POSITION	By Category	Name	Surname	Category	Club	Chip Lap	Gun Time	Chip Time
1	1	Andrew	Kirk	Senior Men	Kirkintilloch Olympians	00:17:02	00:34:00	00:33:58
2	1	John	Redding	V40M	Linlithgow AC	00:17:16	00:34:40	00:34:39
3	2	Colin	Logan	V40M	Central Athletics Club	00:17:30	00:34:56	00:34:55
4	2	Tom	Prew	Senior Men	Unaffiliated	00:17:26	00:35:10	00:35:04
5	3	Oliver	Reilly	Senior Men	Greenock glenpark harriers	00:17:55	00:35:37	00:35:35
6	4	Ross	Finlayson	Senior Men	lasswade athletics club	00:17:58	00:36:01	00:36:00
7	5	Max	Meres	Senior Men	Edinburgh AC	00:18:10	00:36:06	00:36:04
8	6	Ronan	Beale	Senior Men	Bellahouston Road Runners	00:18:16	00:36:47	00:36:45
9	7	David	Mackintosh	Senior Men	Unaffiliated	00:19:03	00:38:08	00:38:06
10	3	Scott	Love	V40M	PH Racing Club	00:19:01	00:38:12	00:38:11
11	1	Bryce	Aitken	V60M	Fife AC	00:19:11	00:38:27	00:38:25
12	4	Andy	Maidment	V40M	Devizes Running Club	00:19:24	00:38:51	00:38:49
13	5	Hugh	Simpson	V40M	Unaffiliated	00:19:49	00:39:30	00:39:28
14	6	Gavin	Abercrombie	V40M	Unaffiliated	00:21:10	00:42:31	00:42:24
15	1	Julie	Atkinson	V40F	Lothian Running Club	00:21:28	00:42:39	00:42:36
16	2	Katie	Mitchell	V40F	Unaffiliated	00:21:50	00:42:57	00:42:51
17	7	David	Young	V40M	independent	00:21:12	00:43:16	00:43:10
18	8	Alastair	Murray	V40M	Lothian Running Club	00:21:51	00:43:46	00:43:43
19	3	Mel	Zobel	V40F	Unaffiliated	00:22:00	00:44:10	00:44:05
20	1	Stephen	Ingledew	V50M	Edinburgh AC	00:22:17	00:44:29	00:44:24
21	2	Scott	Hyslop	V50M	Linlithgow Athletic Club	00:22:25	00:44:39	00:44:34
22	9	Scott	Cumming	V40M	Linlithgow Athletic Club	00:22:20	00:44:47	00:44:43
23	8	Adam	Small	Senior Men	Portobello	00:22:40	00:44:52	00:44:49
24	4	Catriona	Clarke	V40F	Unaffiliated	00:22:23	00:45:20	00:45:14
25	9	Neil	Maclachlan	Senior Men	Pitreavie AAC	00:22:15	00:45:21	00:45:18
26	1	Jane	Gardner	V50F	Unaffiliated	00:22:57	00:45:22	00:45:19
27	2	Angela	Malcolm	V50F	Fife AC	00:22:58	00:45:25	00:45:21
28	3	Steven	Blair	V50M	Corstorphine AAC	00:23:05	00:45:51	00:45:46
29	2	Nigel	Hetherington	V60M	Fife AC	00:23:06	00:46:22	00:46:18
30	1	Cat	Mckelvie	Senior Women	Unaffiliated	00:23:07	00:46:42	00:46:36
31	2	Sarah	Oliver	Senior Women	Bellahouston Road Runners	00:24:07	00:47:51	00:47:48
32	4	Colin	Ledlie	V50M	Carnethy	00:24:25	00:48:23	00:48:18
33	5	Mike	Quirk	V50M	Unaffiliated	00:24:06	00:48:28	00:48:25
34	3	Brian	Pendreigh	V60M	HBT and ERN	00:24:39	00:49:00	00:48:54
35	5	Kaira	Hicks	V40F	Unaffiliated	00:24:44	00:49:12	00:49:08
36	6	Graeme	Reid	V50M	Corstorphine AAC	00:24:36	00:49:18	00:49:12
37	1	Sandra	Aitken	V60F	Fife AC	00:24:18	00:49:34	00:49:32
38	2	Morna	Fleming	V60F	Pitreavie AAC	00:25:02	00:51:12	00:51:08
39	3	Juliette	Lee	V50F	Unaffiliated	00:26:31	00:53:24	00:53:18