

Pos	Race No	Finish Time	Name	Club	Cat	Cat Pos	M/F Pos
1	7	00:34:05	James Baker	Chichester Runners & AC	M40	1	1
2	100	00:36:35	Julian Manning	Denmead Striders	M40	2	2
3	76	00:37:11	Damon Howard	City Of Portsmouth AC	M40	3	3
4	1	00:37:49	John Aldwinkle	Denmead Striders	M40	4	4
5	110	00:38:04	Ellis Meades-Woolley	Meon Valley Runners	MS	1	5
6	24	00:38:08	Daniel Burton	Arena 80 AC	MS	2	6
7	155	00:39:00	Gianni Shipp		M30	1	7
8	79	00:40:43	Clive Hutchinson		M50	1	8
9	158	00:41:08	Mark Smallwood		M40	5	9
10	52	00:41:45	Rob Fleming	Liss Runners	M40	6	10
11	86	00:42:39	Steve Knight		M40	7	11
12	69	00:42:40	Oliver Hill		MS	3	12
13	55	00:42:49	Tom Frost		M50	2	13
14	61	00:42:55	Nick Griffiths		M30	2	14
15	89	00:42:55	Tamara Lake	Liss Runners	F50	1	1
16	17	00:44:22	Jennifer Bolton		FS	1	2
17	177	00:44:40	Paul Traill		M40	8	15
18	57	00:44:40	Alex Garbas		MS	4	16
19	64	00:45:57	Marcus Harding		MS	5	17
20	50	00:46:17	John Field	Denmead Striders	M40	9	18
21	49	00:46:21	david fell		M40	10	19
22	75	00:46:31	Matt Housden		M40	11	20
23	18	00:46:44	Tom Bolton		M30	3	21
24	91	00:47:12	robert langley	Portsmouth Joggers	M30	4	22
25	14	00:47:29	Graham Bell		M50	3	23
26	26	00:47:33	Colin Campbell		M40	12	24
27	181	00:47:37	Mark Tyrrell		M40	13	25
28	95	00:48:01	Craig Lodder	Portsmouth Joggers	M50	4	26
29	46	00:48:04	Ben Edmonds		MS	6	27
30	127	00:48:08	Bob Pentland	Portsmouth Joggers	M60	1	28
31	10	00:48:14	Chris Barnes	Totton RC	M50	5	29
32	19	00:49:09	Gavin Brett		M40	14	30
33	36	00:49:19	John Craig		M40	15	31
34	171	00:49:28	NATASHA SWAN	Seaford Striders RC	F40	1	3
35	3	00:49:45	David Almond		M40	16	32
36	170	00:49:55	Tim Sutton		M30	5	33
37	114	00:50:08	richard moore	Meon Valley Runners	M50	6	34
38	112	00:50:29	Charlie Middleton		F30	1	4
39	6	00:50:31	steve baker		M30	6	35
40	34	00:50:35	Mike Counsell		M30	7	36
41	143	00:50:58	Paul Reid		M40	17	37
42	53	00:51:10	chris ford		M50	7	38
43	106	00:51:20	Graeme McCartney	Denmead Striders	M40	18	39
44	161	00:52:17	Paul Smith		M30	8	40
45	105	00:52:26	COLIN MAYNE	Portsmouth Joggers	M50	8	41
46	80	00:52:32	Nick Jackson	Meon Valley Runners	M40	19	42
47	73	00:52:41	Lawrence Holbrough		M50	9	43
48	68	00:52:58	Alan Hill		MS	7	44
49	123	00:53:05	Phil Page	Stubbington Green Runners	M40	20	45
50	31	00:53:06	Virginia Collins	Totton RC	F60	1	5

Pos	Race No	Finish Time	Name	Club	Cat	Cat Pos	M/F Pos
51	152	00:53:08	Nick Savage		M40	21	46
52	116	00:53:46	Marcos Morley		M40	22	47
53	196	00:53:52	Robert Wright	Hedge End Running Club	M30	9	48
54	33	00:53:55	Robert Wright	Hedge End Running Club	M30	10	49
55	51	00:54:10	Richard Coote	Portsmouth Joggers	M40	23	50
56	139	00:54:18	Lauren Field	Denmead Striders	FS	2	6
57	137	00:54:33	Martin Randall		M50	10	51
58	84	00:54:46	naomi keddie		F30	2	7
59	59	00:54:52	Samantha Goodchild	Portsmouth Joggers	F40	2	8
60	78	00:55:08	Sam Hurst		F30	3	9
61	54	00:55:26	Matt Fox		M30	11	52
62	184	00:55:55	sarah webber		F30	4	10
63	191	00:56:02	David Wood		M60	2	53
64	12	00:56:07	Michael Batchelor	Denmead Striders	M60	3	54
65	122	00:56:12	Chris Nightingale		M50	11	55
66	133	00:56:23	Donna Pike	Totton RC	F40	3	11
67	41	00:56:34	Michael Deller	Fareham Crusaders Running Club	M30	12	56
68	13	00:57:11	Charlie Beasy		MS	8	57
69	93	00:57:28	Matthew Lawes	Clanfield Joggers	M30	13	58
70	192	00:57:44	Michelle Wootton		F40	4	12
71	42	00:57:48	Sarah Deller	Fareham Crusaders Running Club	F30	5	13
72	60	00:57:50	James Goulsbra		M30	14	59
73	90	00:57:52	Kathryn Land		F40	5	14
74	131	00:58:02	James Phelan		M30	15	60
75	182	00:58:05	Colin Uwins		M60	4	61
76	154	00:58:10	Lee Serjent		M40	24	62
77	92	00:58:13	David Lawes		M30	16	63
78	140	00:58:17	Tracy Randall		F40	6	15
79	179	00:58:28	Richard turner	Victory AC	M50	12	64
80	30	00:58:32	richard cole		M40	25	65
81	81	00:58:32	Jo Janiec		F30	6	16
82	70	00:58:39	John Hilton		M40	26	66
83	77	00:59:19	Helen Hubbard		F40	7	17
84	132	00:59:32	Mandy Phelan		F50	2	18
85	157	00:59:37	Lisa Slight	Victory AC	F40	8	19
86	195	00:59:45	Pip Wright		FS	3	20
87	25	00:59:47	Lyn Butler		FS	4	21
88	44	00:59:48	Sarah Doherty		FS	5	22
89	126	00:59:56	Debbie patching	Bognor Regis Tone Zone Runners	F60	2	23
90	87	01:00:08	Sarah Knight		F30	7	24
91	173	01:00:15	Angela Taylor		F50	3	25
92	153	01:00:22	Catherine Saville		F50	4	26
93	47	01:00:36	Andy Elder		M50	13	67
94	39	01:00:45	Shaun Curd		M50	14	68
95	38	01:00:46	Anna Curd		F50	5	27
96	74	01:00:49	Nicola Hope		F30	8	28
97	165	01:01:09	Michael Stares	Gosport Road Runners	M70	1	69
98	40	01:01:33	Christopher Deane		M50	15	70
99	136	01:01:43	Joe Pymont		M30	17	71
100	104	01:02:13	Grace Mason		F30	9	29

Pos	Race No	Finish Time	Name	Club	Cat	Cat Pos	M/F Pos
101	8	01:02:18	Stuart Bamberger	Stubbington Green Runners	M40	27	72
102	108	01:02:19	Sara McRitchie	Stubbington Green Runners	F40	9	30
103	156	01:02:22	Rachael Shipp		F30	10	31
104	21	01:02:28	Fiona Buck		F40	10	32
105	102	01:02:49	Paul Marshall		M50	16	73
106	101	01:02:58	Alison Marshall		F50	6	33
107	194	01:03:04	Howard Wright	Victory AC	M70	2	74
108	130	01:03:31	Kevin Pettet		M40	28	75
109	129	01:03:33	Bev Pettet		F30	11	34
110	134	01:04:03	Julia potter		F40	11	35
111	48	01:04:23	Mike Faria		M40	29	76
112	119	01:04:31	Bryony Nellthorp		FS	6	36
113	151	01:04:32	Ursula Salero		F40	12	37
114	22	01:04:32	Victoria Bulbeck		FS	7	38
115	32	01:05:09	Anjella Coote	Portsmouth Joggers	F40	13	39
116	103	01:05:10	Daniel Martin-Corben		M40	30	77
117	88	01:06:24	Bob Knott		M40	31	78
118	125	01:06:37	susan Parker		F50	7	40
119	23	01:06:37	Sue Burley		F50	8	41
120	43	01:07:21	Gill Dickin		F50	9	42
121	169	01:07:29	Amanda Styles		F40	14	43
122	37	01:07:38	Michelle Cross		F50	10	44
123	172	01:08:17	nicky taylor	Portsmouth Joggers	F40	15	45
124	16	01:08:18	Martin Bigwood		M40	32	79
125	180	01:08:29	Liza Turner-Fruhwirth		F30	12	46
126	107	01:08:30	David McClean		M50	17	80
127	186	01:09:40	Michael Willers		M70	3	81
128	149	01:09:42	Pat Rochon		F30	13	47
129	193	01:09:58	Jenny Worrall		F40	16	48
130	56	01:10:12	Helen Fry	Hedge End Running Club	F40	17	49
131	141	01:10:38	Athena Ray		F30	14	50
132	15	01:10:38	Catty Bennett		F40	18	51
133	163	01:12:43	Adam Stanbridge		M40	33	82
134	142	01:12:43	Brian Rees		M60	5	83
135	82	01:12:55	Warren Johns		M40	34	84
136	185	01:13:16	Nuala Whitehead		F50	11	52
137	118	01:13:36	Rebecca Mottershead		FS	8	53
138	117	01:13:37	John Mottershead		M50	18	85
139	124	01:13:37	Archie Parker		MS	9	86
140	66	01:14:38	Michele Hewlett		F50	12	54
141	113	01:14:38	Linda Miller		F60	3	55
142	98	01:15:16	Joanne Macdonald	Portsmouth Joggers	F40	19	56
143	174	01:16:25	Lucy Thorpe		F30	15	57
144	85	01:16:25	Autumn Keeping		F30	16	58
145	29	01:16:38	Kirsty Cobb		F30	17	59
146	135	01:17:00	Tess Pritchard	Portsmouth Joggers	F40	20	60
147	146	01:17:00	Helena Roberts		F40	21	61
148	164	01:17:19	Sarah Stanbridge		F40	22	62
149	175	01:17:48	Sue Tingley		F60	4	63
150	9	01:18:50	Susan Barker		F60	5	64

Pos	Race No	Finish Time	Name	Club	Cat	Cat Pos	M/F Pos
151	150	01:20:54	Deborah Rowland		F40	23	65
152	128	01:21:03	Debbie Pentland	Portsmouth Joggers	F60	6	66