

| Place | Race Time | Surname | First Name | Category | Running Club | Bib Number |
|-------|-----------|--------------|------------|----------|---------------------------|------------|
| 1 | 0.53.48 | Richmond | Ronnie | MV35 | Bideford AAC | 137 |
| 2 | 0.57.44 | Deller | Samuel | M | | 52 |
| 3 | 1.00.59 | Stanley | James | MV35 | South Molton Strugglers | 158 |
| 4 | 1.02.42 | Collins | Graham | MV40 | Almost Athletes | 34 |
| 5 | 1.04.30 | Filer | Lauren | MV40 | North Devon Road Runners | 64 |
| 6 | 1.05.13 | Eagles | Jacob | M | | 60 |
| 7 | 1.05.43 | Worsfold | Richard | MV40 | | 186 |
| 8 | 1.05.55 | Walker-Blair | Dave | M | | 172 |
| 9 | 1.06.39 | Buckingham | Frazer | M | | 23 |
| 10 | 1.07.45 | Prust | Adrian | MV35 | Bideford AAC | 135 |
| 11 | 1.08.30 | Marrow | Lewis | M | South Molton Strugglers | 114 |
| 12 | 1.09.12 | Cook | Stuart | MV45 | Iffracombe Running Club | 37 |
| 13 | 1.09.43 | Day | Luke | M | | 51 |
| 14 | 1.10.24 | Percival | Nick | MV55 | Bradworthy Runners | 129 |
| 15 | 1.10.29 | Williams | Ray | MV40 | Iffracombe Running Club | 183 |
| 16 | 1.11.01 | Watts | Martin | MV45 | Maverick run project | 175 |
| 17 | 1.11.02 | Shepherd | Lee | MV45 | North Devon Tri Club | 148 |
| 18 | 1.11.07 | Beades | Kathryn | FV40 | Iffracombe Running Club | 10 |
| 19 | 1.11.35 | Rowe | Mark | MV35 | Raptor racing | 141 |
| 20 | 1.12.36 | Holland | Chloe | F | | 91 |
| 21 | 1.13.08 | Wills | Matt | MV45 | | 184 |
| 22 | 1.13.21 | Brice | Daniel | MV40 | Just Run Taunton | 20 |
| 23 | 1.13.27 | Holroyd | Leo | MV35 | Iffracombe Running Club | 93 |
| 24 | 1.13.37 | Loder | Dan | MV45 | Iffracombe Running Club | 112 |
| 25 | 1.13.55 | Dixon | Clare | FV40 | Bideford AAC | 54 |
| 26 | 1.14.23 | Grimshaw | Nick | MV45 | | 81 |
| 27 | 1.15.03 | Taylor | Nick | MV35 | Torrington AAC | 164 |
| 28 | 1.15.11 | Turner | Jack | M | Iffracombe Pilot Gig Club | 167 |
| 29 | 1.15.28 | Rous | Gemma | FV35 | North Devon AC | 139 |
| 30 | 1.15.28 | Fuller | Ross | MV40 | Iffracombe Running Club | 68 |
| 31 | 1.15.32 | Bilby | Nick | MV45 | | 12 |
| 32 | 1.15.33 | Barker | Dave | MV55 | Fremington Trailblazers | 5 |
| 33 | 1.15.51 | Pierce | Mark | MV60 | South Molton Strugglers | 132 |
| 34 | 1.16.37 | Devenney | Thomas | MV45 | | 53 |
| 35 | 1.16.53 | Newson | Mark | MV55 | Honiton RC | 122 |
| 36 | 1.17.16 | Godber | Pete | MV45 | | 74 |
| 37 | 1.17.23 | Pimlott | Hannah | F | | 133 |
| 38 | 1.17.23 | Arkel | Robin | MV50 | | 3 |
| 39 | 1.18.07 | Butler | Jeffrey | MV55 | Epsom and Ewell Harriers | 28 |
| 40 | 1.18.16 | Hatch | Steve | MV55 | Bideford AAC | 85 |
| 41 | 1.18.16 | Hember | Luke | M | | 86 |
| 42 | 1.18.22 | Procter | Andrew | MV45 | | 134 |
| 43 | 1.18.27 | Davey | Richard | MV45 | | 48 |
| 44 | 1.18.29 | Connett | Richard | MV40 | South Molton Strugglers | 35 |
| 45 | 1.18.42 | James | Lloyd | MV50 | Fremington Trailblazers | 97 |
| 46 | 1.19.02 | Bates | Dave | MV65 | Okehampton RC | 7 |
| 47 | 1.19.15 | Duthuit | Etienne | MV40 | | 58 |
| 48 | 1.19.20 | Tod | Alexander | MV50 | | 166 |
| 49 | 1.19.27 | Binnion | Zoe | FV40 | | 13 |
| 50 | 1.19.39 | Jones | Jim | MV55 | Helsby Running Club | 99 |
| 51 | 1.19.40 | Marrow | Tanya | FV45 | South Molton Strugglers | 115 |
| 52 | 1.20.20 | Percival | Vicky | FV50 | Bradworthy Runners | 130 |
| 53 | 1.20.46 | Humphreys | Steve | MV45 | Iffracombe Running Club | 95 |
| 54 | 1.20.53 | Black | Neal | MV40 | | 15 |
| 55 | 1.21.30 | Whitworth | Steven | M | Iffracombe Running Club | 182 |
| 56 | 1.21.50 | Apperley | Hugh | MV60 | Fremington Trailblazers | 2 |
| 57 | 1.22.16 | O'Mahoney | Craig | MV45 | Iffracombe Running Club | 123 |
| 58 | 1.22.42 | Jones | Tim | MV70 | North Devon Road Runners | 101 |
| 59 | 1.23.21 | South | Grantley | MV55 | Iffracombe Running Club | 155 |
| 60 | 1.23.23 | Cornish | Natasha | FV45 | | 40 |
| 61 | 1.23.25 | Beers | Steven | MV40 | Iffracombe Running Club | 191 |
| 62 | 1.23.36 | Corry | Craig | MV35 | | 41 |
| 63 | 1.23.54 | Luxton | Martin | MV45 | Fremington Trailblazers | 113 |
| 64 | 1.23.56 | Hallt | Richard | MV45 | | 82 |
| 65 | 1.24.02 | Green | David | MV50 | | 79 |
| 66 | 1.24.53 | Carter | Ian | MV50 | | 30 |
| 67 | 1.24.54 | Sanders | Steve | MV60 | Bideford AAC | 146 |
| 68 | 1.24.56 | Curd | Jeffrey | MV55 | Tiverton Harriers | 46 |
| 69 | 1.24.57 | Holland | Pete | MV55 | | 92 |
| 70 | 1.25.23 | Cooper | Kelly | FV35 | Iffracombe Running Club | 39 |
| 71 | 1.25.24 | Samuel | Andrew | MV60 | South Molton Strugglers | 144 |
| 72 | 1.25.29 | Davie | Adam | MV35 | | 50 |
| 73 | 1.26.05 | Oliver | Simon | MV60 | Iffracombe Running Club | 126 |
| 74 | 1.26.23 | Silvera | Dave | MV55 | Minehead RC | 152 |
| 75 | 1.26.40 | Stevens | Conrad | MV50 | Torrington AAC | 159 |
| 76 | 1.27.06 | Jaye | Barry | MV45 | | 98 |
| 77 | 1.27.27 | Cooper | Abby | FV35 | Iffracombe Running Club | 38 |
| 78 | 1.27.34 | Hillman | Michaela | FV55 | Torrington AAC | 90 |
| 79 | 1.27.39 | Courton | Sam | MV40 | | 42 |
| 80 | 1.27.40 | King | Samuel | M | | 104 |
| 81 | 1.27.46 | Scarratt | Stephen | MV40 | Lonely Goat RC | 147 |
| 82 | 1.27.56 | Donovan | Jim | MV55 | | 56 |
| 83 | 1.27.57 | Wells | Rebecca | F | | 179 |
| 84 | 1.28.21 | Foley-Norman | Lucy | FV35 | Fremington Trailblazers | 65 |
| 85 | 1.28.44 | Pickard | Roy | MV35 | Iffracombe Running Club | 131 |
| 86 | 1.28.49 | Hember | Michael | MV55 | | 87 |
| 87 | 1.29.56 | Maurice | Kayleigh | F | | 102 |
| 88 | 1.30.19 | Beades | Joanna | FV35 | Fremington Trailblazers | 9 |
| 89 | 1.30.29 | Llamosa | Daniel | M | | 110 |
| 90 | 1.31.00 | Baber | Sharon | FV40 | | 4 |
| 91 | 1.31.09 | Gierke | Jess | FV50 | Bideford AAC | 72 |
| 92 | 1.31.16 | Vincent | Darren | MV50 | Iffracombe Running Club | 170 |
| 93 | 1.31.48 | Gear | Steve | MV55 | Iffracombe Running Club | 70 |
| 94 | 1.32.26 | Westmacott | Peter | MV55 | Iffracombe Running Club | 181 |
| 95 | 1.32.26 | Green | Debbie | FV40 | Iffracombe Running Club | 80 |
| 96 | 1.32.51 | Jones | Simon | MV50 | | 100 |
| 97 | 1.32.58 | Challacombe | Julie | FV55 | | 190 |
| 98 | 1.33.02 | Park | Sue | FV55 | Fremington Trailblazers | 127 |
| 99 | 1.33.06 | Lamerton | Verity | FV50 | The Orcs | 106 |
| 100 | 1.33.09 | Payne | Julian | MV60 | | 128 |
| 101 | 1.33.17 | Weighell | Jonathan | MV40 | Tiverton Harriers | 178 |
| 102 | 1.33.29 | Addison | Geraldine | FV45 | | 1 |

| | | | | | | |
|-----|---------|-----------|----------|------|---------------------------|-----|
| 103 | 1.33.33 | Van Vliet | Sara | FV45 | | 169 |
| 104 | 1.34.07 | Bland | Tony | MV60 | | 16 |
| 105 | 1.34.51 | Irwin | Vince | MV50 | Ilfracombe Running Club | 96 |
| 106 | 1.35.48 | Stevens | Zack | MV45 | | 160 |
| 107 | 1.36.30 | Newey | Alastair | MV45 | Ilfracombe Running Club | 121 |
| 108 | 1.36.39 | Bywaters | Steve | MV50 | | 29 |
| 109 | 1.37.03 | Voysey | Amy | F | | 171 |
| 110 | 1.37.31 | Freeman | Deborah | FV45 | Ilfracombe Running Club | 66 |
| 111 | 1.37.40 | Frost | Karis | F | Ilfracombe Pilot Gig Club | 67 |
| 112 | 1.37.49 | Grant | Karen | FV55 | Fremington Trailblazers | 78 |
| 113 | 1.38.35 | Smith | Liz | FV45 | Ilfracombe Running Club | 154 |
| 114 | 1.39.43 | Standford | Susan | FV55 | Raptor racing | 157 |
| 115 | 1.39.59 | Tapp | Sally | FV40 | Ilfracombe Running Club | 163 |
| 116 | 1.40.38 | Taylor | Ruth | FV50 | Bideford AAC | 165 |
| 117 | 1.41.05 | Cooper | Heather | FV45 | | 189 |
| 118 | 1.41.13 | Morris | Nicola | FV60 | The Orcs | 118 |
| 119 | 1.43.20 | Waters | David | M | | 174 |
| 120 | 1.43.21 | Limbrick | Gudrun | FV50 | | 109 |
| 121 | 1.46.52 | Clinch | Aggie | FV65 | North Devon Road Runners | 33 |
| 122 | 1.47.43 | Turner | Mandy | FV55 | Ilfracombe Pilot Gig Club | 168 |
| 123 | 1.49.28 | Cleeve | David | MV35 | Tiverton Harriers | 32 |
| 124 | 1.49.52 | Zaharia | Mags | FV50 | Torrington AAC | 187 |
| 125 | 1.49.52 | Hookway | Verity | FV50 | The Orcs | 94 |
| 126 | 1.50.38 | Burch | Leah | FV50 | | 27 |
| 127 | 1.54.20 | Elgar | Jack | M | | 61 |
| 128 | 1.55.31 | Sanders | Denise | FV40 | | 145 |
| 129 | 1.55.31 | Rowe | Gemma | FV35 | | 140 |
| 130 | 1.55.49 | Baxter | Allan | MV50 | | 8 |
| 131 | 1.59.33 | Hickles | Melanie | FV50 | Ilfracombe Running Club | 89 |
| 132 | 1.59.39 | Oatley | Samuel | MV40 | | 125 |
| 133 | 1.59.39 | Crane | Susanne | FV45 | Somerset RC Tri | 44 |
| 134 | 1.59.39 | Oatley | Rebecca | FV40 | | 124 |
| 135 | 2.02.21 | Godber | Louise | FV55 | | 73 |
| 136 | 2.02.43 | Gayten | Lorraine | FV55 | Black Country Triathletes | 69 |
| 137 | 2.06.41 | Swales | Bridget | FV50 | Fremington Trailblazers | 161 |
| 138 | 2.11.22 | Bone | Heather | FV50 | | 17 |
| 139 | 2.11.22 | Rumary | Claire | FV45 | Exmoor Running Together | 142 |
| 140 | 2.19.13 | Bryan | Gillian | FV55 | North Devon Road Runners | 21 |
| 141 | 2.19.13 | Morris | Jackie | FV40 | North Devon RRC | 117 |
| DNF | DNF | Farmery | Tim | MV50 | | 62 |