

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	0:34:11	HOUGHTON, Alex	Thurrock	Male Senior	253	1
2	0:34:23	MYNOTT, Andrew	Walden Triathletes	Male Senior	140	2
3	0:35:27	MACDOUGALL, Ian	Saffron Striders	Male Vet 50	18	3
4	0:35:55	GEAR, Martin		Male Senior	203	4
5	0:36:05	KENNEDY, Graeme		Male Senior	205	5
6	0:36:52	PROSSER, Steven	Thurrock	Male Senior	218	6
7	0:36:56	LOWE, Rob	Harlow Running Club	Male Vet 40	126	7
8	0:37:00	JOHNSON, David	Thurrock	Male Senior	214	8
9	0:38:40	FROSTICK, Will	Sheffield University ac	Male Senior	239	9
10	0:38:47	CARTER, Rob	Bishop Stortford	Male Senior	27	10
11	0:38:52	THOMSON, Dave		Male Vet 40	142	11
12	0:38:58	BUTLER, Ray	Bishop Stortford	Male Senior	219	12
13	0:39:08	SWINDELL, Tracy	Thurrock	Lady Vet 45	718	13
14	0:39:13	DOIG, Andrew	Pitsea Running Club	Male Senior	80	14
15	0:39:19	ROPER, Neil		Male Senior	124	15
16	0:39:29	MACKENZIE, Steve	Harlow Running Club	Male Vet 40	244	16
17	0:39:30	AMERY, Richard	Thurrock	Male Vet 40	154	17
18	0:39:56	STREATFIELD, Matthew		Male Senior	221	18
19	0:39:57	RUSHMAN, Deborah	Walden Triathletes	Lady Vet 45	724	19
20	0:40:40	STEVEN, Roy	Harlow Running Club	Male Vet 60	184	20
21	0:40:57	FLUTTER, Richard	Harwich Runners	Male Vet 40	88	21
22	0:41:16	BINNS, Peter	Southend AC	Male Vet 60	145	22
23	0:41:22	MENTERN, Jason	Ware Joggers	Male Vet 40	147	23
24	0:41:38	COOPER, Ian	Brandon Fern Hopper	Male Vet 50	141	24
25	0:42:05	XAVIER, Jamie	East London Runners	Male Senior	204	25
26	0:42:08	ALLEN, Chris	Bishop Stortford	Male Vet 40	36	26
27	0:42:23	GREGORY-SMITH, Bethany	Tyndale Harriers	Lady Senior	554	27
28	0:42:30	ETCHES, Adam	Newmarket Joggers	Male Senior	250	28
29	0:42:44	JEPHCOTT, Daniel	Harlow Running Club	Male Junior	191	29
30	0:42:46	GRANT, Edward	Bishop Stortford	Male Junior	164	30
31	0:42:47	FLANNIGAN, Rachel	Pitsea Running Club	Lady Vet 35	722	31
32	0:42:57	ROBERTS, Corrine	Bishop Stortford	Lady Vet 45	599	32
33	0:42:58	BRADLEY, Andy	Harlow Running Club	Male Vet 40	130	33
34	0:43:16	MARTIN, Paul	Thrift Green Trotter	Male Vet 50	213	34
35	0:43:20	MACFARLANE, Alex	Metropolitan Police	Male Vet 50	48	35
36	0:43:28	FOOTE, Laurance		Male Senior	95	36
37	0:43:41	NICHOL, John	Bishop Stortford	Male Vet 40	212	37
38	0:43:41	TIMPSON, Joe		Male Senior	61	38
39	0:44:08	JOHNSON, Bernard	Thurrock	Male Vet 50	128	39
40	0:44:13	HORTON, Thomas	Herts Phoenix Athletic Club	Male Junior	158	40
41	0:44:19	RISLEY, Darren	Bishop Stortford	Male Senior	255	41
42	0:44:26	PINNER, Jayne	Thrift Green Trotter	Lady Vet 35	636	42
43	0:44:46	ROWLAND, Kelly		Lady Senior	648	43
44	0:44:49	BINKS, Debbie	Bishop Stortford	Lady Vet 35	577	44
45	0:44:54	AYLING, Peter	Harlow Running Club	Male Vet 50	81	45
46	0:44:57	CASTELL, Rich		Male Vet 40	241	46
47	0:45:03	BOGNAROVA-MEREDITH, Silvia	Thurrock	Lady Vet 35	701	47
48	0:45:04	JAY, Carrine	East London Runners	Lady Vet 45	544	48
49	0:45:12	COOTES, Alan	Harlow Running Club	Male Vet 50	237	49
50	0:45:19	ROBERTS, Jonathon	Bishop Stortford	Male Junior	86	50
51	0:45:21	POLLOCK, Scott	Bishop Stortford	Male Vet 40	77	51
52	0:45:23	SMITH, Howard		Male Vet 40	64	52
53	0:45:27	PEACOCK, Victoria	Thurrock	Lady Vet 35	698	53
54	0:45:35	ELLISON, Paul		Male Senior	97	54
55	0:45:38	MCCREE, Danny		Male Senior	198	55
56	0:45:46	LUPPI, Corrado	Bishop Stortford	Male Vet 40	93	56
57	0:45:51	SHEPPARD, David		Male Vet 40	230	57

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58	0:45:58	CHILDS, Simon	Loughton Athletic Club	Male Vet 50	1	58
59	0:46:04	RUDOLF, Steve	trial runners association	Male Vet 50	149	59
60	0:46:16	BRYSON, Anne		Lady Vet 35	691	60
61	0:46:19	LIVINGS, Danny		Male Senior	52	61
62	0:46:23	LEY, Richard		Male Senior	229	62
63	0:46:24	WREN, James		Male Senior	195	63
64	0:46:24	NEL, Sue		Lady Vet 35	582	64
65	0:46:28	WOOD, Hannah	Ipswich Jaffa Running Club	Lady Vet 35	671	65
66	0:46:29	WILSON, Alan		Male Vet 60	111	66
67	0:46:39	JONES, Mathew	Harlow Running Club	Male Vet 40	176	67
68	0:46:47	GRANT, Mike	Bishop Stortford	Male Vet 40	163	68
69	0:46:52	THURSTON, Les	Bishop Stortford	Male Vet 60	138	69
70	0:46:54	LE MAR, James		Male Senior	39	70
71	0:47:02	MCCLYMONT, Ian	Bishop Stortford	Male Vet 60	55	71
72	0:47:09	WILLIAMS, Geoffrey	Bishop Stortford	Male Vet 50	246	72
73	0:47:18	MINIHANE, Sonnie		Male Senior	90	73
74	0:47:24	BARRON, Hayley	Orion Harriers	Lady Vet 35	600	74
75	0:47:27	HOULIHAN, Michael		Male Vet 40	125	75
76	0:47:30	SHEPHERD, Jayne	Bishop Stortford	Lady Vet 45	714	76
77	0:47:31	WILLIAMS, Mark		Male Vet 50	206	77
78	0:47:32	MURPHY, John		Male Vet 50	50	78
79	0:47:40	PETTIFER, Lorna	Pitsea Running Club	Lady Vet 45	528	79
80	0:47:42	LAST, Ken		Male Vet 50	193	80
81	0:47:43	TILLEY, Mark		Male Vet 40	133	81
82	0:47:45	COOPER, Sandra	Brandon Fern Hopper	Lady Vet 45	652	82
83	0:47:47	BARROW, Paul		Male Senior	35	83
84	0:47:52	MORRIS, Tony		Male Senior	235	84
85	0:48:05	ALLWORTHY, Karen	Orion Harriers	Lady Vet 45	591	85
86	0:48:12	HANNIBAL, Stephen		Male Vet 50	83	86
87	0:48:13	RICHARDS, Lauren		Lady Vet 35	633	87
88	0:48:14	RAYNER, James		Male Vet 40	199	88
89	0:48:19	FARMER, Nicolas		Male Senior	121	89
90	0:48:24	BAYFORD, Paul		Male Vet 40	37	90
91	0:48:25	BUROZT, Dan		Male Senior	223	91
92	0:48:33	STREATFIELD, Frederick		Male Vet 60	220	92
93	0:48:52	PAGE, David	Harlow Running Club	Male Vet 40	208	94
94	0:48:54	FULLER, Gareth		Male Senior	192	95
95	0:48:58	BAILEY, Owen		Male Senior	242	96
96	0:48:59	TYE, David		Male Vet 40	84	97
97	0:49:04	PHILLIPS, Nikki		Lady Senior	556	98
98	0:49:13	TINHAM, Andrew		Male Vet 40	215	99
99	0:49:19	MORT, Rachael		Lady Vet 35	675	100
100	0:49:22	IBBOTSON, Rachel		Lady Senior	518	101
101	0:49:28	PLUMB, Graham		Male Vet 60	23	102
102	0:49:32	PETTIFER, John	Pitsea Running Club	Male Vet 60	29	103
103	0:49:34	OATES, Martin		Male Vet 40	17	104
104	0:49:39	COLLIER, Martin		Male Vet 60	40	105
105	0:49:42	BEETE, Richard		Male Vet 40	49	106
106	0:49:47	JEPHCOTT, Daniel	Harlow Running Club	Male Junior	191	107
107	0:49:51	WAGNER, Chris		Male Senior	98	108
108	0:49:52	ALBISTON, Sue	Bishop Stortford	Lady Vet 35	717	109
109	0:49:55	KENNEDY, Martin		Male Vet 40	11	110
110	0:49:56	BOYLAN, Liam		Male Senior	26	111
111	0:50:06	SHAW, Robert	Saffron Striders	Male Vet 50	165	112
112	0:50:17	BROWN, Chris		Male Vet 40	190	113
113	0:50:25	RODDIS, Neil		Male Vet 40	127	114
114	0:50:26	SEALS, Bill		Male Vet 50	233	115
115	0:50:27	PETTIFER, Hannah		Lady Senior	631	116
116	0:50:27	THOUKIDIDES, Stelios		Male Vet 40	131	117
117	0:50:31	MCCOLLGAN, Martin	Harlow Running Club	Male Vet 50	162	118

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118	0:50:32	PAGE, Janice	Harlow Running Club	Lady Vet 45	705	119
119	0:50:33	NASH, Alun		Male Vet 40	245	120
120	0:50:34	SLOMAN, Susanne		Lady Vet 35	614	121
121	0:50:35	LAWRENCE, Luke		Male Junior	19	122
122	0:50:35	LAWRENCE, David		Male Vet 40	20	123
123	0:50:41	MACHIN, Wendy		Lady Senior	659	124
124	0:50:41	EATON, Simon		Male Senior	44	125
125	0:50:42	HUDSON, karl		Male Senior	200	126
126	0:50:46	PINTO, Kevin		Male Vet 40	151	127
127	0:50:50	BENNETT, Sarah-jane		Lady Senior	644	128
128	0:50:52	THURLEY, Ross		Male Vet 50	185	129
129	0:51:05	GOODERHAM, Tom		Male Senior	209	130
130	0:51:07	CAMPBELL, Alice	Thrift Green Trotter	Lady Senior	662	131
131	0:51:22	BEARD, Jon	Saffron Striders	Male Vet 40	228	132
132	0:51:27	WILLIAMS, Helen	Pitsea Running Club	Lady Vet 55	522	133
133	0:51:27	DELACOUR, Gary		Male Senior	197	134
134	0:51:27	CONNELL, Christopher		Male Vet 50	170	135
135	0:51:28	RUTLAND, Gary		Male Senior	152	136
136	0:51:29	SMITH, Ian		Male Vet 40	171	137
137	0:51:36	JOLLY, Stephen		Male Vet 50	106	138
138	0:51:38	HOURIHAN, Declan		Male Senior	177	139
139	0:51:43	BISHOP, Sam		Male Senior	224	140
140	0:51:46	KARIM, Saira	Bishop Stortford	Lady Senior	645	141
141	0:51:47	THORPE, Andrea	Bishop Stortford	Lady Vet 35	511	142
142	0:51:52	HERBERT, Alex		Male Senior	216	143
143	0:51:52	LEY, Faye		Lady Senior	647	144
144	0:52:07	GODFREY, Jack		Male Senior	70	145
145	0:52:08	MAHER, Paul		Male Vet 60	63	146
146	0:52:12	DAVIS, Chris		Male Senior	94	147
147	0:52:18	DABBS, Paul		Male Senior	148	148
148	0:52:20	BUCKNER, Lewis		Male Senior	92	149
149	0:52:21	TANT, Emilie		Lady Senior	703	150
150	0:52:23	LOUGHLIN, Jason		Male Senior	14	151
151	0:52:40	RAYNER, Rachel		Lady Vet 35	602	152
152	0:52:47	WILSON, Karen		Lady Vet 45	734	153
153	0:52:47	ST.HELIEN, Colin		Male Vet 50	51	154
154	0:52:55	RUSSELL, David		Male Vet 40	225	155
155	0:53:00	WILLIAMS, Paul	Pitsea Running Club	Male Vet 50	25	156
156	0:53:01	LEGGETT, Gemma		Lady Senior	568	157
157	0:53:09	SEYMOUR, Derek	Harlow Running Club	Male Vet 60	87	158
158	0:53:12	LAWLESS, David		Male Vet 40	56	159
159	0:53:13	LANG, Curtis		Male Senior	32	160
160	0:53:16	LEWIS, Sarah		Lady Vet 35	696	161
161	0:53:37	NEWMAN, Robert	Dunmow Tri	Male Vet 50	222	162
162	0:53:39	ATKINSON, David		Male Senior	240	163
163	0:53:42	ALDRIDGE, Kevin		Male Senior	236	164
164	0:53:48	BECK, Michael		Male Vet 60	112	165
165	0:53:50	BLAKES, Paul		Male Vet 50	73	166
166	0:53:55	CHAMBERS, Simon	Saffron Striders	Male Vet 40	31	167
167	0:54:12	NEALL, Martin		Male Senior	180	168
168	0:54:16	BACON, Linda		Lady Vet 45	730	169
169	0:54:17	TIMPSON, Amy		Lady Senior	567	170
170	0:54:20	IVORY, David		Male Senior	76	171
171	0:54:21	HONE, Laurette		Lady Vet 35	603	172
172	0:54:22	MCTAIT, Graeme	UK Netrunner	Male Senior	82	173
173	0:54:28	BEVAN, David		Male Vet 40	105	174
174	0:54:30	TIMPSON, William		Male Vet 50	60	175
175	0:54:31	WILLIS, Daniel		Male Senior	174	176
176	0:54:46	MOSBY, Kevin		Male Senior	100	177
177	0:54:50	CARTER, Anna		Lady Senior	679	178

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178	0:54:52	COX, Stuart		Male Senior	196	179
179	0:54:54	TAFFS, Mark		Male Vet 50	169	180
180	0:54:55	LAWSON, Terrence		Male Vet 50	58	181
181	0:54:56	KLEIJWEGT, Anne	Harlow Running Club	Lady Vet 35	594	182
182	0:54:57	BUSHER, Lindsay		Lady Senior	604	183
183	0:54:59	TEALE, Charlotte		Lady Senior	639	184
184	0:54:59	CLIFFORD, Trevor		Male Vet 60	54	185
185	0:55:00	HEWLETT, Helen	Saffron Striders	Lady Vet 55	520	186
186	0:55:01	DUQUEMIN, Lisa	Thrift Green Trotter	Lady Vet 35	551	187
187	0:55:04	FOX, Julie		Lady Vet 35	733	188
188	0:55:04	JENNER, Chris		Male Vet 50	251	189
189	0:55:07	NAIRN, Holly	Bishop Stortford	Lady Senior	609	190
190	0:55:10	LUCK, Ron	Harlow Running Club	Male Vet 60	226	191
191	0:55:18	WATSON, Donna		Lady Vet 45	680	192
192	0:55:19	HALLIWELL, Joanne		Lady Vet 35	682	193
193	0:55:24	AYRES, Jennie		Lady Vet 35	590	194
194	0:55:30	SEELEY, James		Male Senior	30	195
195	0:55:31	FERRARO, Jane		Lady Vet 35	571	196
196	0:55:32	HOLMES, Philip		Male Senior	115	197
197	0:55:32	SIBLEY, Gary		Male Vet 40	38	198
198	0:55:36	HYNES, James		Male Vet 60	116	199
199	0:55:39	BERTRAM, Lindsey		Lady Senior	512	200
200	0:55:41	DAY, Chloe		Lady Senior	566	201
201	0:55:42	DADSON, Helen		Lady Vet 35	684	202
202	0:55:44	NARDI, Kevin		Male Senior	12	203
203	0:55:53	WHITING, Richard	Herts Phoenix Athletic Club	Male Vet 60	182	204
204	0:55:54	RAYMAN, Alison	Springfield Striders	Lady Senior	706	205
205	0:55:57	DRADEY, Tom		Male Vet 60	252	206
206	0:56:19	JARRETT, Carl		Male Senior	22	207
207	0:56:20	FLANNIGAN, Teresa	Pitsea Running Club	Lady Vet 55	586	208
208	0:56:25	TAYLOR, Claire		Lady Vet 35	532	209
209	0:56:26	MILLS, Joanne	Harlow Running Club	Lady Vet 55	521	210
210	0:56:27	PHILIPS, Steven		Male Vet 40	75	211
211	0:56:32	JOYCE, Michael		Male Vet 40	211	212
212	0:56:36	LUTON, Paul	Ware Joggers	Male Vet 60	146	213
213	0:56:38	SCHRODER, Paul	Harlow Running Club	Male Senior	68	214
214	0:56:40	BROWNE, Tony	Ware Joggers	Male Vet 50	159	215
215	0:56:44	SPRING, Wendy	Harlow Running Club	Lady Vet 35	578	216
216	0:56:45	BARTRAM, Tanya		Lady Vet 35	553	217
217	0:56:47	HOWE, Gary	Saffron Striders	Male Vet 50	79	218
218	0:56:55	PAGE, Rob		Male Senior	232	219
219	0:57:05	MORGAN, Suzanne		Lady Vet 35	588	220
220	0:57:11	MORRIS, Sue		Lady Vet 35	516	221
221	0:57:19	DELHOY, Frances		Lady Vet 45	580	222
222	0:57:27	KINGSTON, John		Male Vet 40	210	223
223	0:57:30	BYRD, Peter		Male Vet 40	113	224
224	0:57:36	LANCASTER, Shena	Garden City Runners	Lady Vet 55	536	225
225	0:57:45	HANNAM, Mark		Male Senior	249	226
226	0:57:46	SEARS, Lucy		Lady Senior	635	227
227	0:57:55	HAYDON, Jeffrey		Male Vet 50	248	228
228	0:57:56	FIELDER, Paul		Male Vet 40	66	229
229	0:58:01	CHESSMAN, Louise		Lady Vet 35	642	230
230	0:58:06	SMITH, Andrea		Lady Vet 35	638	231
231	0:58:06	EATON, Julie		Lady Vet 45	538	232
232	0:58:07	EATON, Mike		Male Vet 50	41	233
233	0:58:09	COLEMAN, Paula		Lady Vet 35	660	234
234	0:58:09	NUNN, Darren		Male Senior	175	235
235	0:58:13	PATTEN, Karen		Lady Senior	524	236
236	0:58:19	LYONS, David		Male Vet 50	101	237
237	0:58:25	MACDONALD, Steve	Pitsea Running Club	Male Vet 50	110	238

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238	0:58:39	PETERSEN, Irene	Loughton Athletic Club	Lady Vet 45	610	239
239	0:58:42	BARKER, Joanne		Lady Vet 35	687	240
240	0:58:50	FERGUSON, Chris	trial runners association	Male Vet 40	150	241
241	0:58:53	WEBBER, Sarah	Harlow Running Club	Lady Vet 45	672	242
242	0:59:06	BLYTHE, Adrian		Male Senior	3	243
243	0:59:22	SMITH, Nicholas		Male Senior	72	244
244	0:59:25	HAWKINS, Natalie		Lady Vet 35	640	245
245	0:59:37	FINNIGAN, Tammy		Lady Vet 35	613	246
246	0:59:52	MANOLOPOULOU, Antigoni		Lady Senior	503	247
247	0:59:52	GRIFFITHS, Anita		Lady Vet 35	539	248
248	0:59:55	FOLEY, Michael		Male Senior	231	249
249	1:00:01	YOUNGMAN, Darren		Male Vet 40	189	250
250	1:00:01	KELEKUN, Christina	Havering 90 Joggers	Lady Vet 45	697	251
251	1:00:03	LANGA, Sally		Lady Vet 35	693	252
252	1:00:13	BIRD, Nathan		Male Senior	7	253
253	1:00:14	CLARKE, Karen		Lady Vet 35	627	254
254	1:00:15	GOLDER, Catherine		Lady Vet 45	625	255
255	1:00:19	GOLDER, Rosie		Lady Senior	626	256
256	1:00:19	SUTHERLAND, Christine	Havering 90 Joggers	Lady Vet 55	650	257
257	1:00:22	FUENTE, Fernando	Havering 90 Joggers	Male Vet 50	134	258
258	1:00:22	ROBINSON, Christine	Bishop Stortford	Lady Vet 55	716	259
259	1:00:29	AMOS, Mary	Bishop Stortford	Lady Vet 55	669	260
260	1:00:30	FRANKLIN, Margaret		Lady Vet 55	622	261
261	1:00:30	HENDERSON, Emma	Thrift Green Trotter	Lady Senior	667	262
262	1:00:30	FORD, Paul	Thrift Green Trotter	Male Vet 40	156	263
263	1:00:30	COLE, Victoria	Thrift Green Trotter	Lady Senior	661	264
264	1:01:06	GOULD, Keith	Thrift Green Trotter	Male Vet 50	157	265
265	1:01:28	HOPWOOD, Philip		Male Vet 50	153	266
266	1:01:28	CRUSH, Lisa		Lady Senior	651	267
267	1:01:31	COOK, Mykal		Male Senior	129	268
268	1:01:33	HARWOOD, Gwendoline	Loughton Athletic Club	Lady Vet 45	634	269
269	1:01:34	CURTIN, Sarah	university of leicesterac	Lady Senior	690	270
270	1:01:38	CURTIN, Tony	university of leicesterac	Male Vet 50	188	271
271	1:01:45	TAYLOR, Janet		Lady Vet 45	732	272
272	1:01:47	COARE, Jo		Lady Vet 35	611	273
273	1:01:49	DANGERFIELD, Claire		Lady Vet 35	629	274
274	1:01:50	POWELL, Lorraine		Lady Vet 45	624	275
275	1:02:00	O'BRIEN, Tara		Lady Vet 35	562	276
276	1:02:00	STONE, Ricky		Male Senior	62	277
277	1:02:09	METCALFE, William	Basildon	Male Vet 60	201	278
278	1:02:10	COLLINS, Caroline		Lady Vet 35	658	279
279	1:02:10	THOMAS, Jacqueline		Lady Senior	546	280
280	1:02:10	SMITH, Deborah		Lady Vet 45	657	281
281	1:02:14	WIMPENNY, Joanna		Lady Senior	543	282
282	1:02:15	DEAR, Robert		Male Senior	43	283
283	1:02:18	WALLER, Daniel		Male Senior	42	284
284	1:02:28	EYNON, Linda		Lady Vet 35	628	285
285	1:02:40	EVE, Donna		Lady Senior	692	286
286	1:02:48	LOZEAU, Robin		Male Vet 50	167	287
287	1:02:48	LESLEY, David	Eastern Vets Athletic Club	Male Vet 60	227	288
288	1:02:51	SIMPSON, Louise	South End	Lady Vet 55	719	289
289	1:02:51	FARMER, Caroline		Lady Senior	617	290
290	1:03:00	PRIOR, Michael		Male Senior	109	291
291	1:03:04	HENNELLY, Elmear		Lady Senior	597	292
292	1:03:10	KEMP, Claire	Bishop Stortford	Lady Senior	612	293
293	1:03:15	CLUTTERHAM, Rachel		Lady Senior	531	294
294	1:03:21	MAYNARD, Robert		Male Vet 50	173	295
295	1:03:21	DAY, Judy	Bishop Stortford	Lady Senior	608	296
296	1:03:22	ERICKSEN, John	Bishop Stortford	Male Vet 50	123	297
297	1:03:26	WELCH, Sarah		Lady Senior	656	298

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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
298	1:03:31	DELACOUR, Leanne		Lady Senior	695	299
299	1:03:33	CARTER, Emma		Lady Senior	569	300
300	1:03:40	BALDWIN, Ashleigh		Lady Vet 35	729	301
301	1:03:44	LYNCH, Gail		Lady Vet 35	581	302
302	1:03:54	PEDLEY, Jo		Lady Vet 35	700	303
303	1:03:55	NOHDALL, Carol		Lady Vet 55	726	304
304	1:04:02	MARTIN, Jennifer		Lady Senior	523	305
305	1:04:05	SEAMAN, Maggie		Lady Vet 55	623	306
306	1:04:08	BINKS, Peter	Bishop Stortford	Male Vet 40	67	307
307	1:04:09	MACKROW, Paul		Male Vet 40	178	308
308	1:04:22	RAYNER, David		Male Vet 40	179	309
309	1:04:23	BARFORD, Joanne		Lady Vet 35	589	310
310	1:04:35	PEARSON, Lynn		Lady Vet 35	694	311
311	1:04:39	CHAPPELL, Karen		Lady Senior	525	312
312	1:04:52	JOHNSTON, Helen		Lady Vet 35	630	313
313	1:05:22	DIMATE, Rosa		Lady Vet 35	596	314
314	1:05:22	BERRY, Stephen		Male Senior	143	315
315	1:05:22	BERRY, Roger	Orion Harriers	Male Vet 60	144	316
316	1:05:25	SILVER, Marc		Male Senior	254	317
317	1:05:25	WEST-BULFORD, Simon		Male Vet 40	119	318
318	1:05:40	WEST-BULFORD, Ruth		Lady Vet 35	643	319
319	1:05:42	SAMUEL, Helen	Thrift Green Trotter	Lady Senior	668	320
320	1:05:49	EDWARDS, Amanda		Lady Vet 35	677	321
321	1:05:52	FROSTICK, Lisa		Lady Senior	583	322
322	1:05:54	WALTON, Kate		Lady Vet 35	641	323
323	1:06:03	TATNALL, Christine		Lady Vet 45	559	324
324	1:06:11	BERGIN, Caroline		Lady Senior	723	325
325	1:06:34	HYDE, Robert		Male Senior	122	326
326	1:06:46	WATSON, Sarah		Lady Vet 45	674	327
327	1:06:47	POLLARD, Linzi		Lady Vet 45	646	328
328	1:06:50	BUNCE, Janet	Orion Harriers	Lady Vet 55	573	329
329	1:06:54	SILVER, Leanne		Lady Senior	676	330
330	1:06:54	POLLARD, Maire	Brentwood	Lady Vet 45	653	331
331	1:06:54	ALLISON, Rebecca	Brentwood	Lady Vet 45	654	332
332	1:07:01	SILVER, Lauren		Lady Senior	681	333
333	1:07:10	CAPPER, Suzan	Orion Harriers	Lady Vet 55	574	334
334	1:07:35	FREESTONE, Jason		Male Vet 40	91	335
335	1:07:35	HARRIS, Michelle		Lady Vet 35	530	336
336	1:07:45	TYE, Peta		Lady Vet 45	563	337
337	1:07:57	FRIBBINS, Michael	Havering 90 Joggers	Male Senior	4	338
338	1:07:57	ALLEN, Nicola		Lady Senior	587	339
339	1:07:59	CRUMP, Lorna		Lady Senior	592	340
340	1:08:16	STROUD, Pauline	Bishop Stortford	Lady Vet 45	598	341
341	1:08:21	JOLLY, Kathleen		Lady Vet 55	615	342
342	1:08:21	MACKENZIE, Steve	Harlow Running Club	Male Vet 40	244	343
343	1:08:33	DOWNING, Marcus		Male Senior	243	344
344	1:08:43	CHITTY, Kacey		Lady Vet 35	584	345
345	1:08:44	CHESHIRE, Evelyn		Lady Vet 55	620	346
346	1:08:47	O'RIORDAN, Joanne		Lady Vet 35	619	347
347	1:08:47	HENDERSON, Kelly	Thrift Green Trotter	Lady Vet 35	663	348
348	1:08:51	HAYNES, Sharon	Thrift Green Trotter	Lady Vet 35	664	349
349	1:08:51	FARRELL, Helen		Lady Vet 45	502	350
350	1:09:19	KEEBLE, Joanne		Lady Vet 45	637	351
351	1:09:41	FAWCETT, Tina		Lady Vet 45	537	352
352	1:09:57	CARTER, Alan		Male Vet 40	194	353
353	1:10:16	BANNOCKS, Susan	Phoenix Striders	Lady Vet 45	505	354
354	1:10:26	NOBLE, Martin		Male Senior	5	355
355	1:10:38	HOWLETT, Dolleen		Lady Vet 35	534	356
356	1:10:45	TRACEY, John	Pitsea Running Club	Male Vet 40	21	357
357	1:10:46	PARKER, Rob		Male Senior	34	358

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358	1:10:48	CLEMENTS, Keely		Lady Senior	535	359
359	1:10:50	GRIFFITHS, Mark		Male Vet 40	53	360
360	1:10:50	STEPHENSON, Claire		Lady Senior	558	361
361	1:10:54	JUDD, Abigail		Lady Senior	540	362
362	1:10:57	TANT, Mollie		Lady Junior	728	363
363	1:11:17	MARSTON, Kirsty		Lady Vet 35	529	364
364	1:12:00	HAMPTON, Jane		Lady Vet 45	735	365
365	1:12:43	NELSON, Jayne		Lady Vet 55	509	366
366	1:12:43	SHARP, Caroline		Lady Vet 35	618	367
367	1:13:40	IVORY, James		Male Vet 50	238	368
368	1:13:53	IVORY, Anne		Lady Vet 55	727	369
369	1:14:10	GARGRAVE, Duncan		Male Senior	15	370
370	1:14:10	LOYER, Angela		Lady Vet 45	533	371
371	1:14:30	BIRD, Kim		Lady Vet 55	557	372
372	1:15:09	RICHARDS, Sally		Lady Senior	720	373
373	1:16:13	FRANKLIN, Gordon		Male Vet 60	139	374
374	1:16:30	GRAHAM, Rachel		Lady Vet 35	527	375
375	1:19:06	EDGSON, Sharon		Lady Vet 45	585	376
376	1:20:09	TIERNEY, Elizabeth		Lady Senior	576	377
377	1:20:10	YOUNGMAN, Lee-anne		Lady Vet 35	616	378
378	1:20:10	YOUNGMAN, Leslie		Male Vet 40	107	379
379	1:20:28	SCROWTHER, Sean		Male Vet 40	102	380
380	1:21:42	SWIFT, Julie		Lady Vet 35	548	381
381	1:21:50	TAYLOR, Katie		Lady Senior	685	382
382	1:22:13	GEARING, Peter		Male Senior	181	383
383	1:22:16	FRANCIS, Emma		Lady Senior	560	384
384	1:23:10	WOOD, Victoria		Lady Senior	549	385
385	1:25:29	SYKES, Denise	broxbourne runners	Lady Vet 35	713	386
386	1:25:29	SMART, Tracy	Thrift Green Trotter	Lady Vet 45	665	387
387	1:26:22	BOWTELL, Karen	Thrift Green Trotter	Lady Vet 45	666	388
388	1:26:51	TAFT, Joyce		Lady Senior	507	389
389	1:26:51	GOODCHILD, Cheryl		Lady Senior	702	390
390	1:28:23	COOPER, Michelle		Lady Senior	707	391
391	1:28:42	TANT, Katrina		Lady Vet 45	704	392
392	1:28:58	FRANCIS, Stacey		Lady Senior	686	393
393	1:28:58	HAMILTON, Tracy		Lady Vet 35	601	394
394	1:29:06	SHATTOCK, Anthony		Male Vet 60	78	395
395	1:29:28	TAYLOR, Karen		Lady Vet 35	526	396
396	1:29:29	GREGORY, Sheila		Lady Vet 35	731	397
397	1:42:03	GREGORY, Paul		Male Vet 40	247	398
398	1:42:03	WITTERICK, Laura		Lady Senior	555	399
399	1:42:04	NIXON, Natalie		Lady Senior	552	400
400	1:43:50	POCOCK, Daniella		Lady Senior	550	401
401	1:49:28	PARMENTER, Robert		Male Vet 50	108	402
402	1:49:28	ALLUM, John		Male Vet 60	104	403
403	1:50:32	TAYLOR, Joseph		Male Junior	28	404
404	1:50:32	BRODY, Lucy		Lady Senior	711	405
405	1:50:32	SWANN, Nikki		Lady Junior	708	406
406	1:50:32	SWANN, Gemma		Lady Senior	712	407
407	1:50:33	SWANN, Samantha		Lady Senior	710	408
408	1:50:33	BURGIN, Danielle		Lady Senior	709	409

There were 408 finishers in the All Competitors category.

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