

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex
1	00:32:31	465	Turner	Jack	Lancaster Uni RC		M
2	00:33:40	717	Peters	Paul	Lancaster Uni RC		M
3	00:35:19	389	Maddams	Russell	Keswick AC	V45	M
4	00:36:13	313	Dunderdale	James	Clayton le Moors Harriers		M
5	00:36:45	398	McKe;vie	Ross	Lytham St Annes Road Runne		M
6	00:36:55	736	Muller	Paul	Northern Mast	V60	M
7	00:37:17	293	Crabtree	Thomas	Wesham RR		M
8	00:37:21	384	Loughran	Leo	Belle Vue Racers		M
9	00:37:57	278	Bye	Daniel	Lancaster & Morecambe AC		M
10	00:38:20	711	Hall	Jonny	Clayton le Moors Harriers		M
11	00:38:31	438	Rowell	Sam			M
12	00:39:29	714	McDonald	Neil	Preston Harrie	V50	M
13	00:39:34	723	Gora	Simon	Garstang RC		M
14	00:39:49	317	Eskander	Miras	Northern Masters		M
15	00:39:57	295	Curran	Joe	Accrington RR	V55	M
16	00:40:11	728	Dale	Ian	Royton Road	RV55	M
17	00:40:13	731	Baxter	Jack			M
18	00:40:19	495	Clitheroe	Michael			M
19	00:40:22	340	Goodhew	Simon		V45	M
20	00:41:41	710	Mason	Annabel	Lancaster & Morecambe AC		F
21	00:41:50	459	Sumner	Andy	York Knavesmi	V40	M
22	00:42:50	449	Smith	Suzanne	Eden Runners	V45	F
23	00:43:27	721	Openshaw	Graeme		V45	M
24	00:43:47	734	Pearl	Craig	Lancaster & Morecambe AC		M
25	00:43:50	349	Hancock	Spence	Lonely Goat R	V40	M
26	00:43:51	490	Perry	Jayne	Garstang RC	V35	F
27	00:44:01	712	Glaister	Mark	Skemersdale	F V55	M
28	00:44:24	339	Glynn	Darren			M
29	00:44:27	268	Bibby	Shaun			M
30	00:44:30	355	Hill	Jennifer	Lytham St Annes Road Runne		F
31	00:44:30	732	Sargent	David	Lancaster Runners		M
32	00:44:35	262	Bateman	James			M
33	00:44:54	733	Fletcher	Brett	Lancaster Run	V40	M

34	00:44:54	248 Ardern	Vicky	Red Rose Roac	V45	F
35	00:44:54	286 Cliff	Jemma	Lancaster Uni RC		F
36	00:45:25	464 Travis	Heather	Hoad Hill Harri	V45	F
37	00:45:37	423 Piperides	Howard	Vegan Runner:	V50	M
38	00:45:53	487 Goddard	Louise	Lancaster & M	V50	F
39	00:46:16	470 Waite	Louisa			F
40	00:46:17	329 Foster	Nicola			F
41	00:46:22	327 Flowers	Peter		V45	M
42	00:46:33	725 Moss	Jo		V40	F
43	00:46:40	288 Clowes	Tony		V45	M
44	00:46:43	418 Pease	Andrew		V50	M
45	00:46:52	319 Fawcett	Imogen	Wenlock Olympains		F
46	00:46:52	422 Philips	Anna	Lancaster Uni RC		F
47	00:47:13	461 Tarbuck	Martin		V45	M
48	00:47:15	348 Hall	Lynsey	Lancaster Run	V40	F
49	00:47:35	292 Cooper	Jenny	Lancaster Uni RC		F
50	00:47:37	439 Roy	Michael	Lancaster & Morecambe AC		M
51	00:47:39	488 Goddard	Ade		V40	M
52	00:47:53	265 Bell	Emily			F
53	00:47:59	395 McCann	Tom	Lancaster Uni RC		M
54	00:48:18	302 Dawson	Benjamin	Lonely Goat RC		M
55	00:48:36	279 Cain	Joanne	Freck & Wartoi	V40	F
56	00:48:42	306 Dey	John	Blackburn Roa	V45	M
57	00:48:55	412 Owens	Hannah			F
58	00:49:02	404 Michie	Andrew			M
59	00:49:08	263 Bean	Mark	Valley Striders	V45	M
60	00:49:09	709 Stott	Ashley			M
61	00:49:47	471 Walton	David		V45	M
62	00:49:52	291 Cooper	Paul		V50	M
63	00:49:56	383 Letts	Georgina	Lancaster Uni RC		F
64	00:49:57	351 Hawitt	Susan	Lytham St Anr	V50	F
65	00:49:57	377 Lake	Alice	Lancaster Uni RC		F
66	00:50:00	730 Clark	Hazel	Kendal AAC	V40	F
67	00:50:00	331 Gaunt	Kathy	Lytham St Anr	V50	F

68	00:50:00	479 Wilkinson	John		V40	M
69	00:50:02	324 Finch-Sieg	Ellen		V45	F
70	00:50:04	727 Maher	Dawn	Blackpool Wyr	V35	F
71	00:50:12	245 Aislabie	Andrew	Teesdale AC	V55	M
72	00:50:14	321 Fearon	Carole		V40	F
73	00:50:15	500 Harding	Thomas M			M
74	00:50:30	400 McNulty	Alan		V40	M
75	00:50:33	473 Watton	Elizabeth	Blackburn Road Runners		F
76	00:50:39	436 Robinson	Neil		V40	M
77	00:50:39	350 Hankin	Gary		V45	M
78	00:50:42	408 Muckalt	Paul			M
79	00:50:44	716 Holgate	Vicky	Lancaster & M	V40	F
80	00:50:49	722 Ardern	Ben		V40	M
81	00:50:55	379 Leathard	Charlotte	Riversway RR		F
82	00:51:02	446 Simmons	Dan			M
83	00:51:22	289 Connolly	Fran	Blackpool Wyr	V35	F
84	00:51:32	476 Wells	Harry			M
85	00:51:34	312 Duckworth	Sue	Darwen Dashe	V50	F
86	00:51:36	484 Wood	Jason	Winston Runne	V45	M
87	00:51:36	374 Kennedy	Andrew			M
88	00:51:39	494 Shields	Peter	Ilkley Harriers	V70	M
89	00:51:40	311 Duckworth	Hayley	Blackburn Road Runners		F
90	00:51:41	290 Cooney	Sean			M
91	00:51:48	453 Smith	Gary			M
92	00:51:55	387 Lynch	Fiona	Blackburn Roa	V40	F
93	00:51:57	388 Lynch	Matt	Blackburn Road Runners		M
94	00:51:57	466 Twizell	David	Blackpool Wyr	V60	M
95	00:52:05	272 Bridge	Claire	Blackburn Roa	V45	F
96	00:52:12	392 Malcolmson	Joanne	Red Rose Roac	V35	F
97	00:52:15	282 Chester	Kathryn	Fylde Coast R	V45	F
98	00:52:23	267 Bethorn	Lisa			F
99	00:52:42	367 Jolliffe	Chris	Blackburn Roa	V45	M
100	00:53:00	375 Khan	Zawar			M
101	00:53:06	296 DaSouza	Jane		V50	F

102	00:53:08	337 Glass	John		M
103	00:53:12	368 Jones	Vikki	Blackburn Roa V40	F
104	00:53:15	301 Dawson	Loren	Vegan Runners	F
105	00:53:26	320 Fazackerley	Jennifer	Walney Wind Cheethahs	F
106	00:53:34	429 Raeburn	Marie-Louise	V40	F
107	00:53:42	363 Jackson	Jess		F
108	00:53:55	360 Hunter	Shannon		F
109	00:53:58	380 Lees	Wiz	V35	F
110	00:53:59	435 Robinson	Nathalie	V35	F
111	00:54:06	246 Allen	Liesl	V45	F
112	00:54:09	322 Fildes	Rebecca	V35	F
113	00:54:09	462 Teasdale	Paul	Lancaster Run V50	M
114	00:54:16	345 Gregson	Barry	V45	M
115	00:54:20	346 Gregson	Louise	V35	F
116	00:54:26	382 Letchford	Angela	V45	F
117	00:54:34	455 Stark	Kate	V35	F
118	00:54:36	323 Finch	Kate		F
119	00:54:40	729 Heywood	Jillian	Royton Road RV45	F
120	00:54:47	304 Denny	Janine	Thornton Cleve V50	F
121	00:54:48	403 Merrill	Julie Anne	V35	F
122	00:54:49	352 Helliwell	Carolyn	V35	F
123	00:54:54	271 Borradale	Claire	V40	F
124	00:55:01	261 Barry	Stuart	UK RunChat R V55	M
125	00:55:03	256 Bamber	Gail	Blackburn Roa V45	F
126	00:55:21	308 Donnellan	Jennifer	V40	F
127	00:55:31	275 Bromley	Dawn	V40	F
128	00:55:32	454 Spriggs	Jonathan		M
129	00:55:33	370 Jordan	Graham	Blackburn Roa V45	M
130	00:55:42	441 Sabuda	Stefan	Lonely Goat R V40	M
131	00:55:49	303 Denney	Colin	Thornton Cleve V55	M
132	00:55:55	708 Grady	Anthony	Blackburn Roa V55	M
133	00:55:58	713 Dixon	Chad	V40	M
134	00:56:02	472 Watson	Ryan		M
135	00:56:03	397 McGonagle	Becky		F

136	00:56:04	450 Smith	Christopher		M
137	00:56:10	298 Darby	Joanne	V40	F
138	00:56:11	314 Dutton	Helen	V35	F
139	00:56:25	433 Rickwood	Cheryl	Blackpool Wyr:V40	F
140	00:56:31	719 O'Connor	Hannah		F
141	00:56:31	720 O'Connor	Stuart	V50	M
142	00:56:37	364 Jefferies	Victoria		F
143	00:56:40	358 Holton	Antoinette	Wesham RR	F
144	00:56:43	336 Glass	James	V50	M
145	00:56:45	341 Goulden	Carolyn		F
146	00:56:48	456 Stead	Rebecca		F
147	00:56:48	378 Langdon	Jenny		F
148	00:56:49	353 Hibberd	Matthew		M
149	00:56:49	361 Idle	Angela	V35	F
150	00:56:55	249 Aspinall	Karen	V50	F
151	00:57:04	305 Dent	Joanna	Lancashire Cor:V45	F
152	00:57:22	357 Holmes	Linda	V45	F
153	00:57:23	499 Stanuton	Kelly Marie		M
154	00:57:25	347 Halhead	Gillian	V45	F
155	00:57:25	269 Bland	Abby		F
156	00:57:33	328 Ford	Caroline	Stainland Lion:V40	F
157	00:57:42	266 Bell	Helen		F
158	00:57:43	419 Pease	Caroline	V55	F
159	00:57:48	372 Kelton	Katy		F
160	00:57:50	463 Thornley	Diane	Stainland Lion:V45	F
161	00:57:56	315 Earley	Alex	Walney Wind Cheethahs	F
162	00:58:08	274 Briggs	Michael	V55	M
163	00:58:11	467 Uttley	Sophie	Thornton Cleveleys RC	F
164	00:58:15	443 Shaw	Lynn	Thornton Cleveleys V50	F
165	00:58:17	316 Egan	Jim	Fylde Coast R:V50	M
166	00:58:30	414 Parkinson	Hasanga	V40	F
167	00:58:36	445 Shepherd	Jenny	Thornton Cleveleys RC	F
168	00:58:50	394 Mazur	Donna	Blackburn Roa V45	F
169	00:58:52	493 Roberts	Maureen	Lancaster Run V60	F

170	00:58:56	362 Iverson	Rebecca		F
171	00:59:08	399 McNamee	Isabel	Blackpool Wyr	V50 F
172	00:59:10	343 Graham	Sue	V40	F
173	00:59:10	457 Stopford	Adam		M
174	00:59:15	371 Kelly	Claire		F
175	00:59:42	342 Graham	Sue	V50	F
176	00:59:53	299 Davidson	Lynne	Lonely Goat R	V40 F
177	00:59:58	373 Kemp	Vikki		F
178	01:00:09	284 Clancy	John Paul		M
179	01:00:16	250 Atkinson	Rowan		F
180	01:00:17	277 Burtonwood	Jennifer	Blackpool Wyr	V50 F
181	01:00:19	396 McCarron	Katie		F
182	01:00:23	257 Barlow	Susan	V45	F
183	01:00:23	258 Barlow	Jolyon	V45	M
184	01:00:34	413 Oxley	Sarah	Radcliffe AC	V45 F
185	01:00:44	735 Demet	Gillian	Sale Harriers	V65 F
186	01:00:47	483 Wolstenholme	Susan	Blackburn Roa	V40 F
187	01:00:50	356 Hindley	Debbie	Thornton Cleve	V40 F
188	01:01:00	724 Guest	Jennifer		F
189	01:01:03	431 Rawsthorne	Rachel	V35	F
190	01:01:09	726 Deena	Gillan	Lancaster & M	V35 F
191	01:01:20	366 Jolliffe	Louise	V45	F
192	01:01:22	391 Makin	Ian	V45	M
193	01:01:33	481 Winstanley	Jed		M
194	01:01:36	482 Winstanley	Shay		M
195	01:01:41	410 O'Neill	Lorraine	Walney Wind C	V60 F
196	01:01:53	444 Shenton	Helen	Stainland Lion	V40 F
197	01:01:57	440 Rushworth	Gillian	Blackburn Roa	V40 F
198	01:01:58	425 Pownall	Robert	Lancaster Uni	RC M
199	01:02:08	354 Hill	Nicola	Wesham RR	V35 F
200	01:02:12	264 Bell	Kate	V35	F
201	01:02:25	718 Rolston	Sandra	Red Rose Roac	V55 F
202	01:03:14	307 Dickinson	Tim	V45	M
203	01:03:27	475 Weeks	Gordon	V60	M

204	01:03:27	474 Weeks	Joyce		V55	F
205	01:03:42	325 Fish	Rebecca			F
206	01:03:55	273 Briffett	Georgina		V45	F
207	01:04:01	281 Chapman	Rebecca		V40	F
208	01:04:19	333 Gibbins	Helen		V35	F
209	01:04:20	332 Gibbins	Carol		V60	F
210	01:04:30	280 Cannell	Karl		V50	M
211	01:04:35	300 Davy	Angela		V35	F
212	01:04:37	498 Hodgson	Susan	Lancaster & M	V55	F
213	01:04:42	451 Smith	Rebecca			F
214	01:04:45	287 Clowes	Jillian		V40	F
215	01:04:51	405 Moonan	Andrew			M
216	01:04:52	406 Moonan	Gail		V35	F
217	01:04:53	496 Richings	Anna		V50	F
218	01:04:58	253 Bain	Diane		V35	F
219	01:05:05	426 Psoinos	George	Lancaster Uni RC		M
220	01:05:05	491 Turner	Lucy	Red Rose Road Runners		F
221	01:05:11	407 Moorby	Jemma	Jogging Pals	V35	F
222	01:05:11	254 Baines	Jane		V50	F
223	01:05:11	738 No	Name			M
224	01:05:11	434 Roberts	Lesley		V40	F
225	01:05:11	297 Dasouza	Ross		V50	M
226	01:05:19	381 Leslie	Lauren			F
227	01:05:40	427 Punter	George	Lancaster Uni RC		M
228	01:05:46	497 Holdsworth	Helen		V50	F
229	01:06:03	330 Freschini	Helen		V45	F
230	01:07:11	480 Wilson	Jo		V45	F
231	01:07:13	285 Clark	Ali		V45	F
232	01:07:29	276 Buczynski	Nichola		V35	F
233	01:07:30	424 Plant	Wendy		V50	F
234	01:07:36	432 Richards	Nicola		V45	F
235	01:08:53	270 Booth	Kate		V40	F
236	01:08:56	247 Alvarez	Alex		V35	F
237	01:08:57	447 Singleton	Naomi	Thornton Cleveleys RC		F

238	01:09:23	365 Johnson	Kimberley		F
239	01:09:30	458 Sumner	Vicki	V40	F
240	01:09:42	486 Young	Caroline		F
241	01:09:50	448 Sleddon	Kirsty		F
242	01:09:50	255 Bamber	Stuart	V50	M
243	01:09:56	334 Gill	Rach	V45	F
244	01:10:17	344 Gray	Sara	V45	F
245	01:10:17	409 Nolan	Helen	V40	F
246	01:10:29	376 Kirkland	Karon	V50	F
247	01:10:29	420 Perez-Martin	Dione	V45	F
248	01:10:55	715 McDonald	Trish	Red Rose Roac V50	F
249	01:11:09	259 Barrett	Yvonne	V45	F
250	01:11:47	326 Fitton	Sarah		F
251	01:14:25	402 Mercer	Caroline	V50	F
252	01:16:25	309 Dowbiggin	Christine	V65	F
253	01:16:32	737 Haines	Olivia		F
254	01:17:09	251 Atkinson	Kara	V40	F
255	01:17:09	318 Evans	Ceirion	V45	F
256	01:18:54	411 Oldham	Audrey	V55	F
257	01:18:54	390 Madison	McKenzie	Ramsbottom RC	M