

Position	Race Number	Time	Name	Club		Gender Position
1	38	16:09	Callum Hanson	NUAXC/Pudsey and Bramley AC	MS	1
2	89	16:47	Chris Larkin	NUAXC/Halton and Frodsham AC	MS	2
3	7	17:06	Jacob Hiam	Durham University	MS	3
4	90	17:10	Edward Pettitt	Vale Royal AC	MJ	4
5	4	17:12	Joe Wales	Unattached	MS	5
6	143	17:14	Andrew Forbes	Sunderland Strollers	MV35	6
7	82	17:34	Sam Hansen	NUAXC	MS	7
8	148	17:39	David Warnes	NUAXC	MJ	8
9	10	17:40	Alex Stokes	NUAXC	MS	9
10	8	17:40	Calum Mitchell	Uni of Liverpool	MS	10
11	125	17:41	Dominic Head	NUAXC	MS	11
12	142	17:46	Chris Duke	Sunderland Strollers	MV50	12
13	1	17:48	James Ramshaw	Blaydon Harriers	MV35	13
14	80	17:49	Toby Loveday	NUAXC	MJ	14
15	78	17:59	Sean Haycock	Sedgefield/NUAXC	MS	15
16	6	18:10	Alfie Devine-Wright	Uni of Liverpool/Exeter	MS	16
17	86	18:14	Daniel Mourenza Urbina	Claremont Road Runners	MS	17
18	136	18:32	Adam Sayedi	Unattached	MS	18
19	92	18:38	John O'Reily	Tynedale Harriers & AC	MV50	19
20	17	18:43	Sparrow Morley	Tyne Bridge Harriers	MS	20
21	137	18:45	Amelia Pettitt	Vale Royal AC	FS	1
22	73	18:49	Shona Haston	Teesdale/NUAXC	FS	2
23	135	19:01	Marc Esgeleyes Cadnet	NUAXC	MS	21
24	13	19:08	Tom Colquitt	South Shields Harriers	MS	22
25	3	19:12	Alexander Dyter	Jesmond Joggers	MJ	23
26	16	19:28	Andrew Birtles	South Shields Harriers	MV35	24
27	127	19:29	James Whitmore	NUAXC	MS	25
28	56	19:30	Ritchie Gerry	Sunderland Strollers	MV50	26
29	97	19:37	Lauren Davies Beckett	NUAXC	FS	3
30	87	19:39	Paul Waddell	Jesmond Joggers	MV35	27
31	2	19:42	Simon Wells	Jesmond Joggers	MV50	28

32	124	19:46 James Gunn	Unattached	MS	29
33	129	19:52 Ilona Van De Giessen	NUAXC	FS	4
34	91	19:57 Amy Fuller	Elswick Harriers/NUAXC	FS	5
35	132	20:01 Gavin Bayne	Morpeth	MV60	30
36	74	20:02 Emma Taylor	Uni of Liverpool	FS	6
37	65	20:07 Andrew Dobinson	Sunderland Strollers	MV50	31
38	9	20:08 David Gaskin	NUAXC	MS	32
39	128	20:09 Erin Gallagher	NUAXC	FJ	7
40	46	20:11 Gary Dunmore	Sunderland Strollers	MS	33
41	76	20:22 Phil Elstob	Allen Valley Striders	MV40	34
42	61	20:34 Thomas Bentley	Allen Valley Striders	M	35
43	95	20:35 Peter Sloan	Elswick Harriers	MV60	36
44	71	20:38 Benjamin Sutton	Uni of Liverpool	MS	37
45	45	20:43 Shaun Roberts	Tyne Bridge Harriers	MV40	38
46	122	20:47 Jonathan Rewcastle		MS	39
47	5	20:52 Susie Shiel Rankin	Aldershot Farnham and District AC	FS	8
48	81	20:53 Richard Kent	Allen Valley Striders	MS	40
49	47	21:02 Jason Clement	Sunderland Strollers	MV45	41
50	70	21:04 Abbie Bulbulian	Uni of Liverpool	FS	9
51	15	21:18 Ruth Bentley	Allen Valley Striders	FV40	10
52	14	21:23 Karl White	South Shields Harriers	MS	42
53	146	21:41 Scott Armstrong	Heaton Harriers	MV40	43
54	94	21:43 Emma Pyatt	Vale Royal AC/Uni of Liverpool	FS	11
55	96	21:45 Chase Stockwell	Uni of Liverpool	MS	44
56	75	21:50 Alexandra Reilly	Uni of Liverpool	FJ	12
57	141	21:53 Dereck Todhunter	Allen Valley Striders	MV60	45
58	147	21:56 Howard MacLennan	Claremont Road Runners	MV40	46
59	150	22:02 Luke Woodend	Claremont Road Runners	MV35	47
60	84	22:06 Adophus Lye	Uni of Liverpool	MS	48
61	66	22:07 Hayley Dobinson	Sunderland Harriers	FJ	13
62	134	22:08 Zoe Smith	Durham University	F	14
63 COW		22:39 Jack Holmes	NUAXC	MS	49

64	138	22:54 Robert Wilson	Elswick Harriers	MV55	50
65	130	23:10 Jeremy Head	Unattached	MV50	51
66	83	23:25 Louise Mills	NUAXC/Woking	FS	15
67	93	23:26 Charlotte Crane	NUAXC	FS	16
68	42	23:28 Danielle Hodgson	Sunderland Strollers	FV35	17
69	139	23:29 Tom Hanson (Adjudicator)	Elswick Harriers	MV60	52
70	12	23:34 Julia Smith	NUAXC	FS	18
71	67	23:38 Julie Harding	12 in 12	FV45	19
72	39	23:41 John Corcoran	Sunderland Strollers	MV55	53
73	53	23:43 Julie Prescod	Sunderland Strollers	FV35	20
74	77	24:29:00 Jessica Slater	Uni of Liverpool	FS	21
75	72	24:54:00 Jan Prater	Sunderland Strollers	FV45	22
76	145	25:03:00 Susanne Davy	Sunderland Strollers	FV55	23
77	88	25:43:00 Richard Pettitt	Vale Royal AC	MV55	54
78	52	25:57:00 Helen Booth	Sunderland Strollers	FV35	24
79	140	26:02:00 Rose Todhunter	Allen Valley Striders	FV55	25
80	149	26:06:00 Trevor Rowe	Unattached	MV65	55
81	11	26:34:00 Catherine Hall	NUAXC	FS	26
82	43	26:44:00 John Barber	Sunderland Strollers	MV50	56
83	49	27:13:00 Sue Tate	Sunderland Strollers	FV50	27
84	123	27:13:00 Sean Gray	Unattached	MV35	57
85	57	27:24:00 Rob Craig	Sunderland Strollers	MV55	58
86	64	27:31:00 Deborah Wilmot	Elswick Harriers	FV45	28
87	59	28:14:00 Alice Nottingham	Cardiff Athletics	FS	29
88	58	30:54:00 Maria Lindsay	Sunderland Strollers	FV55	30
89	98	31:58:00 Sue Cuthberyson	Sunderland Strollers	FV60	31
90	144	32:00:00 Karen McCluskey	Sunderland Strollers	FV55	32
91	51	32:19:00 Julie Bodham	Sunderland Strollers	FV50	33
92	48	32:37:00 Elizabeth Hayden	Sunderland Strollers	FV65	34
93	60	32:50:00 Tracy Ross	Sunderland Strollers	FV40	35
94	50	33:58:00 Joanne Berry	Sunderland Strollers	FV35	36
95	68	34:57:00 Brian Johnston	Sunderland Strollers	MV70	59

96	85	35:08:00 Michelle Donnelly	Sunderland Strollers	FV45	37
97	40	38:46:00 Wendy Barber	Sunderland Strollers	FV55	38
98	63	46:12:00 Lisa Oliver	Sunderland Strollers	FV40	39