

<u>Pos</u>	<u>No</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
1	214	Daniel Geisler	SM	Worcester AC	0:46:00
2	172	David Aubrey	SM	Cheltenham & County Harriers	0:46:07
3	205	Stephen Corbishley	SM	Tipton Harriers	0:46:21
4	137	Charles Sykes	M40	U/A	0:46:28
5	83	Henry Sly	SM	U/A	0:46:41
6	114	Finley Smith	SM	Worcester AC	0:47:21
7	19	Keith Evans	M50	Malvern Buzzards Running Cl	0:47:34
8	164	Robbie Campbell	SM	Worcester AC	0:47:47
9	92	Christian Dowle	M50	Malvern Buzzards Running Cl	0:48:33
10	39	Scott Hazell	M40	Massey Ferguson RC	0:48:47
11	76	Liam Colahan	SM	Malvern Buzzards Running Cl	0:48:54
12	135	Ciaran Connor	SM	Worcester AC	0:49:03
13	156	Benjamin Jones	M40	U/A	0:49:06
14	203	Anne Kenchington	SF	BRAT	0:49:14
15	62	Hugh Davies	M40	Worcester AC	0:49:44
16	120	Matt Fairlamb	M40	Worcester AC	0:49:50
17	165	Simeon Foreman	M40	Malvern Buzzards Running Cl	0:50:14
18	177	David Price	SM	Worcester AC	0:50:16
19	77	Lewis Faulkner	M40	Malvern Buzzards Running Cl	0:50:28
20	119	Richard Walsh	SM	Worcester AC	0:50:35
21	109	Steve Beldon	M40	Malvern Buzzards Running Cl	0:50:42
22	148	Jon Newey	M40	Black Pear Joggers	0:51:09
23	29	Colin Davies	SM	U/A	0:51:17
24	130	Matthew Downes	SM	Malvern Buzzards Running Cl	0:51:17
25	15	Andrew Summers	SM	Bridgnorth Running Club	0:52:12
26	100	Sean Garfield	SM	Malvern Triathlon Club	0:52:53
27	38	Jeremy Burton	SM	Worcester AC	0:53:01
28	96	Paul Dolphin	SM	Malvern Buzzards Running Cl	0:53:29
29	33	Douglas Webb	SM	Bristol and West AC	0:53:53
30	144	Nigel Dexter	SM	Droitwich AC	0:53:59
31	179	John Bristow	M40	Mercia Fell Runners	0:54:10
32	36	Michael Tomkins	SM	Kings Heath RC - The Lions	0:54:14
33	140	Andrew Beard	M40	U/A	0:54:23
34	47	Adam Grant	SM	Malvern Joggers	0:54:33
35	45	Richard Love	M50	U/A	0:54:51
36	136	Craig Matthews	SM	U/A	0:55:04
37	43	Holly Love	SF	Worcester AC	0:55:10
38	53	Greg Lord	SM	Malvern Buzzards Running Cl	0:55:20
39	158	Sophie Booth	SF	Black Pear Joggers	0:55:29
40	213	Andrew Boddy	M50	U/A	0:55:43
41	111	Mark Richards	M60	Headington RR	0:55:49
42	17	Phil Wikeley	M40	U/A	0:55:56
43	34	Andrew Jackson	SM	East London Runners	0:55:57
44	143	Jennifer Cashmore	F45	U/A	0:56:02
45	108	Phil Edwards	M50	Worcester AC	0:56:11
46	55	David Harte	M50	Bournville Harriers	0:56:12

<u>Pos</u>	<u>No</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
47	13	Paul Turner	M50	U/A	0:56:16
48	198	Benedict Recordon	M50	U/A	0:56:16
49	199	David O'Brien	M50	Worcester AC	0:56:21
50	86	Sam Eden	SM	Malvern Buzzards Running Cl	0:56:24
51	157	Jonathan Antill	SM	U/A	0:56:29
52	190	Robert Spargo	SM	U/A	0:56:31
53	66	Nicholas Oram	SM	Kings Heath RC - The Lions	0:56:46
54	145	Daniel Jones	SM	U/A	0:56:51
55	37	Sarah Armstrong	F45	Malvern Buzzards Running Cl	0:56:55
56	42	Andy Wire	M40	U/A	0:57:33
57	204	Shane Roberts	M40	Fairwater Runners Cwmbran	0:57:43
58	223	Stephen Dorman	M40	U/A	0:57:58
59	207	Tim Bates	M50	U/A	0:58:03
60	218	Jamie Lockley	SM	U/A	0:58:16
61	195	Peter Ballin	SM	U/A	0:58:17
62	132	William Turnbull	M40	U/A	0:58:26
63	161	Andy Gandon	M60	Worcester AC	0:58:37
64	197	Andrew Lawson	M50	Worcester Tri Club	0:58:38
65	219	Dean Hartshorne	M40	Bromsgrove & Redditch AC	0:58:57
66	202	Andrew Lambert	SM	U/A	0:59:03
67	150	Paul Williams	M50	U/A	0:59:12
68	225	Paul Nions	M40	U/A	0:59:18
69	5	Richard Evers	SM	U/A	0:59:18
70	112	Jamie MacKenzie	SM	U/A	0:59:21
71	162	John Drew	M40	U/A	0:59:23
72	152	Chris Hattam	M40	U/A	0:59:30
73	138	Duncan Loughrey	M50	U/A	0:59:37
74	99	Nick Spice	M40	U/A	0:59:53
75	24	Andrew Barton	M40	U/A	0:59:54
76	206	Simon Bond	M40	Malvern Buzzards Running Cl	1:00:07
77	82	Ann-Marie Hazell	F35	U/A	1:00:09
78	159	Paola Sestito	F35	Malvern Buzzards Running Cl	1:00:11
79	7	Paul White	M45	Malvern Buzzards Running Cl	1:00:21
80	20	Tim Waldron	M40	Liverpool Running Club	1:00:36
81	9	Rob Hopkins	M40	Malvern Buzzards Running Cl	1:00:38
82	237	Daniel Kelly	SM	Malvern Buzzards Running Cl	1:00:44
83	230	Simon Collett	M40	U/A	1:00:48
84	233	Chris Marks	M40	U/A	1:01:11
85	124	Jonathan Bissett	SM	U/A	1:01:13
86	64	Matthew Brockington	M50	U/A	1:01:21
87	210	Paul Cope	M40	U/A	1:01:23
88	238	Mike Eglesfield	M40	U/A	1:01:34
89	41	Tom MacKenzie	SM	U/A	1:01:37
90	151	Andrew Houghton	M50	Malvern Buzzards Running Cl	1:01:44
91	227	Andrew Jacobs	SM	Birchfield Harriers	1:01:49
92	220	Phil Richardson	M60	Bromsgrove & Redditch AC	1:01:51

<u>Pos</u>	<u>No</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
93	21	Keith Hill	M50	Birmingham Running Athletics	1:02:06
94	91	Peter Paprcka	M40	Massey Ferguson RC	1:02:09
95	28	Sarah Davies	F35	U/A	1:02:16
96	14	Emma Turner	F45	U/A	1:02:19
97	6	Alison Webb	F45	Malvern Buzzards Running Cl	1:02:26
98	23	Sarah Pow	F35	U/A	1:02:28
99	46	Martha Worthington	F35	Malvern Buzzards Running Cl	1:02:31
100	231	Matthew Bastin	M40	U/A	1:02:37
101	168	John Brennan	M40	U/A	1:02:39
102	174	David Pound	M50	Worcester AC	1:02:45
103	134	James Russell	M40	U/A	1:02:49
104	65	Owen Jarman	M50	Worcester AC	1:02:54
105	129	Jess Sly	F35	U/A	1:03:17
106	185	David Jones	M50	U/A	1:03:21
107	113	Matthew Rabone	SM	Malvern Buzzards Running Cl	1:03:26
108	67	Paul Humphris	M40	U/A	1:03:33
109	139	Charles Sly	M40	U/A	1:03:44
110	224	Helen Ciancio	F35	Black Pear Joggers	1:04:06
111	68	David James	SM	U/A	1:04:20
112	16	Nicola Wikeley	F45	U/A	1:04:27
113	35	Pete Scott	M40	U/A	1:04:31
114	54	Tim Brockington	M60	Springfield Striders RC	1:04:35
115	216	Kinga Kul	F35	U/A	1:04:43
116	141	Andy Holtham	M50	U/A	1:04:45
117	93	Matt Gillen	M50	U/A	1:04:48
118	115	Steve Roode	M50	Lonely Goat RC	1:05:02
119	191	Camenne Smith	F35	U/A	1:05:08
120	116	Martin Hollingworth	M50	Malvern Buzzards Running Cl	1:05:08
121	217	Sven Rouse	M40	U/A	1:05:22
122	48	Martin Reed-Darby	SM	Malvern Buzzards Running Cl	1:05:23
123	128	Nick Lobo	M50	U/A	1:05:32
124	78	Richard Horne	M50	Solihull & Small Heath Athletic	1:05:36
125	72	Kevin Taylor	M50	Ryston Runners	1:05:39
126	121	Matthew Jones	SM	U/A	1:06:04
127	95	Megan James	F35	Malvern Buzzards Running Cl	1:06:07
128	212	Steve Tame	M40	U/A	1:06:24
129	125	Peter Smith	M50	U/A	1:06:25
130	226	Marcin Dumny	SM	U/A	1:06:34
131	183	Nic Dauncey	M40	Black Pear Joggers	1:06:41
132	98	Nigel Edwards	M40	Pershore Plum Plodders	1:06:45
133	103	Steve Palmer	M40	U/A	1:06:49
134	192	Gary Smith	SM	U/A	1:06:57
135	126	Max Williams	SM	U/A	1:07:04
136	232	Kal Sandhu	SM	Wolverhampton & Bilston	1:07:21
137	117	Edwin Hartley	M60	Kings Heath RC - The Lions	1:07:36
138	160	James Fletcher	SM	U/A	1:07:42

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139	228	Terence Bedington	M70	Kidderminster & Stourport AC	1:07:46
140	118	Rachael Alexander	F35	Worcester AC	1:07:49
141	105	Andrew Gallagher	M50	Malvern Joggers	1:07:56
142	180	Peter Palmer	SM	U/A	1:08:15
143	215	Luke Unsworth	M40	U/A	1:08:16
144	84	Tony Davis	M60	U/A	1:08:19
145	234	George Henry	M50	U/A	1:08:21
146	196	Ian Walwyn	M60	Black Pear Joggers	1:08:27
147	193	Simon Quilley	M50	U/A	1:08:56
148	61	Warwick Taylor	M50	Malvern Joggers	1:08:57
149	182	Graham Plumpton	M50	U/A	1:09:05
150	122	Ed Brecknell	SM	U/A	1:09:30
151	184	Mike Burton	M60	Black Pear Joggers	1:09:52
152	194	Rupert Sherwood	M50	U/A	1:10:00
153	52	Timothy Hockly	M50	U/A	1:10:07
154	187	Kate Allison	F35	U/A	1:10:07
155	44	Lisa Dainty	F45	Malvern Buzzards Running Cl	1:10:11
156	221	Anthony Evans	M40	U/A	1:10:18
157	154	Steve Williams	M40	U/A	1:10:31
158	87	Robert Lynch	M50	U/A	1:10:37
159	30	Julie Caseley	F55	Malvern Buzzards Running Cl	1:11:04
160	208	Brian Henderson	M60	Malvern Joggers	1:11:14
161	173	Stuart Munday	M60	Black Pear Joggers	1:11:26
162	70	Gavin Beresford	SM	U/A	1:11:55
163	102	Kevin Peace	M60	Bournville Harriers	1:12:02
164	2	Roy Nutbeem	M50	Malvern Buzzards Running Cl	1:12:17
165	211	Richard Sammons	M40	U/A	1:12:18
166	25	Amie Lockley	SF	Malvern Joggers	1:12:31
167	26	Mark Lockley	M40	U/A	1:12:31
168	106	Lucy Gallagher	F45	Malvern Joggers	1:12:35
169	188	Paul Howard	M50	U/A	1:12:36
170	167	Matthew Manning	SM	U/A	1:12:41
171	171	Louise Bickley	F35	U/A	1:12:41
172	27	Paul Short	M50	U/A	1:13:11
173	200	Andrew Griffin	M60	U/A	1:13:20
174	51	Sally Tonge	F45	U/A	1:13:24
175	88	Ann Hewlett	F45	Pershore Plum Plodders	1:13:32
176	175	Rosie Boyle	SF	U/A	1:13:38
177	201	Mike Woodyatt	M60	U/A	1:13:40
178	79	Gavin Hole	M40	Worcestershire Trailblazers	1:13:43
179	32	Joseph Wilkie	SM	U/A	1:14:10
180	142	Catherine Oliver	F55	U/A	1:14:15
181	127	Clive Maddock	M40	Malvern Buzzards Running Cl	1:14:32
182	85	Susie Bird	F45	U/A	1:14:50
183	89	Sergi Gonzalez Prunera	SM	U/A	1:14:58
184	73	Sarah Taylor	F45	Ryston Runners	1:15:21

<u>Pos</u>	<u>No</u>	<u>Name</u>	<u>Category</u>		<u>Club</u>	<u>Time</u>
185	147	Colin Ladek	SM	U/A		1:16:08
186	178	Steve Ollis	M50		Worcester AC	1:16:26
187	235	David More	M60	U/A		1:16:39
188	153	Paul Stelling	SM	U/A		1:16:43
189	131	Jessica Adsett	SF	U/A		1:16:54
190	81	Hannah Topp	SF		Malvern Buzzards Running Cl	1:17:06
191	146	Stephanie Hart	F35		Worcestershire Trailblazers	1:17:49
192	133	Bryan Davies	M70		Croft Ambrey RC	1:19:22
193	22	Cheryl Broadway	F45	U/A		1:19:34
194	149	Glenn Mallen	M40	U/A		1:19:34
195	63	Emma Pushman	F55	U/A		1:20:32
196	74	Amy Hartnell	F35	U/A		1:21:22
197	166	Kate Harper	SF		Ledbury & District Harriers	1:23:03
198	209	Richard Martin	M40	U/A		1:23:24
199	90	Xavi Gonzalez Prunera	SM	U/A		1:23:58
200	176	Nathalie Lovekin	SF		Ledbury & District Harriers	1:24:06
201	169	Vivien Tolley	F55		Malvern Joggers	1:24:41
202	123	Rachel Robb	SF	U/A		1:25:16
203	186	Neil Bird	M40	U/A		1:25:48
204	222	Kate Eacock	F35		Worcestershire Trailblazers	1:26:02
205	59	Imogen Poole-Warren	F35	U/A		1:26:57
206	189	Clare Spargo	SF	U/A		1:28:22
207	229	John Brook	M70		Worcester AC	1:28:39
208	107	Simon Richards	M50		Barnt Green Chuggers	1:32:32
209	181	Charly Lowndes	M65		Malvern Joggers	1:32:35
210	75	Jennifer Booth	F35	U/A		1:33:15
211	10	Peter Lymer			Droitwich AC	1:33:58
212	104	Julie Herbert	F35		Pershore Plum Plodders	1:37:10
213	97	Darren Wall	M40		Pershore Plum Plodders	1:37:10
214	236	Gert Cowling	F65		Vegetarian Cycling Club	1:49:33
215	170	Elly Bishop	SF	U/A		1:49:55