

Run 4 It Proms 3K Results

10th January 2020

Race Number 4

Posn	No	Name	Club	Cat	Time
1	76	Hamish Battle	Metro Aberdeen RC	M	08:52
2	622	Jason Kelly	Metro Aberdeen RC	M	09:14
3	70	Jenny Bannerman	Inverness	F	09:44
4	618	Ruairidh Campbell	Metro Aberdeen RC	MV	09:46
5	63	Paul Knight	Metro Aberdeen RC	M	09:57
6	87	Richard Horne	Metro Aberdeen RC	MSV	10:03
7	41	Nicola Gauld	Metro Aberdeen RC	F	10:18
8	716	Calum Crichton	Fraserburgh RC	M	10:23
9	65	Chris Paterson	Metro Aberdeen RC	M	10:27
10	19	Mark McDonald	Jog Scotland B.O.D.	M	10:30
11	97	Jordan Cruickshank	Metro Aberdeen RC	MJ	10:32
12	61	Joe Saunders	Metro Aberdeen RC	M	10:49
13	615	Cameron Robertson	Peterhead AC	MV	10:55
14	670	Jennifer Harrison	AAAC	F	10:58
15	16	Kevin Buchan	Metro Aberdeen RC	MV	11:02
16	697	Glen Chalmers	Newburgh Dunes	MV	11:07
17	661	Julie Hoyle	Jog Scotland Kintore RC	FV	11:16
18	99	William Taylor	Unattached	M	11:17
19	46	Mark Walker	Newburgh Dunes	MV	11:18
20	749	Neil Murray	Metro Aberdeen RC	MV	11:21
21	64	Scott Paterson	Unattached	MV	11:22
22	78	Mark Ramsey	Metro Aberdeen RC	M	11:24
23	83	Julie Hendry	Metro Aberdeen RC	FV	11:27
24	627	Bruce Alexander	Newburgh Dunes	M	11:27
25	85	Carly McNeil	Newburgh Dunes	F	11:28
26	56	George McPherson	Metro Aberdeen RC	M60+	11:30
27	657	Craig Anderson	Metro Aberdeen RC	MV	11:32
28	45	Paul Anderson	Newburgh Dunes	M	11:35
29	684	Lawrence Wattie	Metro Aberdeen RC	MV	11:37
30	77	Richard Roulson	Metro Aberdeen RC	MSV	11:39
31	24	Martin Shaw	Unattached	MV	11:46
32	730	Andy Redman	Metro Aberdeen RC	MSV	11:50
33	74	Carolyn Milne	Ambleside AC	FSV	11:51
34	733	Charlie Denham	Metro Aberdeen RC	M	11:55
35	3	Murray Dewar	Metro Aberdeen RC	MV	11:57
36	42	Graham McDermid	Metro Aberdeen RC	MSV	12:01
37	617	Mark Cockburn	Newburgh Dunes	M	12:02

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Posn	No	Name	Club	Cat	Time
38	632	Andy Traill	Newburgh Dunes	MV	12:04
39	687	Chris Fryer	Unattached	MSV	12:07
40	614	Jennifer Robertson	Peterhead AC	FV	12:08
41	44	Andrew Davidson	Peterhead AC	MSV	12:08
42	616	Greig Cruickshank	Jog Scotland Kintore RC	MSV	12:09
43	610	Susan Strachan	Peterhead AC	FV	12:11
44	723	Chloe Sangster	Metro Aberdeen RC	F	12:11
45	14	Jamie Walker	Jog Scotland Kintore RC	MV	12:12
46	90	Simon Bains	Cosmics	MSV	12:13
47	664	Greg Bruce	Fraserburgh RC	M	12:14
48	57	Vince Taylor	Newburgh Dunes	MSV	12:16
49	58	Callum Smith	Jog Scotland B.O.D.	M	12:18
50	82	Vicki McFarlane	Metro Aberdeen RC	F	12:19
51	695	Colin Larmour	Cosmic	MSV	12:30
52	73	Claire Macaskill	Unattached	FV	12:31
53	739	Olivier Stanzione	Lynx Pack	MV	12:32
54	671	Keith Dunnett	Metro Aberdeen RC	MV	12:32
55	84	Steven Taylor	Unattached	M	12:39
56	98	Graeme Lornie	Cosmics	MSV	12:40
57	89	Mark Banks	Unattached	M	12:41
58	21	Andrew Moy	Unattached	MV	12:44
59	649	Paul Sykes	Unattached	M	12:45
60	101	Daniel Smith	Unattached	M	12:47
61	93	Claire Smith	Metro Aberdeen RC	FV	12:48
62	675	Caris Strachan	Newburgh Dunes	F	12:52
63	39	Charlie Noble	Fraserburgh RC	M60+	12:52
64	636	Ailsa Webster	Jog Scotland Westhill	FSV	12:55
65	680	David Coutts	Jog Scotland Westhill	MV	12:56
66	26	Scott Hutcheson	Unattached	M	13:02
67	68	Bill Irvine	FFT	MSV	13:04
68	623	Morag Thompson	Fraserburgh RC	FV	13:08
69	643	Iain Lindsay	Metro Aberdeen RC	MSV	13:08
70	72	Louise Kelly	Stonehaven	FSV	13:09
71	655	Lauren Knowles	Jog Scotland Kintore RC	F	13:09
72	720	Peter Wood	Unattached	MV	13:10
73	719	Paul Rayner	Unattached	MSV	13:11
74	691	Andy Whyte	Metro Aberdeen RC	MV	13:14
75	12	Stuart Reid	Unattached	M	13:15
76	7	Carol Massie	Fraserburgh RC	FSV	13:17
77	67	Alexander Duncan	Unattached	M	13:18
78	86	Bruce Morrison	Hatton Jog Scotland	M	13:18
79	13	Sarah Anderson	Unattached	FV	13:20
80	718	Ross Craig	Fleet Feet Tri	M	13:34
81	626	Laura Barrie	Metro Aberdeen RC	F	13:38

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Posn	No	Name	Club	Cat	Time
82	644	Birgitte Stevens	Metro Aberdeen RC	FV	13:40
83	668	Finlay Park	Unattached	M	13:47
84	660	Anne Sutherland	Jog Scotland Kintore RC	FV	13:49
85	75	Kevin Mackie	Metro Aberdeen RC	MV	13:55
86	81	Martin Fairley	Unattached	M	13:56
87	714	Paul Bate	Metro Aberdeen RC	MSV	13:57
88	722	Pauline Larmour	Cosmic	FSV	13:59
89	639	Demi Beattie	Jog Scotland Kintore	F	13:59
90	648	Murray Bryce	Cosmic	M60+	14:02
91	630	Frank Campbell	Metro Aberdeen RC	MV	14:19
92	673	Rosemary Leiper	Metro Aberdeen RC	F60+	14:21
93	686	Neil MacBean	Unattached	MSV	14:21
94	694	John Duff	Metro Aberdeen RC	M70+	14:24
95	611	Steve Clark	Metro Aberdeen RC	M60+	14:31
96	676	Richard Burnett	Unattached	M	14:37
97	679	Robin Dillaway	Unattached	MV	14:39
98	747	Jeanette Lowe	Jog Scotland B.O.D.	FV	14:43
99	715	Robin White	Unattached	M	14:46
100	665	Michelle Brearley	Metro Aberdeen RC	FV	14:49
101	635	Sheila Gauld	Jog Scotland Westhill	F60+	14:58
102	631	Lana Hadden	Metro Aberdeen RC	F60+	15:03
103	628	Gail Irvine	Jog Scotland Kintore	F	15:22
104	88	Sean Hassard	Unattached	M	15:25
105	613	Cynthia Fry	Unattached	FSV	15:26
106	624	David Abernethy	Fraserburgh RC	MSV	15:30
107	707	Colin Taylor	Cosmic	MSV	15:31
108	102	Al Murray	Unattached	M	15:35
109	710	Rhona Moore	Jog Scotland B.O.D.	F	15:46
110	711	Arash Saharie	Fleet Feet Tri	MSV	15:46
111	94	Emma Young	Metro Aberdeen RC	F	15:49
112	638	Carol Adam	Jog Scotland Newmachar	FSV	15:55
113	709	Kay Leslie	Jog Scotland B.O.D.	FSV	16:03
114	96	Gavin Mann	Unattached	MV	16:09
115	15	Alan Fulton	AAAC	M70+	16:18
116	79	Jane Oliver	Deeside	F60+	16:19
117	717	Les Nicol	Metro Aberdeen RC	M70+	17:03
118	40	Gaenor Devine	Fraserburgh RC	F60+	18:56
119	692	Louise Whitelaw	Unattached	F	20:50
120	693	Tony Hayman	Unattached	M60+	20:51
121	641	Tracy Weston	Fraserburgh RC	FSV	21:47