

Run 4 It Proms 3K Results

1st November 2019

Race Number 2

Posn	No	Name	Club	Cat	Time
1	28	Kyle Greig	Metro Aberdeen RC	M	09:22
2	748	Isaiah Kosgai	Kenya	MV	09:40
3	690	Michael Barker	Stonehaven	MV	09:56
4	742	David Langan	Unattached	M	09:58
5	618	Ruairidh Campbell	Metro Aberdeen RC	MV	09:59
6	650	Stephen Malloy	Unattached	M	10:14
7	740	Alastair Campbell	Montrose	M	10:16
8	750	Bryan Kinghorn	Metro Aberdeen RC	M	10:20
9	18	Neil Young	Unattached	MV	10:34
10	737	Brian Robb	Metro Aberdeen RC	MV	10:36
11	1	Alan Wilson	Jog Scotland Kintore RC	MV	10:37
12	716	Calum Crichton	Fraserburgh RC	M	10:39
13	19	Mark McDonald	Jog Scotland B.O.D.	M	10:40
14	731	Mark Young	Metro Aberdeen RC	M	10:40
15	670	Jennifer Harrison	AAAC	F	10:41
16	672	Emma Watt	Jog Scotland Kintore RC	F	10:42
17	612	Kenny Wood	Unattached	M	10:47
18	4	Russell Willox	Metro Aberdeen RC	MV	10:57
19	699	Dave Cornwell	Metro Aberdeen RC	MV	10:59
20	749	Neil Murray	Metro Aberdeen RC	MV	11:02
21	735	Iain Grant	Unattached	M	11:05
22	663	Thomas Blair	Jog Scotland Kintore RC	M	11:09
23	657	Craig Anderson	Metro Aberdeen RC	MV	11:10
24	22	Stephen Simpson	Jog Scotland Kintore RC	M	11:15
25	16	Kevin Buchan	Metro Aberdeen RC	MV	11:17
26	669	Jason Osborne	Newburgh Dunes	MV	11:18
27	746	Sophie Radcliffe	Metro Aberdeen RC	F	11:26
28	627	Bruce Alexander	Newburgh Dunes	M	11:27
29	661	Julie Hoyle	Jog Scotland Kintore RC	FV	11:28
30	736	Mark Perry	Unattached	MV	11:31
31	17	Chris McLeod	Unattached	M	11:33
32	2	Graham Henderson	Metro Aberdeen RC	M	11:33
33	705	Stuart Murray	Unattached	MV	11:36
34	684	Lawrence Wattie	Metro Aberdeen RC	MV	11:43
35	632	Andy Traill	Newburgh Dunes	MV	11:52
36	697	Glen Chalmers	Newburgh Dunes	MV	11:54
37	645	Royston Walker	Newburgh Dunes	MV	11:55

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38	24	Martin Shaw	Unattached	MV	11:58
39	3	Murray Dewar	Metro Aberdeen RC	MV	11:59
40	728	Greig Ritchie	Unattached	M	12:01
41	637	Stuart Gauld	Unattached	MV	12:03
42	617	Mark Cockburn	Newburgh Dunes	M	12:04
43	614	Jennifer Robertson	Peterhead AC	FV	12:05
44	671	Keith Dunnett	Metro Aberdeen RC	MV	12:11
45	703	Donald MacLeod	Unattached	MSV	12:12
46	730	Andy Redman	Metro Aberdeen RC	MSV	12:14
47	6	Kevin Heath	Cosmic	MSV	12:15
48	610	Susan Strachan	Peterhead AC	FV	12:17
49	616	Greig Cruickshank	Jog Scotland Kintore RC	MSV	12:19
50	695	Colin Larmour	Cosmic	MSV	12:20
51	14	Jamie Walker	Jog Scotland Kintore RC	MV	12:24
52	725	Tony McGarva	Metro Aberdeen RC	MSV	12:25
53	8	Shelley Strachan	Jog Scotland Kintore RC	F	12:29
54	29	Mike Thompson	Unattached	MV	12:32
55	744	Gillian Strachan	Fraserburgh RC	FV	12:33
56	741	Linda McGee	Peterhead AC	FV	12:35
57	23	Alistair Beck	Unattached	MV	12:37
58	27	Petra Hampton	Metro Aberdeen RC	F	12:46
59	723	Chloe Sangster	Unattached	F	12:47
60	32	Kevin Watson	Total Endurance	M	12:48
61	653	Sarah Bartlett	Jog Scotland Kintore RC	F	12:49
62	626	Laura Barrie	Metro Aberdeen RC	F	12:52
63	680	David Coutts	Jog Scotland Westhill	MV	12:54
64	30	Barry Maguire	Metro Aberdeen RC	M	12:56
65	688	Drew Cameron	Unattached	M	13:00
66	646	Graham Watson	Metro Aberdeen RC	M60+	13:00
67	633	Paul Smith	Metro Aberdeen RC	MV	13:01
68	12	Stuart Reid	Unattached	M	13:02
69	21	Andrew Moy	Unattached	MV	13:06
70	664	Greg Bruce	Fraserburgh RC	M	13:07
71	739	Olivier Stanzione	Lynx Pack	MV	13:10
72	636	Ailsa Webster	Jog Scotland Westhill	FSV	13:12
73	625	Helen Duguid	Unattached	F	13:15
74	7	Carol Massie	Fraserburgh RC	FSV	13:18

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75	712	Ali MacIver	Metro Aberdeen RC	MSV	13:19
76	668	Finlay Park	Unattached	M	13:24
77	654	Leanne Kitchener	Jog Scotland Kintore RC	F	13:25
78	623	Morag Thompson	Fraserburgh RC	FV	13:26
79	26	Scott Hutcheson	Unattached	M	13:28
80	652	Susan Maciver	Metro Aberdeen RC	FSV	13:33
81	682	John Colegrave	Cosmic	M60+	13:34
82	36	Fraser Adam	Unattached	M	13:35
83	639	Demi Beattie	Jog Scotland Kintore	F	13:37
84	679	Robin Dillaway	Unattached	MV	13:38
85	675	Caris Strachan	Newburgh Dunes	F	13:44
86	37	Paul Finch	Jog Scotland Hazlehead	MV	13:47
87	714	Paul Bate	Metro Aberdeen RC	MSV	13:47
88	660	Anne Sutherland	Jog Scotland Kintore RC	FV	13:52
89	11	Eilidh Clarkson	Unattached	F	13:55
90	644	Birgitte Stevens	Metro Aberdeen RC	FV	14:00
91	13	Sarah Anderson	Unattached	FV	14:00
92	743	William Skinner	AAAC	M60+	14:03
93	630	Frank Campbell	Metro Aberdeen RC	MV	14:06
94	715	Robin White	Unattached	M	14:08
95	648	Murray Bryce	Cosmic	M60+	14:08
96	677	Paul Hewitt	Unattached	MV	14:16
97	704	Kevin Mitchell	Unattached	M	14:16
98	34	Willie Skene	Unattached	M60+	14:17
99	686	Neil MacBean	Unattached	MSV	14:21
100	611	Steve Clark	Metro Aberdeen RC	M60+	14:26
101	676	Richard Burnett	Unattached	M	14:28
102	722	Pauline Larmour	Cosmic	FSV	14:31
103	673	Rosemary Leiper	Metro Aberdeen RC	F60+	14:32
104	35	Taha Abadi	Unattached	M	14:34
105	747	Jeanette Lowe	Jog Scotland B.O.D.	FV	14:39
106	629	Naomi Milne	Metro Aberdeen RC	F	14:42
107	25	Gary May	Unattached	M	14:48
108	631	Lana Hadden	Metro Aberdeen RC	F60+	15:11
109	745	John Elrick	Jog Scotland Hazlehead	M60+	15:12
110	738	Ian Williamson	Lynx Pack	M60+	15:15
111	10	Lesley Forrest	Jog Scotland Kintore RC	FV	15:17

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Posn	No	Name	Club	Cat	Time
112	683	Kerry Anderson	Jog Scotland Kintore RC	FV	15:18
113	635	Sheila Gauld	Jog Scotland Westhill	F60+	15:24
114	681	Giancarlo Rizzi	Unattached	MSV	15:29
115	710	Rhona Moore	Jog Scotland B.O.D.	F	15:42
116	711	Arash Saharie	Fleet Feet Tri	MSV	15:43
117	613	Cynthia Fry	Unattached	FSV	15:46
118	707	Colin Taylor	Cosmic	MSV	15:54
119	33	Patricia Murray	Unattached	FV	16:01
120	638	Carol Adam	Jog Scotland Newmachar	FSV	16:04
121	15	Alan Fulton	AAAC	M70+	16:58
122	31	Gordon Daly	Unattached	M	16:58
123	9	Debbie Riley	Jog Scotland Kintore RC	FV	17:48
124	678	Matt Gill	Unattached	M	17:52
125	5	James Wright	HBT	M60+	18:05
126	642	Alison McGee	Peterhead AC	FV	18:49
127	692	Louise Whitelaw	Unattached	F	22:13
128	693	Tony Hayman	Unattached	M60+	22:13