maplethorpe	Lincoln Wellington Athletic Club	M	Sen	69	25
82	23.47	510	Lydia	Patsalides	Lincoln Wellington Athletic Club	F	V40	13	3
83	23.58	47	Jeanette	Stevens	Notfast RC	F	V50	14	5
84	24.08	486	Kimberley	Etherington-Bates	Newark Athletic Club	F	Sen	15	7
85	24.10	495	Donna	Walters	Lincoln Wellington Athletic Club	F	V50	16	6
86	24.18	492	Robert	McArdle	Grantham Running Club	M	V60	70	7
87	24.19	444	Clare	Hunter	Lincoln & District Runners	F	Sen	17	8
88	24.33	473	Kristie	Holroyd		F	V40	18	4
89	24.36	468	Scott	Nicholls	Lincoln Wellington Athletic Club	M	V50	71	16
90	24.46	452	Peter	Bonner	Grantham Running Club	M	V40	72	16
91	24.54	471	Vikki	Hearn	Gainsborough & Morton Striders	F	Sen	19	9
92	24.56	470	Samantha	Ritson	Scunthorpe & District Running Club	F	V50	20	7
93	26.02	493	Sarah	High	Grantham Running Club	F	V60	21	1
94	26.19	531	Melvin	Ward	Lincoln Wellington Athletic Club	M	V60	73	8
95	26.33	514	Sarah	Rastall		F	V40	22	5
96	26.44	462	Flora	Jolly	Lincoln Wellington Athletic Club	F	U17	23	1
97	29.02	521	Julie	Cartwright		F	V40	24	6
98	30.03	500	Samantha	Woffindin	Gainsborough & Morton Striders	F	V40	25	7