

East Hull Harriers Summer League Race 6 Coniston 10k 25th June 2019

Pos	Num	Fore name	Surname	Cat	Club	Finish Time
1	824	Mike	Hargreaves	M	East Hull Harriers & AC	32 : 41
2	745	Andrew	Deyes	M	East Hull Harriers & AC	34 : 40
3	710	Scott	Hargreaves	M	Bridlington Road Runners	34 : 53
4	174	Gary	Couzens	M	East Hull Harriers & AC	35 : 21
5	168	Shaun	Hobson	M45	Driffield Striders	35 : 28
6	122	Becky	Briggs	F	City of Hull AC	35 : 33
7	147	Darren	Edge	M50	Beverley AC	36 : 03
8	160	Mark	Potts	M40	Unattached	36 : 11
9	735	Mark	Bissell	M	East Hull Harriers & AC	36 : 16
10	125	Jim	Harlock	M55	City of Hull AC	36 : 23
11	740	Oliver	Burnett	JM	East Hull Harriers & AC	36 : 24
12	124	John	Riddiough	M	Unattached	36 : 28
13	839	Nigel	Sisson	M50	East Hull Harriers & AC	36 : 50
14	831	Stephen	Maddison	M45	York Knavesmire	37 : 12
15	133	Paul	Legard	M	Barton & District AC	37 : 21
16	137	Luke	Davison	M	Beverley AC	37 : 24
17	713	Adrian	Bushby	M50	City of Hull AC	37 : 54
18	777	Paul	Teece	M40	East Hull Harriers & AC	37 : 59
19	794	Mark	Williamson	M45	Hornsea Harriers	38 : 16
20	760	Vincent	McGowan	M45	East Hull Harriers & AC	38 : 31
21	778	Sean	Thompson	M	East Hull Harriers & AC	38 : 33
22	733	Shaun	Barley	M	East Hull Harriers & AC	38 : 40
23	703	Stephen	Logan	M	Beverley AC	38 : 44
24	783	Rob	Waugh	M	East Hull Harriers & AC	38 : 51
25	129	Jarrad	Englestown	M40	Selby Striders	38 : 53
26	132	Tom	Gelsthorpe	M	Unattached	39 : 01
27	787	Dave	Wilson	M	East Hull Harriers & AC	39 : 10
28	771	Alan	Smith	M45	East Hull Harriers & AC	39 : 14
29	141	Paul	Wray	M45	East Hull Harriers & AC	39 : 20
30	730	Shaun	Alcock	M	East Hull Harriers & AC	39 : 26
31	616	Carla	Stansfield	F	City of Hull AC	39 : 28
32	753	Kristopher	Hopkins	M	East Hull Harriers & AC	39 : 32

33	171	Lee	Hammond	M	Unattached	39 : 34
34	803	Richard	Harrison	M50	Selby Striders	39 : 39
35	748	Mark	Gadie	M	East Hull Harriers & AC	39 : 47
36	182	Jon	Wil;son	M45	Selby Striders	39 : 51
37	714	Paul	Cartwright	M60	City of Hull AC	39 : 59
38	751	Tim	Groves	M50	East Hull Harriers & AC	40 : 24
39	804	Chrisian	Jordan	M45	Vegan Runners	40 : 26
40	799	Paul	Osborne	M45	Kingston Upon Hull AC	40 : 35
41	131	Paul	Bennett	M45	East Hull Harriers & AC	41 : 02
42	842	Paul	Poucher	M50	Unattached	41 : 02
43	138	Nick	Maynard	M45	City of Hull AC	41 : 07
44	159	David	Whitelock	M	Unattached	41 : 10
45	164	Steve	Evins	M50	Beverley AC	41 : 42
46	747	Gary	Forrester	M50	East Hull Harriers & AC	41 : 44
47	840	Andy	Johnson	M50	Beverley AC	41 : 48
48	148	Richard	McCoid	M	Unattached	41 : 50
49	715	Ian	McCoid	M55	City of Hull AC	41 : 53
50	772	Graeme	Smith	M45	East Hull Harriers & AC	41 : 55
51	156	Philip	Belton	M	Beverley AC	41 : 55
52	701	James	Durham	M	Beverley AC	41 : 55
53	830	Steven	Boyes	M	Unattached	42 : 32
54	646	Kirsty	Wilson	F45	East Hull Harriers & AC	42 : 34
55	757	Adrian	Kamis	M55	East Hull Harriers & AC	42 : 55
56	623	Carole	Fee	F45	East Hull Harriers & AC	42 : 57
57	755	Ashley	Jacketts	JM	East Hull Harriers & AC	43 : 35
58	170	Ian	Donoghue	M45	Unattached	43 : 55
59	833	John	Escritt	M60	City of Hull AC	43 : 58
60	808	Sam	Brown	M	Unattached	44 : 03
61	638	Katie	Seddon	F	East Hull Harriers & AC	44 : 06
62	711	Martin	Hutchinson	M50	Bridlington Road Runners	44 : 11
63	742	Adam	Callan	M	East Hull Harriers & AC	44 : 15
64	625	Vicky	Godfrey	F40	East Hull Harriers & AC	44 : 24
65	702	Stuart	Eskrett	M55	Beverley AC	44 : 26
66	791	Paul	Rogers	M	Hornsea Harriers	44 : 32

67	712	Graham	Lonsdale	M50	Bridlington Road Runners	44 : 56
68	140	Mike	Dugan	M	East Hull Harriers & AC	44 : 58
69	795	Drew	Wilson	M45	Hornsea Harriers	44 : 59
70	128	Jody	Horth	M40	Beverley AC	45 : 02
71	729	Tony	Alcock	M55	East Hull Harriers & AC	45 : 05
72	162	Mike	Petersen	M40	East Hull Harriers & AC	45 : 06
73	180	Christian	Davies	M45	East Hull Harriers & AC	45 : 06
74	155	Catherine	Snowball	F	Beverley AC	45 : 22
75	706	Andrew	Tate	M55	Beverley AC	45 : 37
76	832	Chris	Knowles	M	East Hull Harriers & AC	45 : 39
77	749	Guy	Gibson	M50	East Hull Harriers & AC	45 : 50
78	658	Sara	Morrow	F45	Selby Striders	45 : 54
79	647	Emily	Wix	F	East Hull Harriers & AC	45 : 56
80	657	Michelle	Sutton	F35	Kingston Upon Hull AC	46 : 03
81	724	Peter	Taylor	M70	City of Hull AC	46 : 13
82	785	Tony	White	M55	East Hull Harriers & AC	46 : 26
83	648	Kerry	Young	F	East Hull Harriers & AC	46 : 29
84	750	Neil	Gordon	M50	East Hull Harriers & AC	46 : 32
85	126	Amanda	Dean	F60	West Hull Ladies	46 : 34
86	154	Annaliese	Cartwright	F	West Hull Ladies	46 : 38
87	828	Andy	Steel	M45	Kingston Upon Hull AC	46 : 52
88	134	Mollie	Holehouse	F	Bridlington Road Runners	46 : 54
89	802	Nigel	Pennington	M50	Scunthorpe & District AC	46 : 57
90	139	Tom	Hopper	M	Unattached	47 : 10
91	704	Lucas	Meagor	M40	Beverley AC	47 : 15
92	630	Demi	Johnston	F	East Hull Harriers & AC	47 : 16
93	179	Carl	Horth	M	City of Hull AC	47 : 21
94	649	Magda	Zaremba	F35	East Hull Harriers & AC	47 : 24
95	632	Venika	Moverley	F	East Hull Harriers & AC	47 : 26
96	766	Paul	Ream	M50	East Hull Harriers & AC	47 : 31
97	634	Shirley	Oglesby	F65	East Hull Harriers & AC	47 : 31
98	181	Quintana	Davies	F45	Unattached	47 : 32
99	818	Graham	Havercroft	M60	East Hull Harriers & AC	47 : 39
100	768	Matthew	Robinson	M	East Hull Harriers & AC	47 : 48

101	158	Phil	Smith	M	Unattached	47 : 50
102	770	Kevin	Sharp	M	East Hull Harriers & AC	47 : 51
103	640	Rachael	Sharp	F40	East Hull Harriers & AC	47 : 52
104	622	Anthea	Eskrett	F40	East Hull Harriers & AC	47 : 52
105	825	Chris	Wilson	M50	Unattached	47 : 55
106	786	Chris	Wiles	M40	East Hull Harriers & AC	47 : 56
107	624	Phoebe	Gawthorpe	F	East Hull Harriers & AC	47 : 58
108	619	Sarah-Rose	Crawford	F40	East Hull Harriers & AC	47 : 58
109	660	Karen	Park	F50	West Hull Ladies	48 : 17
110	142	Thomas	Strzyzenski	M40	Unattached	48 : 20
111	834	David	Leaming	M	Unattached	48 : 30
112	722	Kevin	Penny	M60	City of Hull AC	48 : 32
113	143	Andrew	Marson	M55	Unattached	48 : 41
114	759	Wayne	Martindale	M50	East Hull Harriers & AC	48 : 44
115	127	Mike	Baggott	M65	City of Hull AC	48 : 51
116	811	Andrew A	Deyes	M60	Unattached	48 : 59
117	835	Marc	Needler	M	Unattached	49 : 02
118	130	Peter	Thomas	M55	Unattached	49 : 07
119	606	Lisa	Cockcroft	F35	Bridlington Road Runners	49 : 09
120	836	Andy	Baker	M50	Bridlington Road Runners	49 : 10
121	146	Nicola	Wilson	F	Unattached	49 : 11
122	643	Katy	White	F35	East Hull Harriers & AC	49 : 21
123	767	Paul	Reed	M55	East Hull Harriers & AC	49 : 39
124	145	Karol	Mierzwa	M	Unattached	49 : 51
125	800	Mark	Shaw	M	Kingston Upon Hull AC	50 : 05
126	707	Paul	Brown	M65	Bridlington Road Runners	50 : 09
127	176	Mark	Wannan	M55	Unattached	50 : 14
128	608	Diane	Palmer	F50	Bridlington Road Runners	50 : 21
129	163	Marie	Hussey	F40	East Hull Harriers & AC	50 : 29
130	169	Stacy	Foxworthy	F35	West Hull Ladies	50 : 34
131	149	Jonathan	Shaw	M40	City of Hull AC	50 : 39
132	725	Patrick	Walker	M45	City of Hull AC	50 : 42
133	809	Alan	Catton	M60	Unattached	50 : 46
134	637	Nicky	Rudland	F40	East Hull Harriers & AC	50 : 48

135	144	Peter	Marson	M50	Unattached	50 : 59
136	161	David	Coates	M50	Unattached	51 : 00
137	609	Kelly	Palmer	F	Bridlington Road Runners	51 : 06
138	628	Alison	Hayes	F40	East Hull Harriers & AC	51 : 12
139	741	David	Butt	M65	East Hull Harriers & AC	51 : 17
140	621	Linda	Douglas	F50	East Hull Harriers & AC	51 : 23
141	641	Michelle	Smith	F40	East Hull Harriers & AC	51 : 24
142	152	Rebecca	Johnson	F	West Hull Ladies	51 : 27
143	838	Grzegozz	Semik	M	Unattached	51 : 33
144	827	Ben	Smith	M	Bridlington Road Runners	51 : 52
145	709	Robert	Eyre	M70	Bridlington Road Runners	52 : 01
146	136	Stephen	Eblet	M55	Bridlington Road Runners	52 : 14
147	123	Keith	Ross	M60	Kingston Upon Hull AC	52 : 35
148	793	Craig	Waites	M45	Hornsea Harriers	52 : 53
149	604	Heidi	Baker	F40	Bridlington Road Runners	53 : 05
150	157	Neil	Adams	M45	Unattached	53 : 26
151	644	Tina	Wigglesworth	F45	East Hull Harriers & AC	53 : 28
152	639	Julie	Salvidge	F50	East Hull Harriers & AC	53 : 35
153	627	Maxine	Hardey	F45	East Hull Harriers & AC	53 : 47
154	183	Gavin	Stuart	M45	Unattached	53 : 55
155	744	Steve	Cronan	M65	East Hull Harriers & AC	53 : 56
156	732	Farhat	Baig	M40	East Hull Harriers & AC	53 : 57
157	815	Mike	Salvidge	M50	Unattached	54 : 03
158	173	Martin	Middleton-Franklin	M45	Hornsea Harriers	54 : 22
159	607	Zoe	Ellis	F45	Bridlington Road Runners	54 : 24
160	667	Elizabeth	Lee	F40	Hornsea Harriers	54 : 28
161	135	Tracey	Holehouse	F50	Bridlington Road Runners	54 : 44
162	184	Josie	Hermann	F40	Unattached	55 : 12
163	185	Claire	Stewart	F40	Unattached	55 : 12
164	654	Abigail	Morgan	F	Hornsea Harriers	55 : 16
165	763	Ross	Parker	M70	East Hull Harriers & AC	55 : 55
166	819	Jason	MaCoubrey	M40	Hornsea Harriers	56 : 11
167	788	Stephen	Braddock	M45	Hornsea Harriers	56 : 11
168	615	Karen	Scott	F45	City of Hull AC	56 : 32

169	165	Amy	Wilkinson	F	East Hull Harriers & AC	56 : 40
170	645	Chloe	Wilson	JF	East Hull Harriers & AC	56 : 40
171	178	Rebecca	Hazell	F45	Unattached	56 : 50
172	177	Kayley	Hoyle	F40	Unattached	56 : 50
173	633	Dawn	Oades	F40	East Hull Harriers & AC	56 : 53
174	727	Mike	Abbotts	M70	Durham City Harriers & AC	57 : 00
175	150	Naomi	Milnes	F35	West Hull Ladies	57 : 13
176	175	Gary	Oades	M60	Unattached	57 : 28
177	167	Mark	Raven	M	Unattached	57 : 41
178	166	Rachel	Johnson	F40	Kingston Upon Hull AC	57 : 41
179	796	Simon	Adcock	M	Kingston Upon Hull AC	57 : 41
180	810	Lee	Daniels	M50	Unattached	57 : 52
181	672	Sharon	Bowes	F45	Bridlington Road Runners	58 : 01
182	611	Dominique	Webster	F45	Bridlington Road Runners	58 : 08
183	716	Jeffrey	Copping	M70	City of Hull AC	58 : 49
184	718	Kevin	McManus	M65	City of Hull AC	59 : 31
185	721	John	Pawson	M70	City of Hull AC	59 : 48
186	782	David	Walmsley	M50	East Hull Harriers & AC	60 : 02
187	813	Stephen	Oxburgh	M55	Unattached	60 : 32
188	781	Martin	Walker	M55	East Hull Harriers & AC	61 : 17
189	655	Claire	Spear	F40	Hornsea Harriers	61 : 26
190	792	John	Tansey	M40	Hornsea Harriers	61 : 27
191	805	Kevin	Anholm	M60	Withernsea Harriers	62 : 08
192	669	Samantha	Middleton-Frankton	F40	Hornsea Harriers	62 : 18
193	172	June	Cooper	F45	Unattached	62 : 20
194	662	Jen	Walker	F50	West Hull Ladies	63 : 16
195	780	Andrew	Tweddell	M50	East Hull Harriers & AC	64 : 02
196	153	Laura	Ireland	F	West Hull Ladies	65 : 19