

Place	Bib	First name	Last name	Team name	Category	Gender	Time	Difference
1	16	Martin	Brown		M	Male	19:02.0	-
2	35	Ewan	Doran	Telford Athletic Club	JM	Male	20:42.9	+1:40.9
3	100	Rob	Pritch		M	Male	20:57.4	+1:55.4
4	5	Philip	Askev		M	Male	21:33.2	+2:31.2
5	59	Nicole	Gravette	Lawley Running Club	F	Female	21:37.6	+2:35.6
6	82	Steven	Lanford	Lawley Running Club	M	Male	22:02.2	+3:00.2
7	63	Joe	Greozon		M	Male	22:23.4	+3:21.4
8	13	Sammy	Blaikie		M	Male	22:32.8	+3:30.8
9	77	Ryan	Jones	Lawley Running Club	M	Male	22:44.2	+3:42.2
10	34	Sheehan	Cookson	M40	Male	23:01.2	+3:59.2	
11	30	Andrew	Craddock		M40	Male	23:07.7	+4:05.7
12	18	Ruby	Buggins	Wolverhampton & Bilston	JF	Female	23:10.7	+4:08.7
13	129	Nathan	Stanley		M50	Male	23:53.2	+4:51.2
14	29	Louie	Craddock		JM	Male	23:25.0	+4:23.0
15	140	Simon	Tudor		M40	Male	23:41.3	+4:39.3
16	49	Finley	Ewinos		JM	Male	24:03.8	+5:01.8
17	69	Barry	James	Telford Harriers	M40	Male	24:17.2	+5:15.2
18	74	Paul	Rusco		F50	Male	24:29.2	+5:27.2
19	93	Lawrence	Newton		M40	Male	24:31.9	+5:29.9
20	17	Craig	Buggins	Wolverhampton & Bilston	M50	Male	24:42.4	+5:40.4
21	36	Paul	Ducommun		M50	Male	25:02.0	+6:00.0
22	136	Rachel	Tindall	Lawley Running Club	F	Female	25:07.3	+6:05.3
23	2	Graham	Adey		M40	Male	25:08.5	+6:06.5
24	23	Simon	Colver		M40	Male	25:10.4	+6:08.4
25	158	Robert	Wright	Lawley	M40	Male	25:12.0	+6:10.0
26	81	Robin	Jones	Lawley Running Club	M50	Male	25:20.8	+6:18.8
27	119	Daniel	Seabury	Lawley Running Club	M40	Male	25:28.8	+6:26.8
28	154	Ryan	Woodley		M	Male	25:51.0	+6:49.0
29	130	Janet	Stuart		F55	Female	25:57.8	+6:55.8
30	48	Matthew	Ewinos		M40	Male	26:47.7	+7:45.7
31	11	Owen	Barker	Wrekin Road Runners	JM	Male	27:03.2	+8:01.2
32	165	Warren	Smith		M40	Male	27:19.9	+8:17.9
33	63	Wendy	Evans		F55	Female	27:25.4	+8:23.4
34	73	Sue	Johnson	Mercia Fell Runners	F55	Female	27:39.9	+8:37.9
35	62	Steven	Wright		M40	Male	27:52.9	+8:50.9
36	150	Chris	Weston		M	Male	28:12.4	+9:10.4
37	91	Joshua	Moran		JM	Male	28:33.1	+9:31.1
38	15	Mark	Braco		M40	Male	28:34.7	+9:32.7
39	83	Jan-Fai	Li		M40	Male	28:36.2	+9:34.2
40	164	Danny	Richards		M	Male	28:53.0	+9:51.0
41	169	Ben	Pritchard		M	Male	29:00.8	+9:58.8
42	113	Sammie	Roberts	Lawley Running Club	F35	Female	29:25.7	+10:23.7
43	101	Nichola	Piet		F45	Female	29:27.0	+10:25.0
44	134	Claire	Taylor		F35	Female	29:59.9	+10:57.9
45	75	Paul	Wright		M50	Male	30:16.3	+11:14.3
46	54	Corinna	Ford	Lawley Running Club	F45	Female	30:51.9	+11:49.9
47	70	Louise	Jenner		F35	Female	30:53.1	+11:51.1
48	27	Becky	Cowie		F45	Female	30:54.3	+11:52.3
49	156	Nate	Wright		JM	Male	30:54.9	+11:52.9
50	134	Liam	Dawson		F	Female	31:07.8	+12:05.8
51	106	Scott	Ravenscroft		M40	Male	31:08.2	+12:06.2
52	22	Dawn	Colver		F35	Female	31:16.3	+12:14.3
53	127	Becky	Smith		F45	Female	31:18.9	+12:16.9
54	109	Shelagh	Reynard		M50	Male	31:24.1	+12:22.1
55	105	Glen	Thompson		M40	Male	31:27.0	+12:25.0
56	111	Evan	Richards		JM	Male	31:27.8	+12:25.8
57	118	Danni	Saver		F	Female	31:33.6	+12:31.6
58	98	Anele	Anderson		JF	Female	31:39.2	+12:38.2
59	67	Jack	Hughes		JM	Male	31:41.9	+12:39.9
60	167	Sam	Weston		JM	Male	31:42.8	+12:40.8
61	76	Lindsev	Jones	Lawley Running Club	F35	Female	31:48.5	+12:46.5
62	155	Emma	Wright		F35	Female	31:58.0	+12:56.0
63	4	Ethan	Anderson		M	Male	32:23.3	+13:21.3
64	46	Seren	Evans	Lawley	JF	Female	32:29.3	+13:27.3
65	67	Andy	Grant		M50	Male	32:39.7	+13:37.7
66	147	Paul	Weale		M40	Male	32:50.5	+13:48.5
67	45	Kiera	Evans		JF	Female	33:03.3	+14:01.3
68	90	Nina	Moran		F35	Female	33:11.2	+14:09.2
69	139	Nathan	Tooze		M	Male	33:37.7	+14:35.7
70	142	Scott	Simpson		JF	Female	33:42.8	+14:40.8
71	168	Mitchell	Edwards	Telford Harriers	M	Male	33:49.5	+14:47.5
72	21	Katie	Clarke		F	Female	33:52.8	+14:50.8
73	108	Anthony	Reeves		M40	Male	34:14.7	+15:12.7
74	50	Lee	Farmer	Nia	M40	Male	34:34.5	+15:32.5
75	153	Tanya	Wilcock	Telford Harriers	F45	Female	34:38.8	+15:36.8
76	152	Tracy	Wilcock	Telford Harriers	F45	Female	34:41.6	+15:39.6
77	126	Juliet	Smith	Lawley Running Club	F65	Female	34:52.3	+15:50.3
78	146	Laren	Weale		F	Female	35:03.7	+16:01.7
79	112	Owen	Richards		JM	Male	35:40.4	+16:38.4
80	160	Gareth	Smith		M	Male	35:43.2	+16:41.2
81	1	Lynn	Adey	LRC	F45	Female	36:20.3	+17:18.3
82	42	Daisy	Endland		JF	Female	36:21.4	+17:19.4
83	89	Anele	Moloney	Lawley	F35	Female	36:21.9	+17:19.9
84	41	Paula	Endland		F45	Female	36:30.3	+17:28.3
85	159	Kristie	Yates	Nia	F35	Female	36:32.2	+17:30.2
86	85	Emma	Lyle		F35	Female	36:46.4	+17:44.4
87	120	Ian	Sharp		M40	Male	36:47.4	+17:45.4
88	12	Kate	Barriss		F35	Female	36:48.2	+17:46.2
89	33	Simon	Davies	Lawley Running Club	M40	Male	37:01.7	+17:59.7
90	66	Nhi	gambha davies		F45	Female	37:02.7	+18:00.7
91	66	Kerrigan	Hughes		F	Female	37:19.4	+18:17.4
92	102	Emma	Prescott		F35	Female	37:30.2	+18:28.2
93	9	Otto	Austen		JM	Male	39:19.9	+20:17.9
94	98	Ellie	Perks		JF	Female	39:21.7	+20:19.7
95	14	Zak	Boden		JM	Male	39:22.4	+20:20.4
96	99	Jav	Perks	Lawley Running Club	M40	Male	39:25.5	+20:23.5
97	64	Laura	Harper	Lawley Running Club	F35	Female	40:44.2	+21:42.2
98	65	Ben	Harper		M	Male	40:54.8	+21:52.8
99	86	Rich	Marlie	Shrooshire Shufflers	M40	Male	40:56.9	+21:54.9
100	149	Kerry	Weston		F35	Female	41:39.9	+22:37.9
101	44	Julie	Evans		F35	Female	42:21.0	+23:19.0
102	107	David	Raymont		M40	Male	42:22.4	+23:20.4
103	117	Sarah-Jay	Sanders		F	Female	42:44.4	+23:42.4
104	80	DANIEL	JONES	Wrekin Road Runners	JM	Male	42:49.2	+23:47.2
105	28	CERI	CRABBIE		F45	Female	42:57.1	+23:55.1
106	32	Gareth	Cutler		M	Male	43:02.0	+24:00.0
107	123	Samantha	Simpson	Lawley Running Club	F35	Female	43:06.2	+24:04.2
108	61	Anthony	Green		M50	Male	43:55.3	+24:53.3
109	60	Yvonne	Green	Lawley Running Club	F45	Female	43:55.9	+24:53.9
110	166	Alice	Clarke		F	Female	45:34.6	+26:32.6
111	105	Catie	Quintan		JF	Female	45:40.7	+26:38.7
112	104	Rachel	Quintan		F35	Female	46:11.3	+27:09.3
113	6	Claire	Arditt-Round	Lawley Running Club	F35	Female	46:51.6	+27:49.6
114	53	Lucy	Fletcher		F	Female	46:52.7	+27:50.7
115	148	Charlie	Weaver		JM	Male	46:52.9	+27:50.9
116	8	Annabelle	Austen		JF	Female	48:00.5	+28:58.5
117	7	I-Cheng	Austen		F45	Female	48:01.4	+28:59.4
118	160	Lorna	Young		F35	Female	48:05.2	+29:03.2
119	161	Ben	Young		M	Male	48:06.2	+29:04.2
120	26	Finlay	Coah		JM	Male	49:01.2	+29:59.2
121	20	Susan	Churchman		F65	Female	49:03.6	+30:01.6
122	25	Rebecca	Coah		F	Female	49:07.6	+30:05.6
123	85	Hilary	Oliver		F65	Female	49:09.8	+30:07.8
124	167	Sarah	Williams		F	Female	49:17.3	+30:15.3
125	55	Nola	Fuller		F45	Female	49:27.7	+30:25.7
126	116	Karen	Rothwell	Lawley Walkers	F55	Female	49:29.4	+30:27.4
127	79	TY	JONES		JM	Male	49:44.2	+30:42.2
128	78	Emma	Jones	Wrekin Road Runners	F35	Female	49:47.6	+30:45.6
129	10	Samantha	Azzopardi-Tudor		F45	Female	50:32.7	+31:30.7
130	136	Jenny	Tooze	Telford Harriers	F45	Female	50:40.2	+31:38.2
131	38	Baliev	Edwards		JF	Female	51:30.1	+32:28.1
132	39	Oscar	Edwards		JM	Male	51:30.3	+32:28.3
133	37	Eliane	Edwards		F35	Female	51:31.8	+32:29.8
134	125	Nic	Smith	Lawley Running Club	F35	Female	52:09.9	+33:07.9
135	128	Arl	Smith		JM	Male	52:11.3	+33:09.3
136	144	James	Valder	Telford Harriers	M50	Male	53:34.4	+34:32.4
137	19	Lara	Chivers	Telford Harriers	JF	Female	53:34.9	+34:32.9
138	145	Natalie	Valder	Telford Harriers	F35	Female	54:07.9	+35:05.9
139	47	Rachel	Everett		F35	Female	54:17.3	+35:15.3
140	137	Toti Louise	Tonzebe		F	Female	54:20.2	+35:18.2
141	96	Christine	Oliver		F65	Female	55:11.4	+36:09.4
142	94	Joanne	Oliver		F35	Female	55:11.9	+36:09.9
143	114	Kelvin	Robinson		F35	Female	55:12.8	+36:10.8