

SVHC Clydebank 5K - Wednesday 26th June 2019

Pos	No	Name	Club	M/F	Cat	Time
1	66	Ryan Thomson	Cambuslang Harriers	M	Guest	14.40
2	80	John Bell	Inverclyde AC	M	Guest	15.01
3	98	Cameron Watson	Inverclyde AC	M	Guest	15.15
4	184	Neil Renault	Edinburgh AC	M	M35	15.26
5	200	Grant Baillie	SVHC	M	M40	15.27
6	74	Gregor Yates	Bellahouston Harriers	M	M35	15.51
7	96	Mark Pollard	Inverclyde AC	M	M35	15.57
8	190	Stephen Trainer	Greenock Glenpark	M	Guest	16.00
9	196	Darran Muir	SVHC	M	M40	16.04
10	94	Colin Doherty	Inverclyde AC	M	M35	16.06
11	182	Greg Templeton	Bellahouston Harriers	M	Guest	16.11
12	173	Steven Campbell	SVHC	M	M45	16.12
13	97	Stephen Wylie	SVHC	M	M45	16.13
14	85	David Henderson	SVHC	M	M35	16.26
15	71	Jason Bell	Helensburgh AC	M	Guest	16.29
16	176	Stephen Allen	SVHC	M	M50	16.33
17	189	David Tamburini	Inverclyde AC	M	M45	16.39
18	194	Neil McLaughlin	Inverclyde AC	M	M40	16.39
19	79	Sean Gaffney	Inverclyde AC	M	Guest	16.40
20	178	Matthew O'Brien	Kilbarchan AC	M	Guest	16.47
21	161	Michael Healy	Cambuslang Harriers	M	M40	16.48
22	192	Nicholas Gemmell	SVHC	M	M45	16.48
23	84	Andrew Harkins	Inverclyde AC	M	M40	16.52
24	82	Daniel Scroop	Garscube Harriers	M	M45	16.54
25	54	Craig Lamont	Bellahouston Harriers	M	M35	16.54
26	193	Robert Keenan	SVHC	M	M35	16.59
27	175	Allan Cameron	Motherwell AC	M	M45	17.04
28	95	Mark Doherty	Inverclyde AC	M	M35	17.13
29	47	Martyn Glancy	SVHC	M	M35	17.18
30	70	Daniel Doherty	Greenock Glenpark	M	M35	17.19
31	198	Steven Prentice		M	M40	17.24
32	52	Mark King	SVHC	M	M50	17.25
33	83	David Hogg	SVHC	M	M45	17.25
34	187	Ross McEachern	SVHC	M	M50	17.27
35	153	Alasdair MacMillan	Garscube Harriers	M	M35	17.35
36	72	Graeme Lyons	Dumbarton AC	M	Guest	17.39
37	87	Brent Brodie	SVHC	M	M45	17.40
38	165	Andy Norris	Springburn Harriers	M	M35	17.43
39	170	Toni McIntosh	Ayr Seaforth	F	F35	17.43
40	179	Scott Martin	SVHC	M	M50	17.45
41	183	Euan Craig	Kirkintilloch Olympians	M	M35	17.46
42	76	Peter Walsh	Dumbarton AC	M	Guest	17.47
43	78	Paul Kernohan	SVHC	M	M40	17.49
44	147	Andrew McCall	Greenock Glenpark	M	Guest	17.56
45	180	Michael McLoone	SVHC	M	M55	17.59

46	77	Vincent Carroll	Cumbernauld AC	M	M50	18.04
47	81	Robert McCulloch	SVHC	M	M55	18.06
48	185	Dominic McElroy		M	Guest	18.19
49	90	Steven Robson	Kilmarnock Harriers	M	M35	18.22
50	93	Paul Friend	Musselburgh	M	M35	18.24
51	197	Connell Drummond	SVHC	M	M45	18.31
52	88	Duncan Anderson	Greenock Glenpark	M	M35	18.34
53	151	Craig Waller	Lomond Tri Club	M	M40	19.02
54	49	David Marshall	SVHC	M	M55	19.04
55	164	Steven Phillips	Airdrie Harriers	M	M40	19.04
56	181	Malcolm MacLean	Greenock Glenpark	M	M40	19.46
57	166	Andy Donnelly	Garscube Harriers	M	M45	19.55
58	156	Jim Scott	SVHC	M	M65	19.57
59	188	Peter Jardine	Victoria Park CoG	M	M50	20.03
60	73	Nikki Lyons	Dumbarton AC	F	Guest	20.04
61	99	Andy Law	SVHC	M	M60	20.06
62	191	Martin King	Clydesdale Harriers	M	M45	20.09
63	91	Craig Brown	SVHC	M	M45	20.18
64	149	Alistair Rowlands	Lomond Tri Club	M	M35	20.26
65	67	Pamela McCrossan	SVHC	F	F55	20.31
66	168	Shona Donnelly	SVHC	F	F50	20.33
67	75	Katie Renault	Edinburgh AC	F	Guest	20.53
68	64	Paul McKendry	SVHC	M	M55	20.57
69	160	James McLaughlin	Cambuslang Harriers	M	M50	21.10
70	146	Carole Craig	SVHC	F	F50	21.27
71	163	Christine Hadfield	Springburn Harriers	F	F40	21.27
72	60	Andrea Cameron	Lothian Running Club	F	F35	21.29
73	65	Pauline Doherty	Springburn Harriers	F	F45	21.32
74	68	Murray McDonald	Kilmarnock Harriers	M	Guest	21.34
75	152	Gordon Gallacher	Bellahouston Harriers	M	M45	21.44
76	51	Donna MacLean	Springburn Harriers	F	F35	21.49
77	159	John Gillooly		M	M55	21.52
78	174	Jeanette Craig	SVHC	F	F65	21.56
79	177	Lesley Corr	SVHC	F	F45	22.01
80	158	David Thomson		M	M50	22.07
81	150	Kelvin Hills	Lomond Tri Club	M	M55	22.14
82	162	Bobby Young	SVHC	M	M75	22.23
83	56	Lynn Angely	Cambuslang Harriers	F	F45	22.27
84	145	Stewart McCrae	SVHC	M	M70	22.31
85	155	Emily Ramsay	Edinburgh AC	F	F45	22.34
86	63	Robin McAuslan	Greenock Glenpark	M	M55	22.35
87	62	Ada Stewart	SVHC	F	F55	22.52
88	100	Marina McCallum	SVHC	F	F45	23.00
89	53	Alan Hill	SVHC	M	M65	23.02
90	148	Barbara Knox	SVHC	F	F55	23.42
91	69	Paula Wilson	SVHC	F	F50	23.50
92	59	Andrea Seabrook	Lothian Running Club	F	F45	23.53
93	171	Shirley MacNab	SVHC	F	F55	24.49

94	55 Peter Ogden	SVHC	M	M65	25.04
95	154 Russell Couper	SVHC	M	M50	25.37
96	50 Fiona Peat	Springburn Harriers	F	F35	25.57
97	169 William Mitchell	SVHC	M	M70	26.05
98	167 Pamela Joss		F	F60	27.05
99	195 Bill McFadden	SVHC	M	M55	27.32
100	57 Bob Porteous	SVHC	M	M70	28.28
101	89 John Softley	SVHC	M	M70	29.40
102	48 Stevie Cullen	SVHC	M	M60	29.58
103	186 Shirley Simpson	SVHC	F	F60	35.17
104	92 Rosemary Hill	SVHC	F	F70	36.22
105	157 Kenny Farmer	Scotia	M	M55	37.21
	86 Grant Matheson	SVHC	M	M55	dnf
	61 John Hammerman	Inverclyde AC	M	M35	dnf
	58 Ian Leggett	SVHC	M	M80	dnf
	199 Patrick Gibbons	SVHC	M	M40	dnf
	172 Finlay Finlay	Garscube Harriers	M	M35	dnf