



Boxing Day Cross Country
26th Dec 2020

L'Ancrese Full Course 4.75M

Pos.	Bib No.	Name	Cat	Time
1	5	Alex Rowe	M SEN	26.43
2	250	Dan Galpin	M SEN	27.04
3	311	Joshua Lewis	M SEN	27.43
4	278	Richard Thorburn	M SEN	27.57
5	190	Will Bodkin	M SEN	27.58
6	160	Sammy Galpin	M SEN	28.03
7	233	Thierry Le Cheminant	M U17	28.29
8	127	Nick Mann	M V40	29.07
9	31	Chris Bain	M U20	29.24
10	63	Fabio Teles	M SEN	29.27
11	71	Graham Merfield	M V55	29.29
12	272	Isaac Bate	M SEN	29.35
13	253	Isaac Powers	M U20	29.54
14	84	James Travers	M V35	30.14
15	182	Toby Mann	M V35	30.32
16	79	Jack Le Tissier	M U17	30.33
17	183	Tom Nichols	M SEN	30.36
18	46	Danny Blake	M V40	30.46
19	184	Tom Shaw	M V35	30.51
20	166	Simon Ingrouille	M V50	30.53
21	81	James de Garis	M V40	30.54
22	269	Mikey Ingrouille	M U20	30.56
23	336	Alan Rowe	M V55	30.58
24	259	Megan Chapple	F SEN	31.11
25	15	Ben Foote	M V35	31.19
26	159	Ethan Woodhead	M U20	31.27
27	130	Nicole Petit	F SEN	31.35
28	68	George Nichols	M SEN	31.38
29	321	Alex Kosmos	M SEN	31.44
30	163	Sean Galpin	M V55	31.49
31	162	Samuel Goddard	M U20	31.52
32	131	Ove Svejstrup	M V40	31.54
33	290	Steve Manklow	M V45	31.58
34	309	Abdelwahid Talibi	M SEN	31.59
35	294	Adam Dorey	M V45	31.59
36	330	Donal Lyons	M V40	32.13
37	4	Adrian Lihou	M V50	32.15
38	283	James Littlewood	M V40	32.17
39	332	Will Thompson	M SEN	32.26
40	119	Matthew Jamieson	M V40	32.27

41	171	Stuart Le Noury	M	V35	32.41
42	151	Rosie Williams	F	SEN	32.48
43	258	Summer Woodhead	F	U17	32.54
44	323	Connor Tostevin	M	SEN	32.57
45	114	Mark Pizzey	M	V50	32.57
46	325	Dan Hunter	M	V45	33.10
47	93	Joe Le Page	M	SEN	33.12
48	167	Simon Timberlake	M	V45	33.23
49	314	Chris Jackson	M	SEN	33.28
50	308	Lloyd Wallbridge	M	V35	33.32
51	340	Daniel Brehaut	M	V45	33.36
52	170	Steve Smith	M	V50	33.41
53	86	Jason Carre	M	V45	34.02
54	125	Nathan Ward	M	V40	34.18
55	98	Jordan Smith	M	SEN	34.36
56	11	Andrew Zabiela	M	V35	34.41
57	322	Tom Riley	M	SEN	34.44
58	329	Clint King	M	V35	34.51
59	328	Adam Dorey	M	V35	34.52
60	313	Rich Hann	M	V35	34.52
61	187	Vanessa King	F	SEN	34.55
62	291	Ricky Le Cheminant	M	V35	35.33
63	103	Laura Quayle	F	V40	35.36
64	124	Munyaradzi Munzwembiri	M	V35	35.44
65	122	Michael Way	M	V50	35.50
66	51	David Woodhead	M	V45	36.18
67	113	Mark Palfrey	M	V50	36.29
68	333	Sammy Yendell	F	SEN	36.30
69	123	Mel Nicolle	F	V35	36.42
70	99	Joseph Truelove	M	V45	36.56
71	87	Jason Powers	M	V45	37.06
72	318	Rick Frolich	M	V55	37.08
73	100	Karen Farman	F	V45	37.12
74	284	Jonny Twofifty	M	V50	37.16
75	148	Richard Stapley	M	V50	37.18
76	306	Neil Montgomery	M	V45	37.21
77	135	Paul Robilliard	M	V55	37.25
78	176	Tania Shires	F	V45	37.35
79	324	Emma Beardsell	F	V45	37.42
80	226	Penelope Freeman	F	SEN	37.47
81	2	Abbie Swain	F	SEN	37.49
82	320	Adam Creed	M	SEN	37.58
83	319	Caroline Creed	F	V50	37.59
84	48	Darren Pipet	M	V40	38.14
85	201	Tony King	M	V50	38.33
86	132	Paul Domaille	M	V55	38.47
87	296	Darren Smith	M	V45	38.48
88	280	Chris Dorey	M	V65	38.53
89	69	Gina Rowe	F	V50	38.55
90	281	Chris Roughsedge	M	V50	38.56

91	327	Bob Green	M	V60	39.06	
92	33	Chris Brock	M	V50	39.16	
93	279	Daz Carre	M	V35	39.20	
94	312	Javen Isabelle	M	V45	39.30	
95	334	Pierre Petit	M	SEN	39.33	
96	152	Ruairi Harnden	M	SEN	39.42	
97	17	Ben O'Brien	M	V35	39.43	
98	245	Alan Donaldson	M	V55	39.47	
99	196	Stuart Mauger	M	V50	39.50	
100	150	Rob Grierson	M	V35	39.55	
101	73	Hannah Fitchet	F	SEN	39.56	
102	271	Sarah Wright	F	V45	39.57	
103	277	Greg Harvey	M	V65	40.03	
104	137	Paul W Ferbrache	M	V60	40.07	
105	301	Frank Hersey	M	V35	40.28	
106	315	Bobby Phillips	M	SEN	40.35	
107	304	Tom Rotheringham	M	V40	40.38	
108	292	David Trow	M	V55	40.40	
109	66	Gemma Le Sauvage	F	V40	40.55	
110	331	Ellie Gould	F	V35	40.56	
111	210	Rob Randell	M	V40	41.05	(actual 38:05)
112	88	Jeanne Svejstrup	F	V45	41.05	
113	335	Georgie St Pier	F	SEN	41.16	
114	302	Gavin St Pier	M	V50	41.17	
115	6	Ali Lihou	F	V40	41.20	
116	129	Nicola Sharp	F	V40	41.21	
117	54	Des Gorman	M	V50	41.22	
118	299	Toni Osborne	F	V35	41.24	
119	242	Lottie Smith	F	U17	42.33	(actual 33:33)
120	326	Amanda Crowther-Martel	F	V45	42.41	
121	288	David Reid	M	V60	42.58	
122	338	Simon De La Rue	M	V50	43.08	
123	307	Brian Johnson	M	V60	43.24	
124	70	Graham Hall	M	V55	43.40	
125	285	Kirsty Gauvain	F	V35	43.45	
126	220	Lucy Le Cocq	F	V35	43.48	
127	117	Matt Mason	M	V50	44.07	
128	289	Amanda Mew	F	V50	44.15	
129	91	Jeremy Mew	M	V55	44.15	
130	287	Sophie Roughsedge	F	V40	46.35	

131	185	Tony Veillard	M	V50	46.39
132	177	Terry Harnden	M	V60	46.42
133	145	Rachel Ferbrache	F	V50	46.46
134	53	Derek Gilman	M	V50	47.22
135	38	Christine Maguire	F	V60	47.41
136	337	John Deadman	M	V45	47.56
137	228	Zoe Ward	F	V35	48.19
138	80	Jackie Mauger	F	V55	48.24
139	282	Annie Ashmead	F	V55	48.29
140	149	Rick Mann	M	V70	49.17
141	9	Alun Williams	M	V60	49.31
142	105	Lisa Evans	F	V50	49.42
143	155	Sam Ingrouille	F	V50	49.51
144	26	Carol Le Carpentier	F	V55	50.30
145	293	Mary Twofifty	F	V45	50.39
146	305	Kara Lucas	F	V50	52.31
147	317	Anna Lisa Detassis	F	V50	53.00
148	295	Jayne Golborne	F	V50	57.55

U15s - 2.8 Miles

1	175	Talia Godet	F	U15	17.50
2	138	Pearce Le Poidevin	M	U15	19.39
3	297	Leo Smith	M	U15	20.36
4	219	Edward Lucas	M	U15	20.42
5	102	Lara Veillard	F	U13	21.46
6	55	Eleanor Jamieson	F	U13	22.39
7	316	Lea Phillips	F	U15	36.09
8	310	Kathleen Truelove	F	U15	36.11