

Sheet1

Pos	Race No.	Time					Cate gory	Cat Pos	Club
1	191	24.28	Rob	James	M	1	M	1	Royton Road Runners
2	139	25.52	Shaun	Godsman	M	2	M45	1	Calder Valley
3	147	26.41	Benjamin	Coop	M	3	M	2	Bury AC
4	201	27.05	Christian	Garvey	M	4	M	3	York Knavesmire
5	152	28.04	Rob	Fowler	M	5	M	4	Prestwich AC
6	137	28.43	Marc	Barrett	M	6	M40	1	Rossendale Harriers
7	180	29.05	Adam	Storer	M	7	M45	2	U/A
8	199	29.25	Mike	Gradwell	M	8	M	5	Saddleworth
9	159	29.31	Paul	Timms	M	9	M40	2	Rochdale Tri Club
10	186	30.42	Darren	Graham	M	10	M45	3	Todmorden Harriers
11	156	30.51	Ian	Nuttall	M	11	M50	1	Prestwich AC
12	154	30.58	Alex	Frost	M	12	M50	2	Rochdale Harriers
13	173	31.16	Leon	Wint	M	13	M	6	Middleton Harriers
14	153	31.41	Stuart	Hutchinson	M	14	M	7	Saddleworth
15	174	31.59	Leo	Cain	M	15	M40	1	Middleton Harriers
16	203	32.03	Dan	Taylor	M	16	M40	3	Todmorden Harriers
17	167	32.13	Andrew	Lee	M	17	M45	4	Rossendale Harriers
18	145	33.00	Stuart	Wolstenholme	M	18	M45	5	Todmorden Harriers
19	151	33.04	Christopher	Roberts	M	19	M	8	Saddleworth
20	187	33.32	Robert	Bolton	M	20	M50	3	U/A
21	163	33.38	Fiona	Williams	F	1	F	1	Rochdale Harriers
22	146	33.54	Nicholas	Walsh	M	21	M55	1	Rochdale Harriers
23	164	34.00	Ian	Dale	M	22	M55	2	Royton Road Runners
24	202	34.44	Graeme	Dick	M	23	M40	4	Chester Tri Club
25	194	34.51	Stephen	Leak	M	24	M55	3	Rochdale Harriers
26	168	35.00	James	Sheard	M	25	M50	4	Saddleworth
27	204	35.06	Simon	Wild	M	26	M45	6	U/A
28	198	35.25	Matthew	Kilburn	M	27	M45	7	Royton Road Runners
29	188	35.45	Neil	Hill	M	28	M50	5	Stadium Runners
30	200	35.59	Dermont	Garvey	M	29	M55	4	U/A
31	193	36.37	Claire	Cobley	F	2	F40	1	Saddleworth
32	166	36.43	Barry	Greaves	M	30	M60	1	Royton Road Runners
33	142	36.59	Philip	Smallman	M	31	M40	5	Rochdale Tri Club
34	143	36.59	Roy	Hughes	M	32	M	9	U/A
35	195	37.00	Bret	Spivey	M	33	M	10	Royton Road Runners
36	205	37.03	Jonathan	Ulett	M	34	M	11	Saddleworth
37	150	37.07	Christopher	Rainey	M	35	M45	8	U/A
38	176	37.22	Tony	Muir	M	36	M	12	Oldham & Royton AC
39	144	37.25	Brandon	Green	M	37	M45	9	Saddleworth
40	165	37.30	David	Crewe	M	38	M	13	Royton Road Runners
41	161	37.33	Diane	Winterburn	F	3	F50	1	Rochdale Harriers
42	158	37.42	Jason	Worrall	M	39	M45	10	U/A
43	184	38.22	Carl	Chambers	M	40	M45	11	Saddleworth
44	162	38.29	Peter	Browning	M	41	M55	5	Clayton Le Moors
45	134	38.33	Kevin	McGilvray	M	42	M60	2	Rochdale Tri Club
46	157	38.48	Hayley	Nuttall	F	4	F45	1	Prestwich AC
47	172	39.06	Jon	Comyn-Platt	M	43	M70	1	Saddleworth

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48	181	40.12	Sophie	Howard	F	5	F	2	Rossendale Harriers
49	182	40.13	Matthew	Clawson	M	44	M	14	Rossendale Harriers
50	160	40.18	John	Heathcote	M	45	M65	1	Saddleworth
51	149	40.24	Christopher	Scanlon	M	46	M45	12	U/A
52	170	40.29	Shirley	Tierney	F	6	F50	2	Saddleworth
53	155	40.41	Craig	Wellins	M	47	M45	13	Rochdale Harriers
54	175	41.07	Roisin	Kavanagh	F	7	F40	2	Prestwich AC
55	197	41.08	Frederick	Getz	M	48	M60	3	U/A
56	192	41.10	Phil	Taylor	M	49	M50	6	Prestwich AC
57	189	41.44	William	Murgatroyd	M	50	M65	2	U/A
58	190	42.24	Steve	Randal	M	51	M40	6	Acrestreet Runners
59	185	42.49	Kate	Saville	F	8	F45	2	Saddleworth
60	196	42.52	Henryk	Getz	M	52	M65	3	U/A
61	177	43.06	Yana	Anderton	F	9	F40	3	Belle Vue
62	178	43.09	Rachel	Watson	F	10	F40	4	Belle Vue
63	207	43.10	Janet	Rigby	F	11	F50	3	Radcliffe AC
64	140	44.11	Charlie	Barlow	M	53	M60	4	Saddleworth
65	183	44.20	Lisa	Miles	F	12	F45	3	Littleborough Runners
66	179	45.20	Monica	Boland	F	13	F45	4	Saddleworth
67	169	45.21	Tony	Greene	M	54	M70	2	Saddleworth
68	141	45.44	Jill	Boustead	F	14	F55	1	Saddleworth
69	206	46.35	Susan	Hinde	M	55	M55	6	Saddleworth
70	138	47.15	Sharon	Godsman	F	15	F45	5	Calder Valley
71	171	52.17	Jillian	Heywood	F	16	F45	6	Royton Road Runners
72	136	52.41	Shirley	Sneddon	F	17	F50	4	Rochdale Tri Club
73	135	52.41	Ann-Marie	McGilvray	F	18	F50	5	Rochdale Tri Club
74	148	55.30	Peter	Scanlon	M	56	M70	3	Horsforth Harriers