

Beds AAA 10k – Full Results

Friday 30 July 2021. 7:15 pm

Posn.	Time	Name	Club	Cat	Race no.
1	0:32:20	HUDSON, David	Huntingdonshire AC	M40	155
2	0:33:04	ELMORE, Rob	Leighton Buzzard AC	M40	64
3	0:33:20	ELBAYAN, Mohammad	Dunstable Lions Running Club	MS	160
4	0:33:39	COOPER, Kieran		MS	129
5	0:33:53	RIMICANS, Michael	Edinburgh University Hare & Hounds	MS	127
6	0:34:02	LEACH, Andrew	North Herts Road Runners	M55	86
7	0:34:14	TURNER, Ian	Huntingdonshire AC	M40	40
8	0:34:45	FARRER, Ty	Huntingdonshire AC	M45	92
9	0:35:34	READ, Stuart	Leighton Buzzard AC	M40	162
10	0:35:35	SAYERS, Matthew	North Herts Road Runners	M45	9
11	0:35:36	RAMSAY, Henry		MS	126
12	0:35:39	CONNELL, David	Huntingdonshire AC	M45	28
13	0:35:50	BLABER, Gary	Marshall Milton Keynes	M45	19
14	0:36:03	FRADLEY, William	Herts Phoenix	M40	154
15	0:36:12	OVERTON, Stewart	North Herts Road Runners	M40	89
16	0:36:22	PALMER, Charlie	Bedford & County AC	M40	78
17	0:36:52	ELLERTON, Tom	Leighton Fun Runners	MS	164
18	0:36:55	RUSSELL, Christopher		MS	130
19	0:37:07	HURST, Daniel		MS	71
20	0:37:19	MALPELI, Nicholas	North Herts Road Runners	M55	70
21	0:37:26	CORNISH, Darren	Dunstable Lions Running Club	M50	59
22	0:37:29	CORNISH, Jude	Dunstable Lions Running Club	MU20	60
23	0:37:33	WILSON, Ewan	Bedford & County AC	M50	33
24	0:37:39	CAWDELL, Tom	Amphill & Flitwick Flyers	MS	75
25	0:37:42	CHILD, Matthew	Marshall Milton Keynes	MS	3
26	0:37:54	RADDAN, Mark		M40	18
27	0:38:12	WALLER, Paul		MS	22
28	0:38:17	KENDALL, Mike	Riverside Runners St Neots	M50	105
29	0:38:23	PHILP, Amber	Cambridge & Coleridge	FS	163
30	0:38:25	AULD, John	North Herts Road Runners	MS	69
31	0:38:32	HAIR, Becky	Cambridge & Coleridge	FS	82
32	0:38:42	MURPHY, Lee	Dunstable Lions Running Club	MS	161
33	0:38:46	GOODLAKE, Warren	Redway Runners	M50	118
34	0:38:52	STILL, Ellie	Bedford & County AC	FS	110
35	0:38:56	CUSTANCE, Lucie	Bedford Harriers	F40	141
36	0:39:33	JARVIS, Neil	Cambridge & Coleridge	M45	30
37	0:39:40	BLAIR, Andrew	Bedford & County AC	M55	46
38	0:39:48	CUFF, Phil		M40	124
39	0:39:49	GIBSON, Martin		M45	17
40	0:39:55	COOMBER, Stephen	Marshall Milton Keynes	MS	5
41	0:40:00	STILL, Stuart	Bedford & County AC	M50	150
42	0:40:03	TOOTELL, Simon	Wootton Road Runners	M40	38
43	0:40:17	ASHTON, Simon	Riverside Runners St Neots	MS	68
44	0:40:23	FALLON, Gez	Stopsley Striders	M50	84
45	0:40:31	MILLER, John		M40	158
46	0:40:40	HORAN, Philip	Amphill & Flitwick Flyers	M50	74
47	0:40:52	VARLEY, Emily	Biggleswade AC	FS	157
48	0:41:08	PAUL, Steve	Eastern Masters AC	M60	108
49	0:41:14	ARNOLD, Charles	Biggleswade AC	M65	2
50	0:41:16	GOODING, Paul	Kettering Town Harriers	M55	144
51	0:41:38	KNIGHT, Stuart	Bedford Harriers	M55	93
52	0:41:39	SHARPLES, Johanna	Leighton Buzzard AC	FS	107
53	0:41:50	STYRKA, Matt	Leighton Buzzard AC	M40	156
54	0:41:58	BONNER, Peter	Grantham Running Club	M45	58
55	0:42:03	PEDDER, Mark	Dunstable Lions Running Club	M45	166
56	0:42:05	HOGAS, Nicolae		MS	85
57	0:42:17	ROBINSON, Alex	Nidd Valley Road Runners	MS	128
58	0:42:27	HARPER, Simon		M45	63
59	0:42:28	KNIGHT, Sally	Bedford Harriers	F45	94
60	0:42:33	PITMAN, Natasha	North Herts Road Runners	F45	41
61	0:42:33	DOWNING, Paula		F50	151
62	0:42:41	RULTON, Claire	Bedford Harriers	F40	76
63	0:42:43	SWINBURNE, Paul	Biggleswade AC	M45	55
64	0:42:46	HEALE, Andrew	Leighton Fun Runners	M55	143
65	0:43:13	CLARK, Mike	Leighton Fun Runners	M60	149
66	0:43:19	SIBBETT, Peter	North Herts Road Runners	M55	119
67	0:43:20	STANLEY, Steven		M55	96
68	0:43:30	BRAYBROOK, David	North Herts Road Runners	M40	61

69	0:43:32	MCKEOWN, Astrid	North Herts Road Runners	F45	7
70	0:43:36	CORNELL, Mark	Dunstable Lions Running Club	M55	152
71	0:43:57	PITCAIRN, Tracy	North Herts Road Runners	F35	169
72	0:44:03	SEAGO, Bryan		M50	57
73	0:44:11	CLARK, Jon		M55	97
74	0:44:13	FREER, Gary		M40	120
75	0:44:54	PRICE, Stuart	Ampthill & Flitwick Flyers	M45	95
76	0:44:56	BOOTH, Rosie	Leighton Fun Runners	F40	99
77	0:44:58	THACKERAY, Richard	North Herts Road Runners	M55	148
78	0:44:59	FINN, Mark		M45	42
79	0:45:07	MARSH, Laura		F45	66
80	0:45:19	JESSON, Maree	Corby AC	F45	39
81	0:45:23	KELLY, Declan		M40	167
82	0:45:36	DICKS, Charles	Fetch Everyone	M65	91
83	0:45:42	PITKIN, Ian	Stopsley Striders	M55	116
84	0:45:49	WEBER, Richard	North Herts Road Runners	M55	111
85	0:46:16	WALLER, James		MS	21
86	0:46:31	FROST, John		MS	132
87	0:46:49	HAGGART, Nora		F60	72
88	0:47:22	WALLER, Andrew		MS	45
89	0:47:27	BELL, Jeremy		M55	8
90	0:47:32	CROSS, Nick		M55	135
91	0:47:49	O'CONNELL, Maurice	Redway Runners	M65	109
92	0:47:53	ENGLISH, Chris		M60	101
93	0:47:54	LOMAS, Andrew		MS	103
94	0:48:29	PLOSZAJSKI, Tony	Achilles Club	M60	37
95	0:48:35	CROSS, Sue		F55	136
96	0:48:54	HOUSDEN, Philip	Biggleswade AC	M70	23
97	0:49:04	MULLENS, Stephen		M55	159
98	0:49:14	GRIGGS, Andy	Leighton Fun Runners	M55	88
99	0:49:17	O'CONNOR, F Lucy	North Herts Road Runners	F60	131
100	0:49:26	LANGLANDS, Camilla	Serpentine Running Club	FS	106
101	0:49:29	ROOTHAM, Stuart		M50	153
102	0:49:36	GIBSON, Anna	North Herts Road Runners	F35	133
103	0:50:09	TRINDER, Martin		M40	117
104	0:50:46	SINGLETON-LAWLEY, Veronica	Bedford Harriers	F60	165
105	0:50:58	WILLIAMSON, Marie	Ramsey Road Runners	F45	114
106	0:51:40	STORIE, Richard		M45	53
107	0:51:57	PLACE, Simon		M55	100
108	0:52:04	COX, Andrew		M40	79
109	0:52:22	SHAW, Jonathan	Horsforth Harriers	MS	52
110	0:52:57	ASHBY, Karen	Stopsley Striders	F60	139
111	0:53:15	PERRY, Jackie		F55	26
112	0:53:22	IRVINE, Jackie	Bedford Harriers	F50	43
113	0:53:23	GRIMWOOD, Ian	Biggleswade AC	M65	32
114	0:54:17	PERRY, Keith		M55	27
115	0:54:34	GALVIN, Sadie	Redway Runners	F55	125
116	0:55:09	MCLAREN, Chris	Stopsley Striders	M60	138
117	0:55:33	BRIMS, Gary		M50	35
118	0:55:39	SKERRATT, Clark	Biggleswade AC	M70	54
119	0:55:50	RULTON, Matthew		MS	134
120	0:56:03	SMITH, Deborah	North Herts Road Runners	F40	113
121	0:56:43	PORTER, Andrew	North Herts Road Runners	M70	29
122	0:56:43	BRIMS, Nicola		F50	36
123	0:57:18	JONES, Ian		M70	147
124	0:57:28	ANDRADE, Jose		M50	48
125	0:57:42	SURGEY, Shelah	Dunstable Road Runners	F55	25
126	0:58:58	MCCLEMENT, Sinead		F35	168
127	1:00:59	NIXON, Alexandra		FS	102
128	1:01:08	HOLGATE, Paul	Fairlands Valley Spartans	M60	146
129	1:01:43	CORKERY, Larry	Bedford Harriers	M70	115
130	1:04:39	PAGE, Claire		F45	15
131	1:04:40	DUNPHY, Louise		F50	47
132	1:04:41	BRAEGER, Claire		F45	12
133	1:05:40	AUSTIN, Bob		M70	56
134	1:05:50	DICKS, Patricia	Fetch Everyone	F65	90
135	1:08:41	JUDKINS, Brian	North Herts Road Runners	M65	145
136	1:09:06	MCLAREN, Gill	Stopsley Striders	F65	137
137	1:09:06	REID, Judy	Stopsley Striders	F65	140
138	1:09:18	READE, John	Dunstable Road Runners	M70	20