

Event	Position	By Category	Name	Surname	Category	Club	Time	PB	DATE
5km	1	1	John	Redding	V40M	Linlithgow AC	00:16:26	PB	16/01/2022
5km	2	1	Neil	Renault	Senior Men	Edinburgh Athletics Club	00:16:55		16/01/2022
5km	3	2	Chris	Brooks	V40M	Unaffiliated	00:18:46		16/01/2022
5km	4	2	Michael	Lindsay	Senior Men	PH Racing Club	00:19:01	PB	16/01/2022
5km	5	3	Ben	Fraser	Senior Men	Pitreavie AAC	00:19:14		16/01/2022
5km	6	4	Liam	Sleigh	Senior Men	Unaffiliated	00:19:18		16/01/2022
5km	7	5	Tom	Beckett	Senior Men	Unaffiliated	00:19:40	PB	16/01/2022
5km	8	6	Alex	Gregg	Senior Men	Unaffiliated	00:19:58		16/01/2022
5km	9	1	Ed	Norton	V70M	PH Racing Club	00:20:02	PB / V70M COURSE RECORD	16/01/2022
5km	10	3	Alastair	Loudon	V40M	Motherwell AC	00:20:03		16/01/2022
5km	11	1	Judith	Turner	V40F	PH Racing Club	00:20:43	PB	16/01/2022
5km	12	2	Gillian	Mccaffer	V40F	Motherwell AC	00:21:05		16/01/2022
5km	13	7	Gavin	Waddell	Senior Men	Wee County Harriers	00:21:16		16/01/2022
5km	14	4	Chris	Humpage	V40M	Unaffiliated	00:21:37		16/01/2022
5km	15	1	Angela	Malcolm	V50F	Fife AC	00:22:09		16/01/2022
5km	16	1	Nigel	Hetherington	V60M	Fife AC	00:22:26		16/01/2022
5km	17	1	Sam	Jones	Junior Boy	Unaffiliated	00:22:45		16/01/2022
5km	18	1	Dan	Jones	V50M	Unaffiliated	00:22:46		16/01/2022
5km	19	1	Katy	Bush	Senior Wom	Unaffiliated	00:23:14		16/01/2022
5km	20	1	Beth	Simpson	Junior Girl	Unaffiliated	00:24:20	PB	16/01/2022
5km	21	5	Hugh	Simpson	V40M	Unaffiliated	00:24:20		16/01/2022
5km	22	6	Scott	Brownridge	V40M	Unaffiliated	00:24:27	PB	16/01/2022
5km	23	2	Alexander	Robertson	V60M	Lothian running club	00:25:28		16/01/2022
5km	24	7	Paul	Evans	V40M	Unaffiliated	00:25:57		16/01/2022
5km	25	3	Katherine	Manley	V40F	Unaffiliated	00:27:09		16/01/2022
5km	26	2	Rhona	Penman	V50F	Unaffiliated	00:29:29		16/01/2022
5km	27	3	Jill	Scott	V50F	Jogscotland	00:29:44		16/01/2022
5km	28	4	Julie	Grant	V40F	Unaffiliated	00:29:48		16/01/2022
5km	29	5	Lynne	Jardine	V40F	Unaffiliated	00:43:27		16/01/2022