

Tynedale 10K

Wednesday 7 July 2010. 7:30 pm

1	0:31:53	SWINBURN, Nick	Morpeth H	677	1
2	0:32:56	BUIJS, James	Heaton Harriers	322	2
3	0:33:02	TWADDLE, Iain	North Shields Poly	649	3
4	0:33:21	CRAMPTON, Ian	Durham City H	665	4
5	0:34:09	BESFORD, Paul	V45	303	5
6	0:34:13	PREST, Jeff	V40	494	6
7	0:34:16	BRACKEN, Guy	Trafford AC	494	6
8	0:34:20	WATERSTON, Paul	North Shields Poly	313	7
9	0:34:39	ROBSON, Colin	V45	573	8
10	0:34:40	WALKER, Phil	Morpeth H	515	9
11	0:35:09	CARTER, Tony	Jarrow & Hebbum AC	566	10
12	0:35:16	LIKEMAN, Mark	Morpeth H	330	11
13	0:35:29	DUFFY, Steven	Wallsend H	669	12
14	0:35:38	BARKLEY, Rob	Heaton Harriers	71	13
15	0:35:48	STEPHENS, Jonathon	Sunderland Strollers	294	14
16	0:35:51	RITCHIE, Greg	Blyth RC	544	15
17	0:35:55	BROWN, Peter	Low Fell RC	554	16
18	0:36:05	HEMY, Vaughan	Jarrow & Hebbum AC	318	17
19	0:36:12	ROBINSON, Ian	Blyth RC	127	18
20	0:36:13	HALL, Mark	North Shields Poly	638	19
21	0:36:15	GIBBS, Simon	Heaton Harriers	386	20
22	0:36:28	GREY, Stephen	Wallsend H	373	21
23	0:36:33	BENNETT, Lee	Wallsend H	381	22
24	0:36:35	MOONEY, Jane	Elswick H	25	23
25	0:36:47	MACPHERSON, Ken	V45	184	24
26	0:36:51	SMITH, Les	F	445	25
27	0:36:53	ROBERTSHAW, Keith	Wallsend H	239	26
28	0:37:13	HETHERINGTON, Brian	Heaton Harriers	637	27
29	0:37:35	STEPHENS, John	Chester-le-Street	400	28
30	0:37:47	ALLSOP, Tim	Wallsend H	645	29
31	0:37:48	WRIGHT, David	Low Fell RC	2	30
32	0:37:52	MYERSCOUGH, Paul	Sunderland Strollers	668	31
33	0:37:55	BELL, Jon	Heaton Harriers	188	32
34	0:37:58	ALDERSON, Andrew	Tynedale H	298	33
35	0:38:02	HINDMARCH, Michael	Elswick H	286	34
36	0:38:16	RENNISON, Michael	V45	403	35
37	0:38:20	HILTON, Paul	North Shields Poly	499	36
38	0:38:22	GERAGUSIAN, Aida	Sunderland Strollers	401	37
39	0:38:26	HESLER, Ian	Wallsend H	372	38
40	0:38:28	ELLIOTT, Keith	Trafford AC	399	39
41	0:38:31	HEAP, Michael	Durham City H	358	40
42	0:38:32	WINTER, Mike	V55	123	41
43	0:38:34	SPILLER, Adam	North Shields Poly	283	42
44	0:38:52	HUBBARD, James	Morpeth H	243	43
45	0:38:54	MORLEY, Sonia	Alnwick Harriers	662	44
46	0:39:00	AULD, Chris	Sunderland Strollers	461	45
47	0:39:01	ARMSTRONG, Graham	Tynedale H	17	46
48	0:39:07	KIND, Per Morton	Heaton Harriers	291	47
49	0:39:08	MARSDEN, Ian	Wallsend H	428	48
50	0:39:10	ALLSOPP, Barry	V45	176	49
51	0:39:14	APPLEBY, Dave	Tynedale H	3	50
52	0:39:35	O'NEILL, Kevin	Wallsend H	290	51
53	0:39:38	FORSTER, Si	Elswick H	634	52
54	0:39:43	TAYLOR, John	Sunderland Strollers	82	53
55	0:39:44	HINDSON, Vicky	V45	555	54
56	0:39:48	ANDERSON, Kirstie	PB Fitness RC	406	55
57	0:39:50	LILLICO, Jim	Wallsend H	6	56
58	0:39:57	SUTTON, Keith	F	166	57
59	0:40:06	ATKINSON, Peter	Tynedale H	253	58
60	0:40:08	HEWITSON, Geoff	Alnwick Harriers	592	59
61	0:40:10	REED, Derek	Alnwick Harriers	129	60
62	0:40:29	BUNN, Michael	North Shields Poly	498	61
63	0:40:31	PICKETT, Ian	Crook AC	44	62
64	0:40:33	TURNBULL, Alan	Wallsend H	490	63
65	0:40:34	BRYANT, Luke	Jarrow & Hebbum AC	261	64
66	0:40:35	MYTTON, Graham	North Shields Poly	320	65
67	0:40:37	LISTER, Kevin	Claremont RR	471	66
68	0:40:38	PARKER, Michael	Claremont RR	169	67
69	0:40:39	NEWTON, Ivan	North East Vets	201	68
70	0:40:40	MCALLISTER-WILLIAMS, Hamish	V50	194	69
71	0:40:44	STEWART, Graeme	V40	178	70
72	0:40:45	INSKIP, Paul	Morpeth H	547	71
73	0:40:48	GARBUTT, Rob	Blyth RC	140	72
74	0:40:52	SKELDON, Mick	Heaton Harriers	87	73
75	0:40:58	BUTTERS, John	Durham City H	539	74
76	0:41:02	BROWN, John	Wallsend H	324	75
77	0:41:04	RICHARDSON, Steven	Morpeth H	36	76
78	0:41:05	TOPPING, Terry	North Shields Poly	501	77
79	0:41:06	LEWIS, Eric	Blyth RC	260	78
80	0:41:11	BORLOS, Stephen	Sunderland Strollers	436	79
81	0:41:15	KING, Graham	Blaydon Harriers	312	80
82	0:41:18	O'GARA, Terry	North Shields Poly	429	81
83	0:41:22	TINDALE, Olivia	Wallsend H	479	82
84	0:41:25	SMITH, Craig	Wallsend H	648	83
85	0:41:26	ROBINSON, Lucy	Durham City H	237	84
86	0:41:39	BOOTH, Victoria	Heaton Harriers	511	85
87	0:41:46	CHAPMAN, Kate	North Shields Poly	597	86
88	0:41:51	BOLTON, Jonathon	Sunderland Strollers	54	87
89	0:41:56	ATWELL, Stephen	Morpeth H	596	88
90	0:41:59	GROVES, Ben	F	675	89
91	0:42:00	HILTON, Nathan	North Shields Poly	107	90
92	0:42:04	FOWLER, Andrew	Morpeth H	132	91
93	0:42:06	ROBINSON, Heather	PB Fitness RC	365	92
94	0:42:11	MALLON, John	Chester-le-Street	510	93
95	0:42:14	SANDERSON, Michael	F	448	94
96	0:42:16	STONE, Chris	Blyth RC	525	95
97	0:42:23	BIRCHALL, Jonathon	V50	551	96
98	0:42:25	BIRCHALL, Daniel	Allen Valley Striders	309	97
99	0:42:34	SILL, Richard	Blyth RC	308	98
100	0:42:35	RITCHIE, Ashley	V40	534	99
101	0:42:37	COX, David	V55	505	100
			V60	342	101

102	0:42:39	EILLES, Ronnie			355	102
103	0:42:40	HANSON, Tom	Elswick H	V50	112	103
104	0:42:43	HUNT, Anthony	Durham City H	V40	139	104
105	0:42:45	HOOD, Steve		V40	136	105
106	0:42:47	GRAHAM, Peter	Tynedale H	V60	100	106
107	0:42:49	DODD, Shaun	Blyth RC		348	107
108	0:42:50	COLLINSON, Peter		V40	603	108
109	0:42:52	BRADLEY, David	Blyth RC	V55	314	109
110	0:42:53	PHILLIPSON, Colin	PB Fitness RC		208	110
111	0:42:56	WILSON, Simon			653	111
112	0:42:58	HARGREAVES, Stephen	Wallsend H		389	112
113	0:42:59	DOUGLASS, Tony			351	113
114	0:43:00	HOWARTH, Gina	Wallsend H	F	409	114
115	0:43:03	GOLD, Howard	Heaton Harriers	V65	95	115
116	0:43:03	SHENTON, Fiona	Elvet Striders	F50	642	116
117	0:43:06	RICKETTS, Mark	Sunderland Strollers	V50	504	117
118	0:43:17	RICHARDSON, Ian	North Shields Poly	V60	220	118
119	0:43:19	JACKSON, Steven			144	119
120	0:43:19	THRIVES, Gareth	Aurora		647	120
121	0:43:21	MCANDREW, Jonathan			453	121
122	0:43:21	PAYNE, Kevin	Wallsend H	V50	488	122
123	0:43:22	CALLAND, Paul	Low Fell RC	V40	49	123
124	0:43:23	BUIIS, Clare	Heaton Harriers	F	321	124
125	0:43:24	MASON, Ian		V55	452	125
126	0:43:25	COXON, Michael			343	126
127	0:43:27	HUDSON, Robin	Ponteland Runners	V40	138	127
128	0:43:29	CHAPMAN, Lesley	Garscube H	F55	55	128
129	0:43:30	SCAIFE, Peter	Morpeth H	V45	234	129
130	0:43:33	SAUNDERS, David	Claremont RR	V45	663	130
131	0:43:35	MCDERMOTT, Lee			456	131
132	0:43:37	ROE, Darryl	Wallsend H		517	132
133	0:43:41	SUTTON, Lisa	Alnwick Harriers	F	254	133
134	0:43:43	CARROLL, Brian	Sunderland Strollers	V45	328	134
135	0:43:45	LORAIN, Maggie	Gateshead H	F50	441	135
136	0:43:49	SMITH, Robert		V40	540	136
137	0:43:55	MCCABE, Terry	Blyth RC	V60	455	137
138	0:43:56	ANDERSON, Clare	Sunderland Strollers	F35	4	138
139	0:43:56	GILLINGHAM, Nick	Alnwick Harriers	V40	92	139
140	0:43:58	LAIDLER, Paul	Birtley	V40	160	140
141	0:44:01	FRAZER, Joe	Blyth RC	V60	369	141
142	0:44:03	WALL, Jason			266	142
143	0:44:04	LAING, Mark			161	143
144	0:44:05	HUNTER, Susanne	Blyth RC	F40	415	144
145	0:44:05	SINGER, Iain	Blyth RC		536	145
146	0:44:06	FOY, Darren			84	146
147	0:44:07	SLOAN, Martin	Elswick H	V50	235	147
148	0:44:07	POULTON, Tom			492	148
149	0:44:08	HOWLETT, Andy		V40	410	149
150	0:44:09	PATTON, Helen	Gateshead H	F50	486	150
151	0:44:11	RAINE, Billy	Aurora	V55	636	151
152	0:44:12	BHOGAL, Paramjeet	Heaton Harriers	V50	306	152
153	0:44:12	WALTON, Emma	Wallsend H	F35	571	153
154	0:44:13	BAIN, Andrew			593	154
155	0:44:13	DOUTHWAITE, Ken		V45	352	155
156	0:44:15	ROBSON, Dean	Sunderland Strollers		224	156
157	0:44:21	DABB, Tony			676	157
158	0:44:25	HASLAM, Philip	Jesmond Joggers	V45	391	158
159	0:44:29	DERBYSHIRE, Tony		V40	68	159
160	0:44:30	HODGSON, Clive	Heaton Harriers	V40	407	160
161	0:44:31	BENNETT, Neil	Sunderland Strollers	V40	26	161
162	0:44:33	LESLIE, Graham	Claremont RR	V60	163	162
163	0:44:34	GLOVER, Faye	Morpeth H	F	94	163
164	0:44:36	HALL, Charles		V50	383	164
165	0:44:40	PRATT, Helene	Crook AC	F35	635	165
166	0:44:41	EDWIN, Paul	Tynedale H		74	166
167	0:44:42	ROBERTS, David	Blyth RC	V45	507	167
168	0:44:46	GILLESPIE, Steve	Blyth RC	V50	374	168
169	0:44:48	BIGGIN, Chris		V40	672	169
170	0:44:49	STACEY, Michael	Low Fell RC	V50	644	170
171	0:44:50	SKELTON, Chrystal	Wallsend H	F40	538	171
172	0:44:50	BAXTER, Ian	Blyth RC	V40	296	172
173	0:44:51	SALMON, David	Blaydon Harriers		232	173
174	0:44:53	EILLES, Paul	Derwentside AC	V40	75	174
175	0:44:55	BRITTEN, Alan			315	175
176	0:44:56	BENTLEY, Tom	Tynedale H		301	176
177	0:44:57	SUTCLIFFE, John	North Shields Poly		252	177
178	0:45:00	KIRTLEY, Rob	Wallsend H	V40	432	178
179	0:45:07	CHRISTOPHER, Heather	Blyth RC	F40	333	179
180	0:45:07	PRINS, Lucy	Elswick H	F40	212	180
181	0:45:09	WILCOCK, John	Aurora	V45	278	181
182	0:45:10	NOBLE, Darren	Blyth RC		476	182
183	0:45:15	TELFER, Paul			556	183
184	0:45:27	USHER, Brian	Aurora	V55	650	184
185	0:45:29	WILSON, Valerie	Claremont RR	F45	281	185
186	0:45:29	SAUNDERS, David			640	186
187	0:45:31	MURRAY, Alistair		V50	469	187
188	0:45:36	ROWE, David	Wallsend H		520	188
189	0:45:39	BURNS, Christine	North Shields Poly	F	323	189
190	0:45:44	STEPHENSON, Kevin	Elswick H	V45	245	190
191	0:45:45	NIXON, Jennifer		F	195	191
192	0:45:46	SINCLAIR, Penny	Wallsend H	F	535	192
193	0:45:47	FRASER, Graham	Allen Valley Striders	V60	368	193
194	0:45:51	RUSSELL, George	Low Fell RC	V40	639	194
195	0:45:52	WELCH, Ian	Stocksfield Striders	V65	270	195
196	0:45:54	BLAIR, Geoff	Jesmond Joggers	V45	28	196
197	0:45:55	HUGHES, Paul	Claremont RR		412	197
198	0:45:59	GREENING, Jane	Tynedale H	F35	379	198
199	0:46:03	COLLINSON, Claire	Stocksfield Striders	F35	58	199
200	0:46:04	ROSS, John	Wallsend H	V50	229	200
201	0:46:04	SHOTTON, Michael	Sunderland Strollers		532	201
202	0:46:06	O'HARA, Paul	PB Fitness RC	V45	480	202
203	0:46:08	HENDERSON, Michael	Blaydon Harriers	V60	395	203
204	0:46:09	HALL, Mark	Wallsend H	V40	386	204
205	0:46:11	THORPE, Ashleigh	Sunderland Strollers	F	258	205

206	0:46:12 BERRY, John	Sunderland Strollers		302	206
207	0:46:14 DUNCAN, Gordon			72	207
208	0:46:16 DICKINSON, Ralph	Blyth RC	V55	347	208
209	0:46:19 OSWALD, John	Heaton Harriers	V55	483	209
210	0:46:28 SCOTT, Robert	North Shields Poly		526	210
211	0:46:29 WALKER, Kirsty	Gateshead H	F	565	211
212	0:46:33 CAMPBELL, Lee			50	212
213	0:46:36 BATES, Clare	Allen Valley Striders	F	594	213
214	0:46:40 CRAFT, Alan	Gosforth H	V60	61	214
215	0:46:41 FLORANCE, Tara	PB Fitness RC	F40	671	215
216	0:46:45 BUCKLEY, Brian	Derwentside AC		40	216
217	0:46:46 MURPHY, Jim		V55	467	217
218	0:46:47 LONG, Simon			439	218
219	0:46:48 JOSCELYNE, Nick		V50	422	219
220	0:46:50 WALLACE, Alasdair			667	220
221	0:46:51 DAVISON, Leah	North Shields Poly	F35	66	221
222	0:46:52 GORDON, Niall			376	222
223	0:46:53 MURPHY, Laura	Wallsend H	F	468	223
224	0:46:55 WEST, Alyson	Sunderland Strollers	F40	271	224
225	0:46:56 SMALL, Mark	North Shields Poly		236	225
226	0:46:57 CRYER, Nicholas	North Shields Poly	V50	62	226
227	0:46:58 MCCOY, Stephen		V40	180	227
228	0:47:00 STOCK, Nadia		F	250	228
229	0:47:05 STEWART, Louisa	Alnwick Harriers	F35	247	229
230	0:47:08 WALLACE, Jane		F35	569	230
231	0:47:10 SWANSON, Lynn	Heaton Harriers	F45	255	231
232	0:47:17 LEMIN, Julie	Blyth RC	F	435	232
233	0:47:18 CALLON, Chris	Durham City H	V40	325	233
234	0:47:20 NOLAN, David			477	234
235	0:47:22 GRAY, David	Morpeth H	V60	102	235
236	0:47:23 BURDON, Justin		V45	45	236
237	0:47:26 PATON, Ronnie			204	237
238	0:47:27 FLOYD, James		V50	364	238
239	0:47:28 TAYLOR, Kim	Stocksfield Striders	F50	256	239
240	0:47:28 WILLIAMS, Lisa	Alnwick Harriers	F40	280	240
241	0:47:31 HUME, Brian	Low Fell RC	V60	414	241
242	0:47:32 STEPHENSON, John	Crook AC	V65	545	242
243	0:47:32 FINDLAY, Caroline	Alnwick Harriers	F	363	243
244	0:47:35 SEXTON, Brian			529	244
245	0:47:36 WALKER, Steve	Blyth RC	V50	567	245
246	0:47:39 LEWINS, Paul	Sunderland Strollers		164	246
247	0:47:40 EMBLETON, Angie	Alnwick Harriers	F35	77	247
248	0:47:40 EBERHARDT, Colin			73	248
249	0:47:41 KISZOW, Stephen	Sunderland Strollers		433	249
250	0:47:46 JOSEPHS, John	Heaton Harriers	V65	423	250
251	0:47:47 MAJER, Peter			447	251
252	0:47:48 WOODCOCK, Pamela	Morpeth H	F55	655	252
253	0:47:49 MADDOCKS, Tony	Wallsend H	V45	446	253
254	0:47:49 O'BRIEN, Richard			478	254
255	0:47:52 HAYES, Rachel	Claremont RR	F	121	255
256	0:47:55 SANDERSON, Celia	Allen Valley Striders	F40	524	256
257	0:47:58 MOORE, John			460	257
258	0:47:59 NAJAFI, Bob	Low Fell RC	V55	190	258
259	0:48:02 LEWIS, Ian		V45	165	259
260	0:48:03 INGRAM, Ron	Blyth RC	V55	418	260
261	0:48:04 KITSON, Sarah		F	625	261
262	0:48:05 BENTHAM, Kerry	Wallsend H	F35	300	262
263	0:48:13 CLARKE, Andrea	PB Fitness RC	F40	56	263
264	0:48:19 WIGHT, Philippa		F35	277	264
265	0:48:21 SINGLETON, Michael		V50	537	265
266	0:48:22 STEWART, Stephen		V45	248	266
267	0:48:22 GLANCE, Joe	Sunderland Strollers	V45	375	267
268	0:48:30 GUADAGNO, Alison	Ponteland Runners	F35	108	268
269	0:48:32 WEST, Paul	Sunderland Strollers	V40	272	269
270	0:48:33 LINSLEY, Steve		V50	167	270
271	0:48:36 EWEN, Tom			362	271
272	0:48:39 PLUMLEY, Mary	Alnwick Harriers	F35	210	272
273	0:48:42 ROBINSON, Emma	North Shields Poly	F40	223	273
274	0:48:43 ARMSTRONG, David	Concordia R&P	V55	588	274
275	0:48:43 STANLEY, Cheryl	Low Fell RC	F	244	275
276	0:48:44 BOLAM, Sue	Alnwick Harriers	F45	29	276
277	0:48:49 FRIEND, Jenny	Heaton Harriers	F45	85	277
278	0:48:52 KENT, Richard		V40	156	278
279	0:48:53 MORRIS, Grace	Sunderland Strollers	F	462	279
280	0:48:55 JACKSON, David		V55	142	280
281	0:48:59 MILLS, Victoria		F	631	281
282	0:49:06 MCFETRICH, John			629	282
283	0:49:08 HASSON, Caroline	Wallsend H	F	392	283
284	0:49:15 WALTON, Alexander			570	284
285	0:49:16 GRAY, William	Low Fell RC		105	285
286	0:49:17 POWELL, Mike	Blackhill Bounders	V55	493	286
287	0:49:17 ANDERSON, Colette		F45	5	287
288	0:49:18 MCNEILL, Tony	Durham City H	V45	459	288
289	0:49:19 HALLIDAY, Robert		V60	111	289
290	0:49:22 HENDERSON, Paul			396	290
291	0:49:25 SHOTTON, Andrew	Sunderland Strollers	V45	530	291
292	0:49:28 DOVER, Margaret	Heaton Harriers	F50	70	292
293	0:49:34 PARKIN, Cheryl	Low Fell RC	F	681	293
294	0:49:37 WHEATLEY, David			273	294
295	0:49:42 PATTON, Lydia	Gateshead H	F	487	295
296	0:49:44 BUFFHAM, David		V50	41	296
297	0:49:46 EVERSON, Colin	Crook AC	V55	361	297
298	0:49:51 PETHYBRIDGE, Anna	Elvet Striders	F	207	298
299	0:49:55 REES, Noreen	North Shields Poly	F55	217	299
300	0:49:58 GOICOECHEA, Ian		V50	614	300
301	0:49:59 STOBBS, Robert	Gateshead H	V45	548	301
302	0:50:07 GRAHAM, Deane	Stocksfield Striders	V45	99	302
303	0:50:11 BEST, Rob		V45	304	303
304	0:50:12 GRAY, John		V40	104	304
305	0:50:13 OHLSON, Michael	Sunderland Strollers	V45	633	305
306	0:50:13 ROSIER, Philip			228	306
307	0:50:18 BROWN, Paul		V50	37	307
308	0:50:23 HARGREAVES, Julian		V45	116	308
309	0:50:25 MARSHALL, Ruth	Wallsend H	F40	450	309

310	0:50:27	RUSSELL, Andrew		V40	521	310
311	0:50:28	COATES, David	Alnwick Harriers	V45	337	311
312	0:50:28	MAINS, Jonathan	Claremont RR		173	312
313	0:50:30	PARKINSON, Judith	North Shields Poly	F50	484	313
314	0:50:33	DAVIS, John		V40	346	314
315	0:50:34	REED, David	Stocksfield Striders	V45	215	315
316	0:50:35	BAXTER, Phillippa	Blyth RC	F	297	316
317	0:50:36	CHARLTON, Anthony	Gosforth H	V60	599	317
318	0:50:38	GRENCIS, Peter		V45	106	318
319	0:50:38	EVANS, Barrie	Elvet Striders	V60	360	319
320	0:50:39	LUMLEY, Ian		V40	628	320
321	0:50:41	HULME, Helen	Derwentside AC	F	413	321
322	0:50:44	ROBSON, Geoff		V55	516	322
323	0:50:45	OGLE, Karen	PB Fitness RC	F35	670	323
324	0:50:48	ALLAN, E Anne	Alnwick Harriers	F45	1	324
325	0:51:01	RAINE, Adrian			213	325
326	0:51:04	GOLD, Pamela	Heaton Harriers	F60	96	326
327	0:51:05	BLACKWELL, Peter	Derwentside AC	V60	311	327
328	0:51:06	STIENLET, Gemma		F35	249	328
329	0:51:08	LUCKING, Joanne	Elswick H	F35	170	329
330	0:51:08	YOUNG, John	Low Fell RC	V50	587	330
331	0:51:14	BARNES, Keith		V40	21	331
332	0:51:18	HECKELSMULLER, Kerstin	Blyth RC	F35	124	332
333	0:51:19	TOMLINSON, Lisa	Gateshead H	F35	559	333
334	0:51:21	HAYLER, Leonie		F35	122	334
335	0:51:22	LOXLEY, Roger		V45	442	335
336	0:51:25	RICHS, Claire	Blyth RC	F35	503	336
337	0:51:34	HERRON, Aynsley	Blyth RC	V45	398	337
338	0:51:36	MULLEN, Christopher		V40	466	338
339	0:51:37	LISLE, Mary	Elswick H	F	168	339
340	0:51:40	GRAHAM, Christopher			98	340
341	0:51:41	HART, Terry	Blyth RC	V60	390	341
342	0:51:44	DORANS, Debbie		F40	349	342
343	0:51:45	WAUGH, Brian		V65	577	343
344	0:51:46	BELL, Matthew			299	344
345	0:51:46	SCOTT, Steve		V50	527	345
346	0:51:50	WEIGHTMAN, Diana		F45	269	346
347	0:51:51	HATELY, Jayne		F35	119	347
348	0:51:52	HEPPELL, Sue	Ponteland Runners	F40	128	348
349	0:51:53	FRIBERG, Michael			370	349
350	0:51:54	FENTON, Richard		V40	80	350
351	0:51:55	HAY, Kathryn		F45	120	351
352	0:51:56	YOUNG, Stephanie	Low Fell RC	F40	285	352
353	0:52:01	HALL, Christopher			384	353
354	0:52:06	AVERY, Ron	Sunderland Strollers	V60	292	354
355	0:52:08	ALDERSON, Nicola		F	287	355
356	0:52:11	MOORE, Robert	Tynedale H	V65	185	356
357	0:52:13	FOSTER, Lesley	Sunderland Strollers	F40	83	357
358	0:52:14	KILGOUR, Janette	Claremont RR	F60	158	358
359	0:52:14	CHRISTIAN, Paul		V40	601	359
360	0:52:15	WILKINSON, Sandra	Sunderland Strollers	F40	652	360
361	0:52:16	ALLEN, Stephen	Sunderland Strollers		289	361
362	0:52:17	CLYBURN, Glen			336	362
363	0:52:21	TYLEY, Cristina		F	564	363
364	0:52:22	ELANDER, Tove		F40	356	364
365	0:52:25	ELDERS, Alan	Low Fell RC	V60	357	365
366	0:52:28	NAJAFI, Caroline	Low Fell RC	F45	191	366
367	0:52:28	WOOD, Ruth	North East Vets	F45	585	367
368	0:52:29	HARA, Isao			113	368
369	0:52:31	NEWBY, Colin		V45	193	369
370	0:52:32	OSBOURN, Emma	Wallsend H	F	482	370
371	0:52:34	TONG, Rachel	Derwentside AC	F	259	371
372	0:52:35	EDWARDS, Jo		F35	609	372
373	0:52:40	STODDART, Michael	Elswick H	V45	549	373
374	0:52:42	BURDON, Mary		F45	46	374
375	0:52:43	WAGSTAFF, Martin		V65	264	375
376	0:52:44	BONNARD, Alexandra	Heaton Harriers	F	30	376
377	0:52:45	JOLLY, Leila	Stocksfield Striders	F35	149	377
378	0:52:46	HALL, Deborah		F40	385	378
379	0:52:49	KIRKUP, Suzanne	Chester-le-Street	F60	431	379
380	0:52:54	TWEDDLE, Andrew			262	380
381	0:52:55	WILKINSON, Herbert		V65	580	381
382	0:52:58	ROBERT, Stephen		V40	506	382
383	0:53:06	DAVIDSON, Stacey	Wallsend H	F	345	383
384	0:53:12	ROBINSON, Peter			512	384
385	0:53:17	HOLMES, Linda	Stocksfield Striders	F45	135	385
386	0:53:22	WINTER, Colin	Sunderland Strollers		282	386
387	0:53:24	PAIN, Tim		V40	200	387
388	0:53:25	NICHOLSON, Joseph		V40	632	388
389	0:53:28	SHOTTON, Judith	Sunderland Strollers	F45	531	389
390	0:53:32	SECCOMBE, Colin	Blyth RC	V45	528	390
391	0:53:34	PULLEN, David			495	391
392	0:53:35	ALDRED, Simon		V45	288	392
393	0:53:36	COLLERTON, Daniel		V45	57	393
394	0:53:40	DEMPSTER, Katherine		F	67	394
395	0:53:41	HUTCHINSON, Anthony	Low Fell RC		416	395
396	0:53:42	YEO, Jenny		F	658	396
397	0:53:44	STEWART, Audrey	Alnwick Harriers	F50	246	397
398	0:53:44	HARDY, Jane	Alnwick Harriers	F40	114	398
399	0:53:57	ROBSON, Alister	Elvet Striders		514	399
400	0:54:02	GRANT, Jon			378	400
401	0:54:05	NORMAN, Harry	North Shields Poly	V50	196	401
402	0:54:11	MCIVER, Tina		F55	457	402
403	0:54:12	GIBSON, Jane		F35	90	403
404	0:54:12	CARSON, John		V40	329	404
405	0:54:23	KEITH, Samantha	Saltwell Harriers	F40	153	405
406	0:54:24	WILLMOTT, Penny		F35	582	406
407	0:54:25	SMITH, Susan	Morpeth H	F40	240	407
408	0:54:25	LONSDALE, Davina	Blyth RC	F40	440	408
409	0:54:33	DAVENPORT, Christopher		V55	605	409
410	0:54:35	CAMPBELL, Ian		V50	327	410
411	0:54:36	CHAPLIN, Kate	One Life	F40	332	411
412	0:54:36	KELLY, Patrick	Birtley	V40	154	412
413	0:54:37	GAY, Kevin		V50	89	413

414	0:54:39	ATKINSON, Andrea		F		10	414
415	0:54:40	SPRINGHALL, Alan		V45		682	415
416	0:54:45	SHUKLA, Nitin		V45		533	416
417	0:54:53	CLUBBS, Ian		V55		335	417
418	0:54:56	JOWSEY, Christopher		V45		624	418
419	0:54:57	ROBERTSON, Jill	Stocksfield Striders	F		222	419
420	0:55:00	CHRISTER, Mark				600	420
421	0:55:00	CAMPBELL, Caroline	Gateshead H	F40		598	421
422	0:55:05	CAMPBELL, Robert	Tynedale H	V55		51	422
423	0:55:12	BALDOCK, Louise	Sunderland Strollers	F		19	423
424	0:55:16	COLDWELL, Dave				338	424
425	0:55:22	WEDDLE, Rachel	Blackpool, Wyre & Fylde	F		578	425
426	0:55:25	ASBURY, Nicky		F45		680	426
427	0:55:26	ASPDEN, Lindsay	Sunderland Strollers	F		591	427
428	0:55:27	SPICKETT, Gavin		V50		242	428
429	0:55:28	ROBERTS, Lisa		F		509	429
430	0:55:34	ROGERS, Norman		V60		227	430
431	0:55:34	ROGERS, Dan				226	431
432	0:55:34	ROGERS, Chris				225	432
433	0:55:37	MCKEON, David		V45		630	433
434	0:55:37	GRIST, Richie		V45		382	434
435	0:55:41	STOKOE, Sarah		F35		251	435
436	0:55:42	SPEED, Angela	Allen Valley Striders	F45		541	436
437	0:55:44	ATKINSON, John		V40		11	437
438	0:55:46	KEVAN, Rob		V45		157	438
439	0:55:49	HIND, Julie	Wallsend H	F40		402	439
440	0:55:49	EWART, Irene	Gosforth H	F50		79	440
441	0:55:51	HALL, Doreen		F45		387	441
442	0:55:52	REAY, Andrew		V40		497	442
443	0:55:53	PINKNEY, Robert	South Shields	V65		209	443
444	0:55:55	HORSEMAN, Tracey		F40		620	444
445	0:55:58	COWLING, Sally		F35		341	445
446	0:56:00	BUSWELL, John	Gosforth H	V55		47	446
447	0:56:11	HISCOCK, Clare		F		674	447
448	0:56:14	JONES, Greta	Elvet Striders	F40		623	448
449	0:56:15	BROSNAN, Laura		F55		316	449
450	0:56:31	BRAVEY, Christine		F50		31	450
451	0:56:34	HUDSON, Sheila	Sunderland Strollers	F55		621	451
452	0:56:35	HINDMARSH, Maria		F40		404	452
453	0:56:35	HINDMARSH, Philip	Blackhill Bounders	V40		405	453
454	0:56:38	BROWN, Helen	Sunderland Strollers	F35		35	454
455	0:56:41	HUDSON, Chrys	Ponteland Runners	F40		137	455
456	0:56:45	JOYCE, Peter	PB Fitness RC			424	456
457	0:56:46	BROWN, Susan		F45		38	457
458	0:56:48	RICHARDSON, Lesley	Stocksfield Striders	F45		221	458
459	0:56:51	MCCAIG, Una	Alnwick Harriers	F60		179	459
460	0:57:00	WHITFIELD, Terry	North Shields Poly	V65		651	460
461	0:57:05	MURPHY, Janet	Alnwick Harriers	F		186	461
462	0:57:09	HARKER, Joseph	Durham City H	V65		117	462
463	0:57:13	ELLIOTT, Mike	Elvet Striders	V60		610	463
464	0:57:14	BAKER, Angela		F45		18	464
465	0:57:18	TWADDLE, Andrew		V50		562	465
466	0:57:20	BARRASS, Heather	Blyth RC	F		295	466
467	0:57:24	MALLEN, Brenda	Alnwick Harriers	F40		174	467
468	0:57:25	DRUMMOND, Judith		F40		354	468
469	0:57:26	HENDERSON, Stuart		V45		397	469
470	0:57:27	COULSON, Sue		F40		340	470
471	0:57:27	STEVENSON, Christopher		V45		546	471
472	0:57:29	HENDERSON, Irene	Blaydon Harriers	F60		393	472
473	0:57:36	HODGSON, Caroline		F		619	473
474	0:57:37	BENNETT, Jill		F35		24	474
475	0:57:37	GILLINGHAM, Claire	Alnwick Harriers	F35		91	475
476	0:57:45	GRAHAM, Julie	Allen Valley Striders	F50		377	476
477	0:57:53	WILSON, Jack	Sunderland Strollers	V60		583	477
478	0:57:54	BAYMAN, Hannah		F		23	478
479	0:57:54	SPOORS, Elissa		F35		542	479
480	0:57:55	DOUGLASS, Caroline		F		608	480
481	0:57:56	FRANCIS, Anne		F55		367	481
482	0:57:57	WALKER, Sue	Blyth RC	F50		568	482
483	0:58:03	HILL, Paula		F40		131	483
484	0:58:11	FLYNN, Helen	Elswick H	F50		612	484
485	0:58:18	FIELDS, Alan	Tynedale H	V60		678	485
486	0:58:19	MCANDREW, Kerry		F		454	486
487	0:58:19	KEMP, Vicky	Low Fell RC	F		155	487
488	0:58:26	NICHOLSON, Stephanie	Blackhill Bounders	F45		475	488
489	0:58:27	DAVISON, Ben	Alnwick Harriers			606	489
490	0:58:29	KIRCHIN, Vivienne		F40		430	490
491	0:58:29	THOMPSON, Helen	Alnwick Harriers	F55		257	491
492	0:58:29	APPLEBY, Wendy	Alnwick Harriers	F40		7	492
493	0:58:30	NEASHAM, Zoe		F35		679	493
494	0:58:31	STUTT, Andrea		F35		666	494
495	0:58:34	TOVEY, Helen		F40		560	495
496	0:58:43	BUTTERWORTH, Martin		V50		48	496
497	0:58:44	CONVERY, Roey	Blaydon Harriers	F55		661	497
498	0:58:45	PATTERSON, Helen	Alnwick Harriers	F50		205	498
499	0:58:46	BEAUGY, Helene	North Shields Poly	F		660	499
500	0:58:48	LAVERY, Jill	Tynedale H	F40		626	500
501	0:59:02	SAUNDERS, Nicola		F35		641	501
502	0:59:06	STOVES ROBSON, Julie		F40		552	502
503	0:59:09	GLOVER, Pam	Tynedale H	F40		613	503
504	0:59:20	DOUGLAS, Louise	Blyth RC	F		350	504
505	0:59:22	ATKINSON, L		V60		12	505
506	0:59:28	ENGLISH, Nicola	Allen Valley Striders	F		611	506
507	0:59:33	STRAUGHAN, Joanne	Blyth RC	F35		553	507
508	0:59:56	HUDSPITH, Kirsty		F35		411	508
509	0:59:59	LESLIE, Alistair		V60		627	509
510	1:00:10	WOODS, Colin		V40		284	510
511	1:00:17	LEE, Beverley		F		434	511
512	1:00:23	MOUNT, David	Gateshead H	V55		464	512
513	1:00:28	LISTER, Barry		V55		438	513
514	1:00:30	LINDSAY, Patrick				437	514
515	1:00:32	PATON, Liz	Gateshead H	F55		485	515
516	1:00:58	HUME, Mark	Alnwick Harriers	V65		622	516
517	1:01:12	HALL, Ronnie		V50		617	517

518	1:01:19	JACKSON, Alison		F35		141	518
519	1:01:23	BEVERLEY, Sarah		F55		305	519
520	1:01:24	WHITE, Stan	Low Fell RC	V65		274	520
521	1:01:56	HEDLAND, Jim		V40		125	521
522	1:02:30	JUKES, Francine	Tynedale H	F40		425	522
523	1:02:30	MARSTON, Adrian				451	523
524	1:02:49	REED, Lesley Anne	Stocksfield Striders	F40		216	524
525	1:02:52	RICHARDSON, Sharon	Blyth RC	F45		500	525
526	1:02:59	GORDON, Ross		V50		616	526
527	1:03:08	HARVEY, Neil				118	527
528	1:03:09	DAVISON, Julia		F50		607	528
529	1:03:09	HEMY, Pauline	North Shields Poly	F40		618	529
530	1:03:29	BARCLAY, Lynne	Elswick H	F40		293	530
531	1:03:57	LUPTON, Antonella	Stocksfield Striders	F45		171	531
532	1:04:15	ARMSTRONG, Mandy		F40		589	532
533	1:04:15	ARMSTRONG, Michael		V40		590	533
534	1:04:30	RUSSELL, Katherine		F35		522	534
535	1:04:50	MATTHEWS, Richard				177	535
536	1:04:51	JEFFS, Eric		V65		421	536
537	1:05:04	THOMPSON, Margaret	Elvet Striders	F60		558	537
538	1:05:05	RAMSHAW, Chris		V45		214	538
539	1:05:13	BROTHERS, Colin	Derwentside AC	V60		34	539
540	1:05:59	CORBETT, Michelle		F35		60	540
541	1:06:27	RICHARDSON, Susan		F50		502	541
542	1:06:54	ARCHER, David		V65		8	542
543	1:06:56	SMITH, Jackie	Elvet Striders	F60		238	543
544	1:07:06	STEWART, Sara	Allen Valley Striders	F40		646	544
545	1:07:32	GORDON, Maureen		F45		615	545
546	1:08:12	ATKINSON, Michael		V55		14	546
547	1:08:59	BUNN, Graeme		V50		42	547
548	1:12:28	WOODCOCK, Charlotte		F		654	548
549	1:15:19	ROUTLEDGE, George	Heaton Harriers	V60		230	549
550	1:19:45	WOODS, Daniel	Sunderland Strollers	V40		656	550
551	1:19:45	ATKINSON, Lesley		F45		13	551

Men's Teams

- 1 : Morpeth H
- 1 0:31:53 SWINBURN, Nick
- 8 0:34:20 WATERSTON, Paul
- 10 0:34:40 WALKER, Phil
- 2 : North Shields Poly
- 3 0:33:02 TWADDLE, Iain
- 7 0:34:16 BRACKEN, Guy
- 18 0:36:05 HEMY, Vaughan
- 3 : Heaton Harriers
- 2 0:32:56 BUIJS, James
- 12 0:35:16 LIKEMAN, Mark
- 19 0:36:12 ROBINSON, Ian

Women's Teams

- 1 : Morpeth H
- 1 0:36:35 MOONEY, Jane
- 9 0:41:46 CHAPMAN, Kate
- 21 0:44:34 GLOVER, Faye
- 2 : Wallsend H
- 4 0:39:44 HINDSON, Vicky
- 11 0:43:00 HOWARTH, Gina
- 20 0:44:12 WALTON, Emma
- 3 : Tynedale H
- 3 0:38:54 MORLEY, Sonia
- 5 0:39:48 ANDERSON, Kirstie
- 30 0:45:59 GREENING, Jane