



Liberation Day Road Race  
9th May 2021

Pl.	Bib	Name	Gender	Category	Club	GunTime
1.	141	Richard Friedrich	m	M35-39	GAC	37:12
2.	81	James Priest	m	M25-29	GAC	38:17
3.	183	Will Bodkin	m	M25-29	GAC	39:12
4.	152	Sammy Galpin	m	M20-24	GAC	39:41
5.	132	Nick Mann	m	M40-44	GAC	39:54
6.	30	Chris Norman	m	M30-34	GAC	39:58
7.	121	Mat Dorrian	m	M40-44		40:02
8.	168	Thierry Le Cheminant	m	M15-19		40:14
9.	114	Luke Richards	m	M30-34		40:42
10.	67	Graham Merfield	m	M55-59	GAC	40:47
11.	155	Sarah Mercier	f	F30-34	GAC	41:16
12.	159	Simon Ingrouille	m	M50-54	GAC	42:47
13.	17	Ben Wilen	m	M30-34	GAC	43:38
14.	182	Warwick Helps	m	M45-49	GAC	43:54
15.	15	Ben Foote	m	M35-39	GAC	43:58
16.	41	Danny Blake	m	M40-44	GAC	44:11
17.	160	Simon March	m	M40-44		44:46
18.	35	Clint King	m	M35-39	GAC	44:46
19.	156	Sean Galpin	m	M55-59	GAC	44:47
20.	171	Tom Nichols	m	M25-29	GAC	45:02
21.	78	James De Garis	m	M40-44	GAC	45:04
22.	124	Matthew Jamieson	m	M40-44	GAC	45:08
23.	137	Paul Hewitt	m	M45-49	GAC	45:13
24.	65	George Nichols	m	M25-29	GAC	45:18
25.	77	Jack Trott	m	M25-29		46:15
26.	146	Rosie Williams	f	F25-29	GAC	46:18
27.	118	Mark Pizzey	m	M50-54	GAC	46:34
28.	123	Matt Saltmer	m	M30-34		46:49
29.	125	Mel Nicolle	f	F35-39	GAC	47:17
30.	180	Vicky Carre	f	F45-49	GAC	47:18
31.	60	Gashirai Masvikeni	m	M30-34		47:23
32.	53	Elizabeth Dudin	f	F35-39		47:28
33.	172	Tom Shaw	m	M35-39	GAC	47:31
34.	4	Adrian Lihou	m	M50-54	GAC	47:35

35.	3	Adam Grogan	m	M35-39		47:41
36.	153	Samuel Goddard	m	M15-19	GAC	48:07
37.	178	Vanessa King	f	F30-34	GAC	48:18
38.	158	Shane Gaudion	m	M45-49		48:43
39.	83	Jamie O Connor	m	M40-44	GAC	49:03
40.	29	Chris Kilzer	m	M50-54		49:05
41.	97	Jon Sexton	m	M45-49	GAC	49:14
42.	164	Stuart Le Noury	m	M35-39	GAC	49:18
43.	48	Derek Beatty	m	M40-44		49:20
44.	92	Joe Le Page	m	M25-29	GAC	49:27
45.	11	Andrew Zabiela	m	M35-39	GAC	49:29
46.	131	Nathan Ward	m	M40-44	GAC	49:31
47.	162	Steve Smith	m	M50-54	GAC	49:35
48.	145	Rick Martin	m	M45-49		50:00
49.	26	Chloe Truffitt	f	F25-29		50:03
50.	165	Summer Woodhead	f	F15-19	GAC	50:05
51.	5	Alex Sexton	m	M15-19		50:16
52.	154	Sarah Eagles	f	F40-44		50:25
53.	127	Michael Way	m	M50-54	GAC	50:30
54.	98	Jordan Smith	m	M30-34		50:53
55.	1	Abbie Swain	f	F30-34	GAC	50:59
56.	38	Craig Allen	m	M45-49	GAC	51:06
57.	122	Mathew Le Huray	m	M45-49		51:07
58.	42	Darren Pipet	m	M40-44	GAC	51:35
59.	134	Nicole Petit	f	F25-29	GAC	51:35
60.	16	Ben O'Brien	m	M35-39		51:48
61.	40	Dan Brehaut	m	M45-49		51:56
62.	184	Michael Haimes	m	M25-29		52:03
63.	20	Brett Bewey	m	M40-44	GAC	52:04
64.	194	Sophie Cowley	f	F20-24		52:06
65.	75	Ian Taylor	m	M50-54	GAC	52:09
66.	14	Barrie Duerden	m	M55-59		52:09
67.	193	Kevin Trump	m	M55-59		52:11
68.	70	Hannah Fitchet	f	F25-29	GAC	52:23
69.	18	Benedict Hannah	m	M25-29		52:32
70.	129	Michel Davy	m	M45-49		52:40
71.	128	Michaela Gallienne	f	F50-54		52:46
72.	61	Gavin St Pier	m	M50-54		53:04
73.	170	Tom Fotheringham	m	M40-44		53:13
74.	93	Joe Truelove	m	M45-49		53:37
75.	143	Rick Frolich	m	M55-59		53:47
76.	109	Larry Hughes	m	M55-59		53:48
77.	39	Craig Collins	m	M35-39	GAC	53:54
78.	110	Laura Cornelius	f	F25-29		54:18
79.	50	Dewi Clatworthy	f	F30-34		54:23

80.	85	Jay Smith	m	M20-24		54:41
81.	181	Victoria Hardy	f	F20-24		54:52
82.	28	Chris Dorey	m	M65-69	GAC	54:53
83.	101	Karen Farman	f	F45-49		54:54
84.	63	Gemma Le Sauvage	f	F40-44	GAC	55:05
85.	47	Debbie Barton	f	F35-39		55:11
86.	88	Jemma Field	f	F40-44		55:27
87.	76	Itayi Chibaya	m	M30-34		55:37
88.	119	Martin Mcdermott	m	M50-54		55:37
89.	73	Helen Sinclair	f	F25-29		55:41
90.	103	Katrina Rowe	f	F40-44		55:42
91.	45	Dave Watson	m	M50-54		55:49
92.	84	Jamy Petit	f	F35-39		56:25
93.	89	Jez Le Tissier	m	M50-54		56:31
94.	10	Andrew Sexton	m	M45-49		56:46
95.	148	Ruairi Harnden	m	M25-29	GAC	57:19
96.	87	Jeanne Tønnes Svejstrup	f	F45-49		57:26
97.	195	Stuart Nicolle	m	M60-64		57:37
98.	174	Tony King	m	M50-54		57:49
99.	79	James Lawrence	m	M50-54		57:49
100.	186	Leon Wood	m	M50-54		57:50
101.	62	Gemma Fletcher	f	F35-39		57:58
102.	31	Chris O'Neil	m	M25-29		58:01
103.	44	Dave Trow	m	M55-59		58:11
104.	21	Brian Aplin	m	M15-19		58:27
105.	68	Greg Harvey	m	M65-69		58:51
106.	161	Stephanie Clarke	f	F30-34		58:59
107.	136	Paul Domaille	m	M55-59	GAC	58:59
108.	58	Fiona Gardiner	f	F50-54		59:02
109.	59	Gareth Ashmead	m	M55-59		59:09
110.	95	John Philippe	m	M45-49		59:40
111.	175	Tony Veillard	m	M50-54	GAC	59:52
112.	57	Evelien Harrison	f	F40-44		1:00:15
113.	169	Tim Casey	m	M50-54		1:00:15
114.	23	Carol Lanyon	f	F35-39		1:00:25
115.	52	Eleanore Gould	f	F35-39		1:00:40
116.	116	Mark Stockreiter	m	M45-49		1:00:47
117.	71	Hannah Pilmanis	f	F30-34		1:00:54
118.	133	Nicky Mills	f	F40-44		1:01:14
119.	179	Vicki Joyce	f	F45-49	GAC	1:01:18
120.	91	Joe Armstrong	m	M30-34		1:01:50
121.	69	Gregory Josey	m	M50-54	GAC	1:01:54
122.	105	Kelly Gaudion	f	F40-44		1:01:57
123.	151	Sam Shires	m	M45-49	GAC	1:02:11
124.	166	Tania Shires	f	F45-49	GAC	1:02:11

125.	104	Keith Flanagan	m	M55-59		1:02:13
126.	96	Jon Coyde	m	M45-49		1:02:24
127.	196	Sarah Smith	f			1:02:54
128.	185	Maiciej Dudziak	m	M30-34		1:03:13
129.	111	Lily Prus	f	F25-29		1:03:15
130.	100	Julia Martin	f	F40-44		1:03:45
131.	49	Des Gorman	m	M50-54	GAC	1:03:46
132.	80	James Maguire	m	M65-69	GAC	1:04:07
133.	6	Alison Gavey	f	F50-54	GAC	1:04:08
134.	9	Amanda Crowther-Martel	f	F45-49		1:04:12
135.	32	Chris Walker	m	M50-54		1:04:25
136.	176	Tracy Walker	f	F50-54		1:04:25
137.	94	John Bishop	m	M65-69		1:05:12
138.	192	John Cooper	m			1:05:14
139.	140	Reece Hicks	m	M25-29		1:05:21
140.	112	Lindy Holland	f	F25-29		1:05:23
141.	190	Robert Lovett	m	M30-34		1:05:23
142.	36	Colleen Irvn	f	F50-54		1:06:05
143.	189	Anne-Marie Sheffer	f	F40-44		1:06:13
144.	7	Alison Sehmi	f	F50-54		1:06:41
145.	157	Serena Ace-Hopkins	f	F35-39		1:07:21
146.	102	Karyn Norman	f	F50-54		1:07:23
147.	54	Ellie Marsh	f	F30-34		1:07:35
148.	149	Sabine Haberland	f	F35-39		1:07:37
149.	120	Mary Bate	f	F45-49		1:07:45
150.	64	Gemma Watson	f	F40-44		1:07:48
151.	107	Kris Kirk	m	M35-39		1:08:05
152.	191	David MacNab	m	M40-44		1:08:08
153.	8	Alun Williams	m	M60-64	GAC	1:08:35
154.	142	Richard Tostevin	m	M60-64		1:09:03
155.	167	Terry Harnden	m	M60-64	GAC	1:09:28
156.	51	Diane Shaw	f	F50-54		1:10:10
157.	13	Annie Ashmead	f	F55-59		1:10:13
158.	33	Christine Maguire	f	F60-64		1:10:15
159.	106	Kirsty Mauger	f	F30-34		1:10:49
160.	24	Carol Le Carpentier	f	F55-59		1:11:00
161.	150	Sam Ingrouille	f	F50-54	GAC	1:11:19
162.	90	Jo Farrell	f	F50-54		1:11:30
163.	135	Nina Mattinson	f	F40-44		1:11:31
164.	115	Marie Donnelly	f	F45-49		1:11:33
165.	12	Andy Bodsworth	m	M45-49		1:11:48
166.	55	Emma Renouf	f	F30-34		1:11:54
167.	108	Kylie Brouard	f	F30-34		1:11:54
168.	56	Emma Shearer	f	F45-49	GAC	1:14:45
169.	138	Paula Gaudion	f	F65-69		1:15:05

170.	144	Rick Mann	m	M70+	GAC	1:15:09
171.	72	Heidi Shearer	f	F45-49		1:15:14
172.	86	Jayne Golborne	f	F50-54		1:16:02
173.	25	Cassandra Collins	f	F40-44		1:16:04
174.	113	Lisa Evans	f	F50-54	GAC	1:17:06
175.	139	Pritt Sehmi	m	M65-69		1:19:12
176.	19	Berni Gilman	f	F45-49		1:21:54
177.	34	Claire-Louise Gorman	f	F50-54	GAC	1:23:02
178.	74	Hugo Toby Birch	m	M50-54		1:38:39